



GETTING READY TO RESUME ACTIVITIES

A DISCUSSION WITH WC AQUATICS COACHES AND INSTRUCTORS

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11 JUNE 2020

An abstract graphic on the left side of the image, consisting of a series of white lines and circles on a blue gradient background. The lines are vertical and horizontal, with some branching out, resembling a circuit board or a stylized tree. The circles are small and white, placed at various points along the lines.

DAY 77 OF LOCKDOWN



REGULATIONS & DIRECTIONS PROMULGATED

29 APRIL 2020 (GN 480) (ALERT LEVEL 4)

&

28 MAY 2020 (GN 608) (ALERT LEVEL 3)

&

11 JUNE 2020 (GN 660) DIRECTION

IMPORTANT DEFINITIONS

SCHOOL – as is defined in section 1 of the South African Schools Act

"school" means a' public school or an independent school which enrolls 40 learners in one or more grades between grade zero and grade twelve

This means that Directions for Education cannot apply to Swim Schools which falls under the Directions for Sport

DETERMINATION OF ALERT LEVEL

- The Alert Level determined to apply at a national level applies to all provinces, metropolitan areas and districts, unless a different alert level is otherwise determined.
- (3) Movement of persons may be restricted in and out of a hotspot.
- (4) The Cabinet member responsible for health must after consultation with the member of the Executive Council responsible for health of the relevant province identify a hotspot by taking into account—
 - (a) the number of active cases per 100,000 population;
 - (b) the rate of increase of active cases;
 - (c) the availability of hospital beds and related resources; and
 - (d) any other factor relevant for the purposes of containment of COVID-19.
- (5) The Cabinet member responsible for cooperative governance and traditional affairs may upon the recommendation of the Cabinet member responsible for health, determine by notice in the *Gazette* a hotspot as identified, and the additional restrictions that may apply.

GEOGRAPHICAL AREA OR CLUSTER OF GEOGRAPHICAL AREAS DECLARED AS HOTSPOTS FOR COVID -19 (PROMULGATED – 28 MAY 2020 (GN 608))

- City of Tshwane Metropolitan Municipality
- City of Johannesburg Metropolitan Municipality
- Ekurhuleni Metropolitan Municipality
- eThekweni Metropolitan Municipality
- Nelson Mandela Bay Metropolitan Municipality
- Buffalo City Metropolitan Municipality
- City of Cape Town Metropolitan Municipality
- West Coast District Municipality
- Overberg District Municipality
- Cape Winelands District Municipality
- Chris Hani District Municipality
- iLembe District Municipality

STEP 1

Establish if you will be able to resume activities at the “normal” training venue (for coaching, instruction or lessons)

CATEGORIES OF VENUES

PRIVATE POOL – Will be able to resume activities if all requirements are adhered to

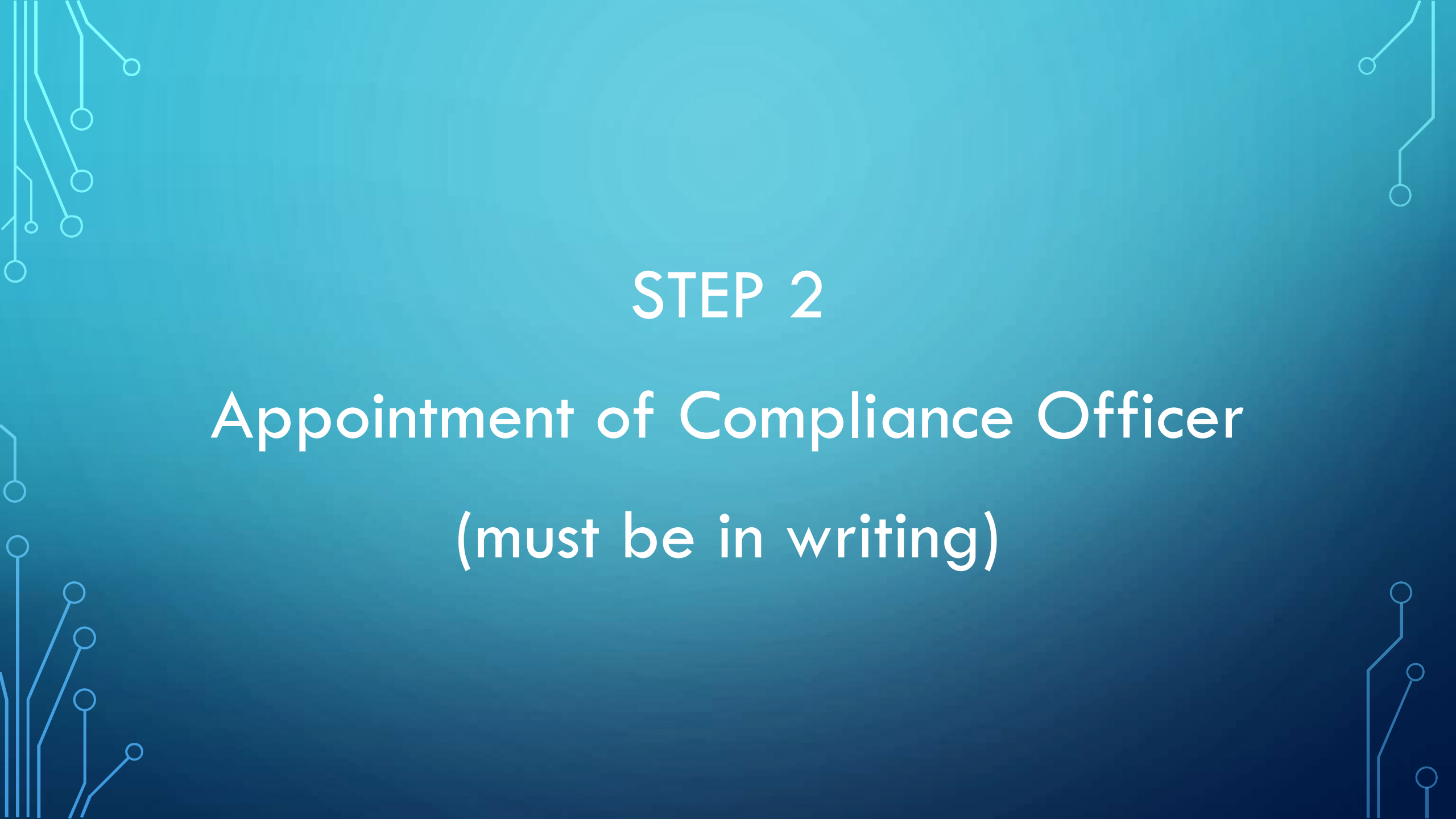
UNIVERSITY POOL – The University Management will give direction on the resumption of activities

SPORT CLUBS – Arrangement can be made with the Management of the Club

PUBLIC SCHOOLS – Arrangement can be made with a relevant person

PRIVATE SCHOOLS – Depending on directive from MEC: Education, Chairperson of SGB can give permission to resume activities

MUNICIPAL AND GYMNASIUM POOLS – It is expected that users of these pools will only be able to resume activities at Alert Level 2 (compliance can thus be postponed)

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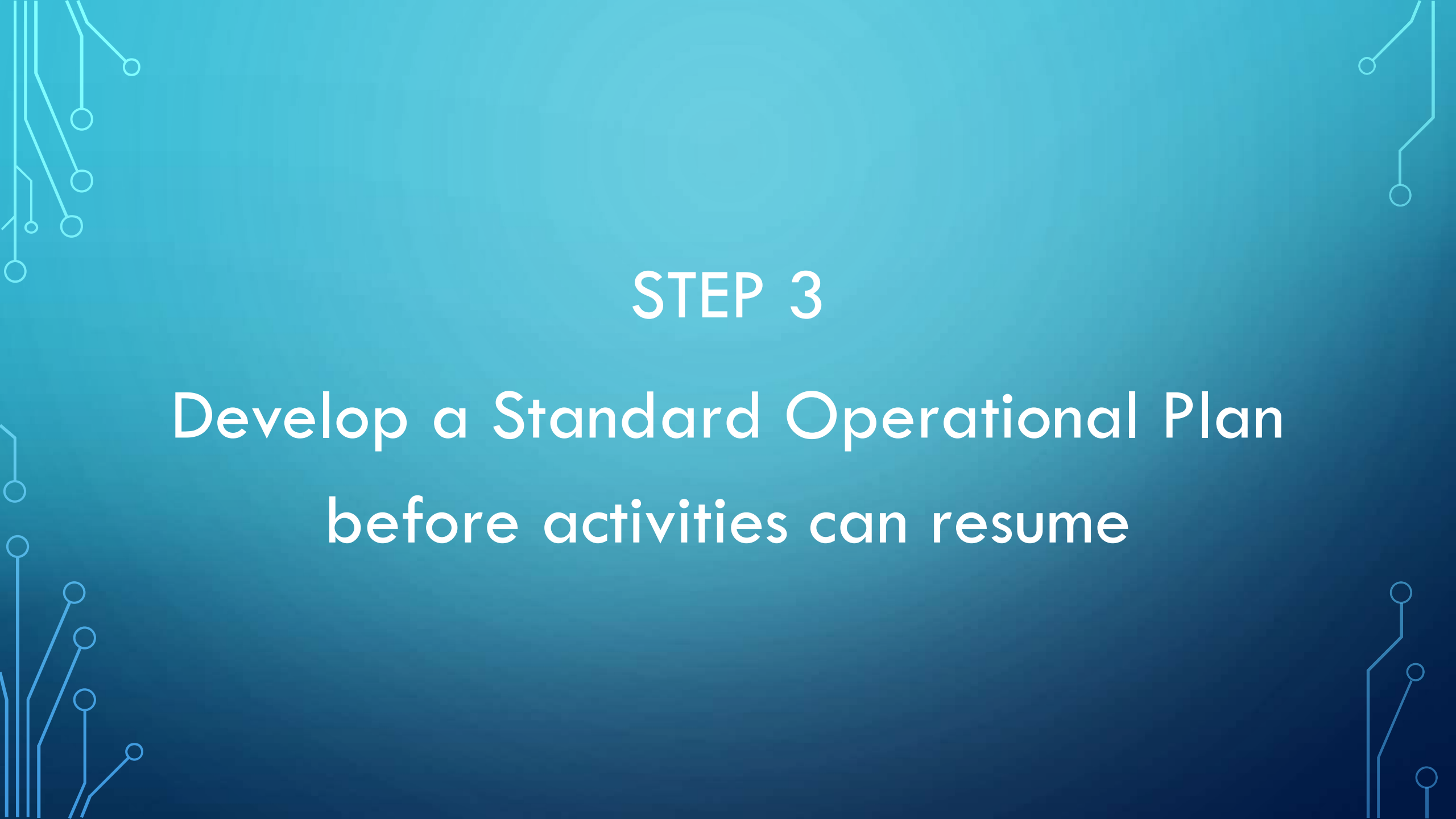
STEP 2

Appointment of Compliance Officer
(must be in writing)

Main tasks of a Compliance Officer

The COVID-19 compliance officer must oversee the:

- implementation of the Standard Operating Plan (SOP)
- adherence to the standards of hygiene and health protocols relating to the COVID-19 workplace
- Weekly reporting to district/provincial CO is required
(a template and guidelines will be provided)

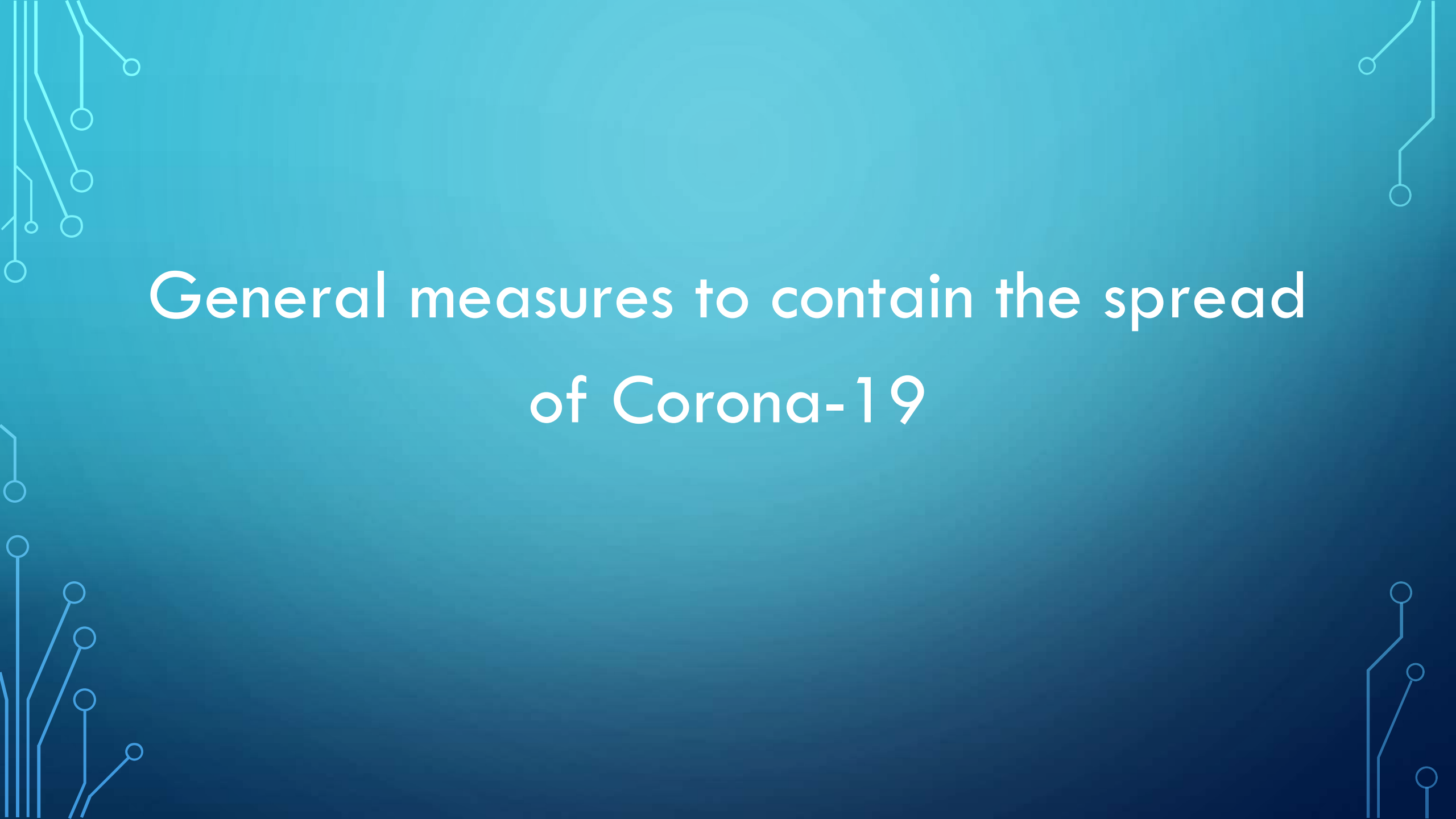
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STEP 3

Develop a Standard Operational Plan
before activities can resume

What should be included in the Standard Operating Procedures (SOP)

- Professional athletes and support staff that are permitted to train
- Plans for the phased-in training of professional athletes and non-contact sport matches
- The Health protocols that are in place to protect professional athletes, support staff and officials from COVID-19
- The details of the compliance officer
- Measures to ensure the training venue meets the standards of health protocols, adequate space for professional athletes, support staff and officials and that social distancing measures are complied with.
- Steps to ensure that persons are kept a distance of at least one and a half metres from each other
- Timetables for coaching, instruction and lessons
- How to deal with persons 60 years and older and those with comorbidities (special measures at the training venue to limit employees' exposure to COVID-19 infection)

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General measures to contain the spread of Corona-19

- General measures to contain the spread of COVID -19
- 5. (1) A person must wear a cloth face mask or a homemade item that covers the nose and mouth when in a public place, or another appropriate item to cover the nose and mouth
- (2) No person will be allowed to use any form of public transport, or enter a building, place or premises, if they do not wear a cloth face mask or a homemade item that covers the nose and mouth when in a public place, or another appropriate item to cover the nose and mouth.
- Wash hands regularly

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References to Sport in the Regulations

37. (1) All gatherings are prohibited except a gathering at-
(e) a professional non -contact sports match, which may only include players, match officials, journalists and medical and television crew, as per directions issued by the Cabinet member responsible for sport after consultation with the Cabinet member responsible for health.

39. (1) A place or premises normally open to the public, where cultural, sporting, entertainment, leisure, exhibition, organisational or similar activities may take place, is closed to the public and all gatherings at these places or premises are prohibited.

(2) The places or premises referred to in sub regulation (1) include -

(a) gyms and fitness centres;

(b) sports grounds and fields and swimming pools, except for training of professional athletes and professional non -contact sports matches as referred to in regulation 37(1)(f);

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The Directions from the Minister

11 June 2020 (GN 660)

DEFINITIONS added

“official” means sporting venue manager, sporting venue employee, match official, journalist, television crew, radio commentator and security personnel

“professional athlete” means an athlete who earns a living by competing in a sport, or receive payment for performance at international championships or related events including preparation for Olympic, a member or a training squad for a relevant sporting body

“professional non-contact sport” means a sport whereby athletes or players are physically separated and under normal circumstances would not come into contact with one another during the course of an event of game

“sporting venue” means a stadium, venue, sports ground, field, swimming pool and venue either enclosed where matches or training may take place

“support staff” means a technical official, coach, assistant coach, kit manager, physiotherapist, medical officer, driver and physical trainer
(it will also include instructor)

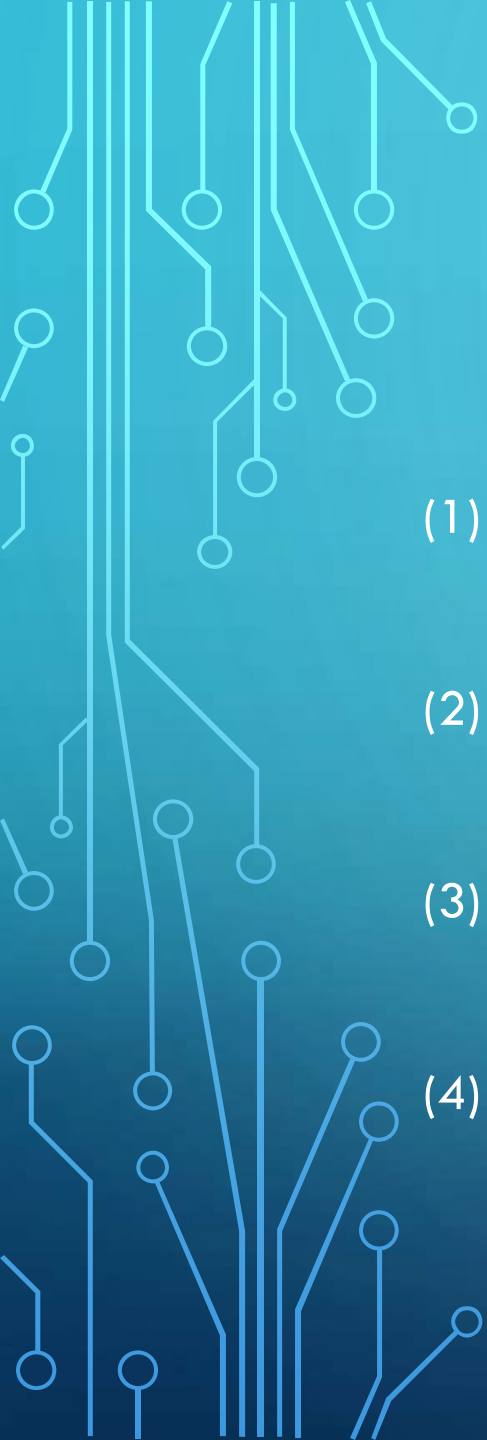
RESUMPTION OF NON-CONTACT SPORT AND TRAINING

- (1) Training and non-contact sport matches for professional athletes may resume in compliance with the health protocols, without spectators.
- (2) All sport bodies must within fourteen (14) days after the publications of these Directions provide the Minister, in writing, before resumption of training and matches, with the following:
 - (a) An operational plan; and
 - (b) the date of resumption of training and matches.

(Directions were published 11 June 2020 – thus SSA must submit before 25 June 2020)
- (3) A sports body must keep a register, which must be archived for a period of not less than 6 months, with the following details of professional athletes, support staff and officials:
 - full names, residential address, cell number, telephone number, e-mail address, contact details of the person or persons living in the same residence as the person training or matches

IMPORTANT NOTE: Only athletes, support staff and officials under the age of 60 and tested for COVID-19 with no comorbidities are allowed to participate.

Sport bodies must ensure that every athlete is tested for COVID-19



SCREENING AND TESTING OF ATHLETES AND SUPPORT STAFF

- (1) All officials including players, athletes, match officials, support staff must be subjected to temperature screening before they enter the sporting venue.
- (2) A person with a suspected high temperature may not be allowed to enter the sporting venue. (the swimming pool area)
- (3) A professional athlete or a member of the support staff who tests positive may not be allowed to train or participate in any training or matches.
- (4) Non-contact sport training and matches in an area declared as a hotspot is prohibited.



DISINFECTION AND CLEANING OF THE SPORTING VENUE

- (1) The sporting venue, dressing rooms and other facilities within the precinct of the sporting venue, must be disinfected before the initial training. (deep cleaning)
- (2), a hand sanitiser to be used must have at least 70% alcohol content, or be a generic alternative, and must meet the standard prescribed by the Department of Health.
- (3) A person in charge of the sporting venue must ensure that:
 - (a) there are sufficient quantities of hand sanitiser, based on the number of persons who access the sporting venue, at the entrance of, and in, the sporting venue, to be used by persons accessing the venue; or
 - (b) there are facilities for the washing of hands with water and soap.
- (4) A sports body must take measures to ensure that:
 - (a) all surfaces and equipment are cleaned before training and before matches commence and between the training activities and matches, and
 - (b) all areas such as toilets, common areas, door handles, shared electronic equipment, are regularly cleaned.

MONITORING AND COMPLIANCE

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- (1) Sport bodies must ensure that athletes, players and support staff before returning to training and playing:
- (a) give written confirmation to the COVID-19 compliance officer of nominated operational personnel that:
 - (i) they are, to the best of their knowledge, currently free from COVID-19;
 - (ii) they have not had any symptoms of COVID-19 such as high temperature or fever, a new continuous cough or new unexplained shortness of breath in the 14 days immediately prior the resumption of training or playing;
 - (iii) they have not been in contact with a COVID-19 confirmed or suspected case in the 14 days immediately prior to the resumption of training or playing; or
 - (iv) club or team medical personnel have taken all infection prevention measures with the addition of the appropriate PPE when reviewing patients with suspected or confirmed COVID-19 in the 14 days immediately prior to the resumption of training or playing.

CONTROL MEASURES

- (1) All appropriate information material relating to COVID-19 must be displayed in a prominent place within the sporting venue.
- (2) The number of personnel in the sporting venue, change room or training area at any given time, must be limited as far as is reasonably practicable.
- (3) Masks, as required by the health protocols, must be worn by all personnel entering the sporting venue except professional athletes when training or participating in matches.
- (4) Only individual pre-packed meals with disposable drinking bottles are allowed in the sporting venue.
- (5) No person may share a water bottle with another person
- (6) All doors must remain open, where feasible, to reduce contact and ensure adequate ventilation.
- (7) A dedicated isolation area for use by any individual who exhibits symptoms of COVID-19 while in training or during a match, must be identified.

Thank you very much for this opportunity and your time



- Questions received before the time:

We are not the only club training at a public Municipal facility. How can we be sure that all the compliance measures are being adhered to by all those using the facility in order to protect our members? Do you have any suggestions please?

1. There must be a partnership between the clubs – to work together for a common goal – to protect members
2. Remember the "non-professional athletes" are still prohibited to train or use the pool for recreation purposes.

- Questions received before the time:

Will a letter to ED be made available for clubs at schools?

1. We will provide letters on request

What reporting is required to the district, province, SSA? How long do we keep records for and how should be dispose of the information. (POPI)?

1. A standard template will be provided
2. A weekly report is required
3. Time of keeping the records – to be confirmed

- Questions received before the time:

Besides club compliance officers how else would compliance be monitored at club level?

1. Each and every coach, instructor or other support staff working in the training venue must work together to adhere to all the health and safety requirements.
2. Working together can be to everybody's benefit.

What do we do if someone comes and has a high temperature? Do we let the person enter?

1. A person with a high temperature should not enter the training venue.
2. A good practice will be to do screening outside the venue
3. Parents should remain in their cars

- Questions received before the time:

What is the risk of opening up early? Why do we have to wait for the go ahead from SwimSA as so many other businesses and sectors are opening without this approval?

- any person who fails to comply with or contravenes a provision of regulations 35(3), 36(1), 38(1), 39(1), 39(2), 44(2), 44(4), 44(5), 44(6) and 45 of these Regulations commits an offence and is, on conviction, liable to a fine or to imprisonment for a period not exceeding six months or to both such fine and imprisonment. ".