



FOR IMMEDIATE RELEASE

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TEAM SA FOR LILONGWE AUSC REGION V GAMES ANNOUNCED

The South African Sports Confederation and Olympic Committee (SASCOC) has announced a powerful squad of 209 athletes to compete across 11 different sporting codes for the 2022 Region V Games in Lilongwe, Malawi, from 2-12 December.

These Games mark the 10th occasion that they are held and they are expected to attract some 3 000 athletes in total from 10 southern African countries. South Africa is traditionally one of the most successful nations at the event.

Last year an executive decision was made to withdraw Team SA from the Games midway through the competition, following an outbreak of Covid-19 at the event. Despite their withdrawal, with the track and field programme to be completed, Team SA still managed to top the overall medals table.

One of the gold medals secured last year in Maseru was that of netball and head coach Emily Mathosa's youngsters will be hoping to retain the crown in the Malawian capital, especially with 2023 being the year that South Africa hosts the Netball World Cup.

"These Games are an important fixture on the sporting calendar," said SASCOC president Mr Barry Hendricks. "We have seen over the past decade that they have always unearthed future world-class talent and this year will be no different. Last year the right decision was made to withdraw our squad from the event in Maseru after an outbreak of Covid-19, but we are confident that next month the region will see the very best from our athletes."

The CEO of SASCO, Ms Nozipho Jafta, commented: “We are delighted to be taking such a strong squad of young athletes and we have an experienced management team to oversee them. These Games are vitally important in the development of an athlete’s career. The likes of our Olympians, Wayde van Niekerk and Caster Semenya, who became track legends, are a product of these Games.

“Many of the athletes across Team SA in Malawi will go on to become Olympians and Paralympians. Through our Operation Excellence Programme (OPEX), we are identifying young future stars and supporting them through their careers. This is another opportunity to showcase the importance of OPEX as we build towards the 2024 and 2028 Olympics and Paralympics in Paris and LA, respectively,” she added.

Team SA squad for AUSC Region V Games

ATHLETICS				
	NAME	SURNAME	GENDER	EVENT /ROLE
1.	Timeke	Coetzee	Female	Long Jump
2.	Mila	Compaan	Female	110mH/4 x 100m
3.	Shanese	De Clerck	Female	High Jump
4.	Marli	Dimond	Female	800m/4 x 400m
5.	Ashley	Erasmus	Female	Discus
6.	Lesedi	Khunou	Female	Discus
7.	Kaylee	Le Roux	Female	200m/4 x 100m
8.	Zonica	Lindeque	Female	Shotput
9.	Naledi	Makgatha	Female	1500m/3000m
10.	Nozipho	Malinga	Female	100m/4 x 100m
11.	Precious	Molepo	Female	400m/4 x 400m
12.	Karabo	Motsoeneng	Female	5000m
13.	Kayla	Murray	Female	100m/4 x 100m
14.	Jessicah	Van Heerden	Female	400m/4 x 400m
15.	Enock	Bokaba	Male	3000mSC
16.	Denmar	Jacobs	Male	110mH
17.	Karabo	Madonsela	Male	800m/4 x 400m
18.	Letlhogonolo	Molenyane	Male	200m/4 x 100m
19.	Tshediso	Moloke	Male	5000m
20.	Johannes	Morepe	Male	1500m
21.	Hendrick	Olivier	Male	100m/4 x 100m
22.	Ruan	Oosthuizen	Male	400m/4 x 400m
23.	Gundo	Samkelo	Male	Long Jump
24.	Aiden	Smith	Male	Shotput
25.	Dwayne	Smith	Male	200m/4 x 100m

26.	Daniel	Strooh	Male	Discus
27.	Tshepo	Tyantini	Male	100m/4 x 100m
28.	Tjaart	Van Der Walt	Male	400m/4 x 400m
29.	Wernich	Van Rensburg	Male	4 x 400m
30.	Sanele	Zixunge	Male	3000m
ATHLETICS TEAM MANAGEMENT				
31.	Sabata	Khumalo	Male	Team Manager
32.	Alroy	Dixon	Male	Sprints/Hurdles/Jumps - Coach
33.	Mathapelo	Skosana	Female	Middle Distance/Sprints Coach
34.	Leon	Rheeder	Male	Throws Coach
PARA ATHLETICS				
35.	Mpho	Machete	Female	100m/200m
36.	Sibongile	Mapande	Female	100m/200m
37.	Intelligent	Thobejane	Female	100m
38.	Roberto	Harmse	Male	100m/200m
39.	D'Mitri	Keyna	Male	100m/200m
40.	Petrus	Klopper	Male	100m
41.	Tumelo	Matlala	Male	100m/200m
42.	Tebogo	Nkuna	Male	100m/200m
43.	Ricardi	Matthee	Male	100m/200m
PARA ATHLETICS TEAM MANAGEMENT				
44.	Mihloti	Shikwambana	Female	Assistant Coach
45.	Raymond	Julius	Male	Coach
46.	Mark	Lewis	Male	Manager
BASKETBALL MEN				
47.	Christiaan	Gonsalves	Male	Athlete
48.	Retshogofaditswe	Lebeko	Male	Athlete
49.	Thabo	Magagani	Male	Athlete
50.	Tinyiko	Makhubela	Male	Athlete
51.	Eyam	Meleni	Male	Athlete
52.	Zuko	Ntshikila	Male	Athlete
53.	Yanda	Peter	Male	Athlete
54.	Joshua	Seale	Male	Athlete
55.	Kamvelihle	Sibankulu	Male	Athlete
56.	Oliver	Spencer	Male	Athlete
57.	Adam	Stone	Male	Athlete
58.	Ndumiso	Zimu	Male	Athlete
BASKETBALL MEN TEAM MANAGEMENT				
59.	Sbusiso	Williams	Male	Head Coach
60.	Tshepo	Ntwagae	Male	Assistant Coach
61.	Mokhethi	Khoantle	Male	Team Manager
BASKETBALL WOMEN				
62.	Trishia	Guilossa	Female	Athlete
63.	Cleo	Khongolo	Female	Athlete
64.	Lesedi	Marotola	Female	Athlete
65.	Noluthando	Mathe	Female	Athlete
66.	Siphokazi	Mkhatshwa	Female	Athlete
67.	Mpho	Mokoatle	Female	Athlete
68.	Tshegofatso	Molamu	Female	Athlete
69.	Dimpho	Motsepe	Female	Athlete

70.	Alutho	Gqotso	Female	Athlete
71.	Lana	Schreyer	Female	Athlete
72.	Ntokozo	Thonga	Female	Athlete
73.	Tayra	Zonn	Female	Athlete
BASKETBALL WOMEN TEAM MANAGEMENT				
74.	Thesline	Davids	Female	Head Coach
75.	Siphiwe	Chitlango	Female	Assistant Coach
76.	Queen	Ndlovu	Female	Team Manager
BOXING				
77.	Asemahle	Sontwini	Female	51kg
78.	Okuhle	Mthi	Female	54kg
79.	Maisy	Seimane	Female	57kg
80.	Siseko	Teyise	Male	51kg
81.	Tshepo	Macabele	Male	57kg
82.	Zandile	Mathebula	Male	63,5kg
83.	Limeya	Ndlela	Male	69kg
84.	Vuyo	Mnguni	Male	75kg
BOXING TEAM MANAGEMENT				
85.	Noluvuyo	Joxo	Female	Coach
86.	Luyanda	Dibelia	Male	Coach
87.	Nkosinathi	Thusi	Male	Coach
88.	Gabriel	Van Vuuren	Male	Manager
FOOTBALL MEN				
89.	Gabriel	Amato	Male	Athlete
90.	Tyler	Cicero	Male	Athlete
91.	Imaad	Hendricks	Male	Athlete
92.	Xavier	Jodamus	Male	Athlete
93.	Johnson	Gennaro	Male	Athlete
94.	Gomolemo	Kekana	Male	Athlete
95.	Kabelo	Kotoloane	Male	Athlete
96.	Keitumetse	Lesia	Male	Athlete
97.	Siyabonga	Mabena	Male	Athlete
98.	Xhosa	Manyana	Male	Athlete
99.	Takalani	Mzhamba	Male	Athlete
100.	Bennet	Mokoena	Male	Athlete
101.	Aphelele	Nzimande	Male	Athlete
102.	Xolani	Tshaka	Male	Athlete
103.	Thato	Sibiya	Male	Athlete
104.	Vincent	Sithole	Male	Athlete
105.	Dhakier	Lee	Male	Athlete
106.	Sfiso	Timba	Male	Athlete
107.	Thabo	Tsilo	Male	Athlete
108.	Benjamin	Wallace	Male	Athlete
FOOTBALL MEN TEAM MANAGEMENT				
109.	Duncan	Crowie	Male	Head Coach
110.	Tebogo	Mokoena	Male	Assistant Coach
111.	Andre	Bronkhorst	Male	Goalkeeper Coach
112.	Thabo	Letsiri	Male	Conditioning Coach
113.	Mthandazo	Ncube	Male	Kit Manager
114.	Mulalo	Mafenya	Male	Team Manager

FOOTBALL WOMEN				
115.	Nobahle	Mdelwa	Female	Athlete
116.	Gugu	Dhlamini	Female	Athlete
117.	Julia	Goncalves	Female	Athlete
118.	Casey	Gordon	Female	Athlete
119.	Fanelesibonge	Madonsela	Female	Athlete
120.	Katlego	Malebane	Female	Athlete
121.	Portia	Masilela	Female	Athlete
122.	Masabata	Mathapo	Female	Athlete
123.	Adrielle	Mibe	Female	Athlete
124.	Sikelelwa	Mhlanga	Female	Athlete
125.	Ayanda	Mkhize	Female	Athlete
126.	Mmabatho	Mogale	Female	Athlete
127.	Zoe	De Kock	Female	Athlete
128.	Gositang	Motshegwe	Female	Athlete
129.	Kgomotso	Mussimango	Female	Athlete
130.	Mpho	Nkadimeng	Female	Athlete
131.	Naledi	Nkosi	Female	Athlete
132.	Sinazo	Ntshota	Female	Athlete
133.	Ntando	Phahla	Female	Athlete
134.	Olwethu	Sosibo	Female	Athlete
WOMEN FOOTBALL TEAM MANAGEMENT				
135.	Jacinta	Modiko	Female	Head Coach
136.	Thokozile	Mndaweni	Female	Assistant Coach
137.	Simone	Conley	Female	Conditioning Coach
138.	Tshepiso	Tshabalala	Female	Video Analyst
139.	Busisiwe	Khumalo	Female	Kit Manager
140.	Vincent	Tseka	Female	Team Manager
GYMNASTICS				
141.	Simonique	Grobler	Female	Tumbling
142.	Anina	Le Hanie	Female	Tumbling
143.	Alejandra	Morales Martinez	Female	Tumbling
144.	Faith	Reed	Female	Tumbling
145.	Vuyisile	George	Male	Tumbling
146.	Kobamo	Keameditse	Male	Tumbling
147.	Goitseone	Khumalo	Male	Tumbling
148.	Michael Junior	Masangane	Male	Tumbling
GYMNASTICS TEAM MANAGEMENT				
149.	Mariette	Van Der Merwe	Female	Female Coach
150.	Michael	Masangane	Male	Male Coach
151.	Sebolai	Tlaka	Male	Manager
JUDO				
152.	Willemien	Olifant	Female	44kg
153.	Billieleigh	Billson	Female	48kg
154.	Marinda	Venter	Female	52kg
155.	Kristen	Wahl	Female	57kg
156.	Kylie	Van der Merwe	Female	78kg
157.	Wilfred	Potberg	Male	55kg
158.	Sinqobile	Shongwe	Male	60kg
159.	Philipus	Pretorius	Male	66kg

160.	Moagi	Molefe	Male	73kg
JUDO TEAM MANAGEMENT				
161.	Jacque	Joubert	Male	Head Coach
162.	Rodney	Clemence	Male	Assistant Coach
163.	Nontsikelelo	Vena	Female	Manager
NETBALL				
164.	Zane	Bodenstein	Female	Athlete
165.	Jomari	Lubbe	Female	Athlete
166.	Tlotlang	Mokomela	Female	Athlete
167.	Phophi	Nematangari	Female	Athlete
168.	Maritske	Rautenbach	Female	Athlete
169.	Munzhedzi	Ravele	Female	Athlete
170.	Sunel	Smit	Female	Athlete
171.	Umeh	Favour	Female	Athlete
172.	Hanniska	Van Vuuren	Female	Athlete
173.	Busiswe	Vayo	Female	Athlete
174.	Karla	Victor	Female	Athlete
175.	Sanmarie	Visser	Female	Athlete
NETBALL TEAM MANAGEMENT				
176.	Emily	Mathosa	Female	Head Coach
177.	Janine	Brummer	Female	Assistant Coach
178.	Malesego	Lithuge	Female	Team Manager
SWIMMING				
179.	Gabriella	Benjamin	Female	50m/100m Breast
180.	Megan	Bulose	Female	50m/100m/200m Back
181.	Sandrale	Carolus	Female	50m/100m Free , 100m Fly
182.	Leah	Christie	Female	50m Free, 200m Breast
183.	Lise	Coetzee	Female	100m/200m/400m Free, 100m Fly, 200IM
184.	Mykae	Forrest	Female	200m/400m Free, 200IM
185.	Grace	George	Female	100m Free, 50m Fly
186.	Chloe	Graaff	Female	50m/200m Breast, 50m Fly
187.	Rachel	Groepes	Female	50m/100m/200m/400m Free, 200m Back, 200IM
188.	Kaitlynne	Horne	Female	200m/400m Free, 200m Back
189.	Khwezi	Jacobs	Female	100m/200m Breast, 200IM
190.	Asia	Kleinhans	Female	400m Free
191.	Zara	Kleinhans	Female	50m/200m Free
192.	Nawaal	Mia	Female	50m/100m/200m Back
193.	Simone	Moll	Female	50m/100m/200m Breast, 50m Fly
194.	Manaal	Omar	Female	50m/100m Free , 50m Back
195.	Lucelle	Oosthuizen	Female	50m/100m/200m Fly
196.	Clio	Smidt	Female	50m/100m Back, 200m Fly
197.	Megan	Stewart	Female	100m/200m Back, 50m/100m Breast, 200m Fly , 200IM
198.	Joy	Van der Westhuizen	Female	100m/200m Fly
199.	Ethan	Bailey	Male	400m Free, 200m Fly
200.	Juan	Boshoff	Male	100m/200m Back, 50m Breast

201.	Dhilan	Govender	Male	50m/100m Breast
202.	Timothy	Hartman	Male	50m/100m Breast
203.	Bayanda	Hufner	Male	50m/100m/200m Breast, 50m/100m Fly, 50m/100m Free
204.	Owethu	Mahan	Male	50m/100m/200m Free
205.	Tumelo	Mahan	Male	50m/200m/400m Free
206.	Sirhaan	Mia	Male	100m/200m Fly
207.	Kaydn	Naidoo	Male	100m Free , 50m/100m Fly, 200IM
208.	Awande	Nkunzi	Male	50m Back, 200m Breast
209.	Caellum	Olkers	Male	50m/100m/200m Back
210.	Moloko	Pheeha	Male	50m Free, 200IM
211.	Wikus	Potgieter	Male	50m/100m/200m Back , 100m/200m Fly
212.	Thapelo	Ramaholi	Male	100m Free, 50m/100m Fly, 200M
213.	Keyontae	Raynard	Male	50m/100m/200m Fly,100m/200m Free, 50m/100m Back
214.	Cameron	Thompson	Male	100m Free, 50m/100m Back , 100m Fly
215.	Petrus	Truter	Male	200m Free, 200m Breast, 200M
216.	Thomas	Truter	Male	50m/100m/200m Breast
217.	Darno	Van der Merwe	Male	100m/200m/400m Free, 200m Back
SWIMMING TEAM MANAGEMENT				
218.	Amy	Barnes	Female	Assistant Coach
219.	Garth	Tune	Male	Head Coach
220.	Mafata	Modutoane	Male	Team Manager
221.	Edwina	Mbite	Female	Assistant Manager
TAEKWONDO				
222.	Kefilwe	Kgouwe	Female	41kg - Fly Weight
223.	Jaydean	Kaars	Female	49kg - Feather Weight
224.	Donica	Tafel	Female	52kg - Light Weight
225.	Inolofatseng	Kekae	Female	51kg - Fin Weight
226.	Thokozane	Bhila	Male	58kg - Bantam Weight
TAEKWONDO TEAM MANAGEMENT				
227.	Duncan	Mahlangu	Male	Head Coach
228.	Natacia	Mokoka	Female	Manager
VOLLEYBALL MEN				
229.	Heiko	Guther	Male	Athlete
230.	Chirag	Kassie	Male	Athlete
231.	Joshua	Mahlangu	Male	Athlete
232.	Njabulo	Malinga	Male	Athlete
233.	Jaivan	Marimuthu	Male	Athlete
234.	Thabang	Moekane	Male	Athlete
235.	Thabang	Motai	Male	Athlete
236.	Damien	Naidoo	Male	Athlete
237.	Kemoloile	Otsweleng	Male	Athlete
238.	Aidan	Pillay	Male	Athlete
239.	Omphile	Seemela	Male	Athlete

240.	Deloshen	Valaitham	Male	Athlete
VOLLEYBALL MEN TEAM MANAGEMENT				
241.	Zainul	Ebrahim	Male	Head Coach
242.	Themba	Rabi	Male	Assistant Coach
243.	Nkotso	Nyokong	Male	Team Manager
VOLLEYBALL WOMEN				
244.	Phomolo	Chiloane	Female	Athlete
245.	Aarya	Chumanlall	Female	Athlete
246.	Mawande	Dlamini	Female	Athlete
247.	Zinhle	Jiyane	Female	Athlete
248.	Lethabo	Khumalo	Female	Athlete
249.	Lesego	Malebo	Female	Athlete
250.	Sarah	Mnguni	Female	Athlete
251.	Kgomotso	Mothopi	Female	Athlete
252.	Zamazwane	Nsele	Female	Athlete
253.	Silke	Otterman	Female	Athlete
254.	Jaydene	Moodley	Female	Athlete
255.	Hlengiwe	Baloyi	Female	Athlete
VOLLEYBALL WOMEN TEAM MANAGEMENT				
256.	Shalldrack	Maitisa	Male	Head Coach
257.	Muzikawupheli1	Makhathini	Male	Assistant Coach
258.	Motlagosebatho	Tekelo	Female	Team Manager

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