

6. Level 3 - NATIONAL

- 6.1 The swimmer must have a minimum of TWO (2), Individual Medley times for the 200m or 400m events or combination thereof on the SSA National Database, as well as one Level 3 National qualifying time.
- 6.2 Swimmers may enter all events that they have qualified in, plus additional events that they have not qualified in, provided they have times on the database for the additional selected events.
- 6.3 There will be no qualifying times for any of the 50's events (Freestyle, Backstroke, Breaststroke and Butterfly). Swimmers who have qualified in any event may, choose any of the 50's provided they have times on the database for the particular event.
- 6.4 Level 3 will start at 11&U, and the oldest age group will be 17 -24. Swimmers in the 10 and under age group, who have achieved a Level 3 qualifying time in the 11 and under age group, may choose to compete in the 11 and under age group at Level 3 or compete in the 10 and under age group at level 2.
- 6.5 The age groups will be 11&U, 12, 13, 14, 15 & 16, 17 -24.
- 6.6 If a swimmer has achieved one S A Junior National qualifying time, the swimmer must participate at S A Junior National Age Group. This rule will not apply to 11 and under swimmers, they may choose at which age group competition they would prefer to compete in.
- 6.7 Swimmers in the 17 – 24 age group who have achieved the S A National qualifying time may not participate at Level 3 National Age Group.
- 6.8 This competition will be a national competition.
- 6.9 **Events for Para swimmers** – This will be age group based and any Para swimmer may compete at Level 3. The Level 3 Age Groups for Para Swimmers is 14 and under and 15 – 18. There are no QT's, but swimmers must have times on the SSA Database. Medal standards will apply, swimmers must achieve the medal standard time to be awarded a medal.
- 6.10 Swimmers must participate in the Provincial Level 2 or 3 to be eligible to enter the National Level 3. This rule will not apply to visitors.
- 6.10 Entry fees per event as per the program will be charged.

7. Level 3 - PROVINCIAL

- 7.1 Each province will host the Provincial Level 3 Age Group competition, on the dates specified.
- 7.2 The host province will choose venues that will enable as many qualified swimmers as possible, the opportunity to participate. More than one venue may be chosen.
- 7.3 Swimmers may enter all events that they have Level 3 qualifying times, plus additional events that they have not qualified in provided they have times on the provincial database.
- 7.4 If a swimmer has achieved one S A National Junior qualifying time, the swimmer must participate at the S A National Junior competition.
- 7.5 Entry fees per event as per the program will be charged.

8. S A Junior National Age Group

- 8.1 The swimmer must have a minimum of TWO (2), Individual Medley times for the 200m or 400m events or combination thereof on the SSA National Database, as well as one Junior National qualifying time.
- 8.2 Swimmers may enter all events that they have qualified in, plus additional events, provided they have times on the database for the additional selected events.