

Western Cape LC-A Championship 2021 - 2021/12/07 to 2021/12/11**Session Report**

Session: 1 1st Day 400 Free

Day of Meet: 1 Starts at 03:00 PM Heat Interval: 50 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	100 Men 400 Freestyle	0	0	03:00 PM	_____
Finals	101 Women 400 Freestyle	0	0	03:00 PM	_____
	Finish Time			03:00 PM	_____

Session: 2 Day 2

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 50 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	200 Men 100 Backstroke	0	0	08:00 AM	_____
Prelims	201 Women 100 Backstroke	0	0	08:00 AM	_____
Finals	202 Men 200 Butterfly	0	0	08:00 AM	_____
Finals	203 Women 200 Butterfly	0	0	08:00 AM	_____
Prelims	204 Men 50 Breaststroke	0	0	08:00 AM	_____
Prelims	205 Women 50 Breaststroke	0	0	08:00 AM	_____
Prelims	206 Men 200 Freestyle	0	0	08:00 AM	_____
Prelims	207 Women 200 Freestyle	0	0	08:00 AM	_____
Finals	208 Men 4x200 Freestyle Relay	0	0	08:00 AM	_____
Finals	209 Women 4x200 Freestyle Relay	0	0	08:00 AM	_____
	Finish Time			08:00 AM	_____

Session: 3 Day 2 Finals

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 50 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	200 Men 100 Backstroke	0	5 u	05:00 PM	_____
Finals	201 Women 100 Backstroke	0	5 u	05:14 PM	_____
Finals	204 Men 50 Breaststroke	0	5 u	05:27 PM	_____
Finals	205 Women 50 Breaststroke	0	5 u	05:35 PM	_____
Finals	206 Men 200 Freestyle	0	4 u	05:44 PM	_____
Finals	207 Women 200 Freestyle	0	4 u	05:59 PM	_____
Finals	210 Boys 11 & Under 4x50 Medley Relay	0	0	06:14 PM	_____
Finals	211 Girls 11 & Under 4x50 Medley Relay	0	0	06:14 PM	_____
Finals	212 Boys 13 & Under 4x100 Medley Relay	0	0	06:14 PM	_____
Finals	213 Girls 13 & Under 4x100 Medley Relay	0	0	06:14 PM	_____
Finals	214 Boys 15 & Under 4x50 Freestyle Relay	0	0	06:14 PM	_____
Finals	215 Girls 15 & Under 4x50 Freestyle Relay	0	0	06:14 PM	_____
Finals	216 Boys 4x50 Freestyle Relay	0	0	06:14 PM	_____
Finals	217 Girls 4x50 Freestyle Relay	0	0	06:14 PM	_____
Finals	605 Mixed 100 Backstroke Multi-Class	0	0	06:14 PM	_____
Finals	602 Mixed 50 Breaststroke Multi-Class	0	0	06:14 PM	_____
Finals	608 Mixed 200 Freestyle Multi-Class	0	0	06:14 PM	_____
	Entry / Heat Totals:	0	28		
	Finish Time			06:14 PM	_____

Western Cape LC-A Championship 2021 - 2021/12/07 to 2021/12/11**Session Report**

Session: 4 Day 3

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 50 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	300 Men 100 Freestyle	0	0	08:00 AM	_____
Prelims	301 Women 100 Freestyle	0	0	08:00 AM	_____
Prelims	302 Men 100 Breaststroke	0	0	08:00 AM	_____
Prelims	303 Women 100 Breaststroke	0	0	08:00 AM	_____
Finals	304 Men 400 IM	0	0	08:00 AM	_____
Finals	305 Women 400 IM	0	0	08:00 AM	_____
Prelims	306 Men 50 Butterfly	0	0	08:00 AM	_____
Prelims	307 Women 50 Butterfly	0	0	08:00 AM	_____
Finals	308 Boys 11 & Under 4x100 Freestyle Relay	0	0	08:00 AM	_____
Finals	309 Girls 11 & Under 4x100 Freestyle Relay	0	0	08:00 AM	_____
Finals	310 Boys 13 & Under 4x50 Medley Relay	0	0	08:00 AM	_____
Finals	311 Girls 13 & Under 4x50 Medley Relay	0	0	08:00 AM	_____
Finals	312 Boys 15 & Under 4x50 Medley Relay	0	0	08:00 AM	_____
Finals	313 Girls 15 & Under 4x50 Medley Relay	0	0	08:00 AM	_____
	Finish Time			08:00 AM	_____

Session: 5 Finals Day 3

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 50 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	300 Men 100 Freestyle	0	5 u	05:00 PM	_____
Finals	301 Women 100 Freestyle	0	5 u	05:12 PM	_____
Finals	302 Men 100 Breaststroke	0	5 u	05:24 PM	_____
Finals	303 Women 100 Breaststroke	0	5 u	05:36 PM	_____
Finals	306 Men 50 Butterfly	0	5 u	05:49 PM	_____
Finals	307 Women 50 Butterfly	0	5 u	05:57 PM	_____
Finals	314 Men 4x100 Medley Relay	0	0	06:05 PM	_____
Finals	315 Women 4x100 Medley Relay	0	0	06:05 PM	_____
Finals	316 Boys 13 & Under 4x100 Freestyle Relay	0	0	06:05 PM	_____
Finals	317 Girls 13 & Under 4x100 Freestyle Relay	0	0	06:05 PM	_____
Finals	604 Mixed 100 Freestyle Multi-Class	0	0	06:05 PM	_____
Finals	606 Mixed 100 Breaststroke Multi-Class	0	0	06:05 PM	_____
Finals	603 Mixed 50 Butterfly Multi-Class	0	0	06:05 PM	_____
	Entry / Heat Totals:	0	30		
	Finish Time			06:05 PM	_____

Western Cape LC-A Championship 2021 - 2021/12/07 to 2021/12/11**Session Report**

Session: 6 Day 4

Day of Meet: 4 Starts at 08:00 AM Heat Interval: 50 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	400 Men 200 Breaststroke	0	0	08:00 AM	_____
Prelims	401 Women 200 Breaststroke	0	0	08:00 AM	_____
Prelims	402 Men 50 Backstroke	0	0	08:00 AM	_____
Prelims	403 Women 50 Backstroke	0	0	08:00 AM	_____
Prelims	404 Men 200 IM	0	0	08:00 AM	_____
Prelims	405 Women 200 IM	0	0	08:00 AM	_____
Finals	406 Men 1500 Freestyle	0	0	08:00 AM	_____
Finals	407 Women 800 Freestyle	0	0	08:00 AM	_____
Finals	408 Boys 15 & Under 4x100 Freestyle Relay	0	0	08:00 AM	_____
Finals	409 Girls 15 & Under 4x100 Freestyle Relay	0	0	08:00 AM	_____
Finals	410 Men 4x100 Freestyle Relay	0	0	08:00 AM	_____
Finals	411 Women 4x100 Freestyle Relay	0	0	08:00 AM	_____
	Finish Time			08:00 AM	_____

Session: 7 Finals Day 4

Day of Meet: 4 Starts at 05:00 PM Heat Interval: 50 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	400 Men 200 Breaststroke	0	4 u	05:00 PM	_____
Finals	401 Women 200 Breaststroke	0	4 u	05:18 PM	_____
Finals	402 Men 50 Backstroke	0	5 u	05:36 PM	_____
Finals	403 Women 50 Backstroke	0	5 u	05:46 PM	_____
Finals	404 Men 200 IM	0	5 u	05:55 PM	_____
Finals	405 Women 200 IM	0	5 u	06:16 PM	_____
Finals	420 Men 4x50 Medley Relay	0	0	06:36 PM	_____
Finals	421 Women 4x50 Medley Relay	0	0	06:36 PM	_____
Finals	422 Boys 11 & Under 4x50 Freestyle Relay	0	0	06:36 PM	_____
Finals	423 Girls 11 & Under 4x50 Freestyle Relay	0	0	06:36 PM	_____
Finals	424 Boys 13 & Under 4x50 Freestyle Relay	0	0	06:36 PM	_____
Finals	425 Girls 13 & Under 4x50 Freestyle Relay	0	0	06:36 PM	_____
Finals	610 Mixed 200 Breaststroke Multi-Class	0	0	06:36 PM	_____
Finals	601 Mixed 50 Backstroke Multi-Class	0	0	06:36 PM	_____
Finals	612 Mixed 200 IM Multi-Class	0	0	06:36 PM	_____
	Entry / Heat Totals:	0	28		
	Finish Time			06:36 PM	_____

Western Cape LC-A Championship 2021 - 2021/12/07 to 2021/12/11**Session Report**

Session: 8 Day 5

Day of Meet: 5 Starts at 08:00 AM Heat Interval: 50 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	500 Men 200 Backstroke	0	0	08:00 AM	_____
Prelims	501 Women 200 Backstroke	0	0	08:00 AM	_____
Prelims	502 Men 50 Freestyle	0	0	08:00 AM	_____
Prelims	503 Women 50 Freestyle	0	0	08:00 AM	_____
Prelims	504 Men 100 Butterfly	0	0	08:00 AM	_____
Prelims	505 Women 100 Butterfly	0	0	08:00 AM	_____
Finals	506 Men 800 Freestyle	0	0	08:00 AM	_____
Finals	507 Women 1500 Freestyle	0	0	08:00 AM	_____
Finals	508 Boys 15 & Under 4x50 Medley Relay	0	0	08:00 AM	_____
Finals	509 Girls 15 & Under 4x50 Medley Relay	0	0	08:00 AM	_____
	Finish Time			08:00 AM	_____

Session: 9 Day 5 Finals

Day of Meet: 5 Starts at 04:30 PM Heat Interval: 50 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	500 Men 200 Backstroke	0	4 u	04:30 PM	_____
Finals	501 Women 200 Backstroke	0	4 u	04:48 PM	_____
Finals	502 Men 50 Freestyle	0	5 u	05:06 PM	_____
Finals	503 Women 50 Freestyle	0	5 u	05:13 PM	_____
Finals	504 Men 100 Butterfly	0	4 u	05:21 PM	_____
Finals	505 Women 100 Butterfly	0	4 u	05:31 PM	_____
Finals	609 Mixed 200 Backstroke Multi-Class	0	0	05:41 PM	_____
Finals	600 Mixed 50 Freestyle Multi-Class	0	0	05:41 PM	_____
Finals	607 Mixed 100 Butterfly Multi-Class	0	0	05:41 PM	_____
	Entry / Heat Totals:	0	26		
	Finish Time			05:41 PM	_____