

Swartland Prestige Gala 2022 - 2022/11/11 to 2022/11/12**Session Report**

Session: 1 Friday Afternoon

Day of Meet: 1 Starts at 04:30 PM Heat Interval: 50 Seconds / Back +15 Seconds

Finals	1 Mixed 200 IM
Finals	2 Mixed 50 Backstroke
Finals	3 Mixed 400 Freestyle

Session: 2 Saturday Morning

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 50 Seconds / Back +15 Seconds

Finals	4 Mixed 200 Freestyle
Finals	5 Mixed 50 Breaststroke
Finals	6 Mixed 11 & Over 400 IM
Finals	7 Mixed 100 Backstroke
Finals	8 Mixed 200 Breaststroke
Finals	9 Mixed 50 Freestyle
Finals	10 Mixed 100 Butterfly

Session: 3 Saturday Afternoon

Day of Meet: 2 Starts at 12:30 PM Heat Interval: 50 Seconds / Back +15 Seconds

Finals	11 Mixed 100 Freestyle
Finals	12 Mixed 11 & Over 200 Butterfly
Finals	13 Mixed 100 Breaststroke
Finals	14 Mixed 200 Backstroke
Finals	15 Mixed 50 Butterfly