

A and B-League 2020

RULES

- Swimmers may participate in **2 individual events + individual medley + both relays**
- Swimmers may only swim in **ONE age group**
- Teams must enter 4 swimmers per relay event + a reserve
- Each school may enter 1 swimmer for the individual medley event.
- The **ONE START rule will count**. So if you false start, you are out of the race!! There will be no false start rope. DQ will be done at the end of the race at the Chief Judges discretion.
- **Scoring of points will be as follows:**

Other individual races :

10, 9, 8, 7, 6, 5, 4, 3 points [1 – 8 place]

Relay races:

20, 18, 16, 14, 12, 10, 8, 6 points [1 – 8 place]

If it is found that a swimmer has swum more than the stipulated races mentioned above or across age groups, the swimmer /s will not receive any points for races swum over and above the legal races.