

Rondebosch Boys' High School



Lane allocation:

Lane	Schools	
1	Hoërskool DF Malan	
2	Elkanah House High School	
3	Fairmont High School	
4	St Cyprian's School	Wynberg Boys' High School
5	Herschel Girl's School	Bishops Diocesan College
6	Rustenburg Girls' High School	Rondebosch Boys' High School
7	Springfield Convent School	SACS
8	Stellenberg High School	
9	Milnerton High School	

Rules

- Swimmers may only:
 - swim in one age group, excluding Open events.
 - Take part in a maximum of two individual races.
 - Take part in a maximum of two relay races.
- Point allocation:
 - Relays; 1st = 20 points, 2nd = 18 etc.
 - Individual races; 1st = 10 points, 2nd = 9 points etc.
- All events are 50m unless otherwise stated
- Change rooms are demarcated.

Race order:

EVENT NUMBER	GROUP	AGE	EVENT
1	girls	OPEN	200m Individual Medley
2	boys	OPEN	200m Individual Medley
3	girls	U14	4 x 50m Freestyle relay
4	boys	U14	4 x 50m Freestyle relay
5	girls	U16	4 x 50m Freestyle relay
6	boys	U16	4 x 50m Freestyle relay
7	girls	U19	4 x 50m Freestyle relay
8	boys	U19	4 x 50m Freestyle relay
9	girls	U14	Breaststroke
10	boys	U14	Breaststroke
11	girls	U16	Breaststroke
12	boys	U16	Breaststroke
13	girls	U19	Breaststroke
14	boys	U19	Breaststroke
15	girls	U14	Backstroke
16	boys	U14	Backstroke
17	girls	U16	Backstroke
18	boys	U16	Backstroke
19	girls	U19	Backstroke
20	boys	U19	Backstroke
21	girls	U14	Butterfly
22	boys	U14	Butterfly
23	girls	U16	Butterfly
24	boys	U16	Butterfly
25	girls	U19	Butterfly
26	boys	U19	Butterfly
27	girls	U14	Freestyle
28	boys	U14	Freestyle
29	girls	U16	Freestyle
30	boys	U16	Freestyle
31	girls	U19	Freestyle
32	boys	U19	Freestyle
33	girls	U14	4 x 50m Medley relay
34	boys	U14	4 x 50m Medley relay
35	girls	U16	4 x 50m Medley relay
36	boys	U16	4 x 50m Medley relay
37	girls	U19	4 x 50m Medley relay
38	boys	U19	4 x 50m Medley relay

School	DF Malan
200m Individual Medley	Lana Janson
u14 4x50m Freestyle Relay	Nadia Uys, Christie Janson, Lucia Dixon, Le-Vonne Bossert
u16 4x50m Freestyle Relay	Janushka Kruger, Bianca van der Merwe, Layla Rothuysen, Catherien Eager
u19 4x50m Freestyle Relay	Tia Crouse, Tine Boot, Lana Janson, Stefke Tolmay
u14 50m breaststroke	Le-Vonne Bossert
u16 50m breaststroke	Bianca van der Merwe
u19 50m breaststroke	Lana Janson
u14 50m backstroke	Christie Janson
u16 50m backstroke	Januska Kruger
u19 50m backstroke	Stefke Tolmay
u14 50m butterfly	Lucia Dixon
u16 50m butterfly	Catherien Eager
u19 50m butterfly	Tine Boot
u14 50m freestyle	Nadia Uys
u16 50m freestyle	Layla Rothuysen
u19 50m freestyle	Tia Crouse
u14 4x50m Medley Relay	Nadia Uys, Christie Janson, Lucia Dixon, Le-Vonne Bossert
u16 4x50m Medley Relay	Janushka Kruger, Bianca van der Merwe, Layla Rothuysen, Catherien Eager
u19 4x50m Medley Relay	Tia Crouse, Tine Boot, Lana Janson, Stefke Tolmay

School	DF Malan
200m Individual Medley	Adam Keating
u14 4x50m Freestyle Relay	Dante van Wyk, Ben Volschenk, JD Venter, Adriaan Conradie
u16 4x50m Freestyle Relay	Karl Hofmeyer, Wihan Bester, Ben Minnaar, Gideon Vermeulen
u19 4x50m Freestyle Relay	Adam Keating, Wihan Gayba, Heinrich Leeuw, Heinrich Crouse
u14 50m breaststroke	JD Venter
u16 50m breaststroke	Ben Minnaar
u19 50m breaststroke	Heinrich Crouse
u14 50m backstroke	Ben Volschenk
u16 50m backstroke	Wihan Bester
u19 50m backstroke	Wihan Gayba
u14 50m butterfly	Ben Volschenk
u16 50m butterfly	Karl Hofmeyer
u19 50m butterfly	Adam Keating
u14 50m freestyle	Dante van Wyk
u16 50m freestyle	Wihan Bester
u19 50m freestyle	Heinrich Leeuw
u14 4x50m Medley Relay	Dante Van Wyk, JD Venter, Ben Volschenk, Adriaan Conradie
u16 4x50m Medley Relay	Wihan Bester, Ben Minnaar, Karl Hofmeyer, Gideon Vermeulen
u19 4x50m Medley Relay	Heinrich Leeuw, Heinrich Crouse, Adam Keating, Wihan Gayba

School	Elkanah House School
200m Individual Medley	Kelsey Chiang
u14 4x50m Freestyle Relay	Erin Langenhoven, Tara Dixon, Dani Ellis, Kiara Netherlands
u16 4x50m Freestyle Relay	Kelsey Chiang, Aimee Langenhoven, Talana Sandmann, Micaela Ince
u19 4x50m Freestyle Relay	Nuria Ribeiro, Amber Schnoor, Mia Ehlers, Kim Hlope
u14 50m breaststroke	Erin Langenhoven
u16 50m breaststroke	Kelsey Chiang
u19 50m breaststroke	Kim Hlope
u14 50m backstroke	Tara Dixon
u16 50m backstroke	Aimee Langenhoven
u19 50m backstroke	Mia Ehlers
u14 50m butterfly	Erin Langenhoven
u16 50m butterfly	Aimee Langenhoven
u19 50m butterfly	Nuria Ribeiro
u14 50m freestyle	Erin Langenhoven
u16 50m freestyle	Kelsey Chiang
u19 50m freestyle	Amber Schnoor
u14 4x50m Medley Relay	Erin Langenhoven, Tara Dixon, Dani Ellis, Kiara Netherlands
u16 4x50m Medley Relay	Micaela Ince, Kelsey Chiang, Aimee Langenhoven, Talana Sandmann,
u19 4x50m Medley Relay	Mia Ehlers, Kim Hlope, Nuria Ribeiro, Amber Schnoor

School	Elkanah House School
200m Individual Medley	Zac Ellis
u14 4x50m Freestyle Relay	Milan Coetzer, Liam Ellis, Kyan Sara, Jayden Rohner
u16 4x50m Freestyle Relay	Jayden Coetzer, Benke Grobler, Josh Ellis, Nicholas Withey
u19 4x50m Freestyle Relay	Thomas Peycke, Zac Ellis, Jordan Mackay, Ross Harper
u14 50m breaststroke	Milan Coetzer
u16 50m breaststroke	Benke Grobler
u19 50m breaststroke	Zac Ellis
u14 50m backstroke	Liam Ellis
u16 50m backstroke	Jayden Coetzer
u19 50m backstroke	Jordan Mackay
u14 50m butterfly	Kyan Sara
u16 50m butterfly	Jayden Coetzer
u19 50m butterfly	Zac Ellis
u14 50m freestyle	Jayden Rohner
u16 50m freestyle	Josh Ellis
u19 50m freestyle	Thomas Peycke
u14 4x50m Medley Relay	Milan Coetzer, Liam Ellis, Kyan Sara, Jayden Rohner
u16 4x50m Medley Relay	Jayden Coetzer, Benke Grobler, Josh Ellis, Nicholas Withey
u19 4x50m Medley Relay	Thomas Peycke, Zac Ellis, Jordan Mackay, Ross Harper

School	Fairmont High School
200m Individual Medley	Mandy Vroon
u14 4x50m Freestyle Relay	Isabella Carneiro, Isobel Fischer, Isabella Rodrigues, Courtney Smith
u16 4x50m Freestyle Relay	Sarah West; Ami Pieri; Lerato Thobeha; Katie Phillips
u19 4x50m Freestyle Relay	Megan Smith; Judi Smith; Haylee vd Merwe; Mandy Vroon
u14 50m breaststroke	Isabella Rodrigues
u16 50m breaststroke	Sarah West
u19 50m breaststroke	Haylee vd Merwe
u14 50m backstroke	Courtney Smith
u16 50m backstroke	Sarah West
u19 50m backstroke	Mandy Vroon
u14 50m butterfly	Courtney Smith
u16 50m butterfly	Lerato Thobeha
u19 50m butterfly	Mandy Vroon
u14 50m freestyle	Courtney Smith
u16 50m freestyle	Lerato Thobeha
u19 50m freestyle	Mandy Vroon
u14 4x50m Medley Relay	Isabella Carneiro, Isabella Rodrigues, Courtney Smith, Isobel Fischer
u16 4x50m Medley Relay	Ami Pieri ,Sarah West, Lerato Thobeha, Katie Phillips
u19 4x50m Medley Relay	Haylee vd Merwe; Megan Smith; Mandy Vroon; Judi Smith

School	Fairmont High School
200m Individual Medley	Dylan Wright
u14 4x50m Freestyle Relay	Oscar Berteler; Keegan Wright; Kyle Cotzee; Joshua Hart
u16 4x50m Freestyle Relay	Jarred Lawson; Ben Stander; Tim Hopkins; Dario Consani
u19 4x50m Freestyle Relay	Dylan Wright; Gabriel West; Lucina West; Ethan Engelbrecht
u14 50m breaststroke	Oscar Berteler
u16 50m breaststroke	Ben Stander
u19 50m breaststroke	Ethan Engelbrecht
u14 50m backstroke	Keegan Wright
u16 50m backstroke	Tim Hopkins
u19 50m backstroke	Gabriel West
u14 50m butterfly	Keegan Wright
u16 50m butterfly	Dario Consani
u19 50m butterfly	Dylan Wright
u14 50m freestyle	Kyle Cotzee
u16 50m freestyle	Jarred Lawson
u19 50m freestyle	Gabriel West
u14 4x50m Medley Relay	Kyle Cotzee; Oscar Berteler; Keegan Wright; Joshua Hart
u16 4x50m Medley Relay	Tim Hopkins; Ben Stander; Dario Consani ; Jarred Lawson
u19 4x50m Medley Relay	Lucina West; Ethan Engelbrecht Dylan Wright; Gabriel West;

School	St Cyprian's School
200m Individual Medley	Georgia Rippon
u14 4x50m Freestyle Relay	Georgia Curd, Emma Demenzieres, Gabriella Pretorius, Gemma Haupt
u16 4x50m Freestyle Relay	Holly Brand, Victoria Searle, Nicola Krige, Chloe Gurshuny
u19 4x50m Freestyle Relay	Catherine Critchton-Stuart, Tristen Tedder, Lara Brinkman, Georgia Rippon
u14 50m breaststroke	Gemma Haupt
u16 50m breaststroke	Victoria Searle
u19 50m breaststroke	Georgia Rippon
u14 50m backstroke	Georgia Curd
u16 50m backstroke	Chloe Gurshuny
u19 50m backstroke	Lara Brinkman
u14 50m butterfly	Gabriella Pretorius
u16 50m butterfly	Holly Brand
u19 50m butterfly	Georgia Rippon
u14 50m freestyle	Gemma Haupt
u16 50m freestyle	Chloe Gurshuny
u19 50m freestyle	Tristen Tedder
u14 4x50m Medley Relay	Gabriella Pretorius, Gemma Haupt, Emma Demenzieres, Georgia Curd
u16 4x50m Medley Relay	Chloe Gurshuny, Victoria Searle, Holly Brand, Nicola Krige
u19 4x50m Medley Relay	Lara Brinkman, Catherine Critchton-Stuart, Georgia Rippon, Tristen Tedder

School	Wynberg Boys' High School
200m Individual Medley	Connor Theron
u14 4x50m Freestyle Relay	No team
u16 4x50m Freestyle Relay	Josh Schoeman, Sean Kuipers, Matthew Myers, Dylan Bantom
u19 4x50m Freestyle Relay	Connor Theron, Bryce Carter, Sven Borgstrom, Josh Brown
u14 50m breaststroke	Oliver Bjorkman
u16 50m breaststroke	Dylan Bantom
u19 50m breaststroke	Josh Brown
u14 50m backstroke	Oliver Bjorkman
u16 50m backstroke	Josh Schoeman
u19 50m backstroke	Connor Theron
u14 50m butterfly	Yunus Ni
u16 50m butterfly	Dylan Bantom
u19 50m butterfly	Connor Theron
u14 50m freestyle	Yunus Ni
u16 50m freestyle	Josh Schoeman
u19 50m freestyle	Sven Borgstrom
u14 4x50m Medley Relay	No team
u16 4x50m Medley Relay	Rory Cupido, Dylan Bantom, Josh Schoeman, Sean Kuipers
u19 4x50m Medley Relay	Bryce Carter, Josh Brown, Connor Theron, Sven Borgstrom

School	Herschel Girls School
200m Individual Medley	Hanim Abrahams
u14 4x50m Freestyle Relay	Alexa de Villiers, Gabriella Wright, Emma Pooley, Bianca Ribeiro
u16 4x50m Freestyle Relay	Hannah Cromhout, Caitlyn Ribeiro, Kerryn Benade, Savannah Voigt
u19 4x50m Freestyle Relay	Olivia Nel, Michaela de Villiers, Hanim Abrahams, Georgia Nel
u14 50m breaststroke	Bianca Ribeiro
u16 50m breaststroke	Savannah Voigt
u19 50m breaststroke	Hanim Abrahams
u14 50m backstroke	Gabriella Wright
u16 50m backstroke	Kerryn Benade
u19 50m backstroke	Olivia Nel
u14 50m butterfly	Nicole Bantom
u16 50m butterfly	Hannah Cromhout
u19 50m butterfly	Michaela de Villiers
u14 50m freestyle	Emily van Heerden
u16 50m freestyle	Hannah Cromhout
u19 50m freestyle	Georgia Nel
u14 4x50m Medley Relay	Gabriella Wright, Bianca Ribeiro, Nicole Bantom, Emily van Heerden
u16 4x50m Medley Relay	Kerryn Benade, Savannah Voigt, Hannah Cromhout, Caitlyn Ribeiro
u19 4x50m Medley Relay	Olivia Nel, Hanim Abrahams, Michaela de Villiers, Georgia Nel

School	Bishops Diocesan College
200m Individual Medley	James Griffiths
u14 4x50m Freestyle Relay	Thomas Truter, Ben Anderson, Mathew Fisher, Bafokeng Lehloenya
u16 4x50m Freestyle Relay	Malick Majiet, CJ Gordon, Austin Graaff, Tyrone Slauck
u19 4x50m Freestyle Relay	Jonty Couves, Gregor John, James Griffiths, Jordan Dare
u14 50m breaststroke	Ben Anderson
u16 50m breaststroke	Malick Majiet
u19 50m breaststroke	Jonty Couves
u14 50m backstroke	Thomas Truter
u16 50m backstroke	Austin Graaff
u19 50m backstroke	Gregor John
u14 50m butterfly	Ben Anderson
u16 50m butterfly	CJ Gordon
u19 50m butterfly	James Griffiths
u14 50m freestyle	Thomas Truter
u16 50m freestyle	Malick Majiet
u19 50m freestyle	Gregor John
u14 4x50m Medley Relay	Thomas Truter, Bafokeng Lehloenya, Ben Anderson, Mathew Fisher
u16 4x50m Medley Relay	Austin Graaff, Malick Majiet, CJ Gordon, Tyrone Slauck
u19 4x50m Medley Relay	Gregor John, Jonty Couves, James Griffiths, Jordan Dare

School	Rustenburg Girls' High School
200m Individual Medley	Hannah Faure
u14 4x50m Freestyle Relay	Skye Micklethwaite, Morgan Russell, Robin Day, Morgynn Whitfield
u16 4x50m Freestyle Relay	Erin Daffarn, Tyra Phipson, Ashlee Pretorius, Jenna Renecele
u19 4x50m Freestyle Relay	Hannah Faure, Robyn van Zijl, Hannah Hillman, Anna Gray
u14 50m breaststroke	Robin day
u16 50m breaststroke	Erin Daffarn
u19 50m breaststroke	Anna Gray
u14 50m backstroke	Skye Micklethwaite
u16 50m backstroke	Tyra Phipson
u19 50m backstroke	Hannah Faure
u14 50m butterfly	Skye Micklethwaite
u16 50m butterfly	Erin Daffarn
u19 50m butterfly	Hannah Hillman
u14 50m freestyle	Morgan Russell
u16 50m freestyle	Tyra Phipson
u19 50m freestyle	Hannah Faure
u14 4x50m Medley Relay	Skye Micklethwaite, Robin Day, Morgan Russell, Morgynn Whitfield
u16 4x50m Medley Relay	Tyra Phipson, Ashlee Pretorius, Erin Daffarn, Jenna Renecele
u19 4x50m Medley Relay	Hannah Faure, Anna Gray, Hannah Hillman, Robyn van Zijl

School	Rondebosch Boys' High School
200m Individual Medley	Luke Slabber
u14 4x50m Freestyle Relay	Jeremy Labuschagne, Ilyaas Omar, Ben McWilliam, Chris Holtzhausen
u16 4x50m Freestyle Relay	Taylor Luck, Pierre Botha, Ethan Klerck, Sebastiaan White
u19 4x50m Freestyle Relay	Rajiv Hofmeister, Justin Dietrich, Gavin Smith, Wonhee Lee
u14 50m breaststroke	Ilyaas Omar
u16 50m breaststroke	Zack Waters
u19 50m breaststroke	Luke Slabber
u14 50m backstroke	Jeremy Labuschagne
u16 50m backstroke	Wikus Potgieter
u19 50m backstroke	Gavin Smith
u14 50m butterfly	Ilyaas Omar
u16 50m butterfly	Wikus Potgieter
u19 50m butterfly	Gavin Smith
u14 50m freestyle	Jeremy Labuschagne
u16 50m freestyle	Taylor Luck
u19 50m freestyle	Wonhee Lee
u14 4x50m Medley Relay	Jeremy Labuschagne, Ilyaas Omar, Ben McWilliam, Chris Holtzhausen
u16 4x50m Medley Relay	Taylor Luck, Zack Waters, Wikus Potgieter, Sebastiaan White
u19 4x50m Medley Relay	Gavin Smith, Luke Slabber, Joe Louw, Wonhee Lee

School	Springfield Convent Senior School
200m Individual Medley	HOLLY CLEWORTH
u14 4x50m Freestyle Relay	PAYTON BRINK, SAVANNAH VAN DEN BERG, CAITLIN GARDINER, JULIET WALSH
u16 4x50m Freestyle Relay	JAYDE JAGGA, MIKAELA BRISTOW, GRACE CLOETE, HOLLY CLEWORTH
u19 4x50m Freestyle Relay	HANNAH POLLEY, ELLA RYAN, CAM BEATON, EMMA NEILL
u14 50m breaststroke	PAYTON BRINK
u16 50m breaststroke	MIKAELA BRISTOW
u19 50m breaststroke	CAMRYN BEATON
u14 50m backstroke	PAYTON BRINK
u16 50m backstroke	HOLLY CLEWORTH
u19 50m backstroke	EMMA NEIL
u14 50m butterfly	JULIET WALSH
u16 50m butterfly	GRACE CLOETE
u19 50m butterfly	ELLA RYAN
u14 50m freestyle	JULIET WALSH
u16 50m freestyle	JAYDE JAGGA
u19 50m freestyle	HANNAH POLLEY
u14 4x50m Medley Relay	PAYTON BRINK, SAVANNAH VAN DEN BERG, JULIET WALSH, CAITLIN GARDINER
u16 4x50m Medley Relay	HOLLY CLEWORTH, MIKAELA BRISTOW, GRACE CLOETE, JAYDE JAGGA
u19 4x50m Medley Relay	EMMA NEIL, CAMRYN BEATON, ELLA RYAN, HANNAH POLLEY

School

SACS

200m Individual Medley

Tyler Micklethwaite

u14 4x50m Freestyle Relay

Sirhaan Mia, Nicholas Fall, Zack Cicero, Kyle Kleinhans

u16 4x50m Freestyle Relay

Alex Palframan, Kai Pfister, Keiron Smith, Troy Jones

u19 4x50m Freestyle Relay

Tristan Samuels-Bronee, Joe Munting, Keenan Dalwai, Peter Copeland

u14 50m breaststroke

Nicholas Fall

u16 50m breaststroke

Tyler Micklethwaite

u19 50m breaststroke

Keenan Dalwai

u14 50m backstroke

Kyle Kleinhans

u16 50m backstroke

Troy Jones

u19 50m backstroke

Joe Munting

u14 50m butterfly

Sirhaan Mia

u16 50m butterfly

Alex Palframan

u19 50m butterfly

Tristan Samuels-Bronee

u14 50m freestyle

Kyle Kleinhans

u16 50m freestyle

Keiron Smith

u19 50m freestyle

Tristan Samuels-Bronee

u14 4x50m Medley Relay

Kyle Kleinhans, Nicholas Fall, Sirhaan Mia, Zack Cicero

u16 4x50m Medley Relay

Troy Jones, Tyler Micklethwaite, Alex Palframan, Kieron Smith

u19 4x50m Medley Relay

Joe Munting, Keenan Dalwai, Tristan Samuels-Bronee, Peter Copeland

School	Stellenberg
200m Individual Medley	Tara Uys
u14 4x50m Freestyle Relay	Zena Jacobs, Dakota Wyngaard, Kayleigh de Jong, Nadia Rossouw
u16 4x50m Freestyle Relay	Louise le Sueur, Jo-Anné Möller, Inke Putter, Tara Uys
u19 4x50m Freestyle Relay	Emma Thom, Diana Langenhoven, Zara Els, Nicke van Rensburg
u14 50m breaststroke	Dané Pienaar
u16 50m breaststroke	Louise le Sueur
u19 50m breaststroke	Emma Thom
u14 50m backstroke	Nadia Rossouw
u16 50m backstroke	Tara Uys
u19 50m backstroke	Emma Thom
u14 50m butterfly	Nadia Rossouw
u16 50m butterfly	Tara Uys
u19 50m butterfly	Nicke van Rensburg
u14 50m freestyle	Zena Jacobs
u16 50m freestyle	Louise le Sueur
u19 50m freestyle	Nicke van Rensburg
u14 4x50m Medley Relay	Jana Fick, Dané Pienaar, Nadia Rossouw, Zena Jacobs
u16 4x50m Medley Relay	Inke Putter, Louise le Sueur, Tara Uys, Jo-Anne Moller
u19 4x50m Medley Relay	Zara Els, Emma Thom, Nicke van Rensburg, Diana Langenhoven

School	Stellenberg
200m Individual Medley	Walter de Jongh
u14 4x50m Freestyle Relay	Jacques Steyn, Phoenix de Villiers, Jaheim April, Anton van Vondel
u16 4x50m Freestyle Relay	Kiaan Terblanche, Etienne Botes, Stephan Strydom, Juan Boshoff
u19 4x50m Freestyle Relay	Johan Voges, Tian Putter, Brendan Oosthuizen, Walter de Jongh
u14 50m breaststroke	Jaheim April
u16 50m breaststroke	Juan Boshoff
u19 50m breaststroke	Walter de Jongh
u14 50m backstroke	Anton van Vondel
u16 50m backstroke	Juan Boshoff
u19 50m backstroke	Johan Voges
u14 50m butterfly	Jacques Steyn
u16 50m butterfly	Kiaan Terblanche
u19 50m butterfly	Walter de Jongh
u14 50m freestyle	Anton van Vondel
u16 50m freestyle	Kiaan Terblanche
u19 50m freestyle	Brendan Oosthuizen
u14 4x50m Medley Relay	Anton van Vondel, Jaheim April, Jacques Steyn, Phoenix de Villiers
u16 4x50m Medley Relay	Juan Boshoff, Etienne Botes, Kiaan Terblanche, Stephan Strydom
u19 4x50m Medley Relay	Johan Voges, Tian Putter, Walter de Jongh, Brendan Oosthuizen

School	Milnerton High School
200m Individual Medley	Thea Van Der Toorn
u14 4x50m Freestyle Relay	Tyla Lakay; Aspen Hewett; Logan Patterson; Layla Cloete
u16 4x50m Freestyle Relay	Thea Van Der Toorn; Alexia Pla; Morgan Bosman; Liya Venter
u19 4x50m Freestyle Relay	Sarah Alliardice; Campbell Josias; Jess Paddock; Kayleigh Moller
u14 50m breaststroke	Tyla Lakay
u16 50m breaststroke	Thea Van Der Toorn
u19 50m breaststroke	Sarah Alliardice
u14 50m backstroke	Layla Cloete
u16 50m backstroke	Liya Venter
u19 50m backstroke	Campbell Josias
u14 50m butterfly	Tyla Lakay
u16 50m butterfly	Thea Van Der Toorn
u19 50m butterfly	Kayleigh Moller
u14 50m freestyle	Layla Cloete
u16 50m freestyle	Liya Venter
u19 50m freestyle	Kayleigh Moller
u14 4x50m Medley Relay	Layla Cloete; Aspen Hewett; Tyla Lakay; Logan Patterson
u16 4x50m Medley Relay	Liya Venter; Alexia Pla; Thea Van Der Toorn; Morgan Bosman
u19 4x50m Medley Relay	Campbell Josias; Sarah Alliardice; Kerryn Johnston; Jess Paddock

School	Milnerton High School
200m Individual Medley	Ethan Du Preez
u14 4x50m Freestyle Relay	Javin Presence; Luka Barbosa; Tomas Pereira; Colin Davidtsz
u16 4x50m Freestyle Relay	Albert Krige; Luka Karstens; Naor Lombard; Cameron Pritchard
u19 4x50m Freestyle Relay	Jake Pieterse; Cameron Watson; Matt Botha; Ethan Du Preez
u14 50m breaststroke	Javin Presence
u16 50m breaststroke	Jordan Myburgh
u19 50m breaststroke	Jake Pieterse
u14 50m backstroke	Colin Davidtsz
u16 50m backstroke	Luka Karstens
u19 50m backstroke	Cameron Watson
u14 50m butterfly	Colin Davidtsz
u16 50m butterfly	Cameron Pritchard
u19 50m butterfly	Ethan Du Preez
u14 50m freestyle	Colin Davidtsz
u16 50m freestyle	Naor Lombard
u19 50m freestyle	Ethan Du Preez
u14 4x50m Medley Relay	Tomas Pereira; Javin Presence; Colin Davidtsz; Luka Barbosa
u16 4x50m Medley Relay	Luka Karstens; Jordan Myburgh; Cameron Pritchard; Naor Lombard
u19 4x50m Medley Relay	Cameron Watson; Jake Pieterse; Ethan Du Preez; Matt Botha