

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Agulhas Aquatics-OB

1 Matthee, Burger P - Male - Age: 12 - Ind/Rel: 4 / 0

#200 Men 100 Back Prelims	1:21.67	6/8	#301 Men 100 Free Prelims	1:10.58	8/7
#402 Men 50 Back Prelims	35.11	7/5	#503 Men 50 Free Prelims	31.06	8/3

2 Naude, AJ J - Male - Age: 11 - Ind/Rel: 4 / 0

#200 Men 100 Back Prelims	1:30.26	2/7	#402 Men 50 Back Prelims	41.69	2/8
#404 Men 200 IM Prelims	3:29.65	1/3	#501 Men 200 Back Prelims	3:10.60	2/2

3 Wessels, Hendrè - Male - Age: 11 - Ind/Rel: 4 / 0

#200 Men 100 Back Prelims	1:28.45	3/1	#301 Men 100 Free Prelims	1:23.71	1/5
#402 Men 50 Back Prelims	38.83	4/2	#503 Men 50 Free Prelims	37.50	1/5

Agulhas Aquatics-OB Total Individual Entries: 12 - Total Relays: 0

Aqua Dolphin Swimming Club-CP

1 Bailey, Ethan J - Male - Age: 20 - Ind/Rel: 7 / 3

#100 Men 400 Free	4:05.77	13/4	#102 Men 4x200 Free Relay (4)	8:27.62	2/6
#202 Men 200 Fly	2:07.54	4/5	#206 Men 200 Free Prelims	1:56.55	20/4
#215 Men 4x100 Free Relay (3)	4:04.14	1/5	#301 Men 100 Free Prelims	55.80	26/3
#315 Men 4x50 Free Relay (3)	NT	1/4	#404 Men 200 IM Prelims	2:14.66	19/5
#406 Men 1500 Free	16:18.26	3/4	#507 Men 800 Free	8:28.62	5/4

2 Beukes, Wade - Male - Age: 16 - Ind/Rel: 6 / 3

#100 Men 400 Free	4:23.08	13/8	#102 Men 4x200 Free Relay (1)	8:27.62	2/6
#202 Men 200 Fly	2:31.98	2/4	#206 Men 200 Free Prelims	2:07.60	19/4
#215 Men 4x100 Free Relay (4)	4:04.14	1/5	#305 Men 400 IM	5:18.80	3/5
#315 Men 4x50 Free Relay (4)	NT	1/4	#406 Men 1500 Free	17:01.66	3/2
#507 Men 800 Free	8:58.15	5/7			

3 Els, Jamie - Female - Age: 11 - Ind/Rel: 5 / 0

#101 Women 400 Free	5:46.59	1/5	#207 Women 200 Free Prelims	2:47.87	2/4
#300 Women 100 Free Prelims	1:21.86	1/5	#302 Women 100 Breast Prelims	1:55.51	1/3
#407 Women 800 Free	11:53.76	1/7			

4 Jagger, Ammara - Female - Age: 15 - Ind/Rel: 4 / 0

#101 Women 400 Free	5:35.21	3/1	#201 Women 100 Back Prelims	1:21.20	5/7
#300 Women 100 Free Prelims	1:13.41	5/2	#403 Women 50 Back Prelims	34.78	9/7

5 Kleinhans, Zara I - Female - Age: 18 - Ind/Rel: 5 / 0

#101 Women 400 Free	4:53.71	8/3	#207 Women 200 Free Prelims	2:17.33	14/6
#300 Women 100 Free Prelims	1:05.36	14/2	#306 Women 50 Fly Prelims	33.61	9/2
#405 Women 200 IM Prelims	2:38.91	11/2			

6 Mccollum, Aiden I - Male - Age: 11 - Ind/Rel: 5 / 0

#206 Men 200 Free Prelims	2:40.44	4/4	#301 Men 100 Free Prelims	1:19.11	2/4
#307 Men 50 Fly Prelims	36.67	4/4	#404 Men 200 IM Prelims	3:14.38	2/4
#503 Men 50 Free Prelims	36.70	2/2			

7 Nefdt, Grant - Male - Age: 16 - Ind/Rel: 7 / 3

#100 Men 400 Free	4:42.05	10/4	#102 Men 4x200 Free Relay (2)	8:27.62	2/6
#200 Men 100 Back Prelims	1:07.32	14/5	#206 Men 200 Free Prelims	2:12.13	17/2
#215 Men 4x100 Free Relay (2)	4:04.14	1/5	#307 Men 50 Fly Prelims	29.86	15/6
#315 Men 4x50 Free Relay (2)	NT	1/4	#404 Men 200 IM Prelims	2:29.36	15/2
#501 Men 200 Back Prelims	2:21.41	13/8	#603 Mixed 50 Fly	29.86	2/5

8 Roman, Noah P - Male - Age: 13 - Ind/Rel: 6 / 0

#100 Men 400 Free	5:01.02	7/5	#301 Men 100 Free Prelims	1:07.20	11/8
#303 Men 100 Breast Prelims	1:28.84	6/8	#400 Men 200 Breast Prelims	3:03.48	6/1
#505 Men 100 Fly Prelims	1:17.97	3/5	#612 Mixed 200 IM	2:43.50	1/5

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18**Team Entries - All Events****Aqua Dolphin Swimming Club-CP****9 Solomon, Ethan - Male - Age: 15 - Ind/Rel: 9 / 3**

#100 Men 400 Free	4:31.92	11/5	#102 Men 4x200 Free Relay (3)	8:27.62	2/6
#202 Men 200 Fly	2:28.70	3/8	#206 Men 200 Free Prelims	2:11.34	17/6
#215 Men 4x100 Free Relay (1)	4:04.14	1/5	#305 Men 400 IM	5:15.83	4/1
#315 Men 4x50 Free Relay (1)	NT	1/4	#404 Men 200 IM Prelims	2:34.45	12/4
#406 Men 1500 Free	17:47.63	2/5	#505 Men 100 Fly Prelims	1:09.19	7/6
#507 Men 800 Free	9:24.38	4/6	#603 Mixed 50 Fly	29.44	2/4

10 Vd Westhuizen, Joy - Female - Age: 15 - Ind/Rel: 6 / 0

#101 Women 400 Free	5:03.62	7/8	#201 Women 100 Back Prelims	1:16.27	8/2
#203 Women 200 Fly	2:47.94	1/4	#207 Women 200 Free Prelims	2:25.96	10/7
#304 Women 400 IM	5:56.18	2/3	#504 Women 100 Fly Prelims	1:14.20	5/5

11 Witten, Hannah - Female - Age: 16 - Ind/Rel: 4 / 0

#300 Women 100 Free Prelims	1:10.31	8/2	#302 Women 100 Breast Prelims	1:25.03	9/8
#401 Women 200 Breast Prelims	2:58.29	5/6	#405 Women 200 IM Prelims	2:47.40	9/8

Aqua Dolphin Swimming Club-CP Total Individual Entries: 64 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Aqua Sharks Academy-CP

1 Abrahams, Matthew N - Male - Age: 24 - Ind/Rel: 5 / 3

#102 Men 4x200 Free Relay (2)	8:46.52	2/8	#206 Men 200 Free Prelims	2:15.75	14/4
#215 Men 4x100 Free Relay (1)	3:51.67	3/6	#301 Men 100 Free Prelims	57.81	25/2
#307 Men 50 Fly Prelims	28.90	18/3	#315 Men 4x50 Free Relay (2)	1:44.90	3/3
#503 Men 50 Free Prelims	26.86	19/7	#505 Men 100 Fly Prelims	1:08.88	7/5

2 Allwood, Kate S - Female - Age: 15 - Ind/Rel: 7 / 3

#214 Girls 15&U 4x100 Free Relay (2)	4:42.98	1/7	#312 Girls 15&U 4x50 Free Relay (2)	2:10.41	1/8
#411 Mixed 4x50 Medley Relay (1)	2:15.39	2/2	#600 Mixed 50 Free	35.44	1/7
#601 Mixed 50 Back	44.88	1/6	#603 Mixed 50 Fly	51.49	1/3
#604 Mixed 100 Free	1:17.49	1/4	#605 Mixed 100 Back	1:37.28	1/2
#608 Mixed 200 Free	2:52.94	1/3	#612 Mixed 200 IM	3:21.01	1/6

3 Arnott, Carter J - Male - Age: 15 - Ind/Rel: 9 / 3

#100 Men 400 Free	4:55.57	8/6	#102 Men 4x200 Free Relay (3)	8:46.52	2/8
#200 Men 100 Back Prelims	1:08.92	13/2	#206 Men 200 Free Prelims	2:13.65	16/6
#213 Boys 15&U 4x100 Free Relay (4)	4:08.42	2/3	#301 Men 100 Free Prelims	1:00.70	19/7
#307 Men 50 Fly Prelims	31.12	12/5	#313 Boys 15&U 4x50 Free Relay (2)	1:51.24	2/3
#404 Men 200 IM Prelims	2:35.06	12/5	#501 Men 200 Back Prelims	2:31.61	9/3
#503 Men 50 Free Prelims	28.31	14/1	#505 Men 100 Fly Prelims	1:10.27	6/5

4 Barkhuysen, Jani - Female - Age: 12 - Ind/Rel: 0 / 3

#211 Girls 13&U 4x100 Free Relay (3)	5:45.28	1/1	#310 Girls 13&U 4x50 Free Relay (4)	2:26.78	1/5
#409 Mixed 13&U 4x50 Medley Relay (1)	2:27.24	1/4			

5 Basson, Wilan - Male - Age: 17 - Ind/Rel: 5 / 4

#102 Men 4x200 Free Relay (1)	8:46.52	2/8	#206 Men 200 Free Prelims	2:10.48	18/8
#215 Men 4x100 Free Relay (2)	3:51.67	3/6	#301 Men 100 Free Prelims	57.16	28/1
#307 Men 50 Fly Prelims	26.31	22/5	#315 Men 4x50 Free Relay (1)	1:44.90	3/3
#411 Mixed 4x50 Medley Relay (3)	2:15.39	2/2	#503 Men 50 Free Prelims	25.59	24/2
#505 Men 100 Fly Prelims	1:00.55	13/3			

6 Boonzaier, Jannie R - Male - Age: 17 - Ind/Rel: 5 / 2

#200 Men 100 Back Prelims	1:04.64	18/8	#215 Men 4x100 Free Relay (4)	3:51.67	3/6
#301 Men 100 Free Prelims	58.48	23/5	#307 Men 50 Fly Prelims	28.81	18/4
#315 Men 4x50 Free Relay (4)	1:44.90	3/3	#402 Men 50 Back Prelims	29.20	17/2
#503 Men 50 Free Prelims	26.12	21/4			

7 Davydov, Davis - Male - Age: 16 - Ind/Rel: 5 / 1

#102 Men 4x200 Free Relay (4)	9:39.28	1/6	#206 Men 200 Free Prelims	2:20.77	12/8
#301 Men 100 Free Prelims	1:00.77	18/5	#307 Men 50 Fly Prelims	29.62	16/3
#404 Men 200 IM Prelims	2:44.13	9/2	#503 Men 50 Free Prelims	27.14	18/7

8 De Bruyn, Cornè C - Male - Age: 14 - Ind/Rel: 8 / 3

#100 Men 400 Free	5:11.20	6/1	#102 Men 4x200 Free Relay (1)	9:39.28	1/6
#204 Men 50 Breast Prelims	38.88	8/7	#213 Boys 15&U 4x100 Free Relay (2)	4:08.42	2/3
#301 Men 100 Free Prelims	1:04.04	12/4	#307 Men 50 Fly Prelims	33.09	9/6
#313 Boys 15&U 4x50 Free Relay (1)	1:58.87	2/1	#400 Men 200 Breast Prelims	3:06.78	5/6
#402 Men 50 Back Prelims	33.47	10/1	#501 Men 200 Back Prelims	2:37.88	7/4
#503 Men 50 Free Prelims	29.00	12/8			

9 De Jager, Nathan B - Male - Age: 15 - Ind/Rel: 6 / 2

#200 Men 100 Back Prelims	1:16.47	8/4	#206 Men 200 Free Prelims	2:31.98	7/2
#213 Boys 15&U 4x100 Free Relay (3)	4:20.01	1/4	#301 Men 100 Free Prelims	1:07.52	10/4
#307 Men 50 Fly Prelims	34.61	7/3	#313 Boys 15&U 4x50 Free Relay (4)	1:58.87	2/1
#402 Men 50 Back Prelims	34.71	8/7	#503 Men 50 Free Prelims	28.47	13/2

10 Dos-Santos, Ekaterina E - Female - Age: 13 - Ind/Rel: 2 / 1

#302 Women 100 Breast Prelims	1:35.15	3/2	#310 Girls 13&U 4x50 Free Relay (2)	2:26.78	1/5
#401 Women 200 Breast Prelims	3:19.13	2/4			

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Aqua Sharks Academy-CP

11 Galochkin, Max - Male - Age: 15 - Ind/Rel: 6 / 0

#301 Men 100 Free Prelims	1:03.50	13/4	#303 Men 100 Breast Prelims	1:21.93	9/6
#400 Men 200 Breast Prelims	2:56.93	7/3	#404 Men 200 IM Prelims	2:39.92	10/4
#600 Mixed 50 Free	28.65	1/4	#603 Mixed 50 Fly	30.85	2/3

12 Goldstein, Phoenix J - Male - Age: 15 - Ind/Rel: 4 / 2

#204 Men 50 Breast Prelims	35.04	12/6	#213 Boys 15&U 4x100 Free Relay (1)	4:20.01	1/4
#301 Men 100 Free Prelims	1:06.94	11/7	#303 Men 100 Breast Prelims	1:24.20	8/8
#313 Boys 15&U 4x50 Free Relay (3)	1:58.87	2/1	#503 Men 50 Free Prelims	30.94	8/4

13 Goldstein, Tristan J - Male - Age: 18 - Ind/Rel: 5 / 0

#204 Men 50 Breast Prelims	33.62	14/4	#301 Men 100 Free Prelims	1:03.08	14/2
#303 Men 100 Breast Prelims	1:14.57	15/8	#307 Men 50 Fly Prelims	31.90	11/2
#503 Men 50 Free Prelims	28.87	12/2			

14 Goodall, Aaron - Male - Age: 11 - Ind/Rel: 5 / 1

#210 Boys 13&U 4x100 Free Relay (2)	4:51.46	1/4	#301 Men 100 Free Prelims	1:18.28	3/1
#307 Men 50 Fly Prelims	39.71	3/1	#402 Men 50 Back Prelims	41.84	1/4
#404 Men 200 IM Prelims	3:17.24	2/2	#503 Men 50 Free Prelims	33.53	4/5

15 Hartung, Amy M - Female - Age: 14 - Ind/Rel: 9 / 4

#101 Women 400 Free	5:06.64	6/7	#103 Women 4x200 Free Relay (4)	10:09.89	1/4
#203 Women 200 Fly	2:42.41	2/2	#207 Women 200 Free Prelims	2:25.55	10/2
#214 Girls 15&U 4x100 Free Relay (4)	4:42.98	1/7	#300 Women 100 Free Prelims	1:06.79	12/5
#304 Women 400 IM	5:48.32	3/8	#306 Women 50 Fly Prelims	33.76	9/8
#312 Girls 15&U 4x50 Free Relay (1)	2:10.41	1/8	#407 Women 800 Free	10:22.90	2/4
#410 Mixed 15&U 4x50 Medley Relay (3)	2:14.04	1/5	#504 Women 100 Fly Prelims	1:14.38	5/3
#506 Women 1500 Free	20:06.06	2/6			

16 Havemann, Bella - Female - Age: 15 - Ind/Rel: 7 / 4

#103 Women 4x200 Free Relay (2)	10:09.89	1/4	#201 Women 100 Back Prelims	1:20.23	5/4
#205 Women 50 Breast Prelims	40.25	7/4	#214 Girls 15&U 4x100 Free Relay (1)	4:42.98	1/7
#300 Women 100 Free Prelims	1:07.85	10/2	#306 Women 50 Fly Prelims	34.52	7/4
#312 Girls 15&U 4x50 Free Relay (4)	2:10.41	1/8	#403 Women 50 Back Prelims	35.88	8/1
#405 Women 200 IM Prelims	2:57.95	5/1	#410 Mixed 15&U 4x50 Medley Relay (2)	2:14.04	1/5
#502 Women 50 Free Prelims	30.65	11/6			

17 Heyes, Danielle A - Female - Age: 17 - Ind/Rel: 7 / 2

#103 Women 4x200 Free Relay (3)	10:09.89	1/4	#205 Women 50 Breast Prelims	37.87	10/7
#207 Women 200 Free Prelims	2:31.96	7/5	#300 Women 100 Free Prelims	1:03.70	18/1
#306 Women 50 Fly Prelims	32.03	12/5	#403 Women 50 Back Prelims	34.21	10/7
#405 Women 200 IM Prelims	2:50.63	7/4	#411 Mixed 4x50 Medley Relay (2)	2:15.39	2/2
#502 Women 50 Free Prelims	28.82	17/8			

18 Heyes, Garrick T - Male - Age: 15 - Ind/Rel: 5 / 3

#206 Men 200 Free Prelims	2:17.31	14/8	#213 Boys 15&U 4x100 Free Relay (1)	4:08.42	2/3
#301 Men 100 Free Prelims	1:01.15	17/4	#307 Men 50 Fly Prelims	29.71	16/7
#313 Boys 15&U 4x50 Free Relay (3)	1:51.24	2/3	#410 Mixed 15&U 4x50 Medley Relay (4)	2:14.04	1/5
#503 Men 50 Free Prelims	27.86	15/2	#505 Men 100 Fly Prelims	1:09.50	7/1

19 Loots, Noah C - Male - Age: 12 - Ind/Rel: 9 / 4

#100 Men 400 Free	5:11.39	6/8	#102 Men 4x200 Free Relay (2)	9:39.28	1/6
#204 Men 50 Breast Prelims	40.06	7/2	#206 Men 200 Free Prelims	2:29.60	8/4
#210 Boys 13&U 4x100 Free Relay (4)	4:51.46	1/4	#303 Men 100 Breast Prelims	1:24.97	7/6
#305 Men 400 IM	6:00.09	2/7	#311 Boys 13&U 4x50 Free Relay (1)	2:07.77	2/1
#400 Men 200 Breast Prelims	2:59.18	7/2	#404 Men 200 IM Prelims	2:46.38	8/6
#409 Mixed 13&U 4x50 Medley Relay (3)	2:27.24	1/4	#505 Men 100 Fly Prelims	1:16.37	4/1
#507 Men 800 Free	10:42.96	2/5			

20 Novos, Joey M - Male - Age: 11 - Ind/Rel: 1 / 0

#404 Men 200 IM Prelims	3:55.35	1/7			
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Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Aqua Sharks Academy-CP

21 Pitout, Addison P - Female - Age: 9 - Ind/Rel: 0 / 2

#211 Girls 13&U 4x100 Free Relay (2)	5:45.28	1/1	#310 Girls 13&U 4x50 Free Relay (3)	2:26.78	1/5
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22 Rayne, Leo - Male - Age: 14 - Ind/Rel: 6 / 2

#200 Men 100 Back Prelims	1:10.00	12/2	#206 Men 200 Free Prelims	2:21.54	11/3
#213 Boys 15&U 4x100 Free Relay (4)	4:20.01	1/4	#301 Men 100 Free Prelims	1:04.04	13/1
#307 Men 50 Fly Prelims	33.65	8/4	#313 Boys 15&U 4x50 Free Relay (4)	1:51.24	2/3
#402 Men 50 Back Prelims	32.95	11/7	#503 Men 50 Free Prelims	27.43	17/1

23 Renard, Leo G - Male - Age: 16 - Ind/Rel: 5 / 0

#200 Men 100 Back Prelims	1:11.69	11/5	#307 Men 50 Fly Prelims	29.44	17/2
#402 Men 50 Back Prelims	33.15	10/4	#404 Men 200 IM Prelims	2:47.78	8/7
#501 Men 200 Back Prelims	2:34.98	8/3			

24 Sprong, Jaime M - Female - Age: 10 - Ind/Rel: 0 / 2

#211 Girls 13&U 4x100 Free Relay (4)	5:45.28	1/1	#310 Girls 13&U 4x50 Free Relay (1)	2:26.78	1/5
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25 Swanepoel, Lulu A - Female - Age: 12 - Ind/Rel: 8 / 5

#101 Women 400 Free	5:11.27	5/3	#103 Women 4x200 Free Relay (1)	10:09.89	1/4
#207 Women 200 Free Prelims	2:28.81	8/5	#211 Girls 13&U 4x100 Free Relay (1)	5:45.28	1/1
#214 Girls 15&U 4x100 Free Relay (3)	4:42.98	1/7	#300 Women 100 Free Prelims	1:10.85	7/2
#304 Women 400 IM	6:20.98	1/6	#312 Girls 15&U 4x50 Free Relay (3)	2:10.41	1/8
#403 Women 50 Back Prelims	41.06	2/5	#407 Women 800 Free	10:49.75	2/8
#409 Mixed 13&U 4x50 Medley Relay (4)	2:27.24	1/4	#504 Women 100 Fly Prelims	1:23.09	3/1
#506 Women 1500 Free	21:26.09	2/7			

26 Swart, Nico N - Male - Age: 12 - Ind/Rel: 11 / 3

#100 Men 400 Free	5:23.71	4/6	#202 Men 200 Fly	2:54.76	1/5
#204 Men 50 Breast Prelims	39.32	7/4	#206 Men 200 Free Prelims	2:34.57	6/6
#210 Boys 13&U 4x100 Free Relay (1)	4:51.46	1/4	#303 Men 100 Breast Prelims	1:26.00	7/1
#305 Men 400 IM	5:57.01	2/2	#307 Men 50 Fly Prelims	34.73	7/2
#311 Boys 13&U 4x50 Free Relay (3)	2:07.77	2/1	#400 Men 200 Breast Prelims	3:00.53	6/3
#404 Men 200 IM Prelims	2:48.80	8/8	#409 Mixed 13&U 4x50 Medley Relay (2)	2:27.24	1/4
#503 Men 50 Free Prelims	31.86	6/5	#505 Men 100 Fly Prelims	1:15.04	4/4

27 Torbochkin, Daniel S - Male - Age: 12 - Ind/Rel: 2 / 1

#204 Men 50 Breast Prelims	39.61	7/6	#303 Men 100 Breast Prelims	1:31.23	5/6
#311 Boys 13&U 4x50 Free Relay (2)	2:07.77	2/1			

28 Torbochkin, David S - Male - Age: 14 - Ind/Rel: 3 / 2

#204 Men 50 Breast Prelims	37.45	9/2	#213 Boys 15&U 4x100 Free Relay (2)	4:20.01	1/4
#303 Men 100 Breast Prelims	1:15.12	13/5	#313 Boys 15&U 4x50 Free Relay (2)	1:58.87	2/1
#400 Men 200 Breast Prelims	2:47.93	9/4			

29 Van Wyk, Wesley R - Male - Age: 17 - Ind/Rel: 7 / 4

#100 Men 400 Free	4:48.96	9/3	#102 Men 4x200 Free Relay (4)	8:46.52	2/8
#206 Men 200 Free Prelims	2:07.73	19/5	#215 Men 4x100 Free Relay (3)	3:51.67	3/6
#301 Men 100 Free Prelims	58.22	24/7	#307 Men 50 Fly Prelims	29.15	18/1
#315 Men 4x50 Free Relay (3)	1:44.90	3/3	#404 Men 200 IM Prelims	2:30.49	14/6
#411 Mixed 4x50 Medley Relay (4)	2:15.39	2/2	#503 Men 50 Free Prelims	26.33	21/8
#505 Men 100 Fly Prelims	1:05.11	10/3			

30 Viljoen, Jaden R - Male - Age: 15 - Ind/Rel: 8 / 4

#100 Men 400 Free	5:09.65	6/5	#102 Men 4x200 Free Relay (3)	9:39.28	1/6
#200 Men 100 Back Prelims	1:11.05	11/4	#206 Men 200 Free Prelims	2:26.93	9/4
#213 Boys 15&U 4x100 Free Relay (3)	4:08.42	2/3	#301 Men 100 Free Prelims	1:02.53	15/7
#307 Men 50 Fly Prelims	31.99	11/1	#313 Boys 15&U 4x50 Free Relay (1)	1:51.24	2/3
#402 Men 50 Back Prelims	32.17	12/7	#410 Mixed 15&U 4x50 Medley Relay (1)	2:14.04	1/5
#501 Men 200 Back Prelims	2:30.52	10/8	#503 Men 50 Free Prelims	27.64	16/2

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18**Team Entries - All Events**

Aqua Sharks Academy-CP**31 Viljoen, Jagger F - Male - Age: 10 - Ind/Rel: 6 / 0**

#200 Men 100 Back Prelims	1:31.63	2/8	#206 Men 200 Free Prelims	2:57.60	2/8
#301 Men 100 Free Prelims	1:24.63	1/6	#307 Men 50 Fly Prelims	41.56	2/1
#402 Men 50 Back Prelims	39.88	3/7	#501 Men 200 Back Prelims	3:12.01	2/1

32 Walther-Kotzè, Leon C - Male - Age: 13 - Ind/Rel: 4 / 2

#100 Men 400 Free	5:26.11	4/7	#206 Men 200 Free Prelims	2:40.07	5/1
#210 Boys 13&U 4x100 Free Relay (3)	4:51.46	1/4	#307 Men 50 Fly Prelims	34.14	8/7
#311 Boys 13&U 4x50 Free Relay (4)	2:07.77	2/1	#505 Men 100 Fly Prelims	1:22.86	2/4

Aqua Sharks Academy-CP Total Individual Entries: 170 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Aqua Swimming and Fitness Club

1 Bergh, Madison S - Female - Age: 14 - Ind/Rel: 11 / 0

#101 Women 400 Free	4:57.15	7/5	#201 Women 100 Back Prelims	1:11.54	12/7
#207 Women 200 Free Prelims	2:21.22	12/4	#300 Women 100 Free Prelims	1:04.91	15/1
#306 Women 50 Fly Prelims	33.00	10/6	#403 Women 50 Back Prelims	32.80	14/1
#405 Women 200 IM Prelims	2:42.21	12/8	#407 Women 800 Free	9:58.64	4/1
#500 Women 200 Back Prelims	2:29.97	12/6	#504 Women 100 Fly Prelims	1:13.46	6/1
#506 Women 1500 Free	19:32.81	3/6			

2 Bergh, Riley R - Male - Age: 12 - Ind/Rel: 8 / 0

#200 Men 100 Back Prelims	1:20.96	6/2	#204 Men 50 Breast Prelims	42.09	6/7
#303 Men 100 Breast Prelims	1:35.83	4/8	#307 Men 50 Fly Prelims	36.60	5/7
#402 Men 50 Back Prelims	37.50	5/2	#404 Men 200 IM Prelims	2:58.63	5/6
#501 Men 200 Back Prelims	2:52.17	4/4	#503 Men 50 Free Prelims	35.12	2/5

3 Esterhuizen, Lorenzo E - Male - Age: 14 - Ind/Rel: 12 / 0

#100 Men 400 Free	4:44.41	10/1	#200 Men 100 Back Prelims	1:03.18	19/2
#202 Men 200 Fly	2:18.99	4/1	#204 Men 50 Breast Prelims	34.92	12/5
#301 Men 100 Free Prelims	58.81	22/4	#305 Men 400 IM	4:54.80	5/7
#307 Men 50 Fly Prelims	28.72	19/8	#402 Men 50 Back Prelims	29.39	15/2
#404 Men 200 IM Prelims	2:17.88	18/6	#501 Men 200 Back Prelims	2:13.88	14/3
#503 Men 50 Free Prelims	27.25	17/6	#505 Men 100 Fly Prelims	1:02.82	12/7

4 Hekandjo, Kabi A - Male - Age: 13 - Ind/Rel: 10 / 0

#100 Men 400 Free	5:12.52	5/4	#200 Men 100 Back Prelims	1:16.62	8/5
#206 Men 200 Free Prelims	2:30.50	8/3	#301 Men 100 Free Prelims	1:09.44	9/7
#307 Men 50 Fly Prelims	34.31	8/8	#402 Men 50 Back Prelims	35.23	7/3
#404 Men 200 IM Prelims	2:49.86	7/2	#501 Men 200 Back Prelims	2:40.35	7/2
#503 Men 50 Free Prelims	31.25	8/7	#505 Men 100 Fly Prelims	1:21.12	3/7

5 Humphrey, Jessica - Female - Age: 15 - Ind/Rel: 9 / 0

#101 Women 400 Free	4:55.16	8/2	#201 Women 100 Back Prelims	1:05.06	15/5
#207 Women 200 Free Prelims	2:16.95	15/6	#300 Women 100 Free Prelims	1:02.26	18/6
#306 Women 50 Fly Prelims	31.69	13/1	#403 Women 50 Back Prelims	29.62	12/4
#405 Women 200 IM Prelims	2:31.49	12/5	#500 Women 200 Back Prelims	2:23.39	12/5
#502 Women 50 Free Prelims	28.71	15/7			

6 Leitner, Zachary M - Male - Age: 10 - Ind/Rel: 9 / 0

#200 Men 100 Back Prelims	1:26.35	3/4	#204 Men 50 Breast Prelims	54.45	1/5
#206 Men 200 Free Prelims	2:52.81	2/6	#301 Men 100 Free Prelims	1:22.16	2/1
#307 Men 50 Fly Prelims	41.73	1/4	#402 Men 50 Back Prelims	40.88	2/6
#404 Men 200 IM Prelims	3:20.27	2/8	#501 Men 200 Back Prelims	2:58.50	3/3
#503 Men 50 Free Prelims	37.37	1/4			

7 Slinger, Gizelle - Female - Age: 14 - Ind/Rel: 9 / 0

#201 Women 100 Back Prelims	1:18.88	6/4	#205 Women 50 Breast Prelims	44.09	4/8
#207 Women 200 Free Prelims	2:29.23	8/3	#300 Women 100 Free Prelims	1:07.18	11/5
#306 Women 50 Fly Prelims	34.62	7/2	#403 Women 50 Back Prelims	35.27	9/8
#500 Women 200 Back Prelims	2:43.29	7/1	#502 Women 50 Free Prelims	30.60	11/5
#504 Women 100 Fly Prelims	1:16.80	4/5			

Aqua Swimming and Fitness Club Total Individual Entries: 68 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Aquasharks Winelands-CE

1 Botha, Lara E - Female - Age: 17 - Ind/Rel: 5 / 0

#201 Women 100 Back Prelims	1:10.11	14/1	#302 Women 100 Breast Prelims	1:28.28	6/6
#405 Women 200 IM Prelims	2:35.82	12/6	#500 Women 200 Back Prelims	2:29.38	10/3
#504 Women 100 Fly Prelims	1:11.31	7/2			

2 Dowdle, Kalynne - Female - Age: 16 - Ind/Rel: 3 / 0

#201 Women 100 Back Prelims	1:13.05	11/2	#403 Women 50 Back Prelims	34.38	9/4
#500 Women 200 Back Prelims	2:37.74	9/3			

3 Hugo, Retief R - Male - Age: 17 - Ind/Rel: 8 / 2

#204 Men 50 Breast Prelims	32.85	16/2	#206 Men 200 Free Prelims	2:07.37	20/8
#301 Men 100 Free Prelims	58.52	23/3	#303 Men 100 Breast Prelims	1:11.13	16/2
#307 Men 50 Fly Prelims	29.83	15/3	#315 Men 4x50 Free Relay (4)	1:51.49	2/7
#400 Men 200 Breast Prelims	2:33.85	11/3	#404 Men 200 IM Prelims	2:22.64	20/8
#411 Mixed 4x50 Medley Relay (2)	2:04.39	2/4	#503 Men 50 Free Prelims	26.48	20/6

4 Kotzè, Arden C - Male - Age: 13 - Ind/Rel: 7 / 0

#202 Men 200 Fly	2:47.72	2/8	#206 Men 200 Free Prelims	2:28.76	9/7
#301 Men 100 Free Prelims	1:08.20	10/2	#307 Men 50 Fly Prelims	33.79	8/6
#404 Men 200 IM Prelims	2:45.44	8/4	#505 Men 100 Fly Prelims	1:14.23	5/1
#507 Men 800 Free	10:47.22	2/6			

5 Prinsloo, Mila - Female - Age: 16 - Ind/Rel: 7 / 2

#101 Women 400 Free	4:55.11	8/6	#203 Women 200 Fly	2:32.68	2/3
#207 Women 200 Free Prelims	2:20.76	15/8	#300 Women 100 Free Prelims	1:04.44	15/4
#306 Women 50 Fly Prelims	30.68	15/2	#314 Women 4x50 Free Relay (4)	2:02.78	2/8
#411 Mixed 4x50 Medley Relay (3)	2:04.39	2/4	#502 Women 50 Free Prelims	28.79	15/1
#504 Women 100 Fly Prelims	1:06.11	8/5			

6 Schmidt, Amy - Female - Age: 15 - Ind/Rel: 5 / 2

#201 Women 100 Back Prelims	1:11.15	12/3	#207 Women 200 Free Prelims	2:32.31	7/3
#300 Women 100 Free Prelims	1:08.25	10/8	#314 Women 4x50 Free Relay (3)	2:02.78	2/8
#403 Women 50 Back Prelims	33.62	11/8	#411 Mixed 4x50 Medley Relay (1)	2:04.39	2/4
#500 Women 200 Back Prelims	2:30.88	10/6			

7 Schreuder, Steffen - Male - Age: 15 - Ind/Rel: 6 / 1

#100 Men 400 Free	5:00.93	7/4	#206 Men 200 Free Prelims	2:18.43	13/3
#301 Men 100 Free Prelims	1:02.89	14/4	#307 Men 50 Fly Prelims	30.03	15/8
#315 Men 4x50 Free Relay (2)	1:51.49	2/7	#503 Men 50 Free Prelims	29.29	11/1
#505 Men 100 Fly Prelims	1:10.25	6/4			

8 Stander, Christiaan L - Male - Age: 11 - Ind/Rel: 6 / 0

#100 Men 400 Free	5:51.64	1/4	#204 Men 50 Breast Prelims	46.18	3/4
#206 Men 200 Free Prelims	2:47.08	3/2	#301 Men 100 Free Prelims	1:13.69	5/6
#303 Men 100 Breast Prelims	1:38.03	3/8	#400 Men 200 Breast Prelims	3:32.69	2/4

9 Theron, Jady - Female - Age: 16 - Ind/Rel: 4 / 1

#101 Women 400 Free	4:55.99	8/1	#207 Women 200 Free Prelims	2:21.14	14/8
#300 Women 100 Free Prelims	1:04.89	15/2	#314 Women 4x50 Free Relay (1)	2:02.78	2/8
#407 Women 800 Free	10:18.63	3/7			

10 Vermeulen, Hanco - Male - Age: 14 - Ind/Rel: 7 / 1

#204 Men 50 Breast Prelims	37.80	9/7	#206 Men 200 Free Prelims	2:24.42	10/5
#301 Men 100 Free Prelims	1:03.39	14/8	#303 Men 100 Breast Prelims	1:21.12	10/1
#315 Men 4x50 Free Relay (3)	1:51.49	2/7	#400 Men 200 Breast Prelims	2:55.53	8/8
#404 Men 200 IM Prelims	2:37.81	11/3	#503 Men 50 Free Prelims	28.48	13/7

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Aquasharks Winelands-CE

11 Viljoen, Jo-Ell - Female - Age: 17 - Ind/Rel: 6 / 1

#201 Women 100 Back Prelims	1:10.44	15/8	#203 Women 200 Fly	2:28.26	2/5
#207 Women 200 Free Prelims	2:22.23	12/6	#314 Women 4x50 Free Relay (2)	2:02.78	2/8
#407 Women 800 Free	10:27.69	2/6	#500 Women 200 Back Prelims	2:31.06	12/2
#504 Women 100 Fly Prelims	1:08.68	8/3			

12 Viljoen, Stèphen - Male - Age: 17 - Ind/Rel: 7 / 2

#202 Men 200 Fly	2:20.39	4/8	#206 Men 200 Free Prelims	2:06.76	20/7
#301 Men 100 Free Prelims	56.21	27/6	#307 Men 50 Fly Prelims	29.59	16/5
#315 Men 4x50 Free Relay (1)	1:51.49	2/7	#404 Men 200 IM Prelims	2:29.24	15/6
#411 Mixed 4x50 Medley Relay (4)	2:04.39	2/4	#503 Men 50 Free Prelims	27.24	17/3
#505 Men 100 Fly Prelims	1:02.76	13/7			

13 Wagener, Tiaan H - Male - Age: 11 - Ind/Rel: 9 / 0

#100 Men 400 Free	5:36.11	2/4	#200 Men 100 Back Prelims	1:29.83	2/5
#206 Men 200 Free Prelims	2:49.45	3/1	#301 Men 100 Free Prelims	1:17.21	3/3
#303 Men 100 Breast Prelims	1:37.19	3/1	#400 Men 200 Breast Prelims	3:29.73	3/7
#404 Men 200 IM Prelims	3:09.63	3/3	#501 Men 200 Back Prelims	3:10.63	2/7
#503 Men 50 Free Prelims	34.91	2/4			

Aquasharks Winelands-CE Total Individual Entries: 80 - Total Relays: 0

Barracudas Aquarama SC-CP

1 Hieckmann, Ethan H - Male - Age: 22 - Ind/Rel: 1 / 0

#402 Men 50 Back Prelims	27.92	15/5
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2 Lombard, Kyle M - Male - Age: 15 - Ind/Rel: 8 / 0

#200 Men 100 Back Prelims	1:07.97	14/2	#206 Men 200 Free Prelims	2:13.89	16/1
#301 Men 100 Free Prelims	1:00.35	19/4	#303 Men 100 Breast Prelims	1:21.20	10/8
#402 Men 50 Back Prelims	31.78	13/1	#404 Men 200 IM Prelims	2:32.23	13/4
#501 Men 200 Back Prelims	2:27.23	10/5	#503 Men 50 Free Prelims	27.72	16/8

3 van Wyk, Tariq K - Male - Age: 13 - Ind/Rel: 9 / 0

#100 Men 400 Free	5:32.50	3/7	#200 Men 100 Back Prelims	1:19.64	7/2
#206 Men 200 Free Prelims	2:28.85	9/1	#301 Men 100 Free Prelims	1:10.86	7/3
#303 Men 100 Breast Prelims	1:36.66	3/4	#402 Men 50 Back Prelims	35.75	7/8
#404 Men 200 IM Prelims	2:56.28	5/4	#501 Men 200 Back Prelims	2:49.51	5/6
#505 Men 100 Fly Prelims	1:18.59	3/3			

Barracudas Aquarama SC-CP Total Individual Entries: 18 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Bloemfontein Otters-MA**1 de Jager, Katie - Female - Age: 14 - Ind/Rel: 6 / 0**

#101 Women 400 Free	4:58.95	7/3	#207 Women 200 Free Prelims	2:21.70	12/3
#300 Women 100 Free Prelims	1:05.86	13/5	#403 Women 50 Back Prelims	35.55	8/4
#407 Women 800 Free	10:19.57	3/1	#500 Women 200 Back Prelims	2:41.76	7/4

2 du Plessis, Evie - Female - Age: 11 - Ind/Rel: 10 / 0

#101 Women 400 Free	5:29.70	3/5	#201 Women 100 Back Prelims	1:25.72	3/7
#205 Women 50 Breast Prelims	43.30	4/4	#207 Women 200 Free Prelims	2:34.37	6/5
#300 Women 100 Free Prelims	1:14.59	3/4	#302 Women 100 Breast Prelims	1:31.60	5/3
#401 Women 200 Breast Prelims	3:15.50	3/3	#405 Women 200 IM Prelims	3:03.18	4/1
#500 Women 200 Back Prelims	3:02.87	2/5	#502 Women 50 Free Prelims	34.14	3/5

3 du Plessis, Madison - Female - Age: 15 - Ind/Rel: 8 / 0

#101 Women 400 Free	4:45.24	9/2	#201 Women 100 Back Prelims	1:11.08	12/4
#207 Women 200 Free Prelims	2:16.68	14/3	#304 Women 400 IM	5:19.78	3/5
#401 Women 200 Breast Prelims	2:47.40	7/5	#407 Women 800 Free	9:56.03	4/2
#500 Women 200 Back Prelims	2:34.65	10/1	#504 Women 100 Fly Prelims	1:10.47	7/6

4 du Plessis, Summer - Female - Age: 13 - Ind/Rel: 7 / 0

#101 Women 400 Free	5:19.31	4/5	#201 Women 100 Back Prelims	1:31.57	1/3
#207 Women 200 Free Prelims	2:31.71	7/4	#300 Women 100 Free Prelims	1:12.16	5/5
#302 Women 100 Breast Prelims	1:27.38	7/1	#401 Women 200 Breast Prelims	3:09.20	4/6
#502 Women 50 Free Prelims	33.28	5/8			

5 Yiorkas, Yiorgos - Male - Age: 14 - Ind/Rel: 10 / 0

#200 Men 100 Back Prelims	1:16.37	9/1	#204 Men 50 Breast Prelims	34.69	13/6
#303 Men 100 Breast Prelims	1:15.43	13/3	#307 Men 50 Fly Prelims	34.36	7/4
#400 Men 200 Breast Prelims	2:47.09	10/1	#402 Men 50 Back Prelims	34.09	9/6
#503 Men 50 Free Prelims	29.35	10/3	#601 Mixed 50 Back	34.09	1/3
#603 Mixed 50 Fly	34.36	2/7	#605 Mixed 100 Back	1:16.37	1/5

Bloemfontein Otters-MA Total Individual Entries: 41 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18**Team Entries - All Events****Blouberg Marlins-CP****1 Carrol, Matt - Male - Age: 18 - Ind/Rel: 5 / 2**

#204 Men 50 Breast Prelims	33.83	14/3	#215 Men 4x100 Free Relay (2)	3:55.00	2/4
#301 Men 100 Free Prelims	58.53	23/6	#303 Men 100 Breast Prelims	1:17.10	12/2
#307 Men 50 Fly Prelims	28.93	18/6	#315 Men 4x50 Free Relay (2)	1:48.96	2/3
#503 Men 50 Free Prelims	26.98	18/5			

2 Coleman, Madison - Female - Age: 14 - Ind/Rel: 12 / 3

#101 Women 400 Free	5:15.06	5/1	#201 Women 100 Back Prelims	1:15.23	9/6
#205 Women 50 Breast Prelims	37.69	11/7	#207 Women 200 Free Prelims	2:26.56	9/6
#214 Girls 15&U 4x100 Free Relay (4)	4:34.94	1/2	#300 Women 100 Free Prelims	1:06.36	13/8
#302 Women 100 Breast Prelims	1:23.19	9/2	#304 Women 400 IM	5:56.25	2/6
#312 Girls 15&U 4x50 Free Relay (4)	2:07.00	1/2	#401 Women 200 Breast Prelims	3:00.43	5/7
#403 Women 50 Back Prelims	35.99	7/4	#405 Women 200 IM Prelims	2:41.88	11/1
#410 Mixed 15&U 4x50 Medley Relay (2)	2:11.68	2/8	#500 Women 200 Back Prelims	2:37.11	9/5
#502 Women 50 Free Prelims	30.59	11/4			

3 Coleman, Travis - Male - Age: 12 - Ind/Rel: 12 / 3

#100 Men 400 Free	5:31.06	3/2	#200 Men 100 Back Prelims	1:24.65	4/4
#204 Men 50 Breast Prelims	40.54	7/7	#210 Boys 13&U 4x100 Free Relay (4)	4:47.40	2/1
#301 Men 100 Free Prelims	1:10.62	8/1	#303 Men 100 Breast Prelims	1:30.41	5/5
#305 Men 400 IM	6:13.90	1/3	#307 Men 50 Fly Prelims	36.31	5/6
#311 Boys 13&U 4x50 Free Relay (1)	2:10.17	2/8	#400 Men 200 Breast Prelims	3:14.82	4/3
#402 Men 50 Back Prelims	37.61	5/7	#404 Men 200 IM Prelims	2:53.60	6/6
#409 Mixed 13&U 4x50 Medley Relay (2)	2:10.00	2/5	#503 Men 50 Free Prelims	31.33	8/8
#505 Men 100 Fly Prelims	1:23.65	2/3			

4 Daniels, Sara H - Female - Age: 17 - Ind/Rel: 6 / 2

#205 Women 50 Breast Prelims	38.11	11/1	#216 Women 4x100 Free Relay (2)	4:25.75	2/8
#300 Women 100 Free Prelims	1:07.11	11/4	#302 Women 100 Breast Prelims	1:25.66	7/5
#306 Women 50 Fly Prelims	34.24	8/2	#314 Women 4x50 Free Relay (3)	2:02.18	2/7
#502 Women 50 Free Prelims	30.23	13/2	#504 Women 100 Fly Prelims	1:18.77	4/8

5 Faulkner, Callum E - Male - Age: 12 - Ind/Rel: 11 / 3

#100 Men 400 Free	5:27.16	4/1	#200 Men 100 Back Prelims	1:24.50	5/8
#204 Men 50 Breast Prelims	42.92	5/3	#206 Men 200 Free Prelims	2:37.44	5/4
#210 Boys 13&U 4x100 Free Relay (3)	4:47.40	2/1	#301 Men 100 Free Prelims	1:11.81	6/3
#303 Men 100 Breast Prelims	1:30.73	5/3	#307 Men 50 Fly Prelims	38.35	3/5
#311 Boys 13&U 4x50 Free Relay (2)	2:10.17	2/8	#400 Men 200 Breast Prelims	3:12.71	4/5
#402 Men 50 Back Prelims	39.37	3/5	#409 Mixed 13&U 4x50 Medley Relay (4)	2:10.00	2/5
#501 Men 200 Back Prelims	3:02.78	3/2	#503 Men 50 Free Prelims	33.10	5/7

6 Kalapac, Joshua - Male - Age: 14 - Ind/Rel: 8 / 3

#100 Men 400 Free	5:02.90	7/3	#200 Men 100 Back Prelims	1:08.81	13/6
#206 Men 200 Free Prelims	2:14.67	15/5	#213 Boys 15&U 4x100 Free Relay (4)	4:09.78	2/2
#301 Men 100 Free Prelims	59.78	21/1	#305 Men 400 IM	5:31.93	3/8
#313 Boys 15&U 4x50 Free Relay (4)	1:54.34	2/2	#404 Men 200 IM Prelims	2:30.00	15/8
#410 Mixed 15&U 4x50 Medley Relay (3)	2:11.68	2/8	#503 Men 50 Free Prelims	26.70	20/8
#505 Men 100 Fly Prelims	1:05.88	10/8			

7 Karsten, Jody - Male - Age: 16 - Ind/Rel: 10 / 2

#100 Men 400 Free	4:53.97	8/5	#200 Men 100 Back Prelims	1:08.69	13/3
#204 Men 50 Breast Prelims	34.82	13/8	#206 Men 200 Free Prelims	2:13.51	16/3
#215 Men 4x100 Free Relay (1)	3:55.00	2/4	#301 Men 100 Free Prelims	1:00.16	20/1
#303 Men 100 Breast Prelims	1:14.10	16/1	#305 Men 400 IM	5:22.19	3/2
#315 Men 4x50 Free Relay (4)	1:48.96	2/3	#400 Men 200 Breast Prelims	2:46.23	12/1
#404 Men 200 IM Prelims	2:28.68	16/8	#501 Men 200 Back Prelims	2:28.65	10/6

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Blouberg Marlins-CP

8 Kent, Tyler - Male - Age: 13 - Ind/Rel: 8 / 2

#204 Men 50 Breast Prelims	41.45	6/5	#206 Men 200 Free Prelims	2:39.42	5/2
#210 Boys 13&U 4x100 Free Relay (2)	4:47.40	2/1	#301 Men 100 Free Prelims	1:13.31	5/4
#303 Men 100 Breast Prelims	1:28.54	6/7	#307 Men 50 Fly Prelims	36.15	5/3
#311 Boys 13&U 4x50 Free Relay (4)	2:10.17	2/8	#400 Men 200 Breast Prelims	3:12.22	4/4
#402 Men 50 Back Prelims	40.41	2/3	#404 Men 200 IM Prelims	3:03.10	4/5

9 Kotzè, Tamsyn G - Female - Age: 16 - Ind/Rel: 10 / 2

#101 Women 400 Free	4:53.33	9/8	#205 Women 50 Breast Prelims	41.30	7/8
#207 Women 200 Free Prelims	2:23.69	11/5	#216 Women 4x100 Free Relay (3)	4:25.75	2/8
#300 Women 100 Free Prelims	1:06.98	12/7	#304 Women 400 IM	6:09.64	1/3
#306 Women 50 Fly Prelims	36.27	4/5	#314 Women 4x50 Free Relay (1)	2:02.18	2/7
#403 Women 50 Back Prelims	38.31	4/4	#407 Women 800 Free	10:03.30	3/5
#502 Women 50 Free Prelims	30.68	11/2	#506 Women 1500 Free	19:33.46	3/7

10 Kotzè, Max M - Male - Age: 14 - Ind/Rel: 11 / 2

#100 Men 400 Free	4:52.53	9/8	#200 Men 100 Back Prelims	1:12.99	10/5
#204 Men 50 Breast Prelims	43.05	5/2	#206 Men 200 Free Prelims	2:20.37	12/7
#213 Boys 15&U 4x100 Free Relay (3)	4:09.78	2/2	#301 Men 100 Free Prelims	1:02.67	15/1
#307 Men 50 Fly Prelims	33.06	9/5	#313 Boys 15&U 4x50 Free Relay (1)	1:54.34	2/2
#402 Men 50 Back Prelims	34.85	8/8	#404 Men 200 IM Prelims	2:45.01	9/8
#501 Men 200 Back Prelims	2:35.09	8/6	#503 Men 50 Free Prelims	28.82	12/6
#507 Men 800 Free	10:26.60	3/7			

11 Lorenzen, Ava E - Female - Age: 12 - Ind/Rel: 13 / 3

#101 Women 400 Free	5:10.26	5/4	#201 Women 100 Back Prelims	1:14.46	10/8
#205 Women 50 Breast Prelims	41.78	6/8	#207 Women 200 Free Prelims	2:26.48	9/3
#214 Girls 15&U 4x100 Free Relay (3)	4:34.94	1/2	#300 Women 100 Free Prelims	1:07.20	11/3
#302 Women 100 Breast Prelims	1:28.27	6/3	#306 Women 50 Fly Prelims	33.83	8/4
#312 Girls 15&U 4x50 Free Relay (3)	2:07.00	1/2	#401 Women 200 Breast Prelims	3:13.31	3/4
#403 Women 50 Back Prelims	35.84	8/7	#405 Women 200 IM Prelims	2:43.67	9/5
#409 Mixed 13&U 4x50 Medley Relay (3)	2:10.00	2/5	#500 Women 200 Back Prelims	2:42.13	7/5
#502 Women 50 Free Prelims	31.52	9/8	#504 Women 100 Fly Prelims	1:13.52	8/8

12 Louw, Isabella A - Female - Age: 12 - Ind/Rel: 7 / 3

#201 Women 100 Back Prelims	1:25.72	3/2	#205 Women 50 Breast Prelims	48.54	2/6
#207 Women 200 Free Prelims	2:49.18	2/3	#214 Girls 15&U 4x100 Free Relay (2)	4:34.94	1/2
#300 Women 100 Free Prelims	1:14.41	4/8	#306 Women 50 Fly Prelims	38.11	3/8
#312 Girls 15&U 4x50 Free Relay (2)	2:07.00	1/2	#403 Women 50 Back Prelims	38.64	4/2
#409 Mixed 13&U 4x50 Medley Relay (1)	2:10.00	2/5	#502 Women 50 Free Prelims	33.84	4/7

13 Myburgh, Jordan - Male - Age: 18 - Ind/Rel: 5 / 2

#200 Men 100 Back Prelims	1:06.49	16/7	#204 Men 50 Breast Prelims	32.78	17/2
#215 Men 4x100 Free Relay (4)	3:55.00	2/4	#301 Men 100 Free Prelims	58.12	24/3
#402 Men 50 Back Prelims	30.90	15/8	#411 Mixed 4x50 Medley Relay (2)	1:59.00	3/7
#503 Men 50 Free Prelims	25.99	22/1			

14 Myburgh, Ruan - Male - Age: 15 - Ind/Rel: 10 / 2

#100 Men 400 Free	4:55.39	8/3	#200 Men 100 Back Prelims	1:13.27	10/6
#204 Men 50 Breast Prelims	38.20	8/5	#213 Boys 15&U 4x100 Free Relay (2)	4:09.78	2/2
#301 Men 100 Free Prelims	1:05.12	12/2	#307 Men 50 Fly Prelims	33.29	9/1
#313 Boys 15&U 4x50 Free Relay (2)	1:54.34	2/2	#400 Men 200 Breast Prelims	3:00.22	6/5
#402 Men 50 Back Prelims	34.69	8/2	#404 Men 200 IM Prelims	2:37.01	12/7
#501 Men 200 Back Prelims	2:37.75	8/8	#503 Men 50 Free Prelims	29.94	9/5

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18**Team Entries - All Events****Blouberg Marlins-CP****15 Pautz, Benjamin R - Male - Age: 11 - Ind/Rel: 13 / 2**

#100 Men 400 Free	5:24.75	4/2	#200 Men 100 Back Prelims	1:22.35	5/3
#204 Men 50 Breast Prelims	45.73	4/1	#206 Men 200 Free Prelims	2:34.20	6/5
#210 Boys 13&U 4x100 Free Relay (1)	4:47.40	2/1	#301 Men 100 Free Prelims	1:11.66	6/5
#303 Men 100 Breast Prelims	1:39.24	2/3	#307 Men 50 Fly Prelims	37.91	3/4
#311 Boys 13&U 4x50 Free Relay (3)	2:10.17	2/8	#400 Men 200 Breast Prelims	3:29.87	3/1
#402 Men 50 Back Prelims	38.38	4/4	#404 Men 200 IM Prelims	2:58.34	5/5
#501 Men 200 Back Prelims	2:56.87	4/8	#503 Men 50 Free Prelims	32.47	6/1
#505 Men 100 Fly Prelims	1:25.85	2/7			

16 Pautz, Nathan M - Male - Age: 15 - Ind/Rel: 13 / 3

#100 Men 400 Free	4:43.18	10/3	#200 Men 100 Back Prelims	1:11.02	12/1
#204 Men 50 Breast Prelims	36.31	10/6	#206 Men 200 Free Prelims	2:16.84	14/7
#213 Boys 15&U 4x100 Free Relay (1)	4:09.78	2/2	#301 Men 100 Free Prelims	1:02.21	15/4
#303 Men 100 Breast Prelims	1:19.11	11/7	#307 Men 50 Fly Prelims	32.80	10/1
#313 Boys 15&U 4x50 Free Relay (3)	1:54.34	2/2	#400 Men 200 Breast Prelims	2:49.20	9/7
#402 Men 50 Back Prelims	33.57	10/8	#404 Men 200 IM Prelims	2:32.15	14/8
#410 Mixed 15&U 4x50 Medley Relay (4)	2:11.68	2/8	#503 Men 50 Free Prelims	28.88	12/7
#505 Men 100 Fly Prelims	1:12.24	6/8	#507 Men 800 Free	10:01.68	3/4

17 Rohner, Jayden M - Male - Age: 16 - Ind/Rel: 8 / 2

#100 Men 400 Free	5:16.78	5/2	#200 Men 100 Back Prelims	1:16.13	9/7
#206 Men 200 Free Prelims	2:23.81	11/1	#215 Men 4x100 Free Relay (3)	3:55.00	2/4
#301 Men 100 Free Prelims	1:00.50	19/3	#307 Men 50 Fly Prelims	30.08	14/5
#315 Men 4x50 Free Relay (1)	1:48.96	2/3	#402 Men 50 Back Prelims	32.78	11/6
#501 Men 200 Back Prelims	2:40.07	7/6	#503 Men 50 Free Prelims	27.46	16/4

18 Van Reenen, Ryan - Male - Age: 24 - Ind/Rel: 6 / 2

#204 Men 50 Breast Prelims	33.13	16/7	#301 Men 100 Free Prelims	58.57	23/7
#307 Men 50 Fly Prelims	27.55	22/2	#315 Men 4x50 Free Relay (3)	1:48.96	2/3
#402 Men 50 Back Prelims	33.44	10/7	#411 Mixed 4x50 Medley Relay (3)	1:59.00	3/7
#503 Men 50 Free Prelims	26.33	20/4	#505 Men 100 Fly Prelims	1:04.10	11/7

19 Venter, Liya E - Female - Age: 18 - Ind/Rel: 2 / 3

#216 Women 4x100 Free Relay (4)	4:25.75	2/8	#300 Women 100 Free Prelims	1:05.69	14/8
#314 Women 4x50 Free Relay (2)	2:02.18	2/7	#411 Mixed 4x50 Medley Relay (1)	1:59.00	3/7
#502 Women 50 Free Prelims	30.55	12/2			

20 Watson, Caitlin C - Female - Age: 16 - Ind/Rel: 7 / 3

#201 Women 100 Back Prelims	1:15.52	9/1	#207 Women 200 Free Prelims	2:24.84	11/2
#216 Women 4x100 Free Relay (1)	4:25.75	2/8	#300 Women 100 Free Prelims	1:05.97	13/6
#306 Women 50 Fly Prelims	32.40	11/5	#314 Women 4x50 Free Relay (4)	2:02.18	2/7
#403 Women 50 Back Prelims	33.81	10/5	#411 Mixed 4x50 Medley Relay (4)	1:59.00	3/7
#500 Women 200 Back Prelims	2:44.49	6/5	#502 Women 50 Free Prelims	30.72	11/7

21 Zeelie, Shanna-Leigh - Female - Age: 14 - Ind/Rel: 10 / 3

#101 Women 400 Free	4:57.07	7/4	#201 Women 100 Back Prelims	1:16.24	8/6
#207 Women 200 Free Prelims	2:23.18	12/1	#214 Girls 15&U 4x100 Free Relay (1)	4:34.94	1/2
#300 Women 100 Free Prelims	1:06.97	12/2	#306 Women 50 Fly Prelims	33.63	9/7
#312 Girls 15&U 4x50 Free Relay (1)	2:07.00	1/2	#403 Women 50 Back Prelims	36.04	7/3
#407 Women 800 Free	10:30.42	2/7	#410 Mixed 15&U 4x50 Medley Relay (1)	2:11.68	2/8
#500 Women 200 Back Prelims	2:40.92	8/2	#502 Women 50 Free Prelims	31.05	9/4
#504 Women 100 Fly Prelims	1:15.15	5/7			

Blouberg Marlins-CP Total Individual Entries: 187 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Curro Aquatic Swim Club-CP

1 Bezuidenhout, Ernst E - Male - Age: 13 - Ind/Rel: 15 / 3

#100 Men 400 Free	4:43.27	10/6	#200 Men 100 Back Prelims	1:07.45	14/3
#202 Men 200 Fly	2:41.42	2/2	#204 Men 50 Breast Prelims	39.13	8/1
#206 Men 200 Free Prelims	2:14.81	15/2	#210 Boys 13&U 4x100 Free Relay (1)	4:27.68	2/5
#301 Men 100 Free Prelims	1:03.53	13/3	#305 Men 400 IM	5:24.33	3/7
#307 Men 50 Fly Prelims	32.53	10/2	#311 Boys 13&U 4x50 Free Relay (4)	2:02.22	2/5
#402 Men 50 Back Prelims	31.70	13/2	#404 Men 200 IM Prelims	2:37.50	12/8
#406 Men 1500 Free	19:50.27	1/3	#409 Mixed 13&U 4x50 Medley Relay (1)	2:18.66	2/7
#501 Men 200 Back Prelims	2:23.52	12/2	#503 Men 50 Free Prelims	29.21	11/2
#505 Men 100 Fly Prelims	1:11.42	6/7	#507 Men 800 Free	9:45.10	4/8

2 Billson, Amelie - Female - Age: 11 - Ind/Rel: 11 / 3

#101 Women 400 Free	5:47.22	1/3	#201 Women 100 Back Prelims	1:30.41	2/8
#205 Women 50 Breast Prelims	55.74	1/3	#207 Women 200 Free Prelims	2:46.38	3/2
#211 Girls 13&U 4x100 Free Relay (2)	4:56.02	1/7	#300 Women 100 Free Prelims	1:18.08	2/8
#306 Women 50 Fly Prelims	40.75	2/1	#310 Girls 13&U 4x50 Free Relay (2)	2:14.86	2/7
#403 Women 50 Back Prelims	41.47	2/3	#407 Women 800 Free	11:59.77	1/1
#408 Mixed 11&U 4x50 Medley Relay (4)	2:32.38	1/5	#500 Women 200 Back Prelims	3:09.45	1/4
#502 Women 50 Free Prelims	35.67	2/7	#504 Women 100 Fly Prelims	1:32.96	2/8

3 Botha, Chelsea - Female - Age: 13 - Ind/Rel: 13 / 3

#101 Women 400 Free	5:35.15	3/7	#201 Women 100 Back Prelims	1:20.43	5/6
#205 Women 50 Breast Prelims	40.44	7/6	#207 Women 200 Free Prelims	2:37.72	5/2
#211 Girls 13&U 4x100 Free Relay (1)	4:56.02	1/7	#300 Women 100 Free Prelims	1:10.68	7/5
#302 Women 100 Breast Prelims	1:33.17	4/5	#306 Women 50 Fly Prelims	41.70	1/5
#310 Girls 13&U 4x50 Free Relay (1)	2:14.86	2/7	#401 Women 200 Breast Prelims	3:17.17	3/7
#403 Women 50 Back Prelims	38.99	3/4	#405 Women 200 IM Prelims	2:56.55	5/3
#409 Mixed 13&U 4x50 Medley Relay (2)	2:18.66	2/7	#500 Women 200 Back Prelims	2:55.51	4/5
#502 Women 50 Free Prelims	32.24	7/8	#504 Women 100 Fly Prelims	1:40.52	1/3

4 Bright, Michael C - Male - Age: 11 - Ind/Rel: 13 / 3

#100 Men 400 Free	5:37.85	2/3	#200 Men 100 Back Prelims	1:18.83	7/4
#204 Men 50 Breast Prelims	43.59	5/7	#206 Men 200 Free Prelims	2:34.75	6/2
#208 Boys 11&U 4x100 Free Relay (4)	5:17.83	1/3	#301 Men 100 Free Prelims	1:11.54	6/4
#303 Men 100 Breast Prelims	1:35.21	4/2	#307 Men 50 Fly Prelims	36.90	4/5
#309 Boys 11&U 4x50 Free Relay (4)	2:18.99	1/4	#400 Men 200 Breast Prelims	3:21.66	4/1
#402 Men 50 Back Prelims	36.82	5/4	#404 Men 200 IM Prelims	2:53.80	6/2
#408 Mixed 11&U 4x50 Medley Relay (1)	2:32.38	1/5	#501 Men 200 Back Prelims	2:48.67	5/5
#503 Men 50 Free Prelims	33.28	4/4	#505 Men 100 Fly Prelims	1:23.74	2/2

5 Christie, Leah E - Female - Age: 18 - Ind/Rel: 5 / 4

#103 Women 4x200 Free Relay (4)	9:21.18	2/6	#207 Women 200 Free Prelims	2:15.71	13/5
#216 Women 4x100 Free Relay (4)	4:12.84	2/3	#300 Women 100 Free Prelims	1:01.25	18/3
#306 Women 50 Fly Prelims	30.80	14/2	#314 Women 4x50 Free Relay (1)	1:53.33	2/5
#405 Women 200 IM Prelims	2:39.62	12/7	#411 Mixed 4x50 Medley Relay (2)	2:03.97	3/8
#502 Women 50 Free Prelims	28.06	16/6			

6 Dockerill, Max J - Male - Age: 11 - Ind/Rel: 7 / 3

#204 Men 50 Breast Prelims	50.19	2/1	#206 Men 200 Free Prelims	3:05.60	1/5
#208 Boys 11&U 4x100 Free Relay (3)	5:17.83	1/3	#301 Men 100 Free Prelims	1:23.25	1/4
#307 Men 50 Fly Prelims	40.16	2/5	#309 Boys 11&U 4x50 Free Relay (3)	2:18.99	1/4
#402 Men 50 Back Prelims	42.19	1/3	#408 Mixed 11&U 4x50 Medley Relay (3)	2:32.38	1/5
#503 Men 50 Free Prelims	34.64	3/2	#505 Men 100 Fly Prelims	1:37.02	1/1

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18**Team Entries - All Events****Curro Aquatic Swim Club-CP****7 February, Dillon S - Male - Age: 11 - Ind/Rel: 13 / 2**

#100 Men 400 Free	5:52.91	1/3	#200 Men 100 Back Prelims	1:22.98	5/7
#204 Men 50 Breast Prelims	46.98	3/2	#206 Men 200 Free Prelims	2:45.21	4/8
#208 Boys 11&U 4x100 Free Relay (1)	5:17.83	1/3	#301 Men 100 Free Prelims	1:17.73	3/6
#303 Men 100 Breast Prelims	1:40.65	2/7	#307 Men 50 Fly Prelims	40.65	2/6
#309 Boys 11&U 4x50 Free Relay (1)	2:18.99	1/4	#400 Men 200 Breast Prelims	3:35.07	2/7
#402 Men 50 Back Prelims	39.08	4/7	#404 Men 200 IM Prelims	3:07.25	3/4
#501 Men 200 Back Prelims	2:58.01	3/5	#503 Men 50 Free Prelims	34.18	4/8
#505 Men 100 Fly Prelims	1:34.52	1/2			

8 February, Gerard G - Male - Age: 14 - Ind/Rel: 14 / 4

#100 Men 400 Free	4:42.29	10/5	#102 Men 4x200 Free Relay (2)	8:31.08	2/2
#200 Men 100 Back Prelims	1:06.92	15/6	#204 Men 50 Breast Prelims	34.71	13/7
#206 Men 200 Free Prelims	2:12.39	17/7	#215 Men 4x100 Free Relay (2)	3:52.03	3/2
#301 Men 100 Free Prelims	1:01.73	16/4	#303 Men 100 Breast Prelims	1:13.41	15/7
#307 Men 50 Fly Prelims	31.69	11/3	#315 Men 4x50 Free Relay (2)	1:45.87	3/1
#400 Men 200 Breast Prelims	2:38.27	12/2	#402 Men 50 Back Prelims	31.95	12/4
#404 Men 200 IM Prelims	2:29.56	15/7	#410 Mixed 15&U 4x50 Medley Relay (4)	2:10.61	2/2
#501 Men 200 Back Prelims	2:23.42	12/6	#503 Men 50 Free Prelims	27.77	15/4
#505 Men 100 Fly Prelims	1:16.08	4/7	#507 Men 800 Free	10:02.11	3/5

9 Gennarakis, Christina - Female - Age: 16 - Ind/Rel: 10 / 4

#101 Women 400 Free	5:05.30	6/4	#103 Women 4x200 Free Relay (1)	9:21.18	2/6
#201 Women 100 Back Prelims	1:13.91	10/2	#207 Women 200 Free Prelims	2:18.02	15/2
#216 Women 4x100 Free Relay (1)	4:12.84	2/3	#300 Women 100 Free Prelims	1:02.50	17/6
#306 Women 50 Fly Prelims	31.56	13/7	#314 Women 4x50 Free Relay (2)	1:53.33	2/5
#403 Women 50 Back Prelims	34.54	9/6	#405 Women 200 IM Prelims	2:43.86	9/3
#411 Mixed 4x50 Medley Relay (4)	2:03.97	3/8	#500 Women 200 Back Prelims	2:45.37	6/2
#502 Women 50 Free Prelims	29.16	14/5	#504 Women 100 Fly Prelims	1:11.10	8/2

10 Gerber, Luke M - Male - Age: 10 - Ind/Rel: 8 / 2

#200 Men 100 Back Prelims	1:29.95	2/3	#204 Men 50 Breast Prelims	56.07	1/3
#206 Men 200 Free Prelims	3:06.52	1/3	#208 Boys 11&U 4x100 Free Relay (2)	5:17.83	1/3
#301 Men 100 Free Prelims	1:25.31	1/7	#309 Boys 11&U 4x50 Free Relay (2)	2:18.99	1/4
#402 Men 50 Back Prelims	41.42	2/7	#404 Men 200 IM Prelims	3:38.82	1/2
#501 Men 200 Back Prelims	3:08.82	2/6	#503 Men 50 Free Prelims	36.89	2/1

11 Hayes, Kerrigan L - Female - Age: 14 - Ind/Rel: 9 / 3

#101 Women 400 Free	5:18.98	4/4	#201 Women 100 Back Prelims	1:12.64	11/3
#205 Women 50 Breast Prelims	47.72	2/3	#214 Girls 15&U 4x100 Free Relay (2)	4:29.04	1/3
#300 Women 100 Free Prelims	1:09.10	9/6	#306 Women 50 Fly Prelims	34.37	8/1
#312 Girls 15&U 4x50 Free Relay (2)	2:03.68	1/6	#403 Women 50 Back Prelims	33.89	10/6
#407 Women 800 Free	11:05.58	1/5	#410 Mixed 15&U 4x50 Medley Relay (3)	2:19.56	1/6
#500 Women 200 Back Prelims	2:33.72	10/7	#502 Women 50 Free Prelims	32.11	7/6

12 Joyce, Jenna - Female - Age: 11 - Ind/Rel: 11 / 3

#101 Women 400 Free	5:44.53	1/4	#201 Women 100 Back Prelims	1:31.75	1/6
#205 Women 50 Breast Prelims	39.73	8/4	#207 Women 200 Free Prelims	2:53.29	2/8
#211 Girls 13&U 4x100 Free Relay (3)	4:56.02	1/7	#302 Women 100 Breast Prelims	1:30.27	6/8
#306 Women 50 Fly Prelims	37.18	3/3	#310 Girls 13&U 4x50 Free Relay (3)	2:14.86	2/7
#401 Women 200 Breast Prelims	3:11.45	4/7	#403 Women 50 Back Prelims	38.89	4/8
#405 Women 200 IM Prelims	3:06.25	3/6	#408 Mixed 11&U 4x50 Medley Relay (2)	2:32.38	1/5
#502 Women 50 Free Prelims	35.09	2/4	#504 Women 100 Fly Prelims	1:34.15	1/4

13 Krause, Luke - Male - Age: 13 - Ind/Rel: 7 / 0

#301 Men 100 Free Prelims	1:12.50	6/1	#303 Men 100 Breast Prelims	1:38.40	2/5
#307 Men 50 Fly Prelims	35.71	6/7	#400 Men 200 Breast Prelims	3:27.48	3/3
#404 Men 200 IM Prelims	3:08.83	3/5	#503 Men 50 Free Prelims	31.52	7/5
#505 Men 100 Fly Prelims	1:33.78	1/6			

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

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Curro Aquatic Swim Club-CP

14 Kriegler, Christiaan C - Male - Age: 18 - Ind/Rel: 9 / 4

#102 Men 4x200 Free Relay (4)	8:31.08	2/2	#200 Men 100 Back Prelims	58.68	19/4
#206 Men 200 Free Prelims	2:03.01	21/6	#215 Men 4x100 Free Relay (4)	3:52.03	3/2
#301 Men 100 Free Prelims	53.74	28/5	#307 Men 50 Fly Prelims	26.52	22/3
#315 Men 4x50 Free Relay (4)	1:45.87	3/1	#402 Men 50 Back Prelims	27.39	17/5
#404 Men 200 IM Prelims	2:23.29	17/4	#411 Mixed 4x50 Medley Relay (3)	1:56.05	3/6
#501 Men 200 Back Prelims	2:16.17	13/6	#503 Men 50 Free Prelims	24.52	23/5
#505 Men 100 Fly Prelims	58.35	13/4			

15 Lategan, Emma M - Female - Age: 15 - Ind/Rel: 9 / 1

#201 Women 100 Back Prelims	1:13.08	11/7	#205 Women 50 Breast Prelims	40.12	8/7
#302 Women 100 Breast Prelims	1:30.14	6/1	#306 Women 50 Fly Prelims	33.38	9/4
#401 Women 200 Breast Prelims	3:09.65	4/2	#403 Women 50 Back Prelims	33.44	11/2
#405 Women 200 IM Prelims	2:52.59	7/1	#410 Mixed 15&U 4x50 Medley Relay (3)	2:10.61	2/2
#500 Women 200 Back Prelims	2:35.93	11/8	#502 Women 50 Free Prelims	32.19	7/1

16 Louw, Anieka - Female - Age: 13 - Ind/Rel: 10 / 4

#101 Women 400 Free	5:05.62	6/5	#103 Women 4x200 Free Relay (2)	9:21.18	2/6
#201 Women 100 Back Prelims	1:17.27	7/7	#207 Women 200 Free Prelims	2:26.14	9/4
#211 Girls 13&U 4x100 Free Relay (4)	4:56.02	1/7	#300 Women 100 Free Prelims	1:09.52	9/1
#306 Women 50 Fly Prelims	35.33	6/1	#310 Girls 13&U 4x50 Free Relay (4)	2:14.86	2/7
#403 Women 50 Back Prelims	36.86	6/2	#407 Women 800 Free	10:23.15	2/5
#409 Mixed 13&U 4x50 Medley Relay (4)	2:18.66	2/7	#500 Women 200 Back Prelims	2:43.74	6/4
#502 Women 50 Free Prelims	31.86	8/3	#506 Women 1500 Free	19:55.20	2/5

17 Louw, Guillaume - Male - Age: 20 - Ind/Rel: 11 / 4

#102 Men 4x200 Free Relay (3)	8:31.08	2/2	#200 Men 100 Back Prelims	1:05.01	17/2
#202 Men 200 Fly	2:21.43	3/4	#204 Men 50 Breast Prelims	38.00	9/8
#206 Men 200 Free Prelims	2:10.16	18/6	#215 Men 4x100 Free Relay (3)	3:52.03	3/2
#301 Men 100 Free Prelims	58.84	22/5	#303 Men 100 Breast Prelims	1:24.89	7/3
#307 Men 50 Fly Prelims	28.21	20/7	#315 Men 4x50 Free Relay (1)	1:45.87	3/1
#402 Men 50 Back Prelims	29.43	17/7	#404 Men 200 IM Prelims	2:24.77	17/6
#411 Mixed 4x50 Medley Relay (1)	2:03.97	3/8	#503 Men 50 Free Prelims	26.71	19/5
#505 Men 100 Fly Prelims	1:02.82	14/1			

18 Malan, Johan S - Male - Age: 17 - Ind/Rel: 10 / 4

#100 Men 400 Free	4:27.79	12/6	#102 Men 4x200 Free Relay (1)	8:31.08	2/2
#204 Men 50 Breast Prelims	31.75	17/6	#206 Men 200 Free Prelims	2:05.52	22/2
#215 Men 4x100 Free Relay (1)	3:52.03	3/2	#303 Men 100 Breast Prelims	1:10.05	15/6
#305 Men 400 IM	4:48.64	5/6	#307 Men 50 Fly Prelims	28.01	20/3
#315 Men 4x50 Free Relay (3)	1:45.87	3/1	#400 Men 200 Breast Prelims	2:31.87	12/3
#404 Men 200 IM Prelims	2:13.58	18/4	#411 Mixed 4x50 Medley Relay (2)	1:56.05	3/6
#503 Men 50 Free Prelims	26.87	19/1	#505 Men 100 Fly Prelims	1:01.74	14/2

19 Meier, Marné - Female - Age: 24 - Ind/Rel: 6 / 3

#205 Women 50 Breast Prelims	36.04	10/5	#216 Women 4x100 Free Relay (3)	4:12.84	2/3
#302 Women 100 Breast Prelims	1:16.06	8/4	#306 Women 50 Fly Prelims	30.48	14/6
#314 Women 4x50 Free Relay (3)	1:53.33	2/5	#401 Women 200 Breast Prelims	2:53.17	7/3
#403 Women 50 Back Prelims	33.82	10/3	#411 Mixed 4x50 Medley Relay (4)	1:56.05	3/6
#502 Women 50 Free Prelims	28.19	17/2			

20 Mouton, Jean A - Male - Age: 13 - Ind/Rel: 10 / 3

#100 Men 400 Free	5:22.64	4/3	#204 Men 50 Breast Prelims	40.93	7/8
#206 Men 200 Free Prelims	2:31.90	7/5	#210 Boys 13&U 4x100 Free Relay (2)	4:27.68	2/5
#301 Men 100 Free Prelims	1:11.12	7/7	#303 Men 100 Breast Prelims	1:28.70	6/1
#307 Men 50 Fly Prelims	35.94	5/4	#311 Boys 13&U 4x50 Free Relay (2)	2:02.22	2/5
#400 Men 200 Breast Prelims	3:10.88	5/1	#404 Men 200 IM Prelims	2:53.39	6/5
#410 Mixed 15&U 4x50 Medley Relay (2)	2:19.56	1/6	#503 Men 50 Free Prelims	32.49	6/8
#505 Men 100 Fly Prelims	1:26.24	2/1			

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Team Entries - All Events

Curro Aquatic Swim Club-CP

21 Newton, Ava L - Female - Age: 14 - Ind/Rel: 14 / 3

#101 Women 400 Free	5:06.63	6/2	#201 Women 100 Back Prelims	1:11.09	12/5
#205 Women 50 Breast Prelims	39.73	8/5	#207 Women 200 Free Prelims	2:26.79	9/2
#214 Girls 15&U 4x100 Free Relay (3)	4:29.04	1/3	#300 Women 100 Free Prelims	1:08.44	9/5
#302 Women 100 Breast Prelims	1:24.27	10/1	#304 Women 400 IM	5:39.29	3/7
#312 Girls 15&U 4x50 Free Relay (3)	2:03.68	1/6	#401 Women 200 Breast Prelims	2:56.47	5/3
#403 Women 50 Back Prelims	33.40	11/6	#405 Women 200 IM Prelims	2:42.40	11/8
#407 Women 800 Free	10:22.13	3/8	#410 Mixed 15&U 4x50 Medley Relay (1)	2:19.56	1/6
#500 Women 200 Back Prelims	2:34.04	11/1	#502 Women 50 Free Prelims	31.14	9/3
#601 Mixed 50 Back	33.40	1/4			

22 Njoroge, Alphonse - Male - Age: 14 - Ind/Rel: 8 / 1

#200 Men 100 Back Prelims	1:13.82	10/7	#204 Men 50 Breast Prelims	45.30	4/7
#301 Men 100 Free Prelims	1:11.13	7/1	#307 Men 50 Fly Prelims	37.58	4/7
#402 Men 50 Back Prelims	34.12	9/2	#404 Men 200 IM Prelims	2:52.27	6/4
#410 Mixed 15&U 4x50 Medley Relay (1)	2:10.61	2/2	#501 Men 200 Back Prelims	2:35.47	8/1
#503 Men 50 Free Prelims	31.54	7/6			

23 Olkers, Caellum G - Male - Age: 17 - Ind/Rel: 9 / 1

#200 Men 100 Back Prelims	1:05.78	16/4	#204 Men 50 Breast Prelims	38.54	8/3
#301 Men 100 Free Prelims	1:02.38	15/6	#303 Men 100 Breast Prelims	1:26.35	7/8
#307 Men 50 Fly Prelims	27.84	23/8	#402 Men 50 Back Prelims	30.07	16/1
#411 Mixed 4x50 Medley Relay (3)	2:03.97	3/8	#501 Men 200 Back Prelims	2:23.02	12/5
#503 Men 50 Free Prelims	28.38	14/8	#505 Men 100 Fly Prelims	1:05.19	10/7

24 Slabber, Ruhann - Male - Age: 13 - Ind/Rel: 9 / 0

#200 Men 100 Back Prelims	1:26.09	4/8	#204 Men 50 Breast Prelims	47.32	3/1
#206 Men 200 Free Prelims	2:35.33	6/1	#301 Men 100 Free Prelims	1:10.67	7/4
#307 Men 50 Fly Prelims	40.07	2/4	#402 Men 50 Back Prelims	39.56	3/6
#404 Men 200 IM Prelims	3:17.04	2/3	#501 Men 200 Back Prelims	3:17.69	1/5
#503 Men 50 Free Prelims	30.58	9/7			

25 Smit, Jenna - Female - Age: 16 - Ind/Rel: 6 / 1

#201 Women 100 Back Prelims	1:12.97	11/6	#216 Women 4x100 Free Relay (2)	4:12.84	2/3
#300 Women 100 Free Prelims	1:05.16	14/5	#403 Women 50 Back Prelims	34.51	9/3
#405 Women 200 IM Prelims	2:48.53	8/2	#500 Women 200 Back Prelims	2:40.05	9/2
#502 Women 50 Free Prelims	30.62	11/3			

26 Straszacker, Kristen C - Female - Age: 23 - Ind/Rel: 3 / 2

#306 Women 50 Fly Prelims	28.93	13/4	#314 Women 4x50 Free Relay (4)	1:53.33	2/5
#403 Women 50 Back Prelims	29.59	13/4	#411 Mixed 4x50 Medley Relay (1)	1:56.05	3/6
#502 Women 50 Free Prelims	27.92	16/3			

27 Van Wyk, Jack R - Male - Age: 12 - Ind/Rel: 11 / 3

#100 Men 400 Free	5:09.70	6/3	#200 Men 100 Back Prelims	1:17.15	8/3
#204 Men 50 Breast Prelims	42.76	5/4	#206 Men 200 Free Prelims	2:26.77	10/1
#210 Boys 13&U 4x100 Free Relay (3)	4:27.68	2/5	#301 Men 100 Free Prelims	1:09.91	9/8
#303 Men 100 Breast Prelims	1:31.97	5/1	#311 Boys 13&U 4x50 Free Relay (3)	2:02.22	2/5
#400 Men 200 Breast Prelims	3:08.27	5/2	#404 Men 200 IM Prelims	2:51.12	7/8
#410 Mixed 15&U 4x50 Medley Relay (4)	2:19.56	1/6	#501 Men 200 Back Prelims	2:43.76	6/3
#503 Men 50 Free Prelims	30.86	9/8	#507 Men 800 Free	11:18.33	1/6

28 Vd Merwe, Mia - Female - Age: 25 - Ind/Rel: 8 / 0

#600 Mixed 50 Free	38.59	1/1	#601 Mixed 50 Back	46.47	1/2
#602 Mixed 50 Breast	48.94	1/4	#603 Mixed 50 Fly	45.74	1/5
#604 Mixed 100 Free	1:28.29	1/5	#605 Mixed 100 Back	1:39.06	1/7
#608 Mixed 200 Free	3:16.09	1/6	#612 Mixed 200 IM	3:49.91	1/2

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18**Team Entries - All Events****Curro Aquatic Swim Club-CP****29 Vd Wal, Mieke - Female - Age: 15 - Ind/Rel: 11 / 4**

#101 Women 400 Free	5:13.78	5/7	#103 Women 4x200 Free Relay (3)	9:21.18	2/6
#205 Women 50 Breast Prelims	35.34	11/5	#207 Women 200 Free Prelims	2:21.31	12/5
#214 Girls 15&U 4x100 Free Relay (4)	4:29.04	1/3	#300 Women 100 Free Prelims	1:03.93	16/1
#302 Women 100 Breast Prelims	1:17.05	10/5	#304 Women 400 IM	5:41.09	3/1
#306 Women 50 Fly Prelims	33.46	9/6	#312 Girls 15&U 4x50 Free Relay (4)	2:03.68	1/6
#401 Women 200 Breast Prelims	2:47.33	5/4	#405 Women 200 IM Prelims	2:32.42	10/5
#410 Mixed 15&U 4x50 Medley Relay (2)	2:10.61	2/2	#502 Women 50 Free Prelims	29.64	14/1
#504 Women 100 Fly Prelims	1:12.87	6/7			

30 Verbeek, Pierre O - Male - Age: 12 - Ind/Rel: 13 / 3

#100 Men 400 Free	4:59.31	8/1	#200 Men 100 Back Prelims	1:14.07	10/1
#204 Men 50 Breast Prelims	40.97	6/4	#206 Men 200 Free Prelims	2:19.13	13/8
#210 Boys 13&U 4x100 Free Relay (4)	4:27.68	2/5	#301 Men 100 Free Prelims	1:03.12	14/7
#303 Men 100 Breast Prelims	1:26.67	6/3	#307 Men 50 Fly Prelims	34.66	7/6
#311 Boys 13&U 4x50 Free Relay (1)	2:02.22	2/5	#400 Men 50 Breast Prelims	3:18.12	4/2
#402 Men 50 Back Prelims	35.32	7/6	#404 Men 200 IM Prelims	2:43.75	9/5
#409 Mixed 13&U 4x50 Medley Relay (3)	2:18.66	2/7	#501 Men 200 Back Prelims	2:38.74	7/3
#503 Men 50 Free Prelims	29.66	9/4	#507 Men 800 Free	10:12.23	3/3

31 Verbeek, Wilmien - Female - Age: 15 - Ind/Rel: 8 / 2

#205 Women 50 Breast Prelims	42.28	5/4	#207 Women 200 Free Prelims	2:27.81	9/1
#214 Girls 15&U 4x100 Free Relay (1)	4:29.04	1/3	#300 Women 100 Free Prelims	1:07.57	11/8
#306 Women 50 Fly Prelims	34.95	6/6	#312 Girls 15&U 4x50 Free Relay (1)	2:03.68	1/6
#403 Women 50 Back Prelims	36.47	7/1	#405 Women 200 IM Prelims	2:47.97	8/6
#502 Women 50 Free Prelims	31.04	10/8	#504 Women 100 Fly Prelims	1:18.36	4/1

Curro Aquatic Swim Club-CP Total Individual Entries: 301 - Total Relays: 0**Curro Hermanus Aquatics-OB****1 Grovè, Daniël - Male - Age: 14 - Ind/Rel: 4 / 0**

#200 Men 100 Back Prelims	1:08.42	13/4	#206 Men 200 Free Prelims	2:24.42	10/4
#501 Men 200 Back Prelims	2:34.24	8/5	#503 Men 50 Free Prelims	30.26	9/2

2 Van Huyssteen, Miette - Female - Age: 16 - Ind/Rel: 2 / 0

#201 Women 100 Back Prelims	1:13.67	10/6	#403 Women 50 Back Prelims	34.02	10/2
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Curro Hermanus Aquatics-OB Total Individual Entries: 6 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18**Team Entries - All Events****Curro Langebaan Swim Club-WC****1 Basson, Lenè - Female - Age: 12 - Ind/Rel: 10 / 3**

#201 Women 100 Back Prelims	1:17.24	7/2	#207 Women 200 Free Prelims	2:34.95	6/6
#216 Women 4x100 Free Relay (3)	4:36.19	1/4	#300 Women 100 Free Prelims	1:11.87	6/7
#304 Women 400 IM	6:04.81	2/8	#306 Women 50 Fly Prelims	35.84	5/2
#314 Women 4x50 Free Relay (3)	2:06.58	1/5	#403 Women 50 Back Prelims	36.13	7/6
#405 Women 200 IM Prelims	2:54.10	6/6	#410 Mixed 15&U 4x50 Medley Relay (3)	2:24.04	1/2
#500 Women 200 Back Prelims	2:46.12	6/1	#502 Women 50 Free Prelims	32.81	6/1
#504 Women 100 Fly Prelims	1:22.56	3/7			

2 Du Plessis, Jason F - Male - Age: 13 - Ind/Rel: 9 / 2

#200 Men 100 Back Prelims	1:19.87	7/7	#204 Men 50 Breast Prelims	42.78	5/5
#206 Men 200 Free Prelims	2:34.42	6/3	#301 Men 100 Free Prelims	1:06.50	11/3
#303 Men 100 Breast Prelims	1:31.95	5/7	#307 Men 50 Fly Prelims	33.67	8/5
#402 Men 50 Back Prelims	36.48	6/2	#404 Men 200 IM Prelims	2:55.79	6/8
#410 Mixed 15&U 4x50 Medley Relay (4)	2:24.04	1/2	#411 Mixed 4x50 Medley Relay (4)	2:12.15	2/6
#503 Men 50 Free Prelims	30.15	9/6			

3 Gounden, Mikhael A - Male - Age: 18 - Ind/Rel: 8 / 1

#200 Men 100 Back Prelims	1:06.08	16/3	#206 Men 200 Free Prelims	2:15.53	15/8
#301 Men 100 Free Prelims	1:01.06	18/2	#307 Men 50 Fly Prelims	30.58	14/6
#402 Men 50 Back Prelims	30.94	14/4	#404 Men 200 IM Prelims	2:28.99	15/5
#411 Mixed 4x50 Medley Relay (1)	2:12.15	2/6	#503 Men 50 Free Prelims	27.68	16/1
#505 Men 100 Fly Prelims	1:06.68	9/8			

4 Havenga, Skyla K - Female - Age: 17 - Ind/Rel: 8 / 3

#101 Women 400 Free	5:01.93	7/7	#205 Women 50 Breast Prelims	38.54	9/5
#207 Women 200 Free Prelims	2:20.50	13/1	#216 Women 4x100 Free Relay (4)	4:36.19	1/4
#300 Women 100 Free Prelims	1:05.68	14/1	#302 Women 100 Breast Prelims	1:24.03	9/7
#306 Women 50 Fly Prelims	32.92	11/1	#314 Women 4x50 Free Relay (1)	2:06.58	1/5
#401 Women 200 Breast Prelims	3:02.30	5/1	#411 Mixed 4x50 Medley Relay (3)	2:12.15	2/6
#502 Women 50 Free Prelims	30.47	12/3			

5 Juries, Sam C - Female - Age: 14 - Ind/Rel: 8 / 3

#201 Women 100 Back Prelims	1:15.61	9/8	#207 Women 200 Free Prelims	2:33.46	7/7
#216 Women 4x100 Free Relay (2)	4:36.19	1/4	#300 Women 100 Free Prelims	1:11.91	6/1
#306 Women 50 Fly Prelims	36.00	5/1	#314 Women 4x50 Free Relay (2)	2:06.58	1/5
#403 Women 50 Back Prelims	35.77	8/5	#405 Women 200 IM Prelims	2:57.82	5/7
#410 Mixed 15&U 4x50 Medley Relay (1)	2:24.04	1/2	#500 Women 200 Back Prelims	2:40.50	8/5
#502 Women 50 Free Prelims	32.99	5/4			

6 Novello, Utah - Female - Age: 17 - Ind/Rel: 7 / 3

#205 Women 50 Breast Prelims	38.14	10/1	#216 Women 4x100 Free Relay (1)	4:36.19	1/4
#302 Women 100 Breast Prelims	1:22.73	10/2	#304 Women 400 IM	5:39.19	3/2
#314 Women 4x50 Free Relay (4)	2:06.58	1/5	#401 Women 200 Breast Prelims	3:01.01	6/1
#405 Women 200 IM Prelims	2:40.78	11/7	#411 Mixed 4x50 Medley Relay (2)	2:12.15	2/6
#502 Women 50 Free Prelims	30.31	13/1	#504 Women 100 Fly Prelims	1:23.87	2/4

Curro Langebaan Swim Club-WC Total Individual Entries: 50 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Cybersmart Aquatics-CP

1 Basson, Lucca N - Male - Age: 14 - Ind/Rel: 10 / 3

#100 Men 400 Free	4:52.88	8/4	#102 Men 4x200 Free Relay (1)	8:39.21	2/7
#200 Men 100 Back Prelims	1:09.34	13/8	#206 Men 200 Free Prelims	2:14.81	15/6
#213 Boys 15&U 4x100 Free Relay (4)	4:15.75	2/1	#301 Men 100 Free Prelims	1:02.26	15/5
#307 Men 50 Fly Prelims	31.50	12/8	#313 Boys 15&U 4x50 Free Relay (4)	NT	1/3
#402 Men 50 Back Prelims	33.00	11/1	#404 Men 200 IM Prelims	2:35.51	12/6
#501 Men 200 Back Prelims	2:31.24	9/5	#503 Men 50 Free Prelims	24.52	24/5
#505 Men 100 Fly Prelims	1:11.17	6/6			

2 Cavallaro, Federico F - Male - Age: 18 - Ind/Rel: 0 / 4

#102 Men 4x200 Free Relay (4)	9:05.06	1/3	#215 Men 4x100 Free Relay (3)	3:56.30	2/2
#315 Men 4x50 Free Relay (3)	NT	1/5	#411 Mixed 4x50 Medley Relay (2)	NT	1/4

3 Cavallaro, Michele R - Male - Age: 13 - Ind/Rel: 10 / 3

#100 Men 400 Free	5:18.58	4/4	#202 Men 200 Fly	2:34.10	2/3
#206 Men 200 Free Prelims	2:31.97	7/3	#210 Boys 13&U 4x100 Free Relay (1)	NT	1/5
#301 Men 100 Free Prelims	1:06.63	11/2	#305 Men 400 IM	5:52.62	2/6
#311 Boys 13&U 4x50 Free Relay (1)	NT	1/3	#402 Men 50 Back Prelims	36.76	6/8
#404 Men 200 IM Prelims	2:45.59	8/3	#409 Mixed 13&U 4x50 Medley Relay (4)	NT	1/2
#505 Men 100 Fly Prelims	1:10.02	7/8	#507 Men 800 Free	11:01.30	1/5
#600 Mixed 50 Free	31.65	1/3			

4 Coetzer, Jayden P - Male - Age: 18 - Ind/Rel: 6 / 4

#102 Men 4x200 Free Relay (2)	8:39.21	2/7	#200 Men 100 Back Prelims	1:01.52	18/5
#206 Men 200 Free Prelims	2:06.42	22/7	#215 Men 4x100 Free Relay (1)	3:56.30	2/2
#301 Men 100 Free Prelims	58.12	24/6	#315 Men 4x50 Free Relay (1)	NT	1/5
#404 Men 200 IM Prelims	2:15.65	18/3	#411 Mixed 4x50 Medley Relay (1)	NT	1/4
#501 Men 200 Back Prelims	2:11.88	13/5	#505 Men 100 Fly Prelims	59.68	12/5

5 Coetzer, Milan J - Male - Age: 16 - Ind/Rel: 10 / 1

#100 Men 400 Free	4:37.19	11/2	#102 Men 4x200 Free Relay (3)	8:39.21	2/7
#200 Men 100 Back Prelims	1:02.93	18/6	#206 Men 200 Free Prelims	2:11.20	17/3
#301 Men 100 Free Prelims	59.89	20/3	#305 Men 400 IM	5:02.86	5/8
#307 Men 50 Fly Prelims	29.12	18/7	#402 Men 50 Back Prelims	29.74	16/7
#404 Men 200 IM Prelims	2:24.21	17/5	#501 Men 200 Back Prelims	2:17.47	14/7
#505 Men 100 Fly Prelims	1:03.53	11/5			

6 Davidtsz, Colin - Male - Age: 16 - Ind/Rel: 5 / 3

#102 Men 4x200 Free Relay (2)	9:05.06	1/3	#206 Men 200 Free Prelims	2:06.83	21/1
#215 Men 4x100 Free Relay (2)	3:56.30	2/2	#301 Men 100 Free Prelims	58.65	23/8
#315 Men 4x50 Free Relay (2)	NT	1/5	#404 Men 200 IM Prelims	2:26.05	17/8
#503 Men 50 Free Prelims	26.37	20/5	#505 Men 100 Fly Prelims	1:01.48	12/6

7 Dos-Santos, Andrei - Male - Age: 15 - Ind/Rel: 8 / 3

#100 Men 400 Free	4:30.91	11/4	#102 Men 4x200 Free Relay (1)	9:05.06	1/3
#202 Men 200 Fly	2:23.21	3/6	#206 Men 200 Free Prelims	2:10.30	18/7
#213 Boys 15&U 4x100 Free Relay (1)	4:15.75	2/1	#301 Men 100 Free Prelims	1:02.05	16/1
#313 Boys 15&U 4x50 Free Relay (1)	NT	1/3	#404 Men 200 IM Prelims	2:24.91	17/2
#406 Men 1500 Free	18:02.80	2/6	#501 Men 200 Back Prelims	2:30.40	10/1
#505 Men 100 Fly Prelims	1:04.20	11/8			

8 Du Plessis, Chanel P - Female - Age: 16 - Ind/Rel: 8 / 4

#101 Women 400 Free	5:09.92	6/1	#103 Women 4x200 Free Relay (2)	9:29.84	2/7
#201 Women 100 Back Prelims	1:07.58	13/3	#207 Women 200 Free Prelims	2:23.14	12/7
#216 Women 4x100 Free Relay (2)	4:20.71	2/6	#300 Women 100 Free Prelims	1:05.36	14/6
#306 Women 50 Fly Prelims	31.96	12/4	#314 Women 4x50 Free Relay (2)	NT	1/6
#403 Women 50 Back Prelims	31.80	14/6	#411 Mixed 4x50 Medley Relay (4)	NT	1/4
#500 Women 200 Back Prelims	2:27.62	10/5	#504 Women 100 Fly Prelims	1:09.26	6/3

9 Harvey, Waylon - Male - Age: 12 - Ind/Rel: 0 / 2

#210 Boys 13&U 4x100 Free Relay (4)	NT	1/5	#311 Boys 13&U 4x50 Free Relay (4)	NT	1/3
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Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18**Team Entries - All Events****Cybersmart Aquatics-CP****10 Hearne, Trinity S - Female - Age: 20 - Ind/Rel: 11 / 4**

#101 Women 400 Free	4:32.92	9/4	#103 Women 4x200 Free Relay (1)	9:29.84	2/7
#203 Women 200 Fly	2:14.78	2/4	#207 Women 200 Free Prelims	2:03.04	15/4
#216 Women 4x100 Free Relay (1)	4:20.71	2/6	#300 Women 100 Free Prelims	57.38	18/4
#304 Women 400 IM	4:51.88	3/4	#306 Women 50 Fly Prelims	27.84	15/4
#314 Women 4x50 Free Relay (1)	NT	1/6	#405 Women 200 IM Prelims	2:16.93	12/4
#407 Women 800 Free	9:30.99	4/4	#411 Mixed 4x50 Medley Relay (3)	NT	1/4
#502 Women 50 Free Prelims	26.93	17/4	#504 Women 100 Fly Prelims	1:00.27	8/4
#506 Women 1500 Free	17:56.40	3/5			

11 Lockitch, Zara - Female - Age: 11 - Ind/Rel: 7 / 2

#101 Women 400 Free	5:37.17	2/4	#201 Women 100 Back Prelims	1:25.84	3/1
#207 Women 200 Free Prelims	2:48.03	2/5	#211 Girls 13&U 4x100 Free Relay (3)	4:55.43	1/2
#300 Women 100 Free Prelims	1:12.06	5/4	#310 Girls 13&U 4x50 Free Relay (3)	2:14.49	2/2
#405 Women 200 IM Prelims	3:07.28	3/2	#500 Women 200 Back Prelims	3:04.80	2/3
#504 Women 100 Fly Prelims	1:26.63	2/5			

12 Niemand, Leo - Male - Age: 12 - Ind/Rel: 0 / 2

#210 Boys 13&U 4x100 Free Relay (3)	NT	1/5	#311 Boys 13&U 4x50 Free Relay (3)	NT	1/3
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13 Oaten, Rourke - Male - Age: 13 - Ind/Rel: 8 / 6

#100 Men 400 Free	5:09.63	6/4	#102 Men 4x200 Free Relay (3)	9:05.06	1/3
#200 Men 100 Back Prelims	1:20.22	6/5	#206 Men 200 Free Prelims	2:30.90	8/6
#210 Boys 13&U 4x100 Free Relay (2)	NT	1/5	#213 Boys 15&U 4x100 Free Relay (3)	4:15.75	2/1
#301 Men 100 Free Prelims	1:11.93	6/6	#305 Men 400 IM	5:49.78	2/3
#311 Boys 13&U 4x50 Free Relay (2)	NT	1/3	#313 Boys 15&U 4x50 Free Relay (3)	NT	1/3
#404 Men 200 IM Prelims	2:49.00	7/4	#409 Mixed 13&U 4x50 Medley Relay (3)	NT	1/2
#501 Men 200 Back Prelims	2:50.22	5/2	#505 Men 100 Fly Prelims	1:15.89	4/6

14 Oaten, Sabrina - Female - Age: 13 - Ind/Rel: 4 / 2

#201 Women 100 Back Prelims	1:22.96	4/7	#207 Women 200 Free Prelims	2:46.58	3/7
#211 Girls 13&U 4x100 Free Relay (4)	4:55.43	1/2	#310 Girls 13&U 4x50 Free Relay (4)	2:14.49	2/2
#500 Women 200 Back Prelims	2:57.44	4/8	#502 Women 50 Free Prelims	34.98	3/8

15 Southworth, Matthew W - Male - Age: 15 - Ind/Rel: 11 / 5

#100 Men 400 Free	4:28.99	12/7	#102 Men 4x200 Free Relay (4)	8:39.21	2/7
#202 Men 200 Fly	2:28.02	3/1	#206 Men 200 Free Prelims	2:06.78	22/1
#213 Boys 15&U 4x100 Free Relay (2)	4:15.75	2/1	#215 Men 4x100 Free Relay (4)	3:56.30	2/2
#301 Men 100 Free Prelims	59.51	21/6	#305 Men 400 IM	5:07.63	4/6
#313 Boys 15&U 4x50 Free Relay (2)	NT	1/3	#315 Men 4x50 Free Relay (4)	NT	1/5
#400 Men 200 Breast Prelims	2:47.80	10/8	#404 Men 200 IM Prelims	2:22.31	18/1
#406 Men 1500 Free	17:39.40	2/4	#501 Men 200 Back Prelims	2:16.63	13/2
#505 Men 100 Fly Prelims	1:03.34	12/8	#507 Men 800 Free	9:12.23	5/8

16 Tsai-Rieb, Pei-Chi P - Female - Age: 12 - Ind/Rel: 10 / 6

#101 Women 400 Free	5:12.13	5/2	#103 Women 4x200 Free Relay (4)	9:29.84	2/7
#203 Women 200 Fly	2:44.31	2/7	#207 Women 200 Free Prelims	2:32.95	7/6
#211 Girls 13&U 4x100 Free Relay (1)	4:55.43	1/2	#216 Women 4x100 Free Relay (3)	4:20.71	2/6
#300 Women 100 Free Prelims	1:11.11	6/3	#304 Women 400 IM	5:53.67	2/5
#306 Women 50 Fly Prelims	34.99	6/7	#310 Girls 13&U 4x50 Free Relay (1)	2:14.49	2/2
#314 Women 4x50 Free Relay (3)	NT	1/6	#403 Women 50 Back Prelims	37.04	6/7
#405 Women 200 IM Prelims	2:51.35	7/6	#409 Mixed 13&U 4x50 Medley Relay (1)	NT	1/2
#500 Women 200 Back Prelims	2:49.43	5/6	#504 Women 100 Fly Prelims	1:16.64	4/4

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18**Team Entries - All Events****Cybersmart Aquatics-CP****17 Visser, Cara - Female - Age: 13 - Ind/Rel: 10 / 6**

#101 Women 400 Free	5:16.24	5/8	#103 Women 4x200 Free Relay (3)	9:29.84	2/7
#201 Women 100 Back Prelims	1:16.91	7/3	#207 Women 200 Free Prelims	2:30.71	8/7
#211 Girls 13&U 4x100 Free Relay (2)	4:55.43	1/2	#216 Women 4x100 Free Relay (4)	4:20.71	2/6
#300 Women 100 Free Prelims	1:06.86	12/6	#306 Women 50 Fly Prelims	34.56	7/3
#310 Girls 13&U 4x50 Free Relay (2)	2:14.49	2/2	#314 Women 4x50 Free Relay (4)	NT	1/6
#403 Women 50 Back Prelims	35.88	8/8	#405 Women 200 IM Prelims	2:47.80	8/3
#409 Mixed 13&U 4x50 Medley Relay (2)	NT	1/2	#500 Women 200 Back Prelims	2:42.97	7/6
#502 Women 50 Free Prelims	30.43	12/4	#504 Women 100 Fly Prelims	1:19.01	3/4

Cybersmart Aquatics-CP Total Individual Entries: 118 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Fish Eagle Aquatics-ED

1 DE Bruyn, Flippie J - Male - Age: 17 - Ind/Rel: 4 / 0

#204 Men 50 Breast Prelims	32.86	15/2	#303 Men 100 Breast Prelims	1:17.45	12/8
#307 Men 50 Fly Prelims	29.96	15/1	#400 Men 200 Breast Prelims	2:56.39	7/4

2 Kuun, Hanru P - Male - Age: 16 - Ind/Rel: 4 / 0

#204 Men 50 Breast Prelims	36.29	10/5	#301 Men 100 Free Prelims	1:01.07	18/7
#307 Men 50 Fly Prelims	31.66	11/4	#503 Men 50 Free Prelims	27.22	17/5

3 Kuun, Melissa - Female - Age: 16 - Ind/Rel: 5 / 0

#201 Women 100 Back Prelims	1:10.21	13/1	#300 Women 100 Free Prelims	1:04.06	17/8
#306 Women 50 Fly Prelims	30.51	13/6	#500 Women 200 Back Prelims	2:36.10	10/8
#502 Women 50 Free Prelims	29.60	14/7			

4 Lehnberg, Malan - Male - Age: 17 - Ind/Rel: 7 / 2

#200 Men 100 Back Prelims	1:08.21	14/1	#204 Men 50 Breast Prelims	34.03	14/7
#206 Men 200 Free Prelims	2:17.71	13/5	#215 Men 4x100 Free Relay (3)	3:54.52	3/8
#303 Men 100 Breast Prelims	1:15.07	13/4	#315 Men 4x50 Free Relay (3)	1:45.52	3/7
#400 Men 200 Breast Prelims	2:45.39	10/7	#402 Men 50 Back Prelims	31.50	13/4
#404 Men 200 IM Prelims	2:38.89	11/7			

5 Lodewyks, Jeandré - Female - Age: 13 - Ind/Rel: 2 / 0

#302 Women 100 Breast Prelims	1:31.17	5/5	#401 Women 200 Breast Prelims	3:15.50	3/6
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6 McAfee, Holly B - Female - Age: 13 - Ind/Rel: 3 / 0

#201 Women 100 Back Prelims	1:28.23	2/7	#205 Women 50 Breast Prelims	43.35	4/3
#207 Women 200 Free Prelims	2:58.27	1/3			

7 Neethling, Emma - Female - Age: 14 - Ind/Rel: 7 / 0

#205 Women 50 Breast Prelims	40.30	7/5	#207 Women 200 Free Prelims	2:31.53	8/8
#300 Women 100 Free Prelims	1:07.63	10/5	#302 Women 100 Breast Prelims	1:33.60	4/1
#306 Women 50 Fly Prelims	34.96	6/2	#403 Women 50 Back Prelims	36.76	6/6
#405 Women 200 IM Prelims	2:58.54	5/8			

8 Rudolph, Wido - Male - Age: 17 - Ind/Rel: 8 / 2

#204 Men 50 Breast Prelims	30.15	16/4	#215 Men 4x100 Free Relay (4)	3:54.52	3/8
#301 Men 100 Free Prelims	56.06	28/6	#303 Men 100 Breast Prelims	1:07.13	15/4
#307 Men 50 Fly Prelims	27.30	23/2	#315 Men 4x50 Free Relay (1)	1:45.52	3/7
#400 Men 200 Breast Prelims	2:28.41	10/4	#404 Men 200 IM Prelims	2:22.77	18/8
#503 Men 50 Free Prelims	25.42	22/6	#505 Men 100 Fly Prelims	1:01.38	14/6

9 Smith, Damian G - Male - Age: 19 - Ind/Rel: 4 / 0

#204 Men 50 Breast Prelims	34.77	13/1	#303 Men 100 Breast Prelims	1:17.06	12/6
#400 Men 200 Breast Prelims	2:53.77	8/6	#503 Men 50 Free Prelims	28.20	14/6

10 Swanepoel, Ewald - Male - Age: 13 - Ind/Rel: 6 / 0

#100 Men 400 Free	5:29.69	3/3	#206 Men 200 Free Prelims	2:33.76	6/4
#301 Men 100 Free Prelims	1:09.08	9/3	#303 Men 100 Breast Prelims	1:36.85	3/5
#307 Men 50 Fly Prelims	37.00	4/2	#404 Men 200 IM Prelims	2:53.57	6/3

11 Taljaard, Liané - Female - Age: 13 - Ind/Rel: 6 / 0

#201 Women 100 Back Prelims	1:28.16	2/2	#205 Women 50 Breast Prelims	43.38	4/6
#207 Women 200 Free Prelims	2:46.21	3/3	#302 Women 100 Breast Prelims	1:40.19	2/3
#306 Women 50 Fly Prelims	38.58	2/4	#403 Women 50 Back Prelims	37.90	5/2

12 Van Greunen, Renier - Male - Age: 17 - Ind/Rel: 5 / 2

#204 Men 50 Breast Prelims	30.41	15/4	#215 Men 4x100 Free Relay (1)	3:54.52	3/8
#301 Men 100 Free Prelims	56.51	27/2	#303 Men 100 Breast Prelims	1:07.37	14/4
#315 Men 4x50 Free Relay (4)	1:45.52	3/7	#400 Men 200 Breast Prelims	2:37.11	10/6
#503 Men 50 Free Prelims	25.05	22/3			

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18**Team Entries - All Events**

Fish Eagle Aquatics-ED**13 Vorster, Josua A - Male - Age: 18 - Ind/Rel: 6 / 2**

#100 Men 400 Free	5:04.71	7/8	#204 Men 50 Breast Prelims	35.17	12/2
#215 Men 4x100 Free Relay (2)	3:54.52	3/8	#303 Men 100 Breast Prelims	1:17.38	12/1
#315 Men 4x50 Free Relay (2)	1:45.52	3/7	#400 Men 200 Breast Prelims	2:59.65	7/1
#402 Men 50 Back Prelims	32.84	11/2	#503 Men 50 Free Prelims	27.62	16/6

Fish Eagle Aquatics-ED Total Individual Entries: 67 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Generation Swimming Academy-CP

1 Coetzee, Marli - Female - Age: 11 - Ind/Rel: 0 / 2

#310 Girls 13&U 4x50 Free Relay (1)	2:18.86	1/4	#408 Mixed 11&U 4x50 Medley Relay (1)	NT	1/7
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2 Cope, Morgan M - Female - Age: 17 - Ind/Rel: 4 / 4

#103 Women 4x200 Free Relay (2)	NT	1/3	#205 Women 50 Breast Prelims	32.69	12/4
#216 Women 4x100 Free Relay (1)	NT	1/3	#302 Women 100 Breast Prelims	1:11.30	10/4
#314 Women 4x50 Free Relay (1)	2:00.85	2/2	#401 Women 200 Breast Prelims	2:42.27	6/4
#411 Mixed 4x50 Medley Relay (2)	1:59.48	3/1	#502 Women 50 Free Prelims	27.94	15/3

3 King, Aidan J - Male - Age: 11 - Ind/Rel: 7 / 4

#200 Men 100 Back Prelims	1:32.16	1/4	#206 Men 200 Free Prelims	3:16.36	1/6
#208 Boys 11&U 4x100 Free Relay (2)	NT	1/7	#208 Boys 11&U 4x100 Free Relay (3)	NT	1/2
#301 Men 100 Free Prelims	1:23.03	2/8	#307 Men 50 Fly Prelims	43.46	1/3
#309 Boys 11&U 4x50 Free Relay (1)	2:19.93	1/5	#309 Boys 11&U 4x50 Free Relay (1)	NT	1/7
#402 Men 50 Back Prelims	39.80	3/2	#501 Men 200 Back Prelims	3:15.81	1/4
#503 Men 50 Free Prelims	35.48	2/6			

4 Kleynhans, Ian - Male - Age: 16 - Ind/Rel: 4 / 4

#102 Men 4x200 Free Relay (1)	NT	1/2	#215 Men 4x100 Free Relay (1)	3:56.14	2/6
#301 Men 100 Free Prelims	57.75	25/4	#307 Men 50 Fly Prelims	27.69	21/2
#315 Men 4x50 Free Relay (1)	1:47.46	2/5	#411 Mixed 4x50 Medley Relay (3)	1:59.48	3/1
#503 Men 50 Free Prelims	26.04	24/8	#505 Men 100 Fly Prelims	1:03.28	13/8

5 Laubscher, Maya R - Female - Age: 16 - Ind/Rel: 9 / 3

#101 Women 400 Free	4:53.63	8/5	#103 Women 4x200 Free Relay (1)	NT	1/3
#205 Women 50 Breast Prelims	38.60	9/3	#216 Women 4x100 Free Relay (2)	NT	1/3
#300 Women 100 Free Prelims	1:06.35	13/1	#304 Women 400 IM	5:36.93	3/6
#306 Women 50 Fly Prelims	34.48	8/8	#314 Women 4x50 Free Relay (2)	2:00.85	2/2
#401 Women 200 Breast Prelims	2:58.33	7/2	#407 Women 800 Free	10:10.72	3/3
#502 Women 50 Free Prelims	30.46	12/5	#506 Women 1500 Free	19:44.20	3/8

6 Laubscher, Mikalla I - Female - Age: 13 - Ind/Rel: 9 / 2

#101 Women 400 Free	5:38.33	2/6	#201 Women 100 Back Prelims	1:24.50	3/4
#205 Women 50 Breast Prelims	41.61	6/6	#300 Women 100 Free Prelims	1:10.87	7/7
#302 Women 100 Breast Prelims	1:33.56	4/2	#310 Girls 13&U 4x50 Free Relay (4)	2:18.86	1/4
#401 Women 200 Breast Prelims	3:16.55	3/2	#407 Women 800 Free	11:49.77	1/2
#410 Mixed 15&U 4x50 Medley Relay (4)	2:13.88	1/4	#500 Women 200 Back Prelims	2:57.05	4/7
#502 Women 50 Free Prelims	32.56	6/3			

7 Levey, Chad - Male - Age: 17 - Ind/Rel: 6 / 4

#100 Men 400 Free	4:23.92	12/4	#102 Men 4x200 Free Relay (2)	NT	1/2
#206 Men 200 Free Prelims	2:05.93	20/2	#215 Men 4x100 Free Relay (2)	3:56.14	2/6
#305 Men 400 IM	4:48.26	5/3	#315 Men 4x50 Free Relay (2)	1:47.46	2/5
#404 Men 200 IM Prelims	2:19.15	19/2	#406 Men 1500 Free	16:53.66	3/3
#411 Mixed 4x50 Medley Relay (4)	1:59.48	3/1	#507 Men 800 Free	9:13.34	4/4

8 Morton, Tayler R - Female - Age: 16 - Ind/Rel: 6 / 4

#101 Women 400 Free	4:48.42	9/7	#103 Women 4x200 Free Relay (3)	NT	1/3
#201 Women 100 Back Prelims	1:08.55	13/6	#216 Women 4x100 Free Relay (3)	NT	1/3
#314 Women 4x50 Free Relay (3)	2:00.85	2/2	#403 Women 50 Back Prelims	33.17	13/8
#407 Women 800 Free	9:59.32	4/8	#411 Mixed 4x50 Medley Relay (1)	1:59.48	3/1
#500 Women 200 Back Prelims	2:33.57	11/7	#502 Women 50 Free Prelims	30.03	13/5

9 Van Dyk, Zani - Female - Age: 11 - Ind/Rel: 12 / 2

#101 Women 400 Free	5:41.72	2/1	#201 Women 100 Back Prelims	1:22.73	4/2
#205 Women 50 Breast Prelims	44.31	3/4	#207 Women 200 Free Prelims	2:41.11	4/5
#300 Women 100 Free Prelims	1:14.72	3/5	#302 Women 100 Breast Prelims	1:40.03	2/5
#306 Women 50 Fly Prelims	39.55	2/6	#310 Girls 13&U 4x50 Free Relay (3)	2:18.86	1/4
#401 Women 200 Breast Prelims	3:35.16	1/3	#403 Women 50 Back Prelims	38.69	4/7
#405 Women 200 IM Prelims	3:07.82	3/1	#408 Mixed 11&U 4x50 Medley Relay (4)	NT	1/7
#500 Women 200 Back Prelims	3:02.37	2/4	#502 Women 50 Free Prelims	26.93	16/4

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Generation Swimming Academy-CP

10 Van Helden, Ethan C - Male - Age: 15 - Ind/Rel: 8 / 4

#102 Men 4x200 Free Relay (3)	NT	1/2	#200 Men 100 Back Prelims	1:06.20	16/6
#204 Men 50 Breast Prelims	35.58	11/4	#215 Men 4x100 Free Relay (3)	3:56.14	2/6
#301 Men 100 Free Prelims	1:01.44	17/2	#307 Men 50 Fly Prelims	29.95	15/7
#315 Men 4x50 Free Relay (3)	1:47.46	2/5	#400 Men 200 Breast Prelims	2:47.65	11/8
#404 Men 200 IM Prelims	2:28.75	15/4	#410 Mixed 15&U 4x50 Medley Relay (3)	2:13.88	1/4
#501 Men 200 Back Prelims	2:24.16	12/8	#505 Men 100 Fly Prelims	1:06.12	9/5

11 van Rensburg, Tristan - Male - Age: 11 - Ind/Rel: 9 / 5

#100 Men 400 Free	5:55.99	1/2	#204 Men 50 Breast Prelims	43.63	5/1
#206 Men 200 Free Prelims	2:43.20	4/7	#208 Boys 11&U 4x100 Free Relay (2)	NT	1/2
#208 Boys 11&U 4x100 Free Relay (1)	NT	1/7	#301 Men 100 Free Prelims	1:13.93	5/2
#303 Men 100 Breast Prelims	1:37.14	3/2	#307 Men 50 Fly Prelims	41.05	2/7
#309 Boys 11&U 4x50 Free Relay (2)	2:19.93	1/5	#309 Boys 11&U 4x50 Free Relay (3)	NT	1/7
#400 Men 200 Breast Prelims	3:24.40	3/4	#404 Men 200 IM Prelims	3:05.40	4/1
#408 Mixed 11&U 4x50 Medley Relay (2)	NT	1/7	#503 Men 50 Free Prelims	32.41	6/7

12 Van Wyk, Wayne E - Male - Age: 15 - Ind/Rel: 10 / 4

#100 Men 400 Free	4:29.63	12/8	#102 Men 4x200 Free Relay (4)	NT	1/2
#200 Men 100 Back Prelims	1:05.40	17/1	#206 Men 200 Free Prelims	2:08.21	19/6
#215 Men 4x100 Free Relay (4)	3:56.14	2/6	#301 Men 100 Free Prelims	58.03	25/8
#305 Men 400 IM	5:02.90	4/4	#315 Men 4x50 Free Relay (4)	1:47.46	2/5
#402 Men 50 Back Prelims	30.97	14/5	#404 Men 200 IM Prelims	2:21.95	19/1
#410 Mixed 15&U 4x50 Medley Relay (2)	2:13.88	1/4	#501 Men 200 Back Prelims	2:16.38	14/2
#503 Men 50 Free Prelims	26.71	19/4	#505 Men 100 Fly Prelims	1:05.16	10/2

13 Vd Merwe, Mia - Female - Age: 14 - Ind/Rel: 5 / 1

#201 Women 100 Back Prelims	1:17.52	7/1	#300 Women 100 Free Prelims	1:10.06	8/6
#306 Women 50 Fly Prelims	35.91	5/7	#403 Women 50 Back Prelims	36.74	6/3
#410 Mixed 15&U 4x50 Medley Relay (1)	2:13.88	1/4	#500 Women 200 Back Prelims	2:43.17	7/7

14 Vd Merwe, Simone - Female - Age: 16 - Ind/Rel: 5 / 3

#103 Women 4x200 Free Relay (4)	NT	1/3	#201 Women 100 Back Prelims	1:16.44	8/1
#216 Women 4x100 Free Relay (4)	NT	1/3	#300 Women 100 Free Prelims	1:10.65	7/4
#306 Women 50 Fly Prelims	34.84	6/4	#314 Women 4x50 Free Relay (4)	2:00.85	2/2
#403 Women 50 Back Prelims	35.77	8/3	#500 Women 200 Back Prelims	2:41.45	8/1

15 Vd Watt, Earle - Male - Age: 11 - Ind/Rel: 10 / 5

#100 Men 400 Free	5:45.97	2/7	#200 Men 100 Back Prelims	1:20.98	6/7
#204 Men 50 Breast Prelims	46.25	3/5	#206 Men 200 Free Prelims	2:42.97	4/2
#208 Boys 11&U 4x100 Free Relay (1)	NT	1/2	#208 Boys 11&U 4x100 Free Relay (3)	NT	1/7
#301 Men 100 Free Prelims	1:14.71	4/4	#307 Men 50 Fly Prelims	35.64	6/2
#309 Boys 11&U 4x50 Free Relay (3)	2:19.93	1/5	#309 Boys 11&U 4x50 Free Relay (2)	NT	1/7
#402 Men 50 Back Prelims	38.42	4/5	#404 Men 200 IM Prelims	3:00.80	5/7
#408 Mixed 11&U 4x50 Medley Relay (3)	NT	1/7	#501 Men 200 Back Prelims	2:54.66	4/1
#503 Men 50 Free Prelims	34.06	4/1			

Generation Swimming Academy-CP Total Individual Entries: 104 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Greydogs Swimming Club-CP

1 Blake, Abi E - Female - Age: 13 - Ind/Rel: 8 / 1

#101 Women 400 Free	5:37.18	2/5	#201 Women 100 Back Prelims	1:23.40	4/1
#207 Women 200 Free Prelims	2:38.80	5/1	#300 Women 100 Free Prelims	1:13.83	4/5
#403 Women 50 Back Prelims	38.77	4/1	#405 Women 200 IM Prelims	3:11.75	2/6
#409 Mixed 13&U 4x50 Medley Relay (1)	NT	1/7	#500 Women 200 Back Prelims	2:53.64	4/4
#502 Women 50 Free Prelims	33.26	5/1			

2 Breebaart, Joshua - Male - Age: 11 - Ind/Rel: 9 / 2

#100 Men 400 Free	5:16.60	5/6	#204 Men 50 Breast Prelims	43.70	5/8
#206 Men 200 Free Prelims	2:30.42	8/5	#210 Boys 13&U 4x100 Free Relay (2)	4:33.26	2/6
#301 Men 100 Free Prelims	1:10.79	7/5	#303 Men 100 Breast Prelims	1:36.91	3/3
#311 Boys 13&U 4x50 Free Relay (2)	2:02.55	2/3	#404 Men 200 IM Prelims	3:01.09	5/1
#406 Men 1500 Free	20:34.30	1/2	#501 Men 200 Back Prelims	3:18.39	1/3
#507 Men 800 Free	10:55.61	2/8			

3 Gerber, Simonè M - Female - Age: 13 - Ind/Rel: 10 / 1

#101 Women 400 Free	5:30.05	3/3	#201 Women 100 Back Prelims	1:19.94	6/8
#205 Women 50 Breast Prelims	37.32	11/2	#300 Women 100 Free Prelims	1:10.87	7/1
#302 Women 100 Breast Prelims	1:24.82	10/8	#306 Women 50 Fly Prelims	32.89	11/2
#401 Women 200 Breast Prelims	3:00.01	6/7	#405 Women 200 IM Prelims	2:45.32	9/2
#409 Mixed 13&U 4x50 Medley Relay (3)	NT	1/7	#502 Women 50 Free Prelims	31.58	8/4
#504 Women 100 Fly Prelims	1:12.68	8/7			

4 Goussard, Henry - Male - Age: 13 - Ind/Rel: 10 / 3

#100 Men 400 Free	5:03.01	7/6	#204 Men 50 Breast Prelims	36.46	10/7
#206 Men 200 Free Prelims	2:19.50	12/4	#210 Boys 13&U 4x100 Free Relay (3)	4:33.26	2/6
#301 Men 100 Free Prelims	1:03.86	13/7	#303 Men 100 Breast Prelims	1:19.64	11/8
#305 Men 400 IM	5:28.52	3/1	#311 Boys 13&U 4x50 Free Relay (3)	2:02.55	2/3
#400 Men 200 Breast Prelims	2:53.94	8/2	#404 Men 200 IM Prelims	2:34.36	13/1
#409 Mixed 13&U 4x50 Medley Relay (2)	NT	1/7	#503 Men 50 Free Prelims	29.04	11/5
#507 Men 800 Free	10:22.11	3/2			

5 Immelman, Max B - Male - Age: 13 - Ind/Rel: 8 / 0

#200 Men 100 Back Prelims	1:29.98	2/6	#204 Men 50 Breast Prelims	39.52	7/3
#206 Men 200 Free Prelims	2:51.19	2/3	#301 Men 100 Free Prelims	1:14.18	5/8
#303 Men 100 Breast Prelims	1:33.03	4/4	#400 Men 200 Breast Prelims	3:24.32	4/8
#404 Men 200 IM Prelims	3:20.47	1/4	#503 Men 50 Free Prelims	33.69	4/6

6 Pardoe, James N - Male - Age: 12 - Ind/Rel: 10 / 0

#200 Men 100 Back Prelims	1:30.00	2/2	#204 Men 50 Breast Prelims	52.28	2/8
#206 Men 200 Free Prelims	2:54.49	2/7	#301 Men 100 Free Prelims	1:24.09	1/3
#307 Men 50 Fly Prelims	49.92	1/1	#400 Men 200 Breast Prelims	4:05.02	1/3
#402 Men 50 Back Prelims	44.09	1/7	#404 Men 200 IM Prelims	3:32.73	1/6
#501 Men 200 Back Prelims	3:12.49	2/8	#503 Men 50 Free Prelims	39.25	1/2

7 Wing, James L - Male - Age: 13 - Ind/Rel: 10 / 3

#100 Men 400 Free	5:35.46	3/1	#204 Men 50 Breast Prelims	36.56	9/4
#206 Men 200 Free Prelims	2:27.30	9/3	#210 Boys 13&U 4x100 Free Relay (4)	4:33.26	2/6
#301 Men 100 Free Prelims	1:03.65	13/2	#303 Men 100 Breast Prelims	1:21.43	9/5
#307 Men 50 Fly Prelims	32.23	10/4	#311 Boys 13&U 4x50 Free Relay (4)	2:02.55	2/3
#400 Men 200 Breast Prelims	2:59.32	7/7	#404 Men 200 IM Prelims	2:43.91	9/6
#409 Mixed 13&U 4x50 Medley Relay (4)	NT	1/7	#501 Men 200 Back Prelims	2:46.71	6/1
#503 Men 50 Free Prelims	29.48	10/2			

8 Yeowart, Luke D - Male - Age: 13 - Ind/Rel: 8 / 2

#100 Men 400 Free	5:36.56	2/5	#200 Men 100 Back Prelims	1:20.10	7/1
#206 Men 200 Free Prelims	2:22.22	11/2	#210 Boys 13&U 4x100 Free Relay (1)	4:33.26	2/6
#301 Men 100 Free Prelims	1:14.96	4/5	#303 Men 100 Breast Prelims	1:20.77	10/7
#311 Boys 13&U 4x50 Free Relay (1)	2:02.55	2/3	#400 Men 200 Breast Prelims	3:06.76	5/3
#501 Men 200 Back Prelims	2:52.32	4/5	#507 Men 800 Free	10:36.80	3/8

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18**Team Entries - All Events**

Greydogs Swimming Club-CP**9 Yeowart, Seth W - Male - Age: 13 - Ind/Rel: 7 / 0**

#100 Men 400 Free	5:41.40	2/2	#200 Men 100 Back Prelims	1:21.74	5/4
#206 Men 200 Free Prelims	2:24.71	10/6	#301 Men 100 Free Prelims	1:14.18	5/1
#402 Men 50 Back Prelims	37.27	5/3	#501 Men 200 Back Prelims	2:43.63	6/4
#507 Men 800 Free	10:48.05	2/2			

Greydogs Swimming Club-CP Total Individual Entries: 80 - Total Relays: 0**Hurricane Aquatic Club-CP****1 Cornish, Jeyaad - Male - Age: 18 - Ind/Rel: 4 / 0**

#301 Men 100 Free Prelims	58.62	23/1	#307 Men 50 Fly Prelims	28.57	19/2
#503 Men 50 Free Prelims	26.25	21/2	#505 Men 100 Fly Prelims	1:06.93	8/4

Hurricane Aquatic Club-CP Total Individual Entries: 4 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Knysna Aquatics-ED

1 Boshoff, Keanu A - Male - Age: 12 - Ind/Rel: 9 / 1

#100 Men 400 Free	5:18.49	5/1	#204 Men 50 Breast Prelims	38.54	8/6
#206 Men 200 Free Prelims	2:20.04	12/6	#301 Men 100 Free Prelims	1:04.89	12/6
#303 Men 100 Breast Prelims	1:27.64	6/6	#307 Men 50 Fly Prelims	31.80	11/6
#404 Men 200 IM Prelims	2:42.93	10/1	#409 Mixed 13&U 4x50 Medley Relay (3)	2:19.48	2/1
#503 Men 50 Free Prelims	29.58	10/1	#505 Men 100 Fly Prelims	1:15.81	4/3

2 Boshoff, Mickayle C - Male - Age: 11 - Ind/Rel: 9 / 0

#200 Men 100 Back Prelims	1:30.57	2/1	#202 Men 200 Fly	3:32.00	1/2
#206 Men 200 Free Prelims	2:46.77	3/6	#301 Men 100 Free Prelims	1:15.95	4/6
#307 Men 50 Fly Prelims	37.79	4/8	#402 Men 50 Back Prelims	40.05	3/1
#404 Men 200 IM Prelims	3:19.65	2/1	#503 Men 50 Free Prelims	34.39	3/3
#505 Men 100 Fly Prelims	1:32.17	1/5			

3 Botha, Rebecca P - Female - Age: 12 - Ind/Rel: 4 / 1

#205 Women 50 Breast Prelims	47.66	2/5	#300 Women 100 Free Prelims	1:16.79	2/5
#302 Women 100 Breast Prelims	1:45.14	2/7	#409 Mixed 13&U 4x50 Medley Relay (4)	2:19.48	2/1
#502 Women 50 Free Prelims	32.91	6/8			

4 Leiar, Alex H - Male - Age: 18 - Ind/Rel: 4 / 0

#204 Men 50 Breast Prelims	30.59	16/5	#303 Men 100 Breast Prelims	1:08.04	15/3
#307 Men 50 Fly Prelims	27.75	23/1	#505 Men 100 Fly Prelims	1:04.00	11/6

5 Parr, Colbyn S - Male - Age: 12 - Ind/Rel: 10 / 1

#200 Men 100 Back Prelims	1:18.02	8/2	#204 Men 50 Breast Prelims	40.62	7/1
#206 Men 200 Free Prelims	2:38.73	5/5	#301 Men 100 Free Prelims	1:10.63	8/8
#303 Men 100 Breast Prelims	1:30.33	5/4	#307 Men 50 Fly Prelims	38.98	3/6
#400 Men 200 Breast Prelims	3:19.82	4/7	#402 Men 50 Back Prelims	36.29	6/3
#409 Mixed 13&U 4x50 Medley Relay (1)	2:19.48	2/1	#501 Men 200 Back Prelims	2:50.55	5/7
#503 Men 50 Free Prelims	31.12	8/6			

6 Pretorius, Luuk E - Male - Age: 15 - Ind/Rel: 9 / 0

#100 Men 400 Free	4:55.60	8/2	#200 Men 100 Back Prelims	1:03.13	20/2
#206 Men 200 Free Prelims	2:06.86	20/1	#301 Men 100 Free Prelims	56.89	27/7
#307 Men 50 Fly Prelims	27.85	22/8	#402 Men 50 Back Prelims	28.61	16/3
#404 Men 200 IM Prelims	2:30.39	14/5	#501 Men 200 Back Prelims	2:19.26	13/1
#503 Men 50 Free Prelims	26.13	21/5			

7 Schäfer, Kyla - Female - Age: 12 - Ind/Rel: 8 / 0

#205 Women 50 Breast Prelims	45.57	3/2	#300 Women 100 Free Prelims	1:17.41	2/6
#302 Women 100 Breast Prelims	1:39.20	3/8	#306 Women 50 Fly Prelims	39.36	2/3
#403 Women 50 Back Prelims	39.08	3/5	#405 Women 200 IM Prelims	3:05.30	3/5
#500 Women 200 Back Prelims	2:59.90	3/7	#502 Women 50 Free Prelims	35.82	1/4

8 Van Der Wath, Izi - Female - Age: 13 - Ind/Rel: 9 / 1

#101 Women 400 Free	5:20.37	4/6	#205 Women 50 Breast Prelims	38.48	10/8
#207 Women 200 Free Prelims	2:26.44	9/5	#300 Women 100 Free Prelims	1:07.35	11/2
#302 Women 100 Breast Prelims	1:27.55	6/4	#306 Women 50 Fly Prelims	34.74	7/1
#401 Women 200 Breast Prelims	3:11.61	4/8	#405 Women 200 IM Prelims	2:55.60	6/8
#409 Mixed 13&U 4x50 Medley Relay (2)	2:19.48	2/1	#502 Women 50 Free Prelims	30.57	12/8

9 Van Rooyen, Jan-Hendrik P - Male - Age: 17 - Ind/Rel: 11 / 0

#100 Men 400 Free	4:28.16	12/2	#202 Men 200 Fly	2:26.12	3/7
#206 Men 200 Free Prelims	2:05.62	21/2	#301 Men 100 Free Prelims	57.11	26/7
#305 Men 400 IM	5:09.13	4/2	#307 Men 50 Fly Prelims	27.98	20/5
#404 Men 200 IM Prelims	2:24.29	17/3	#406 Men 1500 Free	17:55.76	2/3
#503 Men 50 Free Prelims	26.24	21/6	#505 Men 100 Fly Prelims	1:02.86	12/1
#507 Men 800 Free	9:08.75	5/1			

Knysna Aquatics-ED Total Individual Entries: 73 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18**Team Entries - All Events**

Kovsies Swimming Club Bfn-MA**1 Helmand, Anieke - Female - Age: 18 - Ind/Rel: 8 / 0**

#201 Women 100 Back Prelims	1:09.51	13/2	#205 Women 50 Breast Prelims	35.16	10/4
#207 Women 200 Free Prelims	2:16.72	13/3	#300 Women 100 Free Prelims	1:00.66	18/5
#302 Women 100 Breast Prelims	1:21.72	10/6	#403 Women 50 Back Prelims	32.27	13/2
#500 Women 200 Back Prelims	2:32.41	10/2	#502 Women 50 Free Prelims	27.10	15/4

Kovsies Swimming Club Bfn-MA Total Individual Entries: 8 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18**Team Entries - All Events****Lane Leader Stellenbosch-CE****1 Barnard, Rohan C - Male - Age: 19 - Ind/Rel: 7 / 3**

#102 Men 4x200 Free Relay (2)	8:45.60	2/1	#200 Men 100 Back Prelims	1:10.17	12/7
#206 Men 200 Free Prelims	2:10.46	18/1	#215 Men 4x100 Free Relay (4)	3:56.78	2/7
#301 Men 100 Free Prelims	59.06	22/7	#303 Men 100 Breast Prelims	1:18.57	11/6
#307 Men 50 Fly Prelims	30.85	13/5	#315 Men 4x50 Free Relay (5)	1:48.98	2/6
#404 Men 200 IM Prelims	2:26.52	16/4	#503 Men 50 Free Prelims	27.20	17/4

2 Basson, Henk - Male - Age: 11 - Ind/Rel: 3 / 2

#208 Boys 11&U 4x100 Free Relay (2)	5:56.45	1/6	#301 Men 100 Free Prelims	1:25.76	1/1
#309 Boys 11&U 4x50 Free Relay (3)	2:25.33	1/2	#402 Men 50 Back Prelims	41.47	2/1
#503 Men 50 Free Prelims	34.64	3/7			

3 Beetge, Amy - Female - Age: 16 - Ind/Rel: 0 / 2

#216 Women 4x100 Free Relay (2)	4:25.46	2/1	#314 Women 4x50 Free Relay (3)	1:56.99	2/6
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4 Briggs, Rebecca - Female - Age: 14 - Ind/Rel: 0 / 1

#312 Girls 15&U 4x50 Free Relay (4)	2:01.10	1/3			
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5 Burger, Rosseau - Male - Age: 14 - Ind/Rel: 6 / 3

#204 Men 50 Breast Prelims	35.81	11/2	#213 Boys 15&U 4x100 Free Relay (5)	4:12.16	2/7
#303 Men 100 Breast Prelims	1:17.03	12/5	#307 Men 50 Fly Prelims	30.86	13/3
#313 Boys 15&U 4x50 Free Relay (1)	2:01.11	1/4	#400 Men 200 Breast Prelims	2:42.57	12/7
#404 Men 200 IM Prelims	2:33.92	13/2	#410 Mixed 15&U 4x50 Medley Relay (2)	2:07.19	2/6
#503 Men 50 Free Prelims	29.33	10/5			

6 Clarke, Liam - Male - Age: 16 - Ind/Rel: 5 / 3

#102 Men 4x200 Free Relay (2)	8:21.10	2/5	#206 Men 200 Free Prelims	2:02.14	22/6
#215 Men 4x100 Free Relay (4)	3:46.78	3/3	#301 Men 100 Free Prelims	56.37	26/6
#315 Men 4x50 Free Relay (3)	1:43.54	3/5	#404 Men 200 IM Prelims	2:22.66	19/8
#503 Men 50 Free Prelims	25.68	22/2	#505 Men 100 Fly Prelims	1:05.74	10/1

7 Clayton, Antony L - Male - Age: 16 - Ind/Rel: 4 / 1

#102 Men 4x200 Free Relay (4)	8:21.10	2/5	#206 Men 200 Free Prelims	2:08.28	19/2
#406 Men 1500 Free	18:14.30	2/2	#501 Men 200 Back Prelims	2:19.78	15/8
#507 Men 800 Free	9:24.22	4/3			

8 Clayton, Franco P - Male - Age: 17 - Ind/Rel: 4 / 0

#204 Men 50 Breast Prelims	31.47	15/3	#303 Men 100 Breast Prelims	1:07.51	15/5
#400 Men 200 Breast Prelims	2:27.44	11/4	#501 Men 200 Back Prelims	2:16.34	15/2

9 Cronjè, Danielle - Female - Age: 15 - Ind/Rel: 8 / 3

#201 Women 100 Back Prelims	1:09.78	13/7	#207 Women 200 Free Prelims	2:25.17	10/4
#214 Girls 15&U 4x100 Free Relay (4)	4:34.19	1/6	#300 Women 100 Free Prelims	1:03.85	17/1
#306 Women 50 Fly Prelims	31.67	14/1	#312 Girls 15&U 4x50 Free Relay (1)	2:01.10	1/3
#403 Women 50 Back Prelims	32.51	12/2	#405 Women 200 IM Prelims	2:43.88	9/6
#410 Mixed 15&U 4x50 Medley Relay (1)	2:07.19	2/6	#500 Women 200 Back Prelims	2:29.18	11/3
#502 Women 50 Free Prelims	29.42	14/6			

10 De Jongh, Deacon - Male - Age: 11 - Ind/Rel: 0 / 2

#208 Boys 11&U 4x100 Free Relay (6)	5:56.45	1/6	#309 Boys 11&U 4x50 Free Relay (5)	2:25.33	1/2
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11 De Jongh, Grace - Female - Age: 17 - Ind/Rel: 7 / 4

#103 Women 4x200 Free Relay (2)	9:04.19	2/4	#201 Women 100 Back Prelims	1:05.13	14/5
#207 Women 200 Free Prelims	2:18.22	14/2	#216 Women 4x100 Free Relay (2)	4:09.08	2/4
#300 Women 100 Free Prelims	1:01.89	17/3	#306 Women 50 Fly Prelims	31.58	15/1
#314 Women 4x50 Free Relay (2)	1:56.78	2/3	#403 Women 50 Back Prelims	29.59	14/4
#411 Mixed 4x50 Medley Relay (1)	1:54.27	3/5	#500 Women 200 Back Prelims	2:41.62	8/8
#502 Women 50 Free Prelims	28.72	17/1			

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18**Team Entries - All Events****Lane Leader Stellenbosch-CE****12 De Kock, John P - Male - Age: 14 - Ind/Rel: 7 / 3**

#200 Men 100 Back Prelims	1:06.45	16/2	#206 Men 200 Free Prelims	2:16.08	14/5
#213 Boys 15&U 4x100 Free Relay (4)	4:12.16	2/7	#301 Men 100 Free Prelims	1:00.77	18/4
#305 Men 400 IM	5:19.00	3/3	#313 Boys 15&U 4x50 Free Relay (1)	1:56.01	2/7
#404 Men 200 IM Prelims	2:28.47	16/1	#410 Mixed 15&U 4x50 Medley Relay (1)	2:11.33	2/1
#501 Men 200 Back Prelims	2:29.27	10/7	#505 Men 100 Fly Prelims	1:06.93	8/5

13 De Roubaix, Maric M - Female - Age: 16 - Ind/Rel: 8 / 3

#101 Women 400 Free	4:55.74	8/7	#103 Women 4x200 Free Relay (5)	9:04.19	2/4
#201 Women 100 Back Prelims	1:15.67	8/4	#207 Women 200 Free Prelims	2:22.73	12/2
#216 Women 4x100 Free Relay (3)	4:25.46	2/1	#300 Women 100 Free Prelims	1:07.74	10/3
#314 Women 4x50 Free Relay (1)	1:56.99	2/6	#407 Women 800 Free	10:11.41	3/6
#500 Women 200 Back Prelims	2:40.46	8/4	#502 Women 50 Free Prelims	30.33	13/8
#506 Women 1500 Free	19:34.45	3/1			

14 De Villiers, Lezanne - Female - Age: 19 - Ind/Rel: 4 / 2

#201 Women 100 Back Prelims	1:06.04	13/5	#216 Women 4x100 Free Relay (4)	4:25.46	2/1
#314 Women 4x50 Free Relay (4)	1:56.99	2/6	#403 Women 50 Back Prelims	29.93	14/5
#500 Women 200 Back Prelims	2:30.12	11/6	#502 Women 50 Free Prelims	29.09	14/4

15 Ellis, Alec C - Male - Age: 11 - Ind/Rel: 0 / 3

#208 Boys 11&U 4x100 Free Relay (4)	5:56.45	1/6	#309 Boys 11&U 4x50 Free Relay (2)	2:25.33	1/2
#408 Mixed 11&U 4x50 Medley Relay (3)	2:32.28	1/4			

16 Forbes, Nicholas J - Male - Age: 17 - Ind/Rel: 7 / 3

#102 Men 4x200 Free Relay (4)	8:45.60	2/1	#200 Men 100 Back Prelims	1:07.13	15/1
#215 Men 4x100 Free Relay (2)	3:56.78	2/7	#301 Men 100 Free Prelims	58.10	24/5
#307 Men 50 Fly Prelims	28.43	19/5	#315 Men 4x50 Free Relay (4)	1:48.98	2/6
#402 Men 50 Back Prelims	31.32	14/7	#404 Men 200 IM Prelims	2:31.47	14/1
#503 Men 50 Free Prelims	27.13	18/2	#505 Men 100 Fly Prelims	1:06.34	9/7

17 Forbes, Thomas P - Male - Age: 19 - Ind/Rel: 5 / 3

#100 Men 400 Free	4:17.62	13/6	#102 Men 4x200 Free Relay (1)	8:21.10	2/5
#206 Men 200 Free Prelims	2:01.99	20/3	#215 Men 4x100 Free Relay (1)	3:56.78	2/7
#301 Men 100 Free Prelims	57.76	25/6	#315 Men 4x50 Free Relay (3)	1:48.98	2/6
#406 Men 1500 Free	17:03.15	3/7	#507 Men 800 Free	8:49.02	5/6

18 Fouche, Xander M - Male - Age: 11 - Ind/Rel: 0 / 2

#208 Boys 11&U 4x100 Free Relay (3)	5:56.45	1/6	#309 Boys 11&U 4x50 Free Relay (4)	2:25.33	1/2
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19 Gerber, Mia - Female - Age: 15 - Ind/Rel: 8 / 3

#201 Women 100 Back Prelims	1:19.54	6/7	#205 Women 50 Breast Prelims	38.50	9/4
#214 Girls 15&U 4x100 Free Relay (2)	4:34.19	1/6	#302 Women 100 Breast Prelims	1:23.34	10/7
#306 Women 50 Fly Prelims	35.58	5/3	#312 Girls 15&U 4x50 Free Relay (2)	2:07.89	1/7
#401 Women 200 Breast Prelims	2:56.73	6/6	#405 Women 200 IM Prelims	2:49.09	8/1
#410 Mixed 15&U 4x50 Medley Relay (2)	2:11.33	2/1	#502 Women 50 Free Prelims	31.84	8/5
#504 Women 100 Fly Prelims	1:20.50	3/5			

20 Geyser, Almi - Female - Age: 14 - Ind/Rel: 7 / 3

#205 Women 50 Breast Prelims	42.81	5/7	#207 Women 200 Free Prelims	2:30.79	8/1
#214 Girls 15&U 4x100 Free Relay (1)	4:34.19	1/6	#300 Women 100 Free Prelims	1:07.79	10/6
#306 Women 50 Fly Prelims	35.37	5/4	#312 Girls 15&U 4x50 Free Relay (3)	2:01.10	1/3
#401 Women 200 Breast Prelims	3:19.47	2/5	#405 Women 200 IM Prelims	2:57.73	5/2
#410 Mixed 15&U 4x50 Medley Relay (4)	2:11.33	2/1	#502 Women 50 Free Prelims	30.55	12/7

21 Geyser, Jacques M - Male - Age: 16 - Ind/Rel: 7 / 3

#102 Men 4x200 Free Relay (6)	8:45.60	2/1	#200 Men 100 Back Prelims	1:06.89	15/3
#206 Men 200 Free Prelims	2:13.07	16/4	#215 Men 4x100 Free Relay (3)	3:56.78	2/7
#301 Men 100 Free Prelims	58.30	24/1	#307 Men 50 Fly Prelims	27.71	22/7
#315 Men 4x50 Free Relay (1)	1:48.98	2/6	#404 Men 200 IM Prelims	2:33.93	13/7
#503 Men 50 Free Prelims	26.50	20/7	#505 Men 100 Fly Prelims	1:04.20	10/4

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Lane Leader Stellenbosch-CE

22 Hager, Carle - Female - Age: 13 - Ind/Rel: 5 / 4

#201 Women 100 Back Prelims	1:31.17	1/4	#207 Women 200 Free Prelims	2:45.58	3/5
#214 Girls 15&U 4x100 Free Relay (5)	4:34.19	1/6	#216 Women 4x100 Free Relay (6)	4:25.46	2/1
#300 Women 100 Free Prelims	1:10.91	6/4	#306 Women 50 Fly Prelims	45.14	1/6
#312 Girls 15&U 4x50 Free Relay (1)	2:07.89	1/7	#409 Mixed 13&U 4x50 Medley Relay (3)	2:36.57	1/5
#502 Women 50 Free Prelims	31.90	8/6			

23 Hendricks, Joshua - Male - Age: 16 - Ind/Rel: 8 / 1

#204 Men 50 Breast Prelims	33.85	14/6	#206 Men 200 Free Prelims	2:20.98	11/4
#303 Men 100 Breast Prelims	1:14.43	15/1	#307 Men 50 Fly Prelims	28.84	18/5
#315 Men 4x50 Free Relay (7)	1:48.98	2/6	#400 Men 200 Breast Prelims	2:48.92	9/6
#402 Men 50 Back Prelims	31.55	13/3	#503 Men 50 Free Prelims	27.79	15/5
#505 Men 100 Fly Prelims	1:09.50	7/7			

24 Hodge, Cameron P - Male - Age: 13 - Ind/Rel: 7 / 2

#200 Men 100 Back Prelims	1:20.15	6/4	#206 Men 200 Free Prelims	2:43.37	4/1
#301 Men 100 Free Prelims	1:13.38	5/5	#313 Boys 15&U 4x50 Free Relay (3)	2:01.11	1/4
#402 Men 50 Back Prelims	37.01	5/5	#404 Men 200 IM Prelims	3:05.81	4/8
#409 Mixed 13&U 4x50 Medley Relay (1)	2:36.57	1/5	#501 Men 200 Back Prelims	2:51.52	5/1
#503 Men 50 Free Prelims	31.66	7/8			

25 Jacobs, Zoon S - Male - Age: 14 - Ind/Rel: 0 / 1

#313 Boys 15&U 4x50 Free Relay (4)	2:01.11	1/4
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26 King, Mischa - Female - Age: 18 - Ind/Rel: 4 / 3

#101 Women 400 Free	4:49.72	9/1	#103 Women 4x200 Free Relay (3)	9:04.19	2/4
#207 Women 200 Free Prelims	2:18.84	13/2	#216 Women 4x100 Free Relay (1)	4:25.46	2/1
#300 Women 100 Free Prelims	1:04.98	15/8	#314 Women 4x50 Free Relay (2)	1:56.99	2/6
#407 Women 800 Free	9:54.50	4/6			

27 Kirsten, John-William R - Male - Age: 15 - Ind/Rel: 0 / 2

#213 Boys 15&U 4x100 Free Relay (2)	4:12.16	2/7	#313 Boys 15&U 4x50 Free Relay (3)	1:56.01	2/7
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28 Kriegler, Joanica C - Female - Age: 19 - Ind/Rel: 2 / 1

#216 Women 4x100 Free Relay (5)	4:25.46	2/1	#605 Mixed 100 Back	1:22.75	1/3
#608 Mixed 200 Free	2:38.63	1/5			

29 Kruger, Zoe - Female - Age: 11 - Ind/Rel: 0 / 1

#408 Mixed 11&U 4x50 Medley Relay (1)	2:32.28	1/4
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30 Lombard, Jana - Female - Age: 16 - Ind/Rel: 6 / 2

#201 Women 100 Back Prelims	1:09.68	15/7	#207 Women 200 Free Prelims	2:24.86	11/7
#216 Women 4x100 Free Relay (3)	4:09.08	2/4	#300 Women 100 Free Prelims	1:03.67	16/7
#306 Women 50 Fly Prelims	30.91	15/7	#314 Women 4x50 Free Relay (3)	1:56.78	2/3
#403 Women 50 Back Prelims	31.83	13/6	#504 Women 100 Fly Prelims	1:13.21	8/1

31 Malherbe, Nicholas N - Male - Age: 17 - Ind/Rel: 9 / 3

#102 Men 4x200 Free Relay (1)	8:45.60	2/1	#204 Men 50 Breast Prelims	33.32	17/1
#206 Men 200 Free Prelims	2:08.46	19/1	#215 Men 4x100 Free Relay (3)	3:46.78	3/3
#301 Men 100 Free Prelims	56.80	26/2	#303 Men 100 Breast Prelims	1:11.50	16/7
#307 Men 50 Fly Prelims	28.35	20/1	#315 Men 4x50 Free Relay (4)	1:43.54	3/5
#400 Men 200 Breast Prelims	2:40.24	11/2	#404 Men 200 IM Prelims	2:25.14	17/7
#503 Men 50 Free Prelims	25.95	24/1	#505 Men 100 Fly Prelims	1:01.45	13/6

32 Mansfield, Luke T - Male - Age: 13 - Ind/Rel: 6 / 3

#204 Men 50 Breast Prelims	38.08	8/4	#206 Men 200 Free Prelims	2:24.03	11/8
#213 Boys 15&U 4x100 Free Relay (6)	4:12.16	2/7	#301 Men 100 Free Prelims	1:05.64	12/8
#303 Men 100 Breast Prelims	1:19.57	11/1	#313 Boys 15&U 4x50 Free Relay (2)	2:01.11	1/4
#400 Men 200 Breast Prelims	2:49.42	9/1	#404 Men 200 IM Prelims	2:43.04	10/8
#409 Mixed 13&U 4x50 Medley Relay (2)	2:36.57	1/5			

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Lane Leader Stellenbosch-CE

33 **Michell, Emma Y - Female - Age: 18 - Ind/Rel: 3 / 1**

#103 Women 4x200 Free Relay (4)	9:04.19	2/4	#201 Women 100 Back Prelims	1:09.87	15/1
#207 Women 200 Free Prelims	2:19.21	15/7	#403 Women 50 Back Prelims	32.22	14/2

34 **Moncherry, Adam J - Male - Age: 25 - Ind/Rel: 3 / 3**

#215 Men 4x100 Free Relay (2)	3:46.78	3/3	#301 Men 100 Free Prelims	56.47	28/2
#307 Men 50 Fly Prelims	25.35	22/4	#315 Men 4x50 Free Relay (2)	1:43.54	3/5
#411 Mixed 4x50 Medley Relay (3)	1:54.27	3/5	#503 Men 50 Free Prelims	24.87	24/3

35 **Nelson, Christopher A - Male - Age: 16 - Ind/Rel: 8 / 3**

#102 Men 4x200 Free Relay (5)	8:45.60	2/1	#200 Men 100 Back Prelims	1:05.21	17/7
#204 Men 50 Breast Prelims	33.36	16/1	#215 Men 4x100 Free Relay (6)	3:56.78	2/7
#303 Men 100 Breast Prelims	1:11.26	15/2	#307 Men 50 Fly Prelims	29.30	17/4
#315 Men 4x50 Free Relay (6)	1:48.98	2/6	#400 Men 200 Breast Prelims	2:34.30	10/3
#404 Men 200 IM Prelims	2:21.39	18/7	#501 Men 200 Back Prelims	2:24.18	11/4
#503 Men 50 Free Prelims	27.44	17/8			

36 **Nieuwstad, Michelle - Female - Age: 29 - Ind/Rel: 3 / 3**

#205 Women 50 Breast Prelims	35.28	12/5	#216 Women 4x100 Free Relay (4)	4:09.08	2/4
#302 Women 100 Breast Prelims	1:17.93	9/5	#314 Women 4x50 Free Relay (1)	1:56.78	2/3
#411 Mixed 4x50 Medley Relay (2)	1:54.27	3/5	#502 Women 50 Free Prelims	28.02	17/6

37 **Noades, Kiara J - Female - Age: 22 - Ind/Rel: 4 / 3**

#101 Women 400 Free	4:34.79	9/5	#103 Women 4x200 Free Relay (1)	9:04.19	2/4
#207 Women 200 Free Prelims	2:07.92	14/4	#216 Women 4x100 Free Relay (1)	4:09.08	2/4
#306 Women 50 Fly Prelims	30.36	15/6	#314 Women 4x50 Free Relay (4)	1:56.78	2/3
#407 Women 800 Free	9:49.52	4/3			

38 **Patel, Disha - Female - Age: 12 - Ind/Rel: 0 / 1**

#409 Mixed 13&U 4x50 Medley Relay (4)	2:36.57	1/5			
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39 **Retief, Jane - Female - Age: 11 - Ind/Rel: 3 / 1**

#205 Women 50 Breast Prelims	45.42	3/6	#302 Women 100 Breast Prelims	1:38.11	3/1
#401 Women 200 Breast Prelims	3:33.36	1/5	#408 Mixed 11&U 4x50 Medley Relay (2)	2:32.28	1/4

40 **Sadie, Christian M - Male - Age: 26 - Ind/Rel: 4 / 0**

#603 Mixed 50 Fly	31.32	2/6	#605 Mixed 100 Back	1:13.93	1/4
#607 Mixed 100 Fly	1:08.84	1/4	#612 Mixed 200 IM	2:38.09	1/4

41 **Schultz, Heinrich W - Male - Age: 14 - Ind/Rel: 12 / 3**

#200 Men 100 Back Prelims	1:06.50	16/1	#204 Men 50 Breast Prelims	36.77	9/3
#206 Men 200 Free Prelims	2:15.48	15/1	#213 Boys 15&U 4x100 Free Relay (1)	4:12.16	2/7
#301 Men 100 Free Prelims	1:01.45	17/7	#303 Men 100 Breast Prelims	1:19.92	10/5
#305 Men 400 IM	5:18.51	4/8	#307 Men 50 Fly Prelims	28.53	19/6
#313 Boys 15&U 4x50 Free Relay (4)	1:56.01	2/7	#402 Men 50 Back Prelims	32.13	12/6
#404 Men 200 IM Prelims	2:28.46	16/7	#410 Mixed 15&U 4x50 Medley Relay (3)	2:07.19	2/6
#501 Men 200 Back Prelims	2:25.87	11/8	#503 Men 50 Free Prelims	27.19	18/8
#505 Men 100 Fly Prelims	1:03.55	11/3			

42 **Terblanche, Essie - Female - Age: 14 - Ind/Rel: 4 / 1**

#201 Women 100 Back Prelims	1:26.38	2/4	#300 Women 100 Free Prelims	1:17.44	2/2
#306 Women 50 Fly Prelims	33.00	10/3	#312 Girls 15&U 4x50 Free Relay (4)	2:07.89	1/7
#502 Women 50 Free Prelims	32.56	6/6			

43 **Uys, Keegan - Male - Age: 16 - Ind/Rel: 6 / 3**

#102 Men 4x200 Free Relay (3)	8:45.60	2/1	#204 Men 50 Breast Prelims	35.57	12/8
#206 Men 200 Free Prelims	2:10.59	17/4	#215 Men 4x100 Free Relay (5)	3:56.78	2/7
#301 Men 100 Free Prelims	59.14	22/1	#307 Men 50 Fly Prelims	29.81	15/5
#315 Men 4x50 Free Relay (2)	1:48.98	2/6	#402 Men 50 Back Prelims	31.47	14/8
#503 Men 50 Free Prelims	26.92	19/8			

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18**Team Entries - All Events****Lane Leader Stellenbosch-CE****44 Van Heerden, Stefan F - Male - Age: 17 - Ind/Rel: 5 / 4**

#102 Men 4x200 Free Relay (3)	8:21.10	2/5	#204 Men 50 Breast Prelims	32.61	15/6
#215 Men 4x100 Free Relay (1)	3:46.78	3/3	#301 Men 100 Free Prelims	53.96	26/5
#303 Men 100 Breast Prelims	1:10.89	14/6	#307 Men 50 Fly Prelims	26.47	23/3
#315 Men 4x50 Free Relay (1)	1:43.54	3/5	#411 Mixed 4x50 Medley Relay (4)	1:54.27	3/5
#503 Men 50 Free Prelims	24.05	22/4			

45 Van Wyk, Josie - Female - Age: 11 - Ind/Rel: 3 / 0

#205 Women 50 Breast Prelims	48.92	2/2	#207 Women 200 Free Prelims	2:53.26	2/1
#502 Women 50 Free Prelims	34.82	3/7			

46 Vd Merwe, Mi-Ly - Female - Age: 14 - Ind/Rel: 5 / 3

#201 Women 100 Back Prelims	1:16.87	7/5	#207 Women 200 Free Prelims	2:37.29	6/8
#214 Girls 15&U 4x100 Free Relay (6)	4:34.19	1/6	#216 Women 4x100 Free Relay (7)	4:25.46	2/1
#300 Women 100 Free Prelims	1:10.99	6/5	#306 Women 50 Fly Prelims	34.60	7/6
#312 Girls 15&U 4x50 Free Relay (3)	2:07.89	1/7	#500 Women 200 Back Prelims	2:45.30	6/6

47 Vd Merwe, Simone - Female - Age: 15 - Ind/Rel: 0 / 3

#214 Girls 15&U 4x100 Free Relay (3)	4:34.19	1/6	#312 Girls 15&U 4x50 Free Relay (2)	2:01.10	1/3
#410 Mixed 15&U 4x50 Medley Relay (4)	2:07.19	2/6			

48 VerLoren Van Themaat, Hein M - Male - Age: 11 - Ind/Rel: 3 / 3

#206 Men 200 Free Prelims	2:56.06	2/1	#208 Boys 11&U 4x100 Free Relay (1)	5:56.45	1/6
#301 Men 100 Free Prelims	1:19.80	2/3	#309 Boys 11&U 4x50 Free Relay (1)	2:25.33	1/2
#408 Mixed 11&U 4x50 Medley Relay (4)	2:32.28	1/4	#503 Men 50 Free Prelims	33.02	5/2

49 Vermeulen, Eduard N - Male - Age: 10 - Ind/Rel: 0 / 1

#208 Boys 11&U 4x100 Free Relay (5)	5:56.45	1/6			
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50 Waters, Steven G - Male - Age: 14 - Ind/Rel: 7 / 3

#202 Men 200 Fly	2:35.58	2/6	#213 Boys 15&U 4x100 Free Relay (3)	4:12.16	2/7
#301 Men 100 Free Prelims	1:03.05	14/3	#307 Men 50 Fly Prelims	30.98	13/7
#313 Boys 15&U 4x50 Free Relay (2)	1:56.01	2/7	#402 Men 50 Back Prelims	34.25	9/7
#404 Men 200 IM Prelims	2:44.62	9/1	#410 Mixed 15&U 4x50 Medley Relay (3)	2:11.33	2/1
#503 Men 50 Free Prelims	28.25	14/2	#505 Men 100 Fly Prelims	1:08.69	8/8

51 Wessels, Armin L - Male - Age: 16 - Ind/Rel: 4 / 0

#204 Men 50 Breast Prelims	32.52	16/6	#206 Men 200 Free Prelims	2:18.45	13/6
#303 Men 100 Breast Prelims	1:15.67	13/6	#307 Men 50 Fly Prelims	30.81	13/4

Lane Leader Stellenbosch-CE Total Individual Entries: 221 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18**Team Entries - All Events****Manta SC-CP****1 Jantjies, Zara - Female - Age: 11 - Ind/Rel: 6 / 0**

#207 Women 200 Free Prelims	2:51.43	2/2	#300 Women 100 Free Prelims	1:17.93	2/1
#306 Women 50 Fly Prelims	41.66	1/4	#403 Women 50 Back Prelims	42.16	2/2
#500 Women 200 Back Prelims	3:12.72	1/3	#502 Women 50 Free Prelims	35.17	2/5

2 Linscott, Josh C - Male - Age: 15 - Ind/Rel: 6 / 0

#204 Men 50 Breast Prelims	35.60	11/3	#301 Men 100 Free Prelims	1:01.19	17/3
#303 Men 100 Breast Prelims	1:20.41	10/6	#400 Men 200 Breast Prelims	3:01.40	6/6
#404 Men 200 IM Prelims	2:41.37	10/2	#503 Men 50 Free Prelims	28.56	13/8

3 McPetrie, James L - Male - Age: 16 - Ind/Rel: 7 / 0

#100 Men 400 Free	4:44.12	10/7	#200 Men 100 Back Prelims	1:11.86	11/3
#301 Men 100 Free Prelims	1:00.64	19/2	#307 Men 50 Fly Prelims	29.91	15/2
#402 Men 50 Back Prelims	32.61	11/5	#404 Men 200 IM Prelims	2:30.57	14/2
#503 Men 50 Free Prelims	56.78	1/7			

4 Moolman, Carter S - Male - Age: 15 - Ind/Rel: 6 / 0

#204 Men 50 Breast Prelims	36.39	10/2	#303 Men 100 Breast Prelims	1:21.64	9/3
#307 Men 50 Fly Prelims	30.78	14/8	#400 Men 200 Breast Prelims	2:59.87	6/4
#402 Men 50 Back Prelims	34.80	8/1	#505 Men 100 Fly Prelims	1:11.34	6/2

Manta SC-CP Total Individual Entries: 25 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Marlin Swimming Club-CP

1 Abrahams, Wasfi - Male - Age: 17 - Ind/Rel: 4 / 0

#200 Men 100 Back Prelims	1:08.16	14/7	#303 Men 100 Breast Prelims	1:22.69	8/4
#400 Men 200 Breast Prelims	3:04.69	5/5	#505 Men 100 Fly Prelims	1:08.33	8/1

2 Alexander, Ammaar - Male - Age: 16 - Ind/Rel: 9 / 2

#204 Men 50 Breast Prelims	33.98	14/2	#206 Men 200 Free Prelims	2:09.75	18/4
#215 Men 4x100 Free Relay (3)	3:54.29	3/1	#301 Men 100 Free Prelims	58.32	23/4
#303 Men 100 Breast Prelims	1:14.80	14/8	#307 Men 50 Fly Prelims	29.11	18/2
#315 Men 4x50 Free Relay (1)	1:45.43	3/2	#402 Men 50 Back Prelims	31.97	12/3
#404 Men 200 IM Prelims	2:28.33	16/2	#501 Men 200 Back Prelims	2:25.59	11/2
#503 Men 50 Free Prelims	26.26	21/7			

3 Anthony, Ammar - Male - Age: 20 - Ind/Rel: 5 / 2

#204 Men 50 Breast Prelims	34.98	12/3	#215 Men 4x100 Free Relay (2)	3:54.29	3/1
#303 Men 100 Breast Prelims	1:16.41	13/1	#307 Men 50 Fly Prelims	29.32	17/5
#315 Men 4x50 Free Relay (2)	1:45.43	3/2	#400 Men 200 Breast Prelims	2:48.90	9/3
#404 Men 200 IM Prelims	2:37.78	11/5			

4 Bova-Olsen, Katya - Female - Age: 13 - Ind/Rel: 7 / 0

#101 Women 400 Free	5:28.11	3/4	#205 Women 50 Breast Prelims	43.22	5/8
#207 Women 200 Free Prelims	2:39.55	5/8	#300 Women 100 Free Prelims	1:11.80	6/2
#302 Women 100 Breast Prelims	1:33.51	4/6	#405 Women 200 IM Prelims	2:53.51	6/3
#502 Women 50 Free Prelims	32.04	7/4			

5 Holman, Acaylia - Female - Age: 13 - Ind/Rel: 7 / 1

#201 Women 100 Back Prelims	1:13.56	10/3	#207 Women 200 Free Prelims	2:28.56	8/4
#300 Women 100 Free Prelims	1:08.95	9/3	#306 Women 50 Fly Prelims	34.19	8/6
#405 Women 200 IM Prelims	2:56.45	5/5	#411 Mixed 4x50 Medley Relay (3)	2:05.31	2/5
#500 Women 200 Back Prelims	2:50.17	5/2	#504 Women 100 Fly Prelims	1:15.59	5/8

6 Jeftha, Zara L - Female - Age: 15 - Ind/Rel: 4 / 1

#205 Women 50 Breast Prelims	37.49	12/7	#302 Women 100 Breast Prelims	1:22.50	8/6
#403 Women 50 Back Prelims	38.33	4/5	#411 Mixed 4x50 Medley Relay (2)	2:05.31	2/5
#502 Women 50 Free Prelims	32.11	7/3			

7 Mia, Sirhaan - Male - Age: 17 - Ind/Rel: 5 / 3

#202 Men 200 Fly	2:13.08	4/6	#215 Men 4x100 Free Relay (1)	3:54.29	3/1
#301 Men 100 Free Prelims	57.67	27/8	#307 Men 50 Fly Prelims	26.78	21/3
#315 Men 4x50 Free Relay (3)	1:45.43	3/2	#402 Men 50 Back Prelims	28.44	17/3
#411 Mixed 4x50 Medley Relay (1)	2:05.31	2/5	#505 Men 100 Fly Prelims	58.56	12/4

8 Omar, Ilyaas I - Male - Age: 17 - Ind/Rel: 6 / 3

#204 Men 50 Breast Prelims	32.92	17/7	#215 Men 4x100 Free Relay (4)	3:54.29	3/1
#303 Men 100 Breast Prelims	1:11.34	14/2	#307 Men 50 Fly Prelims	27.02	22/6
#315 Men 4x50 Free Relay (4)	1:45.43	3/2	#400 Men 200 Breast Prelims	2:35.54	11/6
#404 Men 200 IM Prelims	2:21.35	19/7	#411 Mixed 4x50 Medley Relay (4)	2:05.31	2/5
#503 Men 50 Free Prelims	25.19	24/6			

Marlin Swimming Club-CP Total Individual Entries: 47 - Total Relays: 0

Maties Aquatics-CE

1 Paljk, Tilka - Female - Age: 26 - Ind/Rel: 4 / 0

#205 Women 50 Breast Prelims	36.51	10/3	#300 Women 100 Free Prelims	1:04.91	15/7
#306 Women 50 Fly Prelims	33.31	10/8	#502 Women 50 Free Prelims	28.45	17/7

2 Ribeiro, Nuria A - Female - Age: 21 - Ind/Rel: 5 / 0

#201 Women 100 Back Prelims	1:11.20	12/6	#300 Women 100 Free Prelims	1:03.22	16/2
#306 Women 50 Fly Prelims	32.17	12/7	#403 Women 50 Back Prelims	32.51	14/7
#502 Women 50 Free Prelims	28.37	15/2			

Maties Aquatics-CE Total Individual Entries: 9 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Paarl Aquarius SC-CE

1 Baadjies, Cruden H - Male - Age: 11 - Ind/Rel: 7 / 1

#204 Men 50 Breast Prelims	42.96	5/6	#301 Men 100 Free Prelims	1:26.49	1/8
#303 Men 100 Breast Prelims	1:38.07	2/4	#400 Men 200 Breast Prelims	3:31.24	3/8
#402 Men 50 Back Prelims	45.21	1/1	#404 Men 200 IM Prelims	3:28.31	1/5
#408 Mixed 11&U 4x50 Medley Relay (2)	2:37.04	1/3	#503 Men 50 Free Prelims	36.98	2/8

2 Lewis, Amaru C - Male - Age: 11 - Ind/Rel: 7 / 1

#200 Men 100 Back Prelims	1:29.10	2/4	#206 Men 200 Free Prelims	3:02.34	1/4
#301 Men 100 Free Prelims	1:21.85	2/7	#307 Men 50 Fly Prelims	44.41	1/2
#402 Men 50 Back Prelims	42.43	1/6	#408 Mixed 11&U 4x50 Medley Relay (1)	2:37.04	1/3
#501 Men 200 Back Prelims	3:05.79	2/5	#503 Men 50 Free Prelims	36.75	2/7

3 Peceur, Mark D - Male - Age: 19 - Ind/Rel: 5 / 0

#200 Men 100 Back Prelims	1:06.81	15/4	#202 Men 200 Fly	2:23.21	3/3
#301 Men 100 Free Prelims	59.83	20/5	#307 Men 50 Fly Prelims	28.40	20/8
#505 Men 100 Fly Prelims	1:01.92	12/2			

4 Rheeder, Liam M - Male - Age: 13 - Ind/Rel: 14 / 0

#100 Men 400 Free	5:16.91	5/7	#200 Men 100 Back Prelims	1:19.12	7/5
#202 Men 200 Fly	2:57.96	1/3	#204 Men 50 Breast Prelims	46.65	3/6
#206 Men 200 Free Prelims	2:31.02	8/2	#301 Men 100 Free Prelims	1:08.68	10/8
#305 Men 400 IM	6:02.37	2/1	#307 Men 50 Fly Prelims	36.39	5/2
#402 Men 50 Back Prelims	37.36	5/6	#404 Men 200 IM Prelims	2:54.22	6/7
#501 Men 200 Back Prelims	2:47.43	6/8	#507 Men 800 Free	11:21.60	1/2
#600 Mixed 50 Free	32.44	1/2	#607 Mixed 100 Fly	1:19.56	1/5

5 Sabbagha, Annè - Female - Age: 17 - Ind/Rel: 6 / 0

#205 Women 50 Breast Prelims	37.13	12/2	#300 Women 100 Free Prelims	1:10.45	8/7
#302 Women 100 Breast Prelims	1:23.29	8/2	#401 Women 200 Breast Prelims	3:06.92	6/8
#405 Women 200 IM Prelims	2:51.34	7/3	#502 Women 50 Free Prelims	32.16	7/7

6 Sabbagha, Georgia - Female - Age: 11 - Ind/Rel: 9 / 1

#101 Women 400 Free	5:51.88	1/2	#201 Women 100 Back Prelims	1:28.31	2/1
#207 Women 200 Free Prelims	2:45.43	4/8	#300 Women 100 Free Prelims	1:13.91	4/6
#306 Women 50 Fly Prelims	40.63	2/7	#403 Women 50 Back Prelims	40.59	2/4
#405 Women 200 IM Prelims	3:09.22	2/4	#408 Mixed 11&U 4x50 Medley Relay (4)	2:37.04	1/3
#502 Women 50 Free Prelims	34.89	3/1	#504 Women 100 Fly Prelims	1:30.96	2/6

7 Samuels, Londyn - Female - Age: 13 - Ind/Rel: 5 / 0

#201 Women 100 Back Prelims	1:25.66	3/6	#300 Women 100 Free Prelims	1:13.55	5/1
#403 Women 50 Back Prelims	37.91	5/7	#500 Women 200 Back Prelims	3:08.38	2/7
#502 Women 50 Free Prelims	31.97	8/2			

8 Stilwaney, Mia C - Female - Age: 11 - Ind/Rel: 8 / 1

#201 Women 100 Back Prelims	1:32.52	1/2	#205 Women 50 Breast Prelims	40.80	7/1
#302 Women 100 Breast Prelims	1:37.30	3/7	#306 Women 50 Fly Prelims	36.76	4/1
#401 Women 200 Breast Prelims	3:28.06	2/8	#405 Women 200 IM Prelims	3:12.70	2/2
#408 Mixed 11&U 4x50 Medley Relay (3)	2:37.04	1/3	#502 Women 50 Free Prelims	35.50	2/2
#504 Women 100 Fly Prelims	1:32.19	2/7			

9 Williams, Jayden J - Male - Age: 14 - Ind/Rel: 9 / 0

#100 Men 400 Free	4:52.13	9/1	#204 Men 50 Breast Prelims	34.35	13/4
#301 Men 100 Free Prelims	1:01.76	16/3	#303 Men 100 Breast Prelims	1:13.84	14/7
#307 Men 50 Fly Prelims	29.33	17/3	#400 Men 200 Breast Prelims	2:41.17	10/2
#404 Men 200 IM Prelims	2:29.98	15/1	#503 Men 50 Free Prelims	28.39	13/4
#505 Men 100 Fly Prelims	1:07.85	8/7			

Paarl Aquarius SC-CE Total Individual Entries: 70 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Players-CE

1 Bosman, Daizeli - Female - Age: 13 - Ind/Rel: 4 / 1

#205 Women 50 Breast Prelims	41.68	6/2	#300 Women 100 Free Prelims	1:13.29	5/6
#302 Women 100 Breast Prelims	1:30.82	5/4	#403 Women 50 Back Prelims	1:22.10	1/3
#410 Mixed 15&U 4x50 Medley Relay (4)	2:16.31	1/3			

2 Breet, Dawie-Louw L - Male - Age: 16 - Ind/Rel: 6 / 5

#200 Men 100 Back Prelims	1:05.72	17/8	#211 Girls 13&U 4x100 Free Relay (2)	4:49.85	1/3
#215 Men 4x100 Free Relay (2)	4:03.41	1/4	#301 Men 100 Free Prelims	1:00.04	20/2
#307 Men 50 Fly Prelims	29.26	18/8	#311 Boys 13&U 4x50 Free Relay (1)	2:04.47	2/2
#315 Men 4x50 Free Relay (2)	1:54.23	2/1	#402 Men 50 Back Prelims	30.70	16/8
#411 Mixed 4x50 Medley Relay (1)	2:07.63	2/3	#501 Men 200 Back Prelims	2:25.86	11/1
#505 Men 100 Fly Prelims	1:03.34	11/4			

3 Coetzee, Liane - Female - Age: 12 - Ind/Rel: 7 / 2

#201 Women 100 Back Prelims	1:19.47	6/2	#207 Women 200 Free Prelims	2:47.77	3/8
#300 Women 100 Free Prelims	1:12.85	5/3	#306 Women 50 Fly Prelims	36.63	4/2
#310 Girls 13&U 4x50 Free Relay (4)	2:09.28	2/3	#403 Women 50 Back Prelims	34.36	10/8
#409 Mixed 13&U 4x50 Medley Relay (1)	2:16.83	2/2	#500 Women 200 Back Prelims	2:56.06	4/2
#502 Women 50 Free Prelims	30.87	10/3			

4 Engelbrecht, Ruben J - Male - Age: 16 - Ind/Rel: 5 / 3

#200 Men 100 Back Prelims	1:06.70	16/8	#204 Men 50 Breast Prelims	34.08	14/1
#211 Girls 13&U 4x100 Free Relay (1)	4:49.85	1/3	#215 Men 4x100 Free Relay (1)	4:03.41	1/4
#301 Men 100 Free Prelims	59.15	22/8	#307 Men 50 Fly Prelims	27.74	21/7
#315 Men 4x50 Free Relay (1)	1:54.23	2/1	#404 Men 200 IM Prelims	2:39.47	11/8

5 Fenner, Jenson V - Male - Age: 11 - Ind/Rel: 5 / 0

#204 Men 50 Breast Prelims	44.75	4/6	#301 Men 100 Free Prelims	1:16.72	4/1
#303 Men 100 Breast Prelims	1:40.14	2/6	#400 Men 200 Breast Prelims	3:33.69	2/6
#503 Men 50 Free Prelims	34.01	4/7			

6 Fenner, Olivia M - Female - Age: 12 - Ind/Rel: 5 / 2

#201 Women 100 Back Prelims	1:21.58	5/8	#300 Women 100 Free Prelims	1:09.90	8/5
#306 Women 50 Fly Prelims	34.65	7/7	#310 Girls 13&U 4x50 Free Relay (1)	2:09.28	2/3
#403 Women 50 Back Prelims	36.56	7/8	#409 Mixed 13&U 4x50 Medley Relay (3)	2:16.83	2/2
#502 Women 50 Free Prelims	31.24	9/2			

7 Grobler, Reuben C - Male - Age: 13 - Ind/Rel: 4 / 1

#200 Men 100 Back Prelims	1:25.04	4/6	#210 Boys 13&U 4x100 Free Relay (3)	4:33.49	2/2
#301 Men 100 Free Prelims	1:11.05	7/6	#307 Men 50 Fly Prelims	35.19	7/8
#402 Men 50 Back Prelims	36.10	6/5			

8 Hawley, Nicola - Female - Age: 12 - Ind/Rel: 4 / 0

#205 Women 50 Breast Prelims	42.43	5/6	#300 Women 100 Free Prelims	1:14.92	3/2
#302 Women 100 Breast Prelims	1:40.56	2/6	#306 Women 50 Fly Prelims	36.95	4/8

9 Hudson, Thomas - Male - Age: 13 - Ind/Rel: 7 / 2

#204 Men 50 Breast Prelims	35.83	11/7	#206 Men 200 Free Prelims	2:37.36	6/8
#210 Boys 13&U 4x100 Free Relay (4)	4:33.49	2/2	#301 Men 100 Free Prelims	1:05.41	12/7
#303 Men 100 Breast Prelims	1:22.99	8/6	#307 Men 50 Fly Prelims	33.70	8/3
#400 Men 200 Breast Prelims	3:10.47	5/7	#409 Mixed 13&U 4x50 Medley Relay (2)	2:16.83	2/2
#503 Men 50 Free Prelims	28.73	12/5			

10 La Grange, Emma - Female - Age: 15 - Ind/Rel: 6 / 2

#201 Women 100 Back Prelims	1:16.67	7/4	#205 Women 50 Breast Prelims	40.25	8/8
#300 Women 100 Free Prelims	1:05.96	13/3	#306 Women 50 Fly Prelims	32.37	11/4
#311 Boys 13&U 4x50 Free Relay (2)	2:04.47	2/2	#405 Women 200 IM Prelims	2:41.43	12/1
#411 Mixed 4x50 Medley Relay (2)	2:07.63	2/3	#500 Women 200 Back Prelims	2:40.86	8/3

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18**Team Entries - All Events****Players-CE****11 Oosthuizen, Ethan - Male - Age: 13 - Ind/Rel: 5 / 1**

#200 Men 100 Back Prelims	1:24.03	5/1	#206 Men 200 Free Prelims	2:39.94	5/7
#210 Boys 13&U 4x100 Free Relay (1)	4:33.49	2/2	#301 Men 100 Free Prelims	1:08.03	10/3
#307 Men 50 Fly Prelims	33.56	9/8	#503 Men 50 Free Prelims	31.53	7/3

12 Saayman, Dehan - Male - Age: 15 - Ind/Rel: 7 / 4

#204 Men 50 Breast Prelims	35.76	11/6	#211 Girls 13&U 4x100 Free Relay (3)	4:49.85	1/3
#215 Men 4x100 Free Relay (3)	4:03.41	1/4	#303 Men 100 Breast Prelims	1:20.39	10/3
#307 Men 50 Fly Prelims	33.87	8/2	#315 Men 4x50 Free Relay (3)	1:54.23	2/1
#400 Men 200 Breast Prelims	3:02.32	6/7	#402 Men 50 Back Prelims	33.63	9/4
#410 Mixed 15&U 4x50 Medley Relay (1)	2:16.31	1/3	#501 Men 200 Back Prelims	2:42.87	7/1
#503 Men 50 Free Prelims	29.46	10/6			

13 Saayman, Nika D - Female - Age: 13 - Ind/Rel: 8 / 1

#101 Women 400 Free	5:44.43	2/8	#201 Women 100 Back Prelims	1:20.37	5/5
#207 Women 200 Free Prelims	2:43.55	4/2	#300 Women 100 Free Prelims	1:13.81	4/4
#306 Women 50 Fly Prelims	36.71	4/7	#310 Girls 13&U 4x50 Free Relay (2)	2:09.28	2/3
#403 Women 50 Back Prelims	37.24	6/1	#500 Women 200 Back Prelims	2:59.31	3/6
#502 Women 50 Free Prelims	33.88	4/8			

14 Schaefer, Daniel C - Male - Age: 11 - Ind/Rel: 10 / 0

#100 Men 400 Free	5:27.34	4/8	#200 Men 100 Back Prelims	1:19.63	7/6
#206 Men 200 Free Prelims	2:33.12	7/8	#301 Men 100 Free Prelims	1:10.28	8/6
#303 Men 100 Breast Prelims	1:34.30	4/3	#307 Men 50 Fly Prelims	36.60	5/1
#400 Men 200 Breast Prelims	3:29.40	3/2	#404 Men 200 IM Prelims	2:55.17	6/1
#501 Men 200 Back Prelims	2:52.40	4/3	#505 Men 100 Fly Prelims	1:22.40	3/1

15 Stander, Luan - Male - Age: 15 - Ind/Rel: 1 / 0

#100 Men 400 Free	5:12.64	5/5			
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16 Swart, Niklis - Male - Age: 18 - Ind/Rel: 3 / 5

#100 Men 400 Free	4:37.50	11/7	#211 Girls 13&U 4x100 Free Relay (4)	4:49.85	1/3
#215 Men 4x100 Free Relay (4)	4:03.41	1/4	#301 Men 100 Free Prelims	58.54	23/2
#307 Men 50 Fly Prelims	27.83	21/1	#311 Boys 13&U 4x50 Free Relay (4)	2:04.47	2/2
#315 Men 4x50 Free Relay (4)	1:54.23	2/1	#411 Mixed 4x50 Medley Relay (4)	2:07.63	2/3

17 Van der Watt, Alpheus J - Male - Age: 15 - Ind/Rel: 6 / 1

#200 Men 100 Back Prelims	1:16.41	9/8	#204 Men 50 Breast Prelims	35.59	11/5
#301 Men 100 Free Prelims	1:07.86	10/5	#303 Men 100 Breast Prelims	1:21.94	9/2
#402 Men 50 Back Prelims	35.01	7/4	#410 Mixed 15&U 4x50 Medley Relay (2)	2:16.31	1/3
#503 Men 50 Free Prelims	29.52	10/7			

18 Van Niekerk, Lica - Female - Age: 16 - Ind/Rel: 7 / 2

#201 Women 100 Back Prelims	1:09.70	14/7	#205 Women 50 Breast Prelims	36.16	11/3
#300 Women 100 Free Prelims	1:02.87	16/6	#306 Women 50 Fly Prelims	29.88	14/3
#311 Boys 13&U 4x50 Free Relay (3)	2:04.47	2/2	#403 Women 50 Back Prelims	32.82	13/1
#405 Women 200 IM Prelims	2:32.64	12/3	#411 Mixed 4x50 Medley Relay (3)	2:07.63	2/3
#504 Women 100 Fly Prelims	1:06.67	7/5			

19 Visser, Sandri - Female - Age: 14 - Ind/Rel: 7 / 1

#205 Women 50 Breast Prelims	39.34	9/1	#300 Women 100 Free Prelims	1:13.73	5/8
#302 Women 100 Breast Prelims	1:26.73	7/7	#306 Women 50 Fly Prelims	35.59	5/6
#401 Women 200 Breast Prelims	3:11.50	4/1	#403 Women 50 Back Prelims	38.03	5/8
#410 Mixed 15&U 4x50 Medley Relay (3)	2:16.31	1/3	#502 Women 50 Free Prelims	33.65	4/2

20 Weber, Daniel - Male - Age: 12 - Ind/Rel: 5 / 2

#210 Boys 13&U 4x100 Free Relay (2)	4:33.49	2/2	#301 Men 100 Free Prelims	1:09.00	9/5
#307 Men 50 Fly Prelims	35.32	6/5	#404 Men 200 IM Prelims	3:02.41	5/8
#409 Mixed 13&U 4x50 Medley Relay (4)	2:16.83	2/2	#503 Men 50 Free Prelims	31.99	6/2
#505 Men 100 Fly Prelims	1:21.07	3/2			

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Players-CE

21 Weber, Klara - Female - Age: 13 - Ind/Rel: 4 / 1

#300 Women 100 Free Prelims	1:14.79	3/6	#306 Women 50 Fly Prelims	34.92	6/3
#310 Girls 13&U 4x50 Free Relay (3)	2:09.28	2/3	#405 Women 200 IM Prelims	3:17.27	2/8
#502 Women 50 Free Prelims	33.29	4/4			

Players-CE Total Individual Entries: 116 - Total Relays: 0

Quick Silver Swimming Academy-CP

1 Afonso, Aragon G - Male - Age: 13 - Ind/Rel: 7 / 0

#100 Men 400 Free	5:10.59	6/7	#200 Men 100 Back Prelims	1:19.25	7/3
#206 Men 200 Free Prelims	2:28.55	9/2	#307 Men 50 Fly Prelims	33.05	9/4
#404 Men 200 IM Prelims	2:48.30	8/1	#501 Men 200 Back Prelims	2:49.19	5/3
#505 Men 100 Fly Prelims	1:16.76	4/8			

2 Coetzee, Sion M - Male - Age: 13 - Ind/Rel: 4 / 0

#100 Men 400 Free	5:35.50	3/8	#200 Men 100 Back Prelims	1:21.88	5/5
#206 Men 200 Free Prelims	2:39.27	5/6	#501 Men 200 Back Prelims	2:54.50	4/7

3 Conradie, Niel - Male - Age: 13 - Ind/Rel: 5 / 0

#200 Men 100 Back Prelims	1:17.69	8/6	#301 Men 100 Free Prelims	1:11.34	7/8
#303 Men 100 Breast Prelims	1:35.27	4/7	#400 Men 200 Breast Prelims	3:24.71	3/5
#501 Men 200 Back Prelims	2:51.77	5/8			

4 Jantzen, Zianè - Female - Age: 14 - Ind/Rel: 6 / 0

#201 Women 100 Back Prelims	1:14.44	10/1	#207 Women 200 Free Prelims	2:36.94	6/1
#306 Women 50 Fly Prelims	33.45	9/3	#403 Women 50 Back Prelims	36.03	7/5
#500 Women 200 Back Prelims	2:46.54	5/4	#504 Women 100 Fly Prelims	1:12.76	7/7

5 Muller, Lukas D - Male - Age: 12 - Ind/Rel: 5 / 0

#200 Men 100 Back Prelims	1:25.84	4/1	#301 Men 100 Free Prelims	1:16.21	4/7
#402 Men 50 Back Prelims	38.60	4/3	#501 Men 200 Back Prelims	3:05.15	2/4
#503 Men 50 Free Prelims	31.61	7/2			

6 Strydom, Conrad M - Male - Age: 15 - Ind/Rel: 7 / 0

#200 Men 100 Back Prelims	1:01.75	19/3	#301 Men 100 Free Prelims	57.75	25/5
#307 Men 50 Fly Prelims	27.19	21/6	#402 Men 50 Back Prelims	29.03	16/6
#404 Men 200 IM Prelims	2:17.72	19/6	#503 Men 50 Free Prelims	26.58	20/1
#505 Men 100 Fly Prelims	59.90	14/3			

7 Troskie, Jean - Male - Age: 12 - Ind/Rel: 6 / 0

#204 Men 50 Breast Prelims	44.32	4/3	#206 Men 200 Free Prelims	2:39.02	5/3
#301 Men 100 Free Prelims	1:13.26	6/8	#303 Men 100 Breast Prelims	1:34.04	4/5
#400 Men 200 Breast Prelims	3:27.68	3/6	#503 Men 50 Free Prelims	31.30	8/1

8 Troskie, Roean - Male - Age: 12 - Ind/Rel: 6 / 0

#200 Men 100 Back Prelims	1:15.65	9/2	#206 Men 200 Free Prelims	2:40.22	5/8
#301 Men 100 Free Prelims	1:12.29	6/2	#402 Men 50 Back Prelims	35.42	7/7
#501 Men 200 Back Prelims	2:45.42	6/2	#503 Men 50 Free Prelims	31.65	7/1

Quick Silver Swimming Academy-CP Total Individual Entries: 46 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Quicksilver Aquatics Winelands-CE

1 Bester, Francois A - Male - Age: 16 - Ind/Rel: 3 / 0

#303 Men 100 Breast Prelims	1:08.57	14/3	#400 Men 200 Breast Prelims	2:30.41	11/5
#404 Men 200 IM Prelims	2:15.09	19/3			

2 Cilliers, Kara K - Female - Age: 18 - Ind/Rel: 3 / 0

#205 Women 50 Breast Prelims	36.99	12/6	#302 Women 100 Breast Prelims	1:19.50	9/3
#306 Women 50 Fly Prelims	32.49	11/3			

3 De Beer, Isabella C - Female - Age: 12 - Ind/Rel: 6 / 0

#201 Women 100 Back Prelims	1:27.98	2/6	#205 Women 50 Breast Prelims	49.81	2/7
#403 Women 50 Back Prelims	38.35	4/3	#405 Women 200 IM Prelims	3:27.70	1/5
#500 Women 200 Back Prelims	3:06.82	2/6	#502 Women 50 Free Prelims	36.50	1/5

4 Faul, Ellen J - Female - Age: 12 - Ind/Rel: 8 / 0

#207 Women 200 Free Prelims	2:42.24	4/3	#300 Women 100 Free Prelims	1:10.76	7/3
#302 Women 100 Breast Prelims	1:31.75	5/6	#306 Women 50 Fly Prelims	33.93	8/3
#403 Women 50 Back Prelims	39.70	3/6	#405 Women 200 IM Prelims	3:00.71	4/6
#502 Women 50 Free Prelims	31.98	8/1	#504 Women 100 Fly Prelims	1:20.68	3/3

5 Hebler, Lily M - Female - Age: 14 - Ind/Rel: 6 / 0

#201 Women 100 Back Prelims	1:09.34	14/2	#205 Women 50 Breast Prelims	38.72	9/6
#300 Women 100 Free Prelims	1:07.59	10/4	#403 Women 50 Back Prelims	31.96	12/6
#500 Women 200 Back Prelims	2:27.78	12/3	#502 Women 50 Free Prelims	30.06	13/3

6 Hugo, Anika S - Female - Age: 17 - Ind/Rel: 7 / 0

#205 Women 50 Breast Prelims	37.01	11/6	#302 Women 100 Breast Prelims	1:21.92	9/6
#306 Women 50 Fly Prelims	32.04	12/3	#401 Women 200 Breast Prelims	2:55.23	6/3
#405 Women 200 IM Prelims	2:39.07	10/2	#502 Women 50 Free Prelims	30.23	13/7
#504 Women 100 Fly Prelims	1:09.71	8/6			

7 Nienaber, Mila J - Female - Age: 12 - Ind/Rel: 6 / 0

#101 Women 400 Free	5:55.49	1/7	#205 Women 50 Breast Prelims	46.33	3/8
#207 Women 200 Free Prelims	2:43.45	4/6	#403 Women 50 Back Prelims	39.11	3/3
#407 Women 800 Free	12:01.15	1/8	#502 Women 50 Free Prelims	33.43	4/3

8 Oliver, Isabella - Female - Age: 12 - Ind/Rel: 4 / 0

#205 Women 50 Breast Prelims	41.74	6/7	#207 Women 200 Free Prelims	2:58.26	1/5
#300 Women 100 Free Prelims	1:20.78	1/4	#302 Women 100 Breast Prelims	1:35.05	3/3

9 Rosslee, Christian F - Male - Age: 14 - Ind/Rel: 6 / 0

#206 Men 200 Free Prelims	2:24.54	10/3	#301 Men 100 Free Prelims	1:04.47	12/5
#303 Men 100 Breast Prelims	1:19.85	10/4	#307 Men 50 Fly Prelims	31.05	13/8
#503 Men 50 Free Prelims	29.30	11/8	#505 Men 100 Fly Prelims	1:06.22	9/6

10 Van Der Walt, Lourens M - Male - Age: 16 - Ind/Rel: 3 / 0

#301 Men 100 Free Prelims	1:00.52	19/6	#307 Men 50 Fly Prelims	30.90	13/2
#503 Men 50 Free Prelims	26.82	19/6			

11 Wium, Mari - Female - Age: 14 - Ind/Rel: 7 / 0

#201 Women 100 Back Prelims	1:15.51	9/2	#300 Women 100 Free Prelims	1:07.57	11/1
#306 Women 50 Fly Prelims	31.71	15/8	#403 Women 50 Back Prelims	33.19	11/4
#405 Women 200 IM Prelims	2:52.99	6/4	#502 Women 50 Free Prelims	30.56	12/1
#504 Women 100 Fly Prelims	1:13.84	5/4			

Quicksilver Aquatics Winelands-CE Total Individual Entries: 59 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Royal Swimming Academy-ED

1 Baillie, Gabi J - Female - Age: 13 - Ind/Rel: 7 / 0

#201 Women 100 Back Prelims	1:19.02	6/5	#205 Women 50 Breast Prelims	43.33	4/5
#302 Women 100 Breast Prelims	1:33.26	4/3	#401 Women 200 Breast Prelims	3:17.63	3/1
#403 Women 50 Back Prelims	37.42	5/4	#500 Women 200 Back Prelims	2:46.45	6/8
#502 Women 50 Free Prelims	34.53	3/6			

2 Dimatellis, Zoi - Female - Age: 11 - Ind/Rel: 11 / 0

#101 Women 400 Free	5:48.01	1/6	#201 Women 100 Back Prelims	1:21.59	4/4
#205 Women 50 Breast Prelims	43.80	4/7	#302 Women 100 Breast Prelims	1:32.17	5/1
#306 Women 50 Fly Prelims	36.20	5/8	#401 Women 200 Breast Prelims	3:22.13	2/2
#403 Women 50 Back Prelims	36.31	7/2	#405 Women 200 IM Prelims	2:59.74	4/3
#500 Women 200 Back Prelims	2:57.27	4/1	#502 Women 50 Free Prelims	33.19	5/2
#506 Women 1500 Free	22:41.81	1/3			

3 Fernold, AJ - Male - Age: 13 - Ind/Rel: 10 / 0

#100 Men 400 Free	4:51.93	9/6	#200 Men 100 Back Prelims	1:08.60	13/5
#206 Men 200 Free Prelims	2:16.65	14/2	#301 Men 100 Free Prelims	1:02.03	16/7
#307 Men 50 Fly Prelims	30.70	14/1	#402 Men 50 Back Prelims	31.96	12/5
#406 Men 1500 Free	19:36.33	1/4	#501 Men 200 Back Prelims	2:27.88	10/3
#503 Men 50 Free Prelims	28.03	15/8	#505 Men 100 Fly Prelims	1:10.28	6/3

4 Grobler, Zané - Female - Age: 13 - Ind/Rel: 9 / 0

#101 Women 400 Free	5:23.06	4/7	#201 Women 100 Back Prelims	1:24.15	4/8
#207 Women 200 Free Prelims	2:33.39	7/2	#300 Women 100 Free Prelims	1:10.50	8/8
#302 Women 100 Breast Prelims	1:30.05	6/7	#401 Women 200 Breast Prelims	3:19.05	3/8
#407 Women 800 Free	11:11.77	1/3	#502 Women 50 Free Prelims	33.19	5/6
#506 Women 1500 Free	21:41.21	1/4			

5 Grütter, Arabelle - Female - Age: 13 - Ind/Rel: 11 / 0

#101 Women 400 Free	4:59.21	7/6	#201 Women 100 Back Prelims	1:16.24	8/3
#207 Women 200 Free Prelims	2:20.31	14/1	#300 Women 100 Free Prelims	1:03.56	18/7
#302 Women 100 Breast Prelims	1:28.12	6/5	#306 Women 50 Fly Prelims	32.94	10/4
#401 Women 200 Breast Prelims	3:05.27	7/8	#405 Women 200 IM Prelims	2:36.79	10/6
#407 Women 800 Free	10:12.25	3/2	#502 Women 50 Free Prelims	29.34	14/3
#506 Women 1500 Free	19:33.28	3/2			

6 Hahn, Kayleigh K - Female - Age: 14 - Ind/Rel: 7 / 0

#101 Women 400 Free	5:03.37	7/1	#205 Women 50 Breast Prelims	40.19	8/1
#207 Women 200 Free Prelims	2:23.21	12/8	#302 Women 100 Breast Prelims	1:26.43	7/2
#401 Women 200 Breast Prelims	3:00.60	7/1	#405 Women 200 IM Prelims	2:41.99	10/1
#506 Women 1500 Free	20:02.58	2/3			

7 Hahn, Kyle - Male - Age: 11 - Ind/Rel: 9 / 0

#100 Men 400 Free	5:10.56	6/2	#200 Men 100 Back Prelims	1:14.43	10/8
#206 Men 200 Free Prelims	2:29.35	9/8	#301 Men 100 Free Prelims	1:06.97	11/1
#303 Men 100 Breast Prelims	1:27.76	6/2	#402 Men 50 Back Prelims	34.35	9/1
#404 Men 200 IM Prelims	2:44.26	9/7	#501 Men 200 Back Prelims	2:38.45	7/5
#503 Men 50 Free Prelims	31.16	8/2			

8 Hendricks, Robert A - Male - Age: 18 - Ind/Rel: 6 / 0

#202 Men 200 Fly	2:06.20	4/4	#206 Men 200 Free Prelims	1:57.43	22/5
#301 Men 100 Free Prelims	53.85	27/5	#307 Men 50 Fly Prelims	25.23	23/4
#404 Men 200 IM Prelims	2:14.67	20/3	#505 Men 100 Fly Prelims	57.56	14/4

9 Hendricks, Tyson S - Male - Age: 13 - Ind/Rel: 6 / 0

#204 Men 50 Breast Prelims	41.45	6/3	#301 Men 100 Free Prelims	1:13.99	5/7
#303 Men 100 Breast Prelims	1:31.73	5/2	#307 Men 50 Fly Prelims	36.64	5/8
#400 Men 200 Breast Prelims	3:15.46	4/6	#503 Men 50 Free Prelims	32.82	5/3

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Royal Swimming Academy-ED

10 Lottering, Seb C - Male - Age: 15 - Ind/Rel: 6 / 0

#200 Men 100 Back Prelims	1:04.41	20/8	#206 Men 200 Free Prelims	2:06.95	22/8
#301 Men 100 Free Prelims	58.31	24/8	#402 Men 50 Back Prelims	30.39	15/1
#501 Men 200 Back Prelims	2:23.25	12/3	#503 Men 50 Free Prelims	26.98	18/4

11 Nel, Max - Male - Age: 13 - Ind/Rel: 11 / 0

#200 Men 100 Back Prelims	1:09.85	12/3	#202 Men 200 Fly	2:50.27	1/4
#206 Men 200 Free Prelims	2:31.90	7/4	#301 Men 100 Free Prelims	1:05.85	11/4
#305 Men 400 IM	5:34.49	2/4	#307 Men 50 Fly Prelims	31.16	12/6
#402 Men 50 Back Prelims	32.70	11/3	#404 Men 200 IM Prelims	2:38.92	11/1
#501 Men 200 Back Prelims	2:30.61	9/4	#505 Men 100 Fly Prelims	1:12.04	6/1
#507 Men 800 Free	10:52.77	2/1			

Royal Swimming Academy-ED Total Individual Entries: 93 - Total Relays: 0

Silver Fins Swimming Club-CP

1 Gilmour, Connor A - Male - Age: 13 - Ind/Rel: 7 / 2

#200 Men 100 Back Prelims	1:09.22	13/1	#206 Men 200 Free Prelims	2:19.93	12/3
#210 Boys 13&U 4x100 Free Relay (4)	4:34.64	2/7	#301 Men 100 Free Prelims	1:02.91	14/5
#307 Men 50 Fly Prelims	32.51	10/3	#311 Boys 13&U 4x50 Free Relay (4)	2:05.10	2/7
#402 Men 50 Back Prelims	31.89	13/8	#501 Men 200 Back Prelims	2:32.49	9/7
#503 Men 50 Free Prelims	28.08	14/4			

2 Jones, Thomas W - Male - Age: 13 - Ind/Rel: 0 / 2

#210 Boys 13&U 4x100 Free Relay (2)	4:34.64	2/7	#311 Boys 13&U 4x50 Free Relay (2)	2:05.10	2/7
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3 Langenhoven, Erin - Female - Age: 16 - Ind/Rel: 6 / 0

#101 Women 400 Free	5:11.37	5/6	#207 Women 200 Free Prelims	2:25.47	10/3
#300 Women 100 Free Prelims	1:05.03	14/4	#306 Women 50 Fly Prelims	32.35	12/8
#405 Women 200 IM Prelims	2:42.49	10/8	#502 Women 50 Free Prelims	30.87	10/6

4 Messiter-Tooze, Luna S - Female - Age: 13 - Ind/Rel: 7 / 0

#101 Women 400 Free	5:20.05	4/3	#201 Women 100 Back Prelims	1:20.87	5/2
#207 Women 200 Free Prelims	2:34.36	6/4	#403 Women 50 Back Prelims	37.99	5/1
#407 Women 800 Free	10:56.19	1/4	#500 Women 200 Back Prelims	2:52.44	5/1
#506 Women 1500 Free	20:59.15	2/2			

5 Nagendrakumar, Puneet - Male - Age: 13 - Ind/Rel: 3 / 0

#100 Men 400 Free	5:30.96	3/6	#200 Men 100 Back Prelims	1:25.70	4/7
#206 Men 200 Free Prelims	2:40.49	4/5			

6 Smit, Reynard-Gray - Male - Age: 12 - Ind/Rel: 9 / 2

#100 Men 400 Free	5:18.75	4/5	#206 Men 200 Free Prelims	2:31.22	8/1
#210 Boys 13&U 4x100 Free Relay (1)	4:34.64	2/7	#301 Men 100 Free Prelims	1:08.15	10/6
#307 Men 50 Fly Prelims	35.76	6/8	#311 Boys 13&U 4x50 Free Relay (1)	2:05.10	2/7
#402 Men 50 Back Prelims	36.45	6/6	#404 Men 200 IM Prelims	3:00.01	5/2
#503 Men 50 Free Prelims	31.04	8/5	#505 Men 100 Fly Prelims	1:23.54	2/5
#507 Men 800 Free	10:42.24	2/4			

7 Willenburg, Elijah K - Male - Age: 13 - Ind/Rel: 6 / 2

#204 Men 50 Breast Prelims	44.13	4/4	#210 Boys 13&U 4x100 Free Relay (3)	4:34.64	2/7
#301 Men 100 Free Prelims	1:08.43	10/1	#303 Men 100 Breast Prelims	1:35.64	4/1
#307 Men 50 Fly Prelims	37.65	4/1	#311 Boys 13&U 4x50 Free Relay (3)	2:05.10	2/7
#402 Men 50 Back Prelims	35.64	7/1	#503 Men 50 Free Prelims	31.93	6/3

Silver Fins Swimming Club-CP Total Individual Entries: 38 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Sport Science Institute of SA-CP

1 Benecke, Alexander - Male - Age: 15 - Ind/Rel: 7 / 2

#100 Men 400 Free	4:47.96	9/5	#102 Men 4x200 Free Relay (2)	8:53.72	1/5
#200 Men 100 Back Prelims	1:09.73	12/4	#206 Men 200 Free Prelims	2:13.76	16/2
#213 Boys 15&U 4x100 Free Relay (4)	4:21.68	1/5	#301 Men 100 Free Prelims	58.97	22/6
#307 Men 50 Fly Prelims	29.35	17/6	#404 Men 200 IM Prelims	2:30.05	14/4
#505 Men 100 Fly Prelims	1:09.23	7/2			

2 Cicero, Zack - Male - Age: 17 - Ind/Rel: 5 / 0

#301 Men 100 Free Prelims	59.24	21/4	#307 Men 50 Fly Prelims	28.44	19/3
#404 Men 200 IM Prelims	2:38.62	11/2	#503 Men 50 Free Prelims	26.13	21/3
#505 Men 100 Fly Prelims	1:04.82	10/5			

3 Cloete-Hopkins, Adam F - Male - Age: 16 - Ind/Rel: 6 / 0

#100 Men 400 Free	4:58.56	8/7	#206 Men 200 Free Prelims	2:18.90	13/1
#301 Men 100 Free Prelims	1:00.37	19/5	#307 Men 50 Fly Prelims	33.11	9/2
#404 Men 200 IM Prelims	2:43.86	9/3	#503 Men 50 Free Prelims	28.44	13/3

4 Cloete-Hopkins, Aryana A - Female - Age: 13 - Ind/Rel: 4 / 3

#207 Women 200 Free Prelims	2:29.85	8/2	#211 Girls 13&U 4x100 Free Relay (1)	4:51.67	1/6
#300 Women 100 Free Prelims	1:07.99	10/7	#306 Women 50 Fly Prelims	36.45	4/3
#310 Girls 13&U 4x50 Free Relay (4)	2:11.94	2/6	#409 Mixed 13&U 4x50 Medley Relay (1)	NT	1/3
#502 Women 50 Free Prelims	31.23	9/6			

5 Du Preez, Shaun - Male - Age: 16 - Ind/Rel: 7 / 3

#102 Men 4x200 Free Relay (3)	8:53.72	1/5	#204 Men 50 Breast Prelims	35.20	12/7
#206 Men 200 Free Prelims	2:13.78	16/7	#215 Men 4x100 Free Relay (3)	3:55.64	2/5
#301 Men 100 Free Prelims	59.26	21/5	#307 Men 50 Fly Prelims	30.60	14/7
#315 Men 4x50 Free Relay (2)	1:45.22	3/6	#402 Men 50 Back Prelims	31.20	14/2
#404 Men 200 IM Prelims	2:35.47	12/3	#503 Men 50 Free Prelims	26.77	19/3

6 Franks, Madison M - Female - Age: 16 - Ind/Rel: 4 / 2

#101 Women 400 Free	5:05.96	6/3	#207 Women 200 Free Prelims	2:24.05	11/3
#216 Women 4x100 Free Relay (1)	4:23.62	2/2	#300 Women 100 Free Prelims	1:06.99	12/1
#314 Women 4x50 Free Relay (3)	2:02.60	2/1	#502 Women 50 Free Prelims	30.88	10/2

7 Groves, Philippa R - Female - Age: 12 - Ind/Rel: 7 / 2

#201 Women 100 Back Prelims	1:31.25	1/5	#207 Women 200 Free Prelims	2:50.68	2/6
#211 Girls 13&U 4x100 Free Relay (2)	4:51.67	1/6	#300 Women 100 Free Prelims	1:17.63	2/7
#306 Women 50 Fly Prelims	38.91	2/5	#310 Girls 13&U 4x50 Free Relay (2)	2:11.94	2/6
#403 Women 50 Back Prelims	42.17	2/7	#500 Women 200 Back Prelims	3:10.62	1/5
#502 Women 50 Free Prelims	34.05	3/4			

8 Hartman, Timothy J - Male - Age: 17 - Ind/Rel: 5 / 1

#204 Men 50 Breast Prelims	30.47	17/5	#303 Men 100 Breast Prelims	1:07.71	16/3
#307 Men 50 Fly Prelims	29.78	15/4	#400 Men 200 Breast Prelims	2:34.72	12/6
#411 Mixed 4x50 Medley Relay (2)	NT	1/3	#503 Men 50 Free Prelims	27.83	15/3

9 Herbst, Mienke - Female - Age: 17 - Ind/Rel: 4 / 0

#205 Women 50 Breast Prelims	39.86	8/6	#302 Women 100 Breast Prelims	1:24.69	9/1
#401 Women 200 Breast Prelims	2:59.66	5/2	#405 Women 200 IM Prelims	2:47.65	8/5

10 Hodgskiss, Fin J - Male - Age: 12 - Ind/Rel: 8 / 2

#100 Men 400 Free	5:38.62	2/6	#200 Men 100 Back Prelims	1:21.17	6/1
#206 Men 200 Free Prelims	2:40.71	4/6	#213 Boys 15&U 4x100 Free Relay (2)	4:21.68	1/5
#301 Men 100 Free Prelims	1:10.38	8/2	#303 Men 100 Breast Prelims	1:37.18	3/7
#307 Men 50 Fly Prelims	38.92	3/3	#404 Men 200 IM Prelims	3:02.62	4/4
#409 Mixed 13&U 4x50 Medley Relay (3)	NT	1/3	#507 Men 800 Free	11:36.20	1/7

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Sport Science Institute of SA-CP

11 Kleinhans, Kyle - Male - Age: 17 - Ind/Rel: 6 / 3

#102 Men 4x200 Free Relay (4)	8:53.72	1/5	#200 Men 100 Back Prelims	1:03.42	19/7
#215 Men 4x100 Free Relay (1)	3:55.64	2/5	#301 Men 100 Free Prelims	56.87	28/7
#307 Men 50 Fly Prelims	27.70	23/7	#315 Men 4x50 Free Relay (1)	1:45.22	3/6
#402 Men 50 Back Prelims	29.89	15/7	#503 Men 50 Free Prelims	26.42	20/3
#505 Men 100 Fly Prelims	1:02.53	14/7			

12 Labuschagne, Michaela - Female - Age: 16 - Ind/Rel: 5 / 2

#207 Women 200 Free Prelims	2:17.37	13/6	#216 Women 4x100 Free Relay (4)	4:23.62	2/2
#300 Women 100 Free Prelims	1:05.31	14/3	#306 Women 50 Fly Prelims	32.94	11/8
#314 Women 4x50 Free Relay (1)	2:02.60	2/1	#405 Women 200 IM Prelims	2:36.74	11/6
#502 Women 50 Free Prelims	30.83	10/5			

13 Myers, Kirsten E - Female - Age: 13 - Ind/Rel: 6 / 3

#201 Women 100 Back Prelims	1:21.30	5/1	#207 Women 200 Free Prelims	2:45.58	3/4
#211 Girls 13&U 4x100 Free Relay (4)	4:51.67	1/6	#300 Women 100 Free Prelims	1:11.95	6/8
#310 Girls 13&U 4x50 Free Relay (1)	2:11.94	2/6	#405 Women 200 IM Prelims	3:05.87	3/3
#409 Mixed 13&U 4x50 Medley Relay (4)	NT	1/3	#500 Women 200 Back Prelims	2:58.14	3/5
#502 Women 50 Free Prelims	32.29	6/4			

14 Oosthuizen, Nic D - Male - Age: 21 - Ind/Rel: 2 / 3

#102 Men 4x200 Free Relay (1)	8:53.72	1/5	#206 Men 200 Free Prelims	2:12.92	17/8
#215 Men 4x100 Free Relay (4)	3:55.64	2/5	#301 Men 100 Free Prelims	57.88	25/7
#315 Men 4x50 Free Relay (3)	1:45.22	3/6			

15 Poggenpoel, Troy J - Male - Age: 14 - Ind/Rel: 8 / 1

#100 Men 400 Free	5:04.55	7/1	#202 Men 200 Fly	3:12.59	1/6
#206 Men 200 Free Prelims	2:22.03	11/6	#213 Boys 15&U 4x100 Free Relay (3)	4:21.68	1/5
#301 Men 100 Free Prelims	1:06.52	11/6	#307 Men 50 Fly Prelims	33.23	9/7
#404 Men 200 IM Prelims	2:37.55	11/4	#501 Men 200 Back Prelims	2:45.03	6/6
#505 Men 100 Fly Prelims	1:14.21	5/7			

16 Sack, Benji - Male - Age: 27 - Ind/Rel: 2 / 0

#204 Men 50 Breast Prelims	30.60	15/5	#303 Men 100 Breast Prelims	1:07.48	16/5
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17 Slatter, Mila-Belle - Female - Age: 11 - Ind/Rel: 6 / 2

#205 Women 50 Breast Prelims	43.51	4/2	#207 Women 200 Free Prelims	2:37.56	5/6
#211 Girls 13&U 4x100 Free Relay (3)	4:51.67	1/6	#300 Women 100 Free Prelims	1:14.10	4/7
#302 Women 100 Breast Prelims	1:35.14	3/6	#310 Girls 13&U 4x50 Free Relay (3)	2:11.94	2/6
#403 Women 50 Back Prelims	40.42	3/8	#405 Women 200 IM Prelims	3:11.74	2/3

18 Vickers, Sophie - Female - Age: 16 - Ind/Rel: 5 / 3

#201 Women 100 Back Prelims	1:08.13	14/6	#216 Women 4x100 Free Relay (2)	4:23.62	2/2
#300 Women 100 Free Prelims	1:04.27	16/8	#314 Women 4x50 Free Relay (4)	2:02.60	2/1
#403 Women 50 Back Prelims	32.65	13/7	#411 Mixed 4x50 Medley Relay (4)	NT	1/3
#500 Women 200 Back Prelims	2:32.15	11/2	#502 Women 50 Free Prelims	29.73	14/8

19 Ward, Tanith A - Female - Age: 17 - Ind/Rel: 8 / 3

#201 Women 100 Back Prelims	1:11.65	11/4	#207 Women 200 Free Prelims	2:35.77	6/2
#216 Women 4x100 Free Relay (3)	4:23.62	2/2	#300 Women 100 Free Prelims	1:08.40	9/4
#306 Women 50 Fly Prelims	32.97	10/5	#314 Women 4x50 Free Relay (2)	2:02.60	2/1
#403 Women 50 Back Prelims	33.57	11/7	#405 Women 200 IM Prelims	2:52.13	7/7
#411 Mixed 4x50 Medley Relay (3)	NT	1/3	#500 Women 200 Back Prelims	2:41.01	8/7
#502 Women 50 Free Prelims	30.82	10/4			

20 Webb, Corey - Male - Age: 20 - Ind/Rel: 4 / 3

#200 Men 100 Back Prelims	1:02.85	19/6	#215 Men 4x100 Free Relay (2)	3:55.64	2/5
#301 Men 100 Free Prelims	1:03.50	13/5	#315 Men 4x50 Free Relay (4)	1:45.22	3/6
#402 Men 50 Back Prelims	27.32	15/4	#411 Mixed 4x50 Medley Relay (1)	NT	1/3
#503 Men 50 Free Prelims	25.90	22/7			

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18**Team Entries - All Events**

Sport Science Institute of SA-CP**21 Williams, Evan B - Male - Age: 13 - Ind/Rel: 10 / 2**

#100 Men 400 Free	4:59.80	8/8	#200 Men 100 Back Prelims	1:14.94	9/4
#206 Men 200 Free Prelims	2:21.05	11/5	#213 Boys 15&U 4x100 Free Relay (1)	4:21.68	1/5
#303 Men 100 Breast Prelims	1:24.26	7/4	#307 Men 50 Fly Prelims	31.97	11/7
#400 Men 200 Breast Prelims	2:59.87	7/8	#404 Men 200 IM Prelims	2:37.19	12/1
#409 Mixed 13&U 4x50 Medley Relay (2)	NT	1/3	#501 Men 200 Back Prelims	2:33.27	9/1
#505 Men 100 Fly Prelims	1:15.98	4/2	#507 Men 800 Free	10:21.35	3/6

Sport Science Institute of SA-CP Total Individual Entries: 119 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Stellenbosch Aquatics-CE

1 Coolen, Jonathan T - Male - Age: 13 - Ind/Rel: 8 / 0

#100 Men 400 Free	5:04.15	7/7	#200 Men 100 Back Prelims	1:11.91	11/6
#301 Men 100 Free Prelims	1:04.48	12/3	#307 Men 50 Fly Prelims	35.48	6/6
#402 Men 50 Back Prelims	34.47	8/4	#404 Men 200 IM Prelims	2:47.58	8/2
#501 Men 200 Back Prelims	2:43.70	6/5	#503 Men 50 Free Prelims	30.03	9/3

2 Coolen, Nicolas D - Male - Age: 11 - Ind/Rel: 7 / 0

#200 Men 100 Back Prelims	1:25.62	4/2	#204 Men 50 Breast Prelims	48.32	2/6
#301 Men 100 Free Prelims	1:19.94	2/6	#307 Men 50 Fly Prelims	41.72	2/8
#402 Men 50 Back Prelims	39.32	3/4	#404 Men 200 IM Prelims	3:11.57	3/2
#503 Men 50 Free Prelims	34.60	3/6			

3 Dreyer, Arne' - Female - Age: 13 - Ind/Rel: 5 / 0

#201 Women 100 Back Prelims	1:21.73	4/5	#205 Women 50 Breast Prelims	38.32	12/8
#302 Women 100 Breast Prelims	1:25.53	7/4	#401 Women 200 Breast Prelims	3:14.99	3/5
#403 Women 50 Back Prelims	36.33	7/7			

4 Kotze, Eric B - Male - Age: 14 - Ind/Rel: 7 / 0

#200 Men 100 Back Prelims	59.63	20/5	#202 Men 200 Fly	2:24.00	3/2
#301 Men 100 Free Prelims	57.33	26/1	#307 Men 50 Fly Prelims	26.41	21/5
#402 Men 50 Back Prelims	27.90	16/5	#503 Men 50 Free Prelims	25.70	24/7
#505 Men 100 Fly Prelims	1:00.86	12/3			

5 Mason, Phoebe M - Female - Age: 13 - Ind/Rel: 6 / 0

#201 Women 100 Back Prelims	1:22.51	4/6	#205 Women 50 Breast Prelims	46.23	3/1
#300 Women 100 Free Prelims	1:15.81	3/8	#306 Women 50 Fly Prelims	37.07	3/4
#403 Women 50 Back Prelims	37.41	6/8	#502 Women 50 Free Prelims	33.07	5/3

6 O'Carroll, Nia E - Female - Age: 13 - Ind/Rel: 8 / 0

#101 Women 400 Free	5:36.92	3/8	#201 Women 100 Back Prelims	1:19.76	6/1
#207 Women 200 Free Prelims	2:37.53	5/3	#300 Women 100 Free Prelims	1:10.01	8/3
#403 Women 50 Back Prelims	37.43	5/5	#405 Women 200 IM Prelims	2:56.27	5/4
#500 Women 200 Back Prelims	2:51.46	5/7	#502 Women 50 Free Prelims	32.06	7/5

7 Van Galen, Ava-Loren - Female - Age: 14 - Ind/Rel: 7 / 0

#201 Women 100 Back Prelims	1:15.02	9/3	#205 Women 50 Breast Prelims	37.07	10/6
#302 Women 100 Breast Prelims	1:25.11	8/8	#306 Women 50 Fly Prelims	31.78	14/8
#403 Women 50 Back Prelims	33.02	14/8	#405 Women 200 IM Prelims	2:55.06	6/7
#502 Women 50 Free Prelims	30.75	11/1			

8 Van Graan, Matthew D - Male - Age: 13 - Ind/Rel: 7 / 0

#200 Men 100 Back Prelims	1:11.94	11/2	#206 Men 200 Free Prelims	2:31.98	7/6
#301 Men 100 Free Prelims	1:06.40	11/5	#307 Men 50 Fly Prelims	34.98	7/1
#402 Men 50 Back Prelims	34.49	8/5	#501 Men 200 Back Prelims	2:42.93	7/8
#503 Men 50 Free Prelims	29.19	11/6			

9 Witbooi, Reinhardt J - Male - Age: 16 - Ind/Rel: 8 / 0

#200 Men 100 Back Prelims	1:12.89	11/8	#204 Men 50 Breast Prelims	36.88	9/6
#206 Men 200 Free Prelims	2:18.69	13/2	#301 Men 100 Free Prelims	1:00.76	19/8
#303 Men 100 Breast Prelims	1:22.51	9/8	#402 Men 50 Back Prelims	33.13	11/8
#501 Men 200 Back Prelims	2:41.78	7/7	#503 Men 50 Free Prelims	27.10	18/6

Stellenbosch Aquatics-CE Total Individual Entries: 63 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Swartland Aquatics-WC

1 Barnard, Adelmari D - Female - Age: 13 - Ind/Rel: 7 / 0

#205 Women 50 Breast Prelims	41.47	6/5	#207 Women 200 Free Prelims	2:46.22	3/6
#300 Women 100 Free Prelims	1:13.95	4/2	#302 Women 100 Breast Prelims	1:33.56	4/7
#401 Women 200 Breast Prelims	3:26.12	2/1	#403 Women 50 Back Prelims	39.97	3/7
#502 Women 50 Free Prelims	33.22	5/7			

2 Barnard, Theo J - Male - Age: 11 - Ind/Rel: 8 / 2

#100 Men 400 Free	5:48.00	2/8	#200 Men 100 Back Prelims	1:27.38	3/7
#206 Men 200 Free Prelims	2:40.52	4/3	#208 Boys 11&U 4x100 Free Relay (4)	5:06.72	1/4
#301 Men 100 Free Prelims	1:12.40	6/7	#307 Men 50 Fly Prelims	36.06	5/5
#309 Boys 11&U 4x50 Free Relay (4)	2:21.46	1/6	#404 Men 200 IM Prelims	3:04.60	4/2
#503 Men 50 Free Prelims	33.12	5/1	#505 Men 100 Fly Prelims	1:23.65	2/6

3 Borman, Jani - Female - Age: 15 - Ind/Rel: 6 / 1

#201 Women 100 Back Prelims	1:13.97	10/7	#205 Women 50 Breast Prelims	39.84	8/3
#302 Women 100 Breast Prelims	1:24.25	8/7	#401 Women 200 Breast Prelims	2:59.55	6/2
#405 Women 200 IM Prelims	2:45.48	9/7	#410 Mixed 15&U 4x50 Medley Relay (2)	2:31.14	1/7
#500 Women 200 Back Prelims	2:43.43	7/8			

4 Burger, Schalk S - Male - Age: 18 - Ind/Rel: 6 / 2

#200 Men 100 Back Prelims	1:01.85	18/3	#215 Men 4x100 Free Relay (1)	3:55.65	2/3
#301 Men 100 Free Prelims	58.08	24/4	#307 Men 50 Fly Prelims	29.64	16/6
#315 Men 4x50 Free Relay (4)	1:47.06	3/8	#402 Men 50 Back Prelims	29.07	15/6
#501 Men 200 Back Prelims	2:17.08	15/7	#503 Men 50 Free Prelims	25.77	23/7

5 Foot, Aiden C - Male - Age: 17 - Ind/Rel: 7 / 2

#200 Men 100 Back Prelims	1:02.33	20/6	#206 Men 200 Free Prelims	2:10.13	18/3
#215 Men 4x100 Free Relay (4)	3:55.65	2/3	#301 Men 100 Free Prelims	58.00	25/1
#307 Men 50 Fly Prelims	29.56	16/4	#315 Men 4x50 Free Relay (1)	1:47.06	3/8
#402 Men 50 Back Prelims	28.84	15/3	#501 Men 200 Back Prelims	2:18.78	14/1
#503 Men 50 Free Prelims	26.83	19/2			

6 Hewitt-Smook, Kristian - Male - Age: 15 - Ind/Rel: 8 / 2

#200 Men 100 Back Prelims	1:13.44	10/2	#206 Men 200 Free Prelims	2:18.88	13/7
#301 Men 100 Free Prelims	1:01.10	18/1	#307 Men 50 Fly Prelims	30.52	14/3
#315 Men 4x50 Free Relay (3)	1:47.06	3/8	#402 Men 50 Back Prelims	33.25	10/3
#404 Men 200 IM Prelims	2:40.26	10/5	#410 Mixed 15&U 4x50 Medley Relay (4)	2:31.14	1/7
#503 Men 50 Free Prelims	27.17	18/1	#505 Men 100 Fly Prelims	1:14.13	5/2

7 Kotzè, Kailen M - Male - Age: 17 - Ind/Rel: 7 / 1

#200 Men 100 Back Prelims	1:12.00	11/7	#204 Men 50 Breast Prelims	35.87	11/1
#215 Men 4x100 Free Relay (2)	3:55.65	2/3	#301 Men 100 Free Prelims	59.82	20/4
#307 Men 50 Fly Prelims	29.73	16/8	#402 Men 50 Back Prelims	31.34	14/1
#503 Men 50 Free Prelims	28.13	14/5	#505 Men 100 Fly Prelims	1:05.16	10/6

8 Kruger, Zachary C - Male - Age: 11 - Ind/Rel: 9 / 2

#200 Men 100 Back Prelims	1:27.17	3/6	#204 Men 50 Breast Prelims	47.65	2/4
#206 Men 200 Free Prelims	2:50.61	2/5	#208 Boys 11&U 4x100 Free Relay (3)	5:06.72	1/4
#301 Men 100 Free Prelims	1:17.17	3/4	#303 Men 100 Breast Prelims	1:46.83	1/3
#309 Boys 11&U 4x50 Free Relay (3)	2:21.46	1/6	#400 Men 200 Breast Prelims	3:36.02	1/4
#404 Men 200 IM Prelims	3:13.22	3/1	#501 Men 200 Back Prelims	3:03.34	3/7
#503 Men 50 Free Prelims	35.27	2/3			

9 Lategan, Nicky N - Male - Age: 14 - Ind/Rel: 6 / 1

#200 Men 100 Back Prelims	1:12.91	10/4	#307 Men 50 Fly Prelims	32.93	10/8
#402 Men 50 Back Prelims	34.64	8/6	#404 Men 200 IM Prelims	2:41.73	10/7
#410 Mixed 15&U 4x50 Medley Relay (1)	2:31.14	1/7	#501 Men 200 Back Prelims	2:35.13	8/2
#507 Men 800 Free	10:29.83	3/1			

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Swartland Aquatics-WC

10 Lategan, Wessel W - Male - Age: 11 - Ind/Rel: 6 / 2

#204 Men 50 Breast Prelims	47.41	3/8	#301 Men 100 Free Prelims	1:24.63	1/2
#303 Men 100 Breast Prelims	1:41.25	2/1	#309 Boys 11&U 4x50 Free Relay (2)	2:21.46	1/6
#400 Men 200 Breast Prelims	3:34.03	2/2	#410 Mixed 15&U 4x50 Medley Relay (3)	2:31.14	1/7
#503 Men 50 Free Prelims	38.16	1/6	#505 Men 100 Fly Prelims	1:41.50	1/8

11 Liebenberg, Emily M - Female - Age: 14 - Ind/Rel: 7 / 0

#203 Women 200 Fly	2:51.22	1/5	#207 Women 200 Free Prelims	2:25.54	10/6
#300 Women 100 Free Prelims	1:06.31	13/7	#306 Women 50 Fly Prelims	32.06	12/6
#405 Women 200 IM Prelims	2:48.65	8/7	#502 Women 50 Free Prelims	30.81	11/8
#504 Women 100 Fly Prelims	1:11.66	6/2			

12 Orchard, Thomas J - Male - Age: 16 - Ind/Rel: 6 / 2

#200 Men 100 Back Prelims	1:04.50	19/8	#206 Men 200 Free Prelims	2:17.20	14/1
#215 Men 4x100 Free Relay (3)	3:55.65	2/3	#301 Men 100 Free Prelims	59.75	21/7
#307 Men 50 Fly Prelims	30.59	14/2	#315 Men 4x50 Free Relay (2)	1:47.06	3/8
#501 Men 200 Back Prelims	2:23.82	12/7	#503 Men 50 Free Prelims	27.29	17/2

13 Schreve, Lehan - Male - Age: 11 - Ind/Rel: 9 / 2

#100 Men 400 Free	5:53.70	1/6	#200 Men 100 Back Prelims	1:28.54	3/8
#206 Men 200 Free Prelims	2:46.44	3/3	#208 Boys 11&U 4x100 Free Relay (1)	5:06.72	1/4
#301 Men 100 Free Prelims	1:15.72	4/3	#307 Men 50 Fly Prelims	40.88	2/2
#309 Boys 11&U 4x50 Free Relay (1)	2:21.46	1/6	#402 Men 50 Back Prelims	40.11	3/8
#404 Men 200 IM Prelims	3:04.23	4/6	#503 Men 50 Free Prelims	34.91	3/8
#505 Men 100 Fly Prelims	1:35.50	1/7			

14 Visagie, Dian - Male - Age: 11 - Ind/Rel: 8 / 1

#200 Men 100 Back Prelims	1:27.04	3/3	#204 Men 50 Breast Prelims	48.56	2/2
#208 Boys 11&U 4x100 Free Relay (2)	5:06.72	1/4	#301 Men 100 Free Prelims	1:21.43	2/2
#303 Men 100 Breast Prelims	1:46.19	1/5	#402 Men 50 Back Prelims	40.96	2/2
#404 Men 200 IM Prelims	3:14.73	2/5	#501 Men 200 Back Prelims	3:07.85	2/3
#503 Men 50 Free Prelims	38.03	1/3			

Swartland Aquatics-WC Total Individual Entries: 100 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Swimlab Aquatic Academ-CP

1 Ahmed, Ayla - Female - Age: 12 - Ind/Rel: 10 / 5

#101 Women 400 Free	5:24.30	4/1	#103 Women 4x200 Free Relay (3)	NT	1/5
#205 Women 50 Breast Prelims	41.76	6/1	#207 Women 200 Free Prelims	2:25.99	10/1
#211 Girls 13&U 4x100 Free Relay (1)	NT	1/8	#216 Women 4x100 Free Relay (4)	NT	1/5
#300 Women 100 Free Prelims	1:09.43	9/7	#302 Women 100 Breast Prelims	1:26.16	7/6
#310 Girls 13&U 4x50 Free Relay (2)	NT	1/3	#401 Women 200 Breast Prelims	3:09.14	4/3
#405 Women 200 IM Prelims	2:47.43	8/4	#409 Mixed 13&U 4x50 Medley Relay (3)	NT	1/6
#502 Women 50 Free Prelims	32.13	7/2	#504 Women 100 Fly Prelims	1:21.79	3/2
#600 Mixed 50 Free	32.13	1/6			

2 Ahmed, Bria - Female - Age: 10 - Ind/Rel: 4 / 2

#201 Women 100 Back Prelims	1:36.84	1/1	#207 Women 200 Free Prelims	2:53.26	2/7
#211 Girls 13&U 4x100 Free Relay (4)	NT	1/8	#310 Girls 13&U 4x50 Free Relay (4)	NT	1/3
#405 Women 200 IM Prelims	3:30.45	1/3	#502 Women 50 Free Prelims	35.46	2/6

3 Barge, Zac - Male - Age: 14 - Ind/Rel: 3 / 2

#200 Men 100 Back Prelims	1:15.33	9/6	#206 Men 200 Free Prelims	2:25.77	10/7
#213 Boys 15&U 4x100 Free Relay (2)	NT	1/3	#301 Men 100 Free Prelims	1:02.02	16/2
#313 Boys 15&U 4x50 Free Relay (3)	NT	1/5			

4 Cole, Jarryd C - Male - Age: 13 - Ind/Rel: 2 / 1

#100 Men 400 Free	5:27.89	3/4	#102 Men 4x200 Free Relay (4)	NT	1/7
#507 Men 800 Free	11:15.23	1/3			

5 Cromhout, Hannah E - Female - Age: 19 - Ind/Rel: 3 / 4

#103 Women 4x200 Free Relay (1)	NT	1/5	#216 Women 4x100 Free Relay (1)	NT	1/5
#306 Women 50 Fly Prelims	33.06	10/2	#314 Women 4x50 Free Relay (1)	NT	1/3
#403 Women 50 Back Prelims	34.63	9/2	#411 Mixed 4x50 Medley Relay (3)	NT	2/7
#502 Women 50 Free Prelims	28.33	16/2			

6 Durandt, Sharli - Female - Age: 12 - Ind/Rel: 9 / 4

#101 Women 400 Free	5:09.99	6/8	#103 Women 4x200 Free Relay (4)	NT	1/5
#203 Women 200 Fly	3:02.85	1/3	#207 Women 200 Free Prelims	2:28.19	9/8
#211 Girls 13&U 4x100 Free Relay (3)	NT	1/8	#304 Women 400 IM	6:02.93	2/1
#310 Girls 13&U 4x50 Free Relay (3)	NT	1/3	#405 Women 200 IM Prelims	2:56.57	5/6
#407 Women 800 Free	10:28.41	2/2	#409 Mixed 13&U 4x50 Medley Relay (4)	NT	1/6
#500 Women 200 Back Prelims	2:53.30	5/8	#504 Women 100 Fly Prelims	1:17.86	4/7
#506 Women 1500 Free	19:48.42	2/4			

7 Gilbert, Andrew A - Male - Age: 14 - Ind/Rel: 9 / 4

#100 Men 400 Free	5:15.65	5/3	#204 Men 50 Breast Prelims	33.41	16/8
#213 Boys 15&U 4x100 Free Relay (3)	NT	1/3	#215 Men 4x100 Free Relay (4)	NT	1/3
#301 Men 100 Free Prelims	1:01.43	17/6	#303 Men 100 Breast Prelims	1:16.29	13/7
#307 Men 50 Fly Prelims	30.05	14/4	#313 Boys 15&U 4x50 Free Relay (2)	NT	1/5
#315 Men 4x50 Free Relay (4)	1:49.84	2/2	#400 Men 200 Breast Prelims	2:54.67	8/1
#404 Men 200 IM Prelims	2:43.12	9/4	#503 Men 50 Free Prelims	27.64	16/7
#505 Men 100 Fly Prelims	1:13.87	5/6			

8 Groepes, Rachel L - Female - Age: 17 - Ind/Rel: 7 / 3

#101 Women 400 Free	4:53.56	8/4	#103 Women 4x200 Free Relay (2)	NT	1/5
#201 Women 100 Back Prelims	1:07.92	15/6	#207 Women 200 Free Prelims	2:14.09	14/5
#216 Women 4x100 Free Relay (2)	NT	1/5	#300 Women 100 Free Prelims	1:01.05	16/5
#306 Women 50 Fly Prelims	30.04	13/3	#314 Women 4x50 Free Relay (2)	NT	1/3
#502 Women 50 Free Prelims	28.06	15/6	#504 Women 100 Fly Prelims	1:09.10	7/3

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Swimlab Aquatic Academ-CP

9 Krog, Miya - Female - Age: 13 - Ind/Rel: 8 / 3

#101 Women 400 Free	5:41.04	2/2	#205 Women 50 Breast Prelims	42.38	5/3
#207 Women 200 Free Prelims	2:47.35	3/1	#211 Girls 13&U 4x100 Free Relay (2)	NT	1/8
#300 Women 100 Free Prelims	1:10.90	7/8	#302 Women 100 Breast Prelims	1:34.42	4/8
#310 Girls 13&U 4x50 Free Relay (1)	NT	1/3	#314 Women 4x50 Free Relay (4)	NT	1/3
#401 Women 200 Breast Prelims	3:25.38	2/7	#405 Women 200 IM Prelims	3:10.76	2/5
#502 Women 50 Free Prelims	31.98	8/7			

10 Mallin, Lukas - Male - Age: 9 - Ind/Rel: 10 / 2

#100 Men 400 Free	5:57.24	1/7	#200 Men 100 Back Prelims	1:27.00	3/5
#204 Men 50 Breast Prelims	48.01	2/3	#206 Men 200 Free Prelims	2:48.21	3/7
#210 Boys 13&U 4x100 Free Relay (4)	NT	1/3	#301 Men 100 Free Prelims	1:18.25	3/7
#307 Men 50 Fly Prelims	39.64	3/2	#311 Boys 13&U 4x50 Free Relay (3)	NT	1/5
#402 Men 50 Back Prelims	40.40	2/5	#404 Men 200 IM Prelims	3:05.04	4/7
#501 Men 200 Back Prelims	3:04.60	3/1	#503 Men 50 Free Prelims	32.66	5/5

11 Pearson-Adams, Wolfe D - Male - Age: 13 - Ind/Rel: 8 / 2

#204 Men 50 Breast Prelims	46.03	4/8	#206 Men 200 Free Prelims	2:31.71	8/8
#210 Boys 13&U 4x100 Free Relay (2)	NT	1/3	#301 Men 100 Free Prelims	1:08.30	10/7
#307 Men 50 Fly Prelims	35.24	6/4	#311 Boys 13&U 4x50 Free Relay (2)	NT	1/5
#400 Men 200 Breast Prelims	3:44.64	1/5	#404 Men 200 IM Prelims	3:13.89	3/8
#503 Men 50 Free Prelims	31.64	7/7	#600 Mixed 50 Free	31.64	1/5

12 Poultney, Matthew - Male - Age: 10 - Ind/Rel: 7 / 3

#200 Men 100 Back Prelims	1:24.67	4/5	#206 Men 200 Free Prelims	2:49.61	3/8
#210 Boys 13&U 4x100 Free Relay (3)	NT	1/3	#301 Men 100 Free Prelims	1:17.99	3/2
#311 Boys 13&U 4x50 Free Relay (4)	NT	1/5	#402 Men 50 Back Prelims	39.47	3/3
#404 Men 200 IM Prelims	3:17.09	2/6	#409 Mixed 13&U 4x50 Medley Relay (1)	NT	1/6
#501 Men 200 Back Prelims	3:00.41	3/6	#503 Men 50 Free Prelims	34.35	3/5

13 Schreuder, Hannah G - Female - Age: 15 - Ind/Rel: 7 / 3

#205 Women 50 Breast Prelims	38.98	9/2	#207 Women 200 Free Prelims	2:38.19	5/7
#216 Women 4x100 Free Relay (3)	NT	1/5	#302 Women 100 Breast Prelims	1:27.40	7/8
#306 Women 50 Fly Prelims	37.11	3/5	#314 Women 4x50 Free Relay (3)	NT	1/3
#401 Women 200 Breast Prelims	3:07.54	4/4	#405 Women 200 IM Prelims	3:03.41	4/8
#411 Mixed 4x50 Medley Relay (2)	NT	2/7	#502 Women 50 Free Prelims	33.33	4/5

14 Smit, MJ M - Male - Age: 15 - Ind/Rel: 6 / 5

#102 Men 4x200 Free Relay (2)	NT	1/7	#200 Men 100 Back Prelims	1:03.74	19/1
#206 Men 200 Free Prelims	2:09.99	18/5	#213 Boys 15&U 4x100 Free Relay (1)	NT	1/3
#215 Men 4x100 Free Relay (3)	NT	1/3	#301 Men 100 Free Prelims	59.61	21/2
#307 Men 50 Fly Prelims	29.50	17/8	#313 Boys 15&U 4x50 Free Relay (1)	NT	1/5
#315 Men 4x50 Free Relay (3)	1:49.84	2/2	#501 Men 200 Back Prelims	2:21.05	14/8
#505 Men 100 Fly Prelims	1:05.96	9/4			

15 Wagner, Noah J - Male - Age: 13 - Ind/Rel: 9 / 5

#204 Men 50 Breast Prelims	38.59	8/2	#206 Men 200 Free Prelims	2:17.48	13/4
#210 Boys 13&U 4x100 Free Relay (1)	NT	1/3	#213 Boys 15&U 4x100 Free Relay (4)	NT	1/3
#301 Men 100 Free Prelims	1:03.07	14/6	#303 Men 100 Breast Prelims	1:23.21	8/2
#307 Men 50 Fly Prelims	32.38	10/5	#311 Boys 13&U 4x50 Free Relay (1)	NT	1/5
#313 Boys 15&U 4x50 Free Relay (4)	NT	1/5	#400 Men 200 Breast Prelims	3:01.75	6/2
#404 Men 200 IM Prelims	2:40.52	10/3	#409 Mixed 13&U 4x50 Medley Relay (2)	NT	1/6
#503 Men 50 Free Prelims	28.95	12/1	#505 Men 100 Fly Prelims	1:19.51	3/6

16 Wolson, Daniel A - Male - Age: 16 - Ind/Rel: 8 / 4

#100 Men 400 Free	4:15.43	13/3	#102 Men 4x200 Free Relay (1)	NT	1/7
#200 Men 100 Back Prelims	1:01.61	20/3	#206 Men 200 Free Prelims	2:01.87	21/3
#215 Men 4x100 Free Relay (1)	NT	1/3	#305 Men 400 IM	4:51.21	5/2
#307 Men 50 Fly Prelims	27.88	20/4	#315 Men 4x50 Free Relay (1)	1:49.84	2/2
#406 Men 1500 Free	17:08.17	3/1	#411 Mixed 4x50 Medley Relay (1)	NT	2/7
#501 Men 200 Back Prelims	2:11.45	14/5	#505 Men 100 Fly Prelims	1:01.75	13/2

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#102 Men 4x200 Free Relay (3)	NT	1/7	#204 Men 50 Breast Prelims	34.59	13/5
#206 Men 200 Free Prelims	2:14.74	15/3	#215 Men 4x100 Free Relay (2)	NT	1/3
#301 Men 100 Free Prelims	1:01.46	17/1	#303 Men 100 Breast Prelims	1:17.05	12/3
#307 Men 50 Fly Prelims	32.17	11/8	#315 Men 4x50 Free Relay (2)	1:49.84	2/2
#400 Men 200 Breast Prelims	2:49.67	9/8	#404 Men 200 IM Prelims	2:35.73	12/2
#411 Mixed 4x50 Medley Relay (4)	NT	2/7	#503 Men 50 Free Prelims	27.95	15/1

Swimlab Aquatic Academ-CP Total Individual Entries: 118 - Total Relays: 0**The Well-CE****1 Bester, Lisa - Female - Age: 16 - Ind/Rel: 4 / 0**

#201 Women 100 Back Prelims	1:10.53	14/8	#306 Women 50 Fly Prelims	34.54	7/5
#403 Women 50 Back Prelims	33.18	12/8	#500 Women 200 Back Prelims	2:40.20	9/7

2 Olivier, Shani - Female - Age: 16 - Ind/Rel: 5 / 0

#101 Women 400 Free	5:21.19	4/2	#205 Women 50 Breast Prelims	40.05	8/2
#207 Women 200 Free Prelims	2:34.64	6/3	#302 Women 100 Breast Prelims	1:24.79	8/1
#401 Women 200 Breast Prelims	2:59.72	7/7			

The Well-CE Total Individual Entries: 9 - Total Relays: 0

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1 Adendorff, James T - Male - Age: 15 - Ind/Rel: 4 / 1

#200 Men 100 Back Prelims	1:09.78	12/5	#204 Men 50 Breast Prelims	36.15	11/8
#303 Men 100 Breast Prelims	1:14.56	14/1	#313 Boys 15&U 4x50 Free Relay (1)	1:49.40	2/5
#402 Men 50 Back Prelims	32.15	12/2			

2 Bannister, Joshua G - Male - Age: 15 - Ind/Rel: 9 / 3

#100 Men 400 Free	4:29.49	12/1	#102 Men 4x200 Free Relay (2)	8:26.12	2/3
#200 Men 100 Back Prelims	1:08.36	14/8	#206 Men 200 Free Prelims	2:08.13	19/3
#213 Boys 15&U 4x100 Free Relay (1)	3:58.07	2/4	#301 Men 100 Free Prelims	59.81	21/8
#303 Men 100 Breast Prelims	1:18.11	11/3	#313 Boys 15&U 4x50 Free Relay (3)	1:49.40	2/5
#402 Men 50 Back Prelims	33.24	10/5	#406 Men 1500 Free	18:28.11	2/8
#501 Men 200 Back Prelims	2:25.87	10/4	#507 Men 800 Free	9:23.13	4/5

3 Bester, Eben - Male - Age: 16 - Ind/Rel: 12 / 1

#100 Men 400 Free	4:47.27	9/4	#200 Men 100 Back Prelims	1:07.11	15/7
#204 Men 50 Breast Prelims	34.66	13/3	#301 Men 100 Free Prelims	1:01.69	17/8
#303 Men 100 Breast Prelims	1:16.97	12/4	#305 Men 400 IM	5:18.52	3/4
#307 Men 50 Fly Prelims	31.43	12/1	#315 Men 4x50 Free Relay (2)	1:47.19	2/4
#400 Men 200 Breast Prelims	2:46.53	11/1	#402 Men 50 Back Prelims	32.31	11/4
#404 Men 200 IM Prelims	2:29.06	15/3	#501 Men 200 Back Prelims	2:22.54	12/4
#503 Men 50 Free Prelims	27.86	15/6			

4 Bosch, Ewan Y - Male - Age: 11 - Ind/Rel: 10 / 3

#100 Men 400 Free	6:08.22	1/8	#200 Men 100 Back Prelims	1:27.34	3/2
#204 Men 50 Breast Prelims	48.65	2/7	#206 Men 200 Free Prelims	2:53.40	2/2
#208 Boys 11&U 4x100 Free Relay (3)	5:17.10	1/5	#301 Men 100 Free Prelims	1:19.16	2/5
#307 Men 50 Fly Prelims	39.67	3/7	#309 Boys 11&U 4x50 Free Relay (3)	2:20.13	1/3
#402 Men 50 Back Prelims	42.83	1/2	#404 Men 200 IM Prelims	3:11.99	3/7
#408 Mixed 11&U 4x50 Medley Relay (3)	2:49.39	1/2	#503 Men 50 Free Prelims	34.74	3/1
#505 Men 100 Fly Prelims	1:26.94	2/8			

5 Boshoff, Anja - Female - Age: 11 - Ind/Rel: 7 / 3

#201 Women 100 Back Prelims	1:20.43	5/3	#209 Girls 11&U 4x100 Free Relay (1)	5:18.19	1/4
#300 Women 100 Free Prelims	1:16.22	2/4	#306 Women 50 Fly Prelims	40.02	2/2
#308 Girls 11&U 4x50 Free Relay (4)	2:22.24	1/4	#403 Women 50 Back Prelims	38.53	4/6
#405 Women 200 IM Prelims	3:12.97	2/7	#408 Mixed 11&U 4x50 Medley Relay (4)	2:38.14	1/6
#500 Women 200 Back Prelims	2:55.83	4/6	#504 Women 100 Fly Prelims	1:31.00	2/2

6 Boshoff, Juan C - Male - Age: 18 - Ind/Rel: 9 / 4

#100 Men 400 Free	4:27.62	12/3	#102 Men 4x200 Free Relay (1)	8:26.12	2/3
#200 Men 100 Back Prelims	59.57	18/4	#202 Men 200 Fly	2:15.10	4/7
#204 Men 50 Breast Prelims	31.02	17/3	#215 Men 4x100 Free Relay (3)	3:42.68	3/5
#303 Men 100 Breast Prelims	1:07.68	14/5	#305 Men 400 IM	4:34.81	5/4
#315 Men 4x50 Free Relay (2)	1:40.65	3/4	#400 Men 200 Breast Prelims	2:30.60	10/5
#404 Men 200 IM Prelims	2:10.15	19/4	#411 Mixed 4x50 Medley Relay (2)	1:58.36	3/2
#501 Men 200 Back Prelims	2:07.85	14/4			

7 Bouwer, Jason - Male - Age: 13 - Ind/Rel: 15 / 3

#100 Men 400 Free	5:10.55	6/6	#200 Men 100 Back Prelims	1:13.07	10/3
#202 Men 200 Fly	2:44.34	2/7	#204 Men 50 Breast Prelims	41.57	6/6
#206 Men 200 Free Prelims	2:27.04	9/5	#210 Boys 13&U 4x100 Free Relay (1)	4:29.21	2/3
#301 Men 100 Free Prelims	1:08.84	9/4	#303 Men 100 Breast Prelims	1:26.54	6/5
#305 Men 400 IM	5:45.34	2/5	#307 Men 50 Fly Prelims	32.75	10/7
#311 Boys 13&U 4x50 Free Relay (1)	2:03.88	2/6	#402 Men 50 Back Prelims	34.04	9/3
#404 Men 200 IM Prelims	2:40.92	10/6	#406 Men 1500 Free	20:04.37	1/6
#409 Mixed 13&U 4x50 Medley Relay (3)	2:12.18	2/6	#501 Men 200 Back Prelims	2:35.31	8/7
#505 Men 100 Fly Prelims	1:12.47	5/4	#507 Men 800 Free	10:44.74	2/3

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18**Team Entries - All Events****Tygerberg Aquatics-CP****8 Burger, Juanè - Female - Age: 13 - Ind/Rel: 11 / 2**

#101 Women 400 Free	5:32.13	3/2	#201 Women 100 Back Prelims	1:24.91	3/5
#205 Women 50 Breast Prelims	45.75	3/7	#207 Women 200 Free Prelims	2:37.33	5/4
#211 Girls 13&U 4x100 Free Relay (2)	4:35.61	1/4	#300 Women 100 Free Prelims	1:13.47	5/7
#302 Women 100 Breast Prelims	1:40.60	2/2	#306 Women 50 Fly Prelims	36.51	4/6
#405 Women 200 IM Prelims	2:59.39	4/5	#409 Mixed 13&U 4x50 Medley Relay (3)	2:26.41	2/8
#500 Women 200 Back Prelims	2:59.56	3/2	#502 Women 50 Free Prelims	34.31	3/3
#504 Women 100 Fly Prelims	1:26.82	2/3			

9 Chibharo, Lethabo L - Female - Age: 11 - Ind/Rel: 0 / 3

#209 Girls 11&U 4x100 Free Relay (2)	5:18.19	1/4	#308 Girls 11&U 4x50 Free Relay (2)	2:22.24	1/4
#408 Mixed 11&U 4x50 Medley Relay (2)	2:49.39	1/2			

10 Das Neves, Lucas P - Male - Age: 14 - Ind/Rel: 8 / 2

#200 Men 100 Back Prelims	1:12.85	11/1	#206 Men 200 Free Prelims	2:20.50	12/1
#213 Boys 15&U 4x100 Free Relay (2)	3:58.07	2/4	#301 Men 100 Free Prelims	1:02.15	16/8
#307 Men 50 Fly Prelims	29.47	17/1	#402 Men 50 Back Prelims	34.36	9/8
#410 Mixed 15&U 4x50 Medley Relay (3)	2:11.27	2/7	#501 Men 200 Back Prelims	2:34.15	8/4
#503 Men 50 Free Prelims	28.78	12/3	#505 Men 100 Fly Prelims	1:07.42	8/6

11 De Lange, Adriaan - Male - Age: 13 - Ind/Rel: 14 / 3

#100 Men 400 Free	4:43.37	10/2	#200 Men 100 Back Prelims	1:04.82	17/4
#204 Men 50 Breast Prelims	39.31	8/8	#206 Men 200 Free Prelims	2:16.22	14/3
#210 Boys 13&U 4x100 Free Relay (4)	4:29.21	2/3	#301 Men 100 Free Prelims	1:01.74	16/5
#303 Men 100 Breast Prelims	1:26.49	6/4	#305 Men 400 IM	5:20.42	3/6
#307 Men 50 Fly Prelims	31.33	12/7	#311 Boys 13&U 4x50 Free Relay (4)	2:03.88	2/6
#400 Men 200 Breast Prelims	3:04.05	5/4	#402 Men 50 Back Prelims	30.59	17/8
#404 Men 200 IM Prelims	2:30.43	14/3	#409 Mixed 13&U 4x50 Medley Relay (1)	2:12.18	2/6
#501 Men 200 Back Prelims	2:17.56	13/7	#503 Men 50 Free Prelims	28.60	12/4
#505 Men 100 Fly Prelims	1:07.55	8/2			

12 De Oliveira, Aliyah - Female - Age: 14 - Ind/Rel: 5 / 0

#302 Women 100 Breast Prelims	1:34.94	3/5	#304 Women 400 IM	6:06.15	1/5
#403 Women 50 Back Prelims	37.73	5/6	#405 Women 200 IM Prelims	2:54.39	6/2
#500 Women 200 Back Prelims	2:44.52	6/3			

13 De Villiers, Anja - Female - Age: 12 - Ind/Rel: 12 / 4

#101 Women 400 Free	5:10.47	5/5	#103 Women 4x200 Free Relay (1)	9:38.64	2/1
#201 Women 100 Back Prelims	1:16.59	8/8	#207 Women 200 Free Prelims	2:24.22	11/6
#211 Girls 13&U 4x100 Free Relay (1)	4:35.61	1/4	#300 Women 100 Free Prelims	1:07.08	12/8
#304 Women 400 IM	6:00.81	2/7	#306 Women 50 Fly Prelims	35.36	6/8
#310 Girls 13&U 4x50 Free Relay (1)	2:08.87	2/5	#403 Women 50 Back Prelims	35.80	8/6
#405 Women 200 IM Prelims	2:51.22	7/5	#407 Women 800 Free	10:45.65	2/1
#409 Mixed 13&U 4x50 Medley Relay (4)	2:12.18	2/6	#500 Women 200 Back Prelims	2:43.16	7/2
#502 Women 50 Free Prelims	31.40	9/1	#504 Women 100 Fly Prelims	1:20.72	3/6

14 Esterhuysen, Joshua N - Male - Age: 16 - Ind/Rel: 8 / 4

#102 Men 4x200 Free Relay (4)	7:58.13	2/4	#202 Men 200 Fly	2:13.75	4/2
#206 Men 200 Free Prelims	1:56.13	21/4	#215 Men 4x100 Free Relay (4)	3:42.68	3/5
#301 Men 100 Free Prelims	53.25	27/4	#307 Men 50 Fly Prelims	26.17	23/5
#315 Men 4x50 Free Relay (4)	1:40.65	3/4	#402 Men 50 Back Prelims	28.86	17/6
#404 Men 200 IM Prelims	2:14.04	20/5	#411 Mixed 4x50 Medley Relay (4)	1:58.36	3/2
#503 Men 50 Free Prelims	23.80	23/4	#505 Men 100 Fly Prelims	59.50	13/5

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15 Evans, Caitlin N - Female - Age: 13 - Ind/Rel: 15 / 4

#101 Women 400 Free	4:56.36	8/8	#103 Women 4x200 Free Relay (2)	9:08.42	2/3
#201 Women 100 Back Prelims	1:13.53	10/5	#203 Women 200 Fly	2:37.35	2/6
#205 Women 50 Breast Prelims	37.44	10/2	#207 Women 200 Free Prelims	2:21.20	13/8
#211 Girls 13&U 4x100 Free Relay (4)	4:35.61	1/4	#300 Women 100 Free Prelims	1:04.60	15/3
#302 Women 100 Breast Prelims	1:19.16	10/3	#304 Women 400 IM	5:20.40	3/3
#306 Women 50 Fly Prelims	33.44	9/5	#310 Girls 13&U 4x50 Free Relay (4)	2:08.87	2/5
#401 Women 200 Breast Prelims	2:48.21	6/5	#405 Women 200 IM Prelims	2:32.81	11/3
#407 Women 800 Free	10:01.41	3/4	#409 Mixed 13&U 4x50 Medley Relay (2)	2:12.18	2/6
#500 Women 200 Back Prelims	2:33.99	12/1	#504 Women 100 Fly Prelims	1:14.92	5/2
#506 Women 1500 Free	18:42.18	3/3			

16 Fouche, Jack - Male - Age: 11 - Ind/Rel: 9 / 3

#100 Men 400 Free	5:51.98	1/5	#204 Men 50 Breast Prelims	46.32	3/3
#206 Men 200 Free Prelims	2:49.87	2/4	#208 Boys 11&U 4x100 Free Relay (1)	5:17.10	1/5
#301 Men 100 Free Prelims	1:18.79	3/8	#303 Men 100 Breast Prelims	1:40.32	2/2
#307 Men 50 Fly Prelims	44.26	1/6	#309 Boys 11&U 4x50 Free Relay (4)	2:20.13	1/3
#400 Men 200 Breast Prelims	3:33.67	2/3	#402 Men 50 Back Prelims	42.03	1/5
#408 Mixed 11&U 4x50 Medley Relay (2)	2:38.14	1/6	#503 Men 50 Free Prelims	33.84	4/2

17 Fouche, Ryan - Male - Age: 9 - Ind/Rel: 0 / 3

#208 Boys 11&U 4x100 Free Relay (2)	5:17.10	1/5	#309 Boys 11&U 4x50 Free Relay (2)	2:20.13	1/3
#408 Mixed 11&U 4x50 Medley Relay (1)	2:49.39	1/2			

18 Glover, Erin K - Female - Age: 15 - Ind/Rel: 8 / 2

#103 Women 4x200 Free Relay (3)	9:08.42	2/3	#201 Women 100 Back Prelims	1:13.37	11/8
#205 Women 50 Breast Prelims	42.30	5/5	#207 Women 200 Free Prelims	2:19.72	13/7
#214 Girls 15&U 4x100 Free Relay (1)	4:19.47	1/4	#300 Women 100 Free Prelims	1:06.22	13/2
#302 Women 100 Breast Prelims	1:32.34	5/8	#407 Women 800 Free	9:58.57	4/7
#500 Women 200 Back Prelims	2:40.91	8/6	#502 Women 50 Free Prelims	31.12	9/5

19 Goebel, Zoë - Female - Age: 15 - Ind/Rel: 7 / 3

#201 Women 100 Back Prelims	1:16.22	8/5	#205 Women 50 Breast Prelims	40.31	7/3
#214 Girls 15&U 4x100 Free Relay (3)	4:19.47	1/4	#300 Women 100 Free Prelims	1:06.48	12/4
#312 Girls 15&U 4x50 Free Relay (1)	1:59.76	1/5	#403 Women 50 Back Prelims	33.59	11/1
#405 Women 200 IM Prelims	2:51.93	7/2	#410 Mixed 15&U 4x50 Medley Relay (1)	2:02.34	2/4
#500 Women 200 Back Prelims	2:45.38	6/7	#502 Women 50 Free Prelims	30.49	12/6

20 Hopkins, Tim - Male - Age: 18 - Ind/Rel: 4 / 2

#200 Men 100 Back Prelims	1:04.87	17/5	#206 Men 200 Free Prelims	2:08.44	19/7
#215 Men 4x100 Free Relay (2)	3:42.68	3/5	#301 Men 100 Free Prelims	57.34	28/8
#315 Men 4x50 Free Relay (1)	1:40.65	3/4	#503 Men 50 Free Prelims	25.02	23/3

21 Kinnear, Connor - Male - Age: 15 - Ind/Rel: 9 / 3

#100 Men 400 Free	4:40.51	11/8	#204 Men 50 Breast Prelims	34.92	12/4
#206 Men 200 Free Prelims	2:13.35	16/5	#213 Boys 15&U 4x100 Free Relay (3)	3:58.07	2/4
#301 Men 100 Free Prelims	1:00.94	18/6	#303 Men 100 Breast Prelims	1:16.88	13/8
#313 Boys 15&U 4x50 Free Relay (2)	1:49.40	2/5	#400 Men 200 Breast Prelims	2:47.53	12/8
#404 Men 200 IM Prelims	2:26.94	16/3	#410 Mixed 15&U 4x50 Medley Relay (2)	2:02.34	2/4
#501 Men 200 Back Prelims	2:28.74	10/2	#503 Men 50 Free Prelims	28.40	13/5

22 Kotze, Abigail - Female - Age: 14 - Ind/Rel: 8 / 4

#103 Women 4x200 Free Relay (4)	9:08.42	2/3	#201 Women 100 Back Prelims	1:06.88	14/3
#207 Women 200 Free Prelims	2:12.77	15/5	#214 Girls 15&U 4x100 Free Relay (4)	4:19.47	1/4
#300 Women 100 Free Prelims	59.46	16/4	#306 Women 50 Fly Prelims	28.54	14/4
#312 Girls 15&U 4x50 Free Relay (4)	1:59.76	1/5	#403 Women 50 Back Prelims	31.28	12/3
#405 Women 200 IM Prelims	2:38.23	12/2	#410 Mixed 15&U 4x50 Medley Relay (3)	2:02.34	2/4
#502 Women 50 Free Prelims	27.33	17/5	#504 Women 100 Fly Prelims	1:02.65	7/4

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

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Tygerberg Aquatics-CP

23 McWilliam, Benn D - Male - Age: 17 - Ind/Rel: 10 / 3

#100 Men 400 Free	4:22.53	13/7	#102 Men 4x200 Free Relay (4)	8:26.12	2/3
#202 Men 200 Fly	2:22.22	3/5	#204 Men 50 Breast Prelims	33.17	15/7
#206 Men 200 Free Prelims	2:05.12	20/6	#215 Men 4x100 Free Relay (4)	3:52.92	3/7
#305 Men 400 IM	4:41.58	5/5	#307 Men 50 Fly Prelims	28.19	20/6
#315 Men 4x50 Free Relay (3)	1:47.19	2/4	#404 Men 200 IM Prelims	2:14.66	18/5
#406 Men 1500 Free	16:36.09	3/5	#505 Men 100 Fly Prelims	1:02.85	13/1
#507 Men 800 Free	8:43.26	5/3			

24 McWilliam, Troy J - Male - Age: 16 - Ind/Rel: 12 / 1

#100 Men 400 Free	4:17.96	13/2	#102 Men 4x200 Free Relay (3)	8:26.12	2/3
#204 Men 50 Breast Prelims	36.53	10/8	#206 Men 200 Free Prelims	2:06.96	21/8
#301 Men 100 Free Prelims	1:01.11	18/8	#303 Men 100 Breast Prelims	1:17.11	12/7
#305 Men 400 IM	5:03.65	4/5	#400 Men 200 Breast Prelims	2:43.94	11/7
#404 Men 200 IM Prelims	2:25.40	17/1	#406 Men 1500 Free	16:56.74	3/6
#501 Men 200 Back Prelims	2:24.41	11/5	#503 Men 50 Free Prelims	29.31	10/4
#507 Men 800 Free	8:52.01	5/2			

25 Möller, FC C - Male - Age: 16 - Ind/Rel: 9 / 0

#100 Men 400 Free	4:40.04	11/1	#200 Men 100 Back Prelims	1:07.92	14/6
#206 Men 200 Free Prelims	2:12.79	17/1	#301 Men 100 Free Prelims	1:02.35	15/3
#303 Men 100 Breast Prelims	1:24.72	7/5	#400 Men 200 Breast Prelims	2:54.13	8/7
#406 Men 1500 Free	18:15.28	2/7	#501 Men 200 Back Prelims	2:23.86	12/1
#507 Men 800 Free	9:33.21	4/1			

26 Nilsson, Rebecca B - Female - Age: 12 - Ind/Rel: 12 / 3

#101 Women 400 Free	5:25.45	4/8	#205 Women 50 Breast Prelims	41.51	6/3
#207 Women 200 Free Prelims	2:36.43	6/7	#211 Girls 13&U 4x100 Free Relay (3)	4:35.61	1/4
#300 Women 100 Free Prelims	1:10.46	8/1	#302 Women 100 Breast Prelims	1:29.32	6/2
#306 Women 50 Fly Prelims	33.65	9/1	#310 Girls 13&U 4x50 Free Relay (3)	2:08.87	2/5
#401 Women 200 Breast Prelims	3:08.12	4/5	#405 Women 200 IM Prelims	2:53.50	6/5
#407 Women 800 Free	11:41.82	1/6	#409 Mixed 13&U 4x50 Medley Relay (2)	2:26.41	2/8
#502 Women 50 Free Prelims	32.78	6/7	#504 Women 100 Fly Prelims	1:17.26	4/6
#506 Women 1500 Free	22:04.21	1/5			

27 Olivier, Julie M - Female - Age: 11 - Ind/Rel: 12 / 3

#101 Women 400 Free	5:41.29	2/7	#201 Women 100 Back Prelims	1:25.16	3/3
#205 Women 50 Breast Prelims	46.86	2/4	#207 Women 200 Free Prelims	2:44.75	4/1
#209 Girls 11&U 4x100 Free Relay (4)	5:18.19	1/4	#300 Women 100 Free Prelims	1:15.46	3/7
#302 Women 100 Breast Prelims	1:52.83	1/5	#306 Women 50 Fly Prelims	38.11	3/1
#308 Girls 11&U 4x50 Free Relay (1)	2:22.24	1/4	#401 Women 200 Breast Prelims	3:48.72	1/6
#403 Women 50 Back Prelims	40.00	3/1	#405 Women 200 IM Prelims	3:01.32	4/2
#408 Mixed 11&U 4x50 Medley Relay (3)	2:38.14	1/6	#500 Women 200 Back Prelims	3:01.23	3/8
#502 Women 50 Free Prelims	34.79	3/2			

28 Raimond, Marike M - Female - Age: 14 - Ind/Rel: 9 / 3

#101 Women 400 Free	5:06.11	6/6	#103 Women 4x200 Free Relay (2)	9:38.64	2/1
#201 Women 100 Back Prelims	1:17.02	7/6	#207 Women 200 Free Prelims	2:26.02	10/8
#216 Women 4x100 Free Relay (2)	4:24.11	2/7	#300 Women 100 Free Prelims	1:08.20	10/1
#306 Women 50 Fly Prelims	36.22	4/4	#314 Women 4x50 Free Relay (2)	2:03.00	1/4
#403 Women 50 Back Prelims	36.62	6/4	#407 Women 800 Free	10:26.34	2/3
#500 Women 200 Back Prelims	2:47.56	5/3	#502 Women 50 Free Prelims	31.38	9/7

29 Ritchie, Andrew M - Male - Age: 23 - Ind/Rel: 5 / 0

#200 Men 100 Back Prelims	1:04.02	18/1	#204 Men 50 Breast Prelims	33.80	14/5
#305 Men 400 IM	5:07.10	4/3	#404 Men 200 IM Prelims	2:19.54	20/7
#501 Men 200 Back Prelims	2:15.08	15/6			

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Tygerberg Aquatics-CP

30 Rossouw, Emma M - Female - Age: 14 - Ind/Rel: 7 / 1

#201 Women 100 Back Prelims	1:13.22	11/1	#207 Women 200 Free Prelims	2:33.76	7/1
#302 Women 100 Breast Prelims	1:32.01	5/2	#304 Women 400 IM	5:58.20	2/2
#403 Women 50 Back Prelims	34.85	9/1	#405 Women 200 IM Prelims	2:47.20	9/1
#410 Mixed 15&U 4x50 Medley Relay (1)	2:11.27	2/7	#500 Women 200 Back Prelims	2:40.25	9/1

31 Rossouw, Nadia - Female - Age: 17 - Ind/Rel: 5 / 2

#201 Women 100 Back Prelims	1:14.93	9/4	#205 Women 50 Breast Prelims	40.80	7/7
#207 Women 200 Free Prelims	2:27.01	9/7	#216 Women 4x100 Free Relay (3)	4:24.11	2/7
#300 Women 100 Free Prelims	1:07.36	11/7	#314 Women 4x50 Free Relay (3)	2:03.00	1/4
#500 Women 200 Back Prelims	2:40.31	9/8			

32 Ryser, Aurora - Female - Age: 16 - Ind/Rel: 10 / 4

#103 Women 4x200 Free Relay (3)	9:38.64	2/1	#201 Women 100 Back Prelims	1:11.56	12/1
#205 Women 50 Breast Prelims	40.79	7/2	#207 Women 200 Free Prelims	2:24.99	11/1
#216 Women 4x100 Free Relay (1)	4:24.11	2/7	#304 Women 400 IM	5:48.91	2/4
#306 Women 50 Fly Prelims	33.26	10/1	#314 Women 4x50 Free Relay (1)	2:03.00	1/4
#403 Women 50 Back Prelims	33.63	10/4	#405 Women 200 IM Prelims	2:41.30	10/7
#411 Mixed 4x50 Medley Relay (3)	1:58.36	3/2	#500 Women 200 Back Prelims	2:35.76	12/8
#502 Women 50 Free Prelims	30.21	13/6	#504 Women 100 Fly Prelims	1:13.83	6/8

33 Senekal, Margo - Female - Age: 14 - Ind/Rel: 7 / 4

#101 Women 400 Free	4:59.57	7/2	#103 Women 4x200 Free Relay (4)	9:38.64	2/1
#201 Women 100 Back Prelims	1:19.05	6/3	#207 Women 200 Free Prelims	2:23.41	11/4
#214 Girls 15&U 4x100 Free Relay (2)	4:19.47	1/4	#300 Women 100 Free Prelims	1:07.31	11/6
#304 Women 400 IM	6:06.07	1/4	#312 Girls 15&U 4x50 Free Relay (2)	1:59.76	1/5
#403 Women 50 Back Prelims	37.46	5/3	#405 Women 200 IM Prelims	2:42.62	9/4
#410 Mixed 15&U 4x50 Medley Relay (4)	2:11.27	2/7			

34 Smith, Lara E - Female - Age: 15 - Ind/Rel: 4 / 1

#201 Women 100 Back Prelims	1:19.24	6/6	#205 Women 50 Breast Prelims	43.83	4/1
#312 Girls 15&U 4x50 Free Relay (3)	1:59.76	1/5	#502 Women 50 Free Prelims	30.90	10/7
#504 Women 100 Fly Prelims	1:17.54	4/2			

35 Smith, Sebastian N - Male - Age: 14 - Ind/Rel: 10 / 0

#100 Men 400 Free	4:52.03	9/7	#200 Men 100 Back Prelims	1:07.23	14/4
#204 Men 50 Breast Prelims	36.47	10/1	#206 Men 200 Free Prelims	2:15.44	15/7
#301 Men 100 Free Prelims	1:02.49	15/2	#303 Men 100 Breast Prelims	1:22.81	8/3
#402 Men 50 Back Prelims	33.32	10/6	#404 Men 200 IM Prelims	2:32.94	13/6
#501 Men 200 Back Prelims	2:31.95	9/2	#503 Men 50 Free Prelims	28.46	13/6

36 Sonnekus, Anya - Female - Age: 12 - Ind/Rel: 8 / 1

#205 Women 50 Breast Prelims	45.42	3/3	#207 Women 200 Free Prelims	2:44.24	4/7
#302 Women 100 Breast Prelims	1:39.92	2/4	#306 Women 50 Fly Prelims	37.72	3/6
#310 Girls 13&U 4x50 Free Relay (2)	2:08.87	2/5	#403 Women 50 Back Prelims	42.20	1/4
#405 Women 200 IM Prelims	3:02.22	4/7	#500 Women 200 Back Prelims	3:00.70	3/1
#502 Women 50 Free Prelims	33.84	4/1			

37 Strydom, Stephan - Male - Age: 18 - Ind/Rel: 9 / 0

#100 Men 400 Free	4:33.07	11/3	#200 Men 100 Back Prelims	1:07.08	15/2
#206 Men 200 Free Prelims	2:10.77	17/5	#301 Men 100 Free Prelims	1:00.13	20/7
#402 Men 50 Back Prelims	32.25	12/8	#404 Men 200 IM Prelims	2:31.22	14/7
#406 Men 1500 Free	18:23.40	2/1	#501 Men 200 Back Prelims	2:25.06	11/3
#507 Men 800 Free	9:30.82	4/7			

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38 Szapira, Saul - Male - Age: 17 - Ind/Rel: 12 / 1

#100 Men 400 Free	4:46.54	10/8	#200 Men 100 Back Prelims	1:07.20	15/8
#204 Men 50 Breast Prelims	37.98	9/1	#206 Men 200 Free Prelims	2:10.18	18/2
#215 Men 4x100 Free Relay (2)	3:52.92	3/7	#301 Men 100 Free Prelims	59.95	20/6
#303 Men 100 Breast Prelims	1:22.32	9/1	#307 Men 50 Fly Prelims	29.71	16/1
#402 Men 50 Back Prelims	31.56	13/6	#404 Men 200 IM Prelims	2:32.92	13/3
#501 Men 200 Back Prelims	2:25.71	11/7	#503 Men 50 Free Prelims	28.51	13/1
#505 Men 100 Fly Prelims	1:06.21	9/3			

39 Terblanche, Kiaan C - Male - Age: 18 - Ind/Rel: 7 / 0

#100 Men 400 Free	4:35.48	11/6	#200 Men 100 Back Prelims	1:04.87	17/3
#206 Men 200 Free Prelims	2:08.53	19/8	#301 Men 100 Free Prelims	1:00.19	20/8
#404 Men 200 IM Prelims	2:27.46	16/6	#501 Men 200 Back Prelims	2:18.47	15/1
#505 Men 100 Fly Prelims	1:04.08	11/2			

40 Terblanche, Luan L - Male - Age: 15 - Ind/Rel: 10 / 1

#100 Men 400 Free	4:51.98	9/2	#200 Men 100 Back Prelims	1:11.03	12/8
#202 Men 200 Fly	2:32.10	2/5	#206 Men 200 Free Prelims	2:16.63	14/6
#305 Men 400 IM	5:12.62	4/7	#307 Men 50 Fly Prelims	31.10	12/4
#400 Men 200 Breast Prelims	2:52.27	8/5	#404 Men 200 IM Prelims	2:26.84	16/5
#410 Mixed 15&U 4x50 Medley Relay (2)	2:11.27	2/7	#501 Men 200 Back Prelims	2:31.86	9/6
#507 Men 800 Free	9:30.21	4/2			

41 Thirsk, Madison - Female - Age: 13 - Ind/Rel: 8 / 0

#201 Women 100 Back Prelims	1:27.32	2/3	#205 Women 50 Breast Prelims	51.88	1/5
#300 Women 100 Free Prelims	1:15.74	3/1	#306 Women 50 Fly Prelims	45.70	1/2
#403 Women 50 Back Prelims	43.96	1/5	#405 Women 200 IM Prelims	3:03.58	3/4
#500 Women 200 Back Prelims	2:58.06	3/4	#502 Women 50 Free Prelims	35.37	2/3

42 Thirsk, Savannah - Female - Age: 11 - Ind/Rel: 8 / 3

#201 Women 100 Back Prelims	1:26.41	2/5	#207 Women 200 Free Prelims	2:58.75	1/6
#209 Girls 11&U 4x100 Free Relay (3)	5:18.19	1/4	#300 Women 100 Free Prelims	1:22.51	1/3
#306 Women 50 Fly Prelims	43.92	1/3	#308 Girls 11&U 4x50 Free Relay (3)	2:22.24	1/4
#403 Women 50 Back Prelims	42.13	2/6	#405 Women 200 IM Prelims	3:19.83	1/4
#408 Mixed 11&U 4x50 Medley Relay (4)	2:49.39	1/2	#500 Women 200 Back Prelims	3:07.32	2/2
#502 Women 50 Free Prelims	36.52	1/3			

43 Trower, Michael - Male - Age: 12 - Ind/Rel: 11 / 1

#100 Men 400 Free	5:18.56	5/8	#200 Men 100 Back Prelims	1:20.89	6/6
#206 Men 200 Free Prelims	2:34.96	6/7	#210 Boys 13&U 4x100 Free Relay (3)	4:29.21	2/3
#301 Men 100 Free Prelims	1:09.22	9/6	#305 Men 400 IM	6:12.36	1/5
#402 Men 50 Back Prelims	37.67	5/1	#404 Men 200 IM Prelims	2:58.59	5/3
#406 Men 1500 Free	21:06.66	1/7	#501 Men 200 Back Prelims	2:53.82	4/6
#503 Men 50 Free Prelims	33.17	5/8	#507 Men 800 Free	10:59.21	1/4

44 Trower, Nic T - Male - Age: 14 - Ind/Rel: 10 / 4

#100 Men 400 Free	4:23.00	13/1	#102 Men 4x200 Free Relay (1)	7:58.13	2/4
#200 Men 100 Back Prelims	1:00.08	19/5	#206 Men 200 Free Prelims	2:00.30	21/5
#213 Boys 15&U 4x100 Free Relay (4)	3:58.07	2/4	#301 Men 100 Free Prelims	55.17	27/3
#305 Men 400 IM	4:56.82	5/1	#307 Men 50 Fly Prelims	28.19	20/2
#313 Boys 15&U 4x50 Free Relay (4)	1:49.40	2/5	#402 Men 50 Back Prelims	29.32	16/2
#404 Men 200 IM Prelims	2:16.07	20/6	#410 Mixed 15&U 4x50 Medley Relay (4)	2:02.34	2/4
#501 Men 200 Back Prelims	2:06.64	15/4	#503 Men 50 Free Prelims	25.29	23/6

45 Uys, Tara - Female - Age: 18 - Ind/Rel: 7 / 4

#103 Women 4x200 Free Relay (1)	9:08.42	2/3	#201 Women 100 Back Prelims	1:04.71	13/4
#216 Women 4x100 Free Relay (4)	4:24.11	2/7	#300 Women 100 Free Prelims	1:02.16	16/3
#306 Women 50 Fly Prelims	32.68	11/6	#314 Women 4x50 Free Relay (4)	2:03.00	1/4
#403 Women 50 Back Prelims	30.28	14/3	#405 Women 200 IM Prelims	2:28.71	10/4
#411 Mixed 4x50 Medley Relay (1)	1:58.36	3/2	#500 Women 200 Back Prelims	2:18.77	11/4
#502 Women 50 Free Prelims	28.77	16/1			

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#100 Men 400 Free	6:07.83	1/1	#200 Men 100 Back Prelims	1:24.98	4/3
#204 Men 50 Breast Prelims	47.92	2/5	#208 Boys 11&U 4x100 Free Relay (4)	5:17.10	1/5
#301 Men 100 Free Prelims	1:17.18	3/5	#303 Men 100 Breast Prelims	1:41.42	2/8
#307 Men 50 Fly Prelims	39.92	3/8	#309 Boys 11&U 4x50 Free Relay (1)	2:20.13	1/3
#402 Men 50 Back Prelims	39.31	4/8	#404 Men 200 IM Prelims	3:11.35	3/6
#408 Mixed 11&U 4x50 Medley Relay (1)	2:38.14	1/6	#501 Men 200 Back Prelims	3:05.12	3/8
#503 Men 50 Free Prelims	34.30	3/4			

47 Van Vondel, Anton J - Male - Age: 16 - Ind/Rel: 8 / 2

#200 Men 100 Back Prelims	58.63	20/4	#204 Men 50 Breast Prelims	33.42	15/8
#215 Men 4x100 Free Relay (3)	3:52.92	3/7	#301 Men 100 Free Prelims	57.75	25/3
#307 Men 50 Fly Prelims	28.63	19/1	#315 Men 4x50 Free Relay (4)	1:47.19	2/4
#402 Men 50 Back Prelims	27.25	16/4	#404 Men 200 IM Prelims	2:21.83	20/1
#501 Men 200 Back Prelims	2:08.30	13/4	#503 Men 50 Free Prelims	26.26	21/1

48 Van Vondel, Roland - Male - Age: 12 - Ind/Rel: 7 / 2

#200 Men 100 Back Prelims	1:18.70	8/8	#303 Men 100 Breast Prelims	1:32.43	5/8
#307 Men 50 Fly Prelims	42.33	1/5	#311 Boys 13&U 4x50 Free Relay (2)	2:03.88	2/6
#400 Men 200 Breast Prelims	3:32.78	2/5	#402 Men 50 Back Prelims	36.58	6/7
#409 Mixed 13&U 4x50 Medley Relay (1)	2:26.41	2/8	#501 Men 200 Back Prelims	2:57.62	3/4
#503 Men 50 Free Prelims	32.57	5/4			

49 Van Zyl, Daniël R - Male - Age: 12 - Ind/Rel: 13 / 3

#100 Men 400 Free	5:03.52	7/2	#200 Men 100 Back Prelims	1:18.13	8/7
#204 Men 50 Breast Prelims	45.07	4/2	#206 Men 200 Free Prelims	2:26.88	10/8
#210 Boys 13&U 4x100 Free Relay (2)	4:29.21	2/3	#301 Men 100 Free Prelims	1:09.41	9/2
#305 Men 400 IM	6:06.81	1/4	#307 Men 50 Fly Prelims	36.93	4/3
#311 Boys 13&U 4x50 Free Relay (3)	2:03.88	2/6	#402 Men 50 Back Prelims	38.63	4/6
#404 Men 200 IM Prelims	2:50.29	7/1	#406 Men 1500 Free	19:41.24	1/5
#409 Mixed 13&U 4x50 Medley Relay (4)	2:26.41	2/8	#503 Men 50 Free Prelims	31.81	6/4
#505 Men 100 Fly Prelims	1:15.71	4/5	#507 Men 800 Free	10:48.07	2/7

50 West, Gabriel - Male - Age: 19 - Ind/Rel: 9 / 3

#100 Men 400 Free	4:26.48	12/5	#102 Men 4x200 Free Relay (2)	7:58.13	2/4
#202 Men 200 Fly	2:11.87	4/3	#204 Men 50 Breast Prelims	33.38	17/8
#206 Men 200 Free Prelims	2:01.37	22/3	#215 Men 4x100 Free Relay (1)	3:42.68	3/5
#301 Men 100 Free Prelims	55.11	28/3	#307 Men 50 Fly Prelims	25.95	21/4
#315 Men 4x50 Free Relay (3)	1:40.65	3/4	#404 Men 200 IM Prelims	2:18.30	20/2
#503 Men 50 Free Prelims	25.67	23/2	#505 Men 100 Fly Prelims	58.70	14/5

51 Wright, Keegan - Male - Age: 17 - Ind/Rel: 7 / 3

#100 Men 400 Free	4:07.80	13/5	#102 Men 4x200 Free Relay (3)	7:58.13	2/4
#200 Men 100 Back Prelims	1:03.34	20/7	#206 Men 200 Free Prelims	2:00.33	20/5
#215 Men 4x100 Free Relay (1)	3:52.92	3/7	#301 Men 100 Free Prelims	57.70	26/8
#315 Men 4x50 Free Relay (1)	1:47.19	2/4	#406 Men 1500 Free	17:17.03	3/8
#501 Men 200 Back Prelims	2:09.54	15/5	#507 Men 800 Free	8:39.90	5/5

Tygerberg Aquatics-CP Total Individual Entries: 440 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18**Team Entries - All Events****Uwc Aquatics-CP****1 Bulose, Megan - Female - Age: 19 - Ind/Rel: 5 / 0**

#201 Women 100 Back Prelims	1:13.49	10/4	#205 Women 50 Breast Prelims	38.39	11/8
#300 Women 100 Free Prelims	1:09.69	8/4	#601 Mixed 50 Back	33.45	1/5
#603 Mixed 50 Fly	33.66	2/2			

2 Neilson, Hannah K - Female - Age: 18 - Ind/Rel: 5 / 0

#101 Women 400 Free	4:40.84	9/6	#300 Women 100 Free Prelims	1:05.38	14/7
#407 Women 800 Free	9:35.74	4/5	#506 Women 1500 Free	17:55.69	3/4
#608 Mixed 200 Free	2:14.10	1/4			

3 Williams, Aqeelah - Female - Age: 11 - Ind/Rel: 9 / 0

#101 Women 400 Free	5:37.57	2/3	#207 Women 200 Free Prelims	2:37.38	5/5
#300 Women 100 Free Prelims	1:14.17	4/1	#302 Women 100 Breast Prelims	1:50.37	1/4
#502 Women 50 Free Prelims	33.07	5/5	#603 Mixed 50 Fly	36.54	1/4
#605 Mixed 100 Back	1:28.92	1/6	#607 Mixed 100 Fly	1:21.53	1/3
#612 Mixed 200 IM	3:02.00	1/3			

Uwc Aquatics-CP Total Individual Entries: 19 - Total Relays: 0

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Vineyard SC-CP

1 Akinci, Can Batu - Male - Age: 11 - Ind/Rel: 7 / 0

#100 Men 400 Free	5:47.01	2/1	#200 Men 100 Back Prelims	1:36.74	1/5
#204 Men 50 Breast Prelims	53.96	1/4	#206 Men 200 Free Prelims	2:46.14	3/5
#301 Men 100 Free Prelims	1:17.11	4/8	#303 Men 100 Breast Prelims	1:44.41	1/4
#307 Men 50 Fly Prelims	49.21	1/7			

2 Bayly, Arabella - Female - Age: 12 - Ind/Rel: 6 / 0

#201 Women 100 Back Prelims	1:22.42	4/3	#300 Women 100 Free Prelims	1:13.90	4/3
#306 Women 50 Fly Prelims	35.49	5/5	#403 Women 50 Back Prelims	36.69	6/5
#502 Women 50 Free Prelims	32.73	6/2	#504 Women 100 Fly Prelims	1:23.67	3/8

3 Benecke, Delmar - Male - Age: 12 - Ind/Rel: 7 / 0

#200 Men 100 Back Prelims	1:22.54	5/6	#204 Men 50 Breast Prelims	47.08	3/7
#301 Men 100 Free Prelims	1:15.96	4/2	#307 Men 50 Fly Prelims	40.48	2/3
#402 Men 50 Back Prelims	36.65	6/1	#501 Men 200 Back Prelims	2:48.01	5/4
#503 Men 50 Free Prelims	33.67	4/3			

4 Bestel, Luc M - Male - Age: 14 - Ind/Rel: 7 / 0

#200 Men 100 Back Prelims	1:03.68	18/7	#301 Men 100 Free Prelims	58.99	22/2
#307 Men 50 Fly Prelims	27.85	21/8	#402 Men 50 Back Prelims	30.02	17/1
#404 Men 200 IM Prelims	2:34.39	13/8	#501 Men 200 Back Prelims	2:15.51	14/6
#505 Men 100 Fly Prelims	1:04.11	11/1			

5 Brink, Payton B - Female - Age: 17 - Ind/Rel: 2 / 0

#300 Women 100 Free Prelims	1:03.94	18/8	#306 Women 50 Fly Prelims	29.74	15/3
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6 Burgess, Cassidy S - Female - Age: 15 - Ind/Rel: 8 / 0

#201 Women 100 Back Prelims	1:04.22	14/4	#207 Women 200 Free Prelims	2:16.45	15/3
#300 Women 100 Free Prelims	1:01.01	17/5	#306 Women 50 Fly Prelims	29.32	14/5
#403 Women 50 Back Prelims	29.98	13/5	#500 Women 200 Back Prelims	2:21.41	10/4
#502 Women 50 Free Prelims	27.88	17/3	#504 Women 100 Fly Prelims	1:04.87	6/4

7 Charles, Tyla - Female - Age: 11 - Ind/Rel: 4 / 0

#205 Women 50 Breast Prelims	42.59	5/2	#302 Women 100 Breast Prelims	1:34.81	3/4
#401 Women 200 Breast Prelims	3:32.18	1/4	#405 Women 200 IM Prelims	3:13.44	2/1

8 Combrink, Amy - Female - Age: 14 - Ind/Rel: 12 / 0

#201 Women 100 Back Prelims	1:08.75	15/2	#205 Women 50 Breast Prelims	36.06	12/3
#207 Women 200 Free Prelims	2:19.97	15/1	#300 Women 100 Free Prelims	1:02.96	18/2
#302 Women 100 Breast Prelims	1:19.16	8/5	#306 Women 50 Fly Prelims	30.80	13/2
#401 Women 200 Breast Prelims	2:52.27	5/5	#403 Women 50 Back Prelims	33.01	12/1
#405 Women 200 IM Prelims	2:31.91	11/5	#500 Women 200 Back Prelims	2:32.53	12/7
#502 Women 50 Free Prelims	28.55	16/7	#504 Women 100 Fly Prelims	1:13.33	7/1

9 Daffarn, Eri J - Female - Age: 19 - Ind/Rel: 6 / 0

#201 Women 100 Back Prelims	1:10.87	13/8	#207 Women 200 Free Prelims	2:19.49	14/7
#300 Women 100 Free Prelims	1:03.02	17/2	#306 Women 50 Fly Prelims	33.07	10/7
#403 Women 50 Back Prelims	33.35	11/5	#502 Women 50 Free Prelims	28.85	16/8

10 De Wet, Emma M - Female - Age: 16 - Ind/Rel: 7 / 0

#201 Women 100 Back Prelims	1:03.64	15/4	#207 Women 200 Free Prelims	2:25.07	11/8
#300 Women 100 Free Prelims	1:03.59	17/7	#306 Women 50 Fly Prelims	29.59	13/5
#403 Women 50 Back Prelims	30.08	12/5	#500 Women 200 Back Prelims	2:14.91	12/4
#502 Women 50 Free Prelims	27.82	15/5			

11 Etzold, Peter S - Male - Age: 18 - Ind/Rel: 6 / 1

#204 Men 50 Breast Prelims	29.84	17/4	#301 Men 100 Free Prelims	53.30	26/4
#303 Men 100 Breast Prelims	1:03.53	16/4	#400 Men 200 Breast Prelims	2:17.24	12/4
#404 Men 200 IM Prelims	2:08.14	20/4	#411 Mixed 4x50 Medley Relay (2)	1:55.49	3/3
#503 Men 50 Free Prelims	24.75	22/5			

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Vineyard SC-CP

12 Field, Luke D - Male - Age: 17 - Ind/Rel: 7 / 1

#200 Men 100 Back Prelims	1:04.90	17/6	#204 Men 50 Breast Prelims	31.13	16/3
#303 Men 100 Breast Prelims	1:08.94	16/6	#307 Men 50 Fly Prelims	27.80	22/1
#400 Men 200 Breast Prelims	2:29.63	12/5	#404 Men 200 IM Prelims	2:19.23	18/2
#411 Mixed 4x50 Medley Relay (3)	1:55.49	3/3	#503 Men 50 Free Prelims	26.50	20/2

13 Fortuin, Niyaaz - Male - Age: 13 - Ind/Rel: 5 / 0

#204 Men 50 Breast Prelims	44.16	4/5	#301 Men 100 Free Prelims	1:10.13	8/5
#307 Men 50 Fly Prelims	34.19	8/1	#404 Men 200 IM Prelims	3:19.30	2/7
#503 Men 50 Free Prelims	30.68	9/1			

14 Fury, Amelia J - Female - Age: 12 - Ind/Rel: 9 / 0

#101 Women 400 Free	5:32.07	3/6	#205 Women 50 Breast Prelims	42.85	5/1
#207 Women 200 Free Prelims	2:34.16	7/8	#300 Women 100 Free Prelims	1:10.82	7/6
#302 Women 100 Breast Prelims	1:32.98	4/4	#306 Women 50 Fly Prelims	41.16	2/8
#401 Women 200 Breast Prelims	3:21.66	2/3	#405 Women 200 IM Prelims	2:58.79	4/4
#502 Women 50 Free Prelims	32.02	8/8			

15 Fury, Rebecca G - Female - Age: 16 - Ind/Rel: 10 / 0

#101 Women 400 Free	4:39.52	9/3	#205 Women 50 Breast Prelims	33.99	11/4
#207 Women 200 Free Prelims	2:08.44	13/4	#300 Women 100 Free Prelims	59.28	17/4
#302 Women 100 Breast Prelims	1:14.80	9/4	#306 Women 50 Fly Prelims	29.18	15/5
#401 Women 200 Breast Prelims	2:41.51	7/4	#405 Women 200 IM Prelims	2:22.22	11/4
#502 Women 50 Free Prelims	27.37	16/5	#504 Women 100 Fly Prelims	1:07.09	6/5

16 Haupt, Rhys A - Male - Age: 14 - Ind/Rel: 6 / 0

#206 Men 200 Free Prelims	2:20.26	12/2	#301 Men 100 Free Prelims	59.47	21/3
#303 Men 100 Breast Prelims	1:21.35	9/4	#400 Men 200 Breast Prelims	2:57.04	7/6
#402 Men 50 Back Prelims	32.21	12/1	#505 Men 100 Fly Prelims	1:17.33	3/4

17 Jansen van Rensburg, Mia - Female - Age: 11 - Ind/Rel: 9 / 0

#201 Women 100 Back Prelims	1:26.19	3/8	#205 Women 50 Breast Prelims	51.70	1/4
#207 Women 200 Free Prelims	2:57.13	1/4	#300 Women 100 Free Prelims	1:16.97	2/3
#306 Women 50 Fly Prelims	38.00	3/7	#403 Women 50 Back Prelims	39.83	3/2
#500 Women 200 Back Prelims	2:58.19	3/3	#502 Women 50 Free Prelims	33.60	4/6
#504 Women 100 Fly Prelims	1:36.99	1/5			

18 Jones, Gemma K - Female - Age: 15 - Ind/Rel: 4 / 0

#201 Women 100 Back Prelims	1:11.32	12/2	#207 Women 200 Free Prelims	2:25.44	10/5
#300 Women 100 Free Prelims	1:06.80	12/3	#306 Women 50 Fly Prelims	33.87	8/5

19 Landi, Tristan - Male - Age: 15 - Ind/Rel: 6 / 0

#200 Men 100 Back Prelims	1:06.05	16/5	#204 Men 50 Breast Prelims	36.64	9/5
#301 Men 100 Free Prelims	1:00.91	18/3	#303 Men 100 Breast Prelims	1:17.83	11/5
#402 Men 50 Back Prelims	31.55	13/5	#503 Men 50 Free Prelims	27.37	17/7

20 Luck, Taylor R - Male - Age: 18 - Ind/Rel: 5 / 1

#206 Men 200 Free Prelims	1:55.45	22/4	#301 Men 100 Free Prelims	51.50	28/4
#307 Men 50 Fly Prelims	26.91	23/6	#402 Men 50 Back Prelims	25.93	17/4
#411 Mixed 4x50 Medley Relay (1)	1:55.49	3/3	#503 Men 50 Free Prelims	23.61	24/4

21 Magotsi, Riziki A - Female - Age: 13 - Ind/Rel: 9 / 0

#201 Women 100 Back Prelims	1:17.78	7/8	#205 Women 50 Breast Prelims	39.52	9/8
#207 Women 200 Free Prelims	2:29.72	8/6	#300 Women 100 Free Prelims	1:05.84	13/4
#302 Women 100 Breast Prelims	1:25.66	7/3	#306 Women 50 Fly Prelims	32.34	12/1
#401 Women 200 Breast Prelims	3:07.09	5/8	#502 Women 50 Free Prelims	29.50	14/2
#504 Women 100 Fly Prelims	1:14.69	5/6			

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Vineyard SC-CP

22 Morris, Jenna - Female - Age: 14 - Ind/Rel: 8 / 0

#201 Women 100 Back Prelims	1:15.51	9/7	#205 Women 50 Breast Prelims	37.98	12/1
#302 Women 100 Breast Prelims	1:21.51	8/3	#306 Women 50 Fly Prelims	34.83	7/8
#401 Women 200 Breast Prelims	2:56.61	7/6	#403 Women 50 Back Prelims	34.38	9/5
#500 Women 200 Back Prelims	2:47.40	5/5	#502 Women 50 Free Prelims	32.39	6/5

23 Nell, Liam - Male - Age: 12 - Ind/Rel: 3 / 0

#200 Men 100 Back Prelims	1:20.12	7/8	#402 Men 50 Back Prelims	36.09	6/4
#501 Men 200 Back Prelims	2:54.29	4/2			

24 Orchard, Milan M - Female - Age: 13 - Ind/Rel: 8 / 0

#201 Women 100 Back Prelims	1:06.28	15/3	#205 Women 50 Breast Prelims	39.09	9/7
#300 Women 100 Free Prelims	1:04.56	15/5	#306 Women 50 Fly Prelims	31.78	13/8
#403 Women 50 Back Prelims	30.97	13/3	#405 Women 200 IM Prelims	2:35.03	10/3
#500 Women 200 Back Prelims	2:27.18	11/5	#502 Women 50 Free Prelims	29.06	15/8

25 Potgieter, Micah F - Male - Age: 13 - Ind/Rel: 5 / 0

#204 Men 50 Breast Prelims	42.34	6/1	#206 Men 200 Free Prelims	2:45.48	3/4
#301 Men 100 Free Prelims	1:11.06	7/2	#303 Men 100 Breast Prelims	1:34.90	4/6
#307 Men 50 Fly Prelims	36.96	4/6			

26 Riley, Logan - Female - Age: 13 - Ind/Rel: 10 / 0

#201 Women 100 Back Prelims	1:16.43	8/7	#205 Women 50 Breast Prelims	45.40	3/5
#207 Women 200 Free Prelims	2:40.73	4/4	#300 Women 100 Free Prelims	1:09.53	9/8
#306 Women 50 Fly Prelims	34.89	6/5	#403 Women 50 Back Prelims	35.81	8/2
#405 Women 200 IM Prelims	3:07.77	3/7	#500 Women 200 Back Prelims	2:55.55	4/3
#502 Women 50 Free Prelims	30.91	10/1	#504 Women 100 Fly Prelims	1:32.25	2/1

27 Searle, Jude - Male - Age: 13 - Ind/Rel: 6 / 0

#204 Men 50 Breast Prelims	36.20	10/4	#301 Men 100 Free Prelims	1:02.71	15/8
#303 Men 100 Breast Prelims	1:22.79	8/5	#307 Men 50 Fly Prelims	32.52	10/6
#402 Men 50 Back Prelims	35.36	7/2	#503 Men 50 Free Prelims	28.27	14/7

28 Simpson, Jesse - Male - Age: 15 - Ind/Rel: 3 / 0

#204 Men 50 Breast Prelims	34.25	14/8	#303 Men 100 Breast Prelims	1:16.02	13/2
#400 Men 200 Breast Prelims	2:48.74	9/5			

29 Sirin, Ben - Male - Age: 14 - Ind/Rel: 7 / 0

#200 Men 100 Back Prelims	1:06.86	15/5	#204 Men 50 Breast Prelims	35.42	12/1
#303 Men 100 Breast Prelims	1:20.66	10/2	#307 Men 50 Fly Prelims	31.15	12/3
#400 Men 200 Breast Prelims	2:50.46	8/4	#402 Men 50 Back Prelims	30.99	14/3
#501 Men 200 Back Prelims	2:25.25	11/6			

30 Smidt, Clio J - Female - Age: 17 - Ind/Rel: 7 / 0

#201 Women 100 Back Prelims	1:11.61	12/8	#300 Women 100 Free Prelims	1:14.75	3/3
#306 Women 50 Fly Prelims	32.91	11/7	#403 Women 50 Back Prelims	33.36	11/3
#405 Women 200 IM Prelims	2:52.66	7/8	#500 Women 200 Back Prelims	2:36.82	9/4
#504 Women 100 Fly Prelims	1:13.65	7/8			

31 Smith, Sophie - Female - Age: 12 - Ind/Rel: 7 / 1

#201 Women 100 Back Prelims	1:15.01	9/5	#300 Women 100 Free Prelims	1:11.36	6/6
#306 Women 50 Fly Prelims	34.25	8/7	#403 Women 50 Back Prelims	34.22	10/1
#405 Women 200 IM Prelims	2:49.23	8/8	#411 Mixed 4x50 Medley Relay (4)	1:55.49	3/3
#500 Women 200 Back Prelims	2:42.27	7/3	#504 Women 100 Fly Prelims	1:17.04	4/3

32 Spencer, Charles A - Male - Age: 14 - Ind/Rel: 9 / 0

#204 Men 50 Breast Prelims	36.31	10/3	#206 Men 200 Free Prelims	2:32.78	7/1
#301 Men 100 Free Prelims	1:05.50	12/1	#303 Men 100 Breast Prelims	1:25.28	7/2
#307 Men 50 Fly Prelims	34.50	7/5	#400 Men 200 Breast Prelims	3:11.51	5/8
#404 Men 200 IM Prelims	2:49.05	7/5	#503 Men 50 Free Prelims	29.62	10/8
#505 Men 100 Fly Prelims	1:22.79	3/8			

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Vineyard SC-CP

33 Spencer, Marcus W - Male - Age: 12 - Ind/Rel: 9 / 0

#200 Men 100 Back Prelims	1:22.84	5/2	#204 Men 50 Breast Prelims	41.97	6/2
#301 Men 100 Free Prelims	1:10.18	8/3	#303 Men 100 Breast Prelims	1:36.92	3/6
#307 Men 50 Fly Prelims	35.75	6/1	#402 Men 50 Back Prelims	39.29	4/1
#404 Men 200 IM Prelims	3:03.70	4/3	#503 Men 50 Free Prelims	32.84	5/6
#505 Men 100 Fly Prelims	1:26.95	1/4			

34 Stanfliet, Nicholas - Male - Age: 13 - Ind/Rel: 8 / 0

#200 Men 100 Back Prelims	1:15.19	9/5	#204 Men 50 Breast Prelims	34.70	13/2
#303 Men 100 Breast Prelims	1:17.52	11/4	#307 Men 50 Fly Prelims	30.98	13/1
#400 Men 200 Breast Prelims	2:52.28	8/3	#402 Men 50 Back Prelims	33.87	9/5
#503 Men 50 Free Prelims	29.27	11/7	#505 Men 100 Fly Prelims	1:13.35	5/3

35 Swarts, Keeno A - Male - Age: 18 - Ind/Rel: 4 / 0

#200 Men 100 Back Prelims	1:03.19	18/2	#301 Men 100 Free Prelims	58.19	24/2
#501 Men 200 Back Prelims	2:13.38	15/3	#503 Men 50 Free Prelims	26.10	22/8

36 Theron, Luca D - Male - Age: 15 - Ind/Rel: 7 / 0

#204 Men 50 Breast Prelims	33.37	15/1	#206 Men 200 Free Prelims	2:14.07	16/8
#301 Men 100 Free Prelims	1:00.72	19/1	#303 Men 100 Breast Prelims	1:14.56	16/8
#400 Men 200 Breast Prelims	2:49.19	9/2	#404 Men 200 IM Prelims	2:32.56	13/5
#503 Men 50 Free Prelims	27.06	18/3			

37 Trout, Sophia L - Female - Age: 14 - Ind/Rel: 7 / 0

#201 Women 100 Back Prelims	1:12.29	11/5	#300 Women 100 Free Prelims	1:09.34	9/2
#306 Women 50 Fly Prelims	32.08	12/2	#403 Women 50 Back Prelims	32.70	12/7
#405 Women 200 IM Prelims	2:55.07	6/1	#500 Women 200 Back Prelims	2:38.04	9/6
#504 Women 100 Fly Prelims	1:15.58	5/1			

38 Van Der Merwe, Jesse - Male - Age: 12 - Ind/Rel: 4 / 0

#301 Men 100 Free Prelims	1:13.56	5/3	#307 Men 50 Fly Prelims	35.40	6/3
#503 Men 50 Free Prelims	31.35	7/4	#505 Men 100 Fly Prelims	1:33.53	1/3

39 Van Schaik, Luc - Male - Age: 13 - Ind/Rel: 7 / 0

#200 Men 100 Back Prelims	NT	1/3	#206 Men 200 Free Prelims	2:24.87	10/2
#301 Men 100 Free Prelims	1:01.99	16/6	#303 Men 100 Breast Prelims	1:25.75	7/7
#404 Men 200 IM Prelims	2:45.58	8/5	#503 Men 50 Free Prelims	27.55	16/5
#505 Men 100 Fly Prelims	1:08.74	7/4			

40 Vergotine, Valentino H - Male - Age: 36 - Ind/Rel: 10 / 0

#200 Men 100 Back Prelims	1:20.77	6/3	#204 Men 50 Breast Prelims	39.42	7/5
#206 Men 200 Free Prelims	2:32.04	7/7	#301 Men 100 Free Prelims	1:10.11	8/4
#303 Men 100 Breast Prelims	1:23.80	8/7	#307 Men 50 Fly Prelims	34.87	7/7
#400 Men 200 Breast Prelims	3:03.94	6/8	#402 Men 50 Back Prelims	37.80	5/8
#404 Men 200 IM Prelims	2:50.04	7/7	#503 Men 50 Free Prelims	31.96	6/6

41 Walker, Yohan G - Male - Age: 15 - Ind/Rel: 7 / 0

#200 Men 100 Back Prelims	1:09.86	12/6	#206 Men 200 Free Prelims	2:22.29	11/7
#301 Men 100 Free Prelims	1:01.17	17/5	#307 Men 50 Fly Prelims	31.23	12/2
#402 Men 50 Back Prelims	31.18	14/6	#501 Men 200 Back Prelims	2:33.68	9/8
#503 Men 50 Free Prelims	27.58	16/3			

42 Webber, Isabella L - Female - Age: 16 - Ind/Rel: 4 / 0

#300 Women 100 Free Prelims	1:04.84	15/6	#306 Women 50 Fly Prelims	31.52	14/7
#502 Women 50 Free Prelims	29.94	13/4	#504 Women 100 Fly Prelims	1:10.56	6/6

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Team Entries - All Events

Vineyard SC-CP

43 Williams, Logan - Male - Age: 13 - Ind/Rel: 9 / 0

#200 Men 100 Back Prelims	1:15.25	9/3	#204 Men 50 Breast Prelims	42.47	6/8
#206 Men 200 Free Prelims	2:19.92	12/5	#301 Men 100 Free Prelims	1:04.04	13/8
#307 Men 50 Fly Prelims	31.69	11/5	#402 Men 50 Back Prelims	34.55	8/3
#404 Men 200 IM Prelims	2:49.51	7/3	#503 Men 50 Free Prelims	29.02	11/4
#505 Men 100 Fly Prelims	1:12.91	5/5			

44 Williams, Luca - Male - Age: 15 - Ind/Rel: 7 / 0

#301 Men 100 Free Prelims	1:03.64	13/6	#303 Men 100 Breast Prelims	1:18.92	11/2
#307 Men 50 Fly Prelims	29.66	16/2	#400 Men 200 Breast Prelims	2:56.82	7/5
#404 Men 200 IM Prelims	2:38.06	11/6	#503 Men 50 Free Prelims	28.18	14/3
#505 Men 100 Fly Prelims	1:07.01	8/3			

45 Wollenschlaeger, Noah - Male - Age: 15 - Ind/Rel: 7 / 0

#200 Men 100 Back Prelims	1:03.70	20/1	#206 Men 200 Free Prelims	2:06.61	21/7
#301 Men 100 Free Prelims	57.23	27/1	#307 Men 50 Fly Prelims	28.63	19/7
#501 Men 200 Back Prelims	2:14.78	13/3	#503 Men 50 Free Prelims	25.98	23/1
#505 Men 100 Fly Prelims	1:06.59	9/1			

Vineyard SC-CP Total Individual Entries: 305 - Total Relays: 0

Walmers SC-CP

1 Beukes, Jaden L - Male - Age: 14 - Ind/Rel: 7 / 0

#202 Men 200 Fly	2:44.34	2/1	#206 Men 200 Free Prelims	2:28.40	9/6
#303 Men 100 Breast Prelims	1:24.03	8/1	#307 Men 50 Fly Prelims	30.86	13/6
#402 Men 50 Back Prelims	33.33	10/2	#503 Men 50 Free Prelims	29.11	11/3
#505 Men 100 Fly Prelims	1:08.92	7/3			

2 Beukes, Mateo A - Male - Age: 18 - Ind/Rel: 7 / 0

#200 Men 100 Back Prelims	1:09.01	13/7	#206 Men 200 Free Prelims	2:14.54	15/4
#301 Men 100 Free Prelims	58.97	22/3	#307 Men 50 Fly Prelims	28.41	19/4
#402 Men 50 Back Prelims	31.70	13/7	#503 Men 50 Free Prelims	26.08	23/8
#505 Men 100 Fly Prelims	1:03.08	14/8			

3 Pedro, Tamkeen - Male - Age: 15 - Ind/Rel: 5 / 0

#301 Men 100 Free Prelims	1:03.18	14/1	#303 Men 100 Breast Prelims	1:22.22	9/7
#307 Men 50 Fly Prelims	29.45	17/7	#503 Men 50 Free Prelims	27.88	15/7
#505 Men 100 Fly Prelims	1:06.24	9/2			

Walmers SC-CP Total Individual Entries: 19 - Total Relays: 0

Xcel Swim Academy-CP

1 Horn, Anna - Female - Age: 11 - Ind/Rel: 6 / 0

#201 Women 100 Back Prelims	1:36.00	1/7	#205 Women 50 Breast Prelims	41.34	6/4
#302 Women 100 Breast Prelims	1:32.03	5/7	#306 Women 50 Fly Prelims	37.83	3/2
#401 Women 200 Breast Prelims	3:22.07	2/6	#405 Women 200 IM Prelims	3:07.88	3/8

2 Pieterse, Marcelle J - Male - Age: 13 - Ind/Rel: 9 / 0

#100 Men 400 Free	5:28.10	3/5	#200 Men 100 Back Prelims	1:18.34	8/1
#206 Men 200 Free Prelims	2:31.17	8/7	#301 Men 100 Free Prelims	1:09.57	9/1
#307 Men 50 Fly Prelims	33.06	9/3	#402 Men 50 Back Prelims	40.23	2/4
#404 Men 200 IM Prelims	2:49.75	7/6	#501 Men 200 Back Prelims	2:46.18	6/7
#505 Men 100 Fly Prelims	1:14.53	5/8			

Xcel Swim Academy-CP Total Individual Entries: 15 - Total Relays: 0