

SA National SC Champs WCA(25M)-Aug 2023 - 19/08/2023 to 20/08/2023**Results****Event 201 Women 400 SC Meter IM**

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Hearne, Trinity S	20	Cybersmart Aquatics-CPT	5:05.16	4:45.48
2	Els, Georgia C	17	TuksSwimming Club-TSH	5:01.08	4:55.64
3	Horne, Kaitlynne D	16	Bay Eagle Swim Team-NMA	5:04.38	4:57.66
4	Gouws, Lara W	14	TuksSwimming Club-TSH	5:05.98	5:02.29
5	Coetzee, Jenna	15	Infinity Swimming Academy-NMA	5:07.99	5:06.58
6	White, Chelsea	16	Crusaders Swimming Club-JHB	5:10.48	5:09.67
7	Jacobs, Marony	15	Infinity Swimming Academy-NMA	5:14.62	5:10.04
8	Evans, Caitlin N	13	Tygerberg Aquatics-CPT	5:17.65	5:16.50
9	Gous, Sienna R	13	Infinity Swimming Academy-NMA	5:21.50	5:19.22
10	Sandilands, Hannah G	15	Cardinal Aquatics-EKU	5:31.43	5:26.18