



 www.wcapeaquatics.co.za

 www.facebook.com/WCapeAquatics/

NPO Reg. No. 217-742

coachingquick@gmail.com

SA National Aquatic Championship 2020
KINGS PARK, DURBAN
04-09 APRIL 2020

CHECK LIST FOR SWIMMERS:

1. Code of conduct: each page to be initialled and last page signed. Return completed codes to swimboard@ctmaquatics.co.za by **30th of March 2020 @ 9am**.
2. Kit: essential kit to be ordered and paid directly as per the order form. Optional extras may also be purchased. Please pay attention to the cut-off date for kit orders. Please bear in mind that only the swimming cap and the t-shirt are essentials. You are going to have to wear the t-shirt every day so either wash it regularly or buy multiple t-shirts.
3. To be added to the whatsapp group for Senior Nationals – use links as per letter or send a message via Whatsapp to 084 835 5660 to request the link.
4. Accommodation and transport to be arranged with your club. Swimmers who do not have a coach travelling with them may contact team Managers: Lucinda Koch and Eric Ehrenreich: swimboard@ctmaquatics.co.za who will assist them.

CHECK LIST FOR COACHES:

1. Code of conduct: each page to be initialled and last page signed. Return completed codes to swimboard@ctmaquatics.co.za by **30th of March 2020 @ 9am**.
2. Kit: essential kit to be ordered if required and paid directly as per the order form. Optional extras may also be purchased.
5. To be added to the whatsapp group for Senior Nationals – use links as per letter or send a message via Whatsapp to 084 835 5660 to request the link.
3. Please fill in and return your coaches credentials to swimboard@ctmaquatics.co.za . This list will be sent to SSA for ratification and confirmation. Unregistered coaches will not be allowed on pool deck or granted accreditation. Please ensure that you fill in your SSA identity number.

****Please remember to request accreditation for your registered helpers for your disabled swimmers (e.g. registered Tappers)**

President: L Coetzee **Vice-President:** R Bester **Secretary:** N Wright **Treasurer:** R Isaacs **Marketing:** B Manzoni **Records Officer:** E Cecil
Schools: S Gibbs **Transformation and Development:** D Peceur
District Presidents: **West Coast** - P Gabriels; **Overberg** - H Oosthuizen; **Winelands** - D Peceur; **CTA** - Ray Bester; **Eden** – L Coetzee;