

WARM UP LANE ALLOCATIONS

Session: 1 L2&3 : 12 to 13 years

Total Athletes: 54 - Women: 28 - Men: 26

	Team	Total Swimmers	Lane
QUIC-CP	Quick Silver Swimming Academy	9	1
TYGE-CP	Tygerberg Aquatics	8	2
VINE-CP	VINEYARD SWIMMING CLUB	6	3
MANT-CP	Manta SC	5	4
CYBE-CP	Cybersmart Aquatics	4	5
GREY-CP	Greydogs Swimming Club	4	6
MARL-CP	Marlin Swimming Club	4	7
REDAQ-CP	Reddam Aquatics - Somerset Wes	4	8
ASAC-CP	Aqua Sharks Academy	3	8
AQWO-CP	AquaWolf Aquatics Club	2	7
SAAW-CP	Swimlab Aquatic Academ	2	6
KHAY-CP	Khayelitsha Aquatics	1	5
WEST-CP	Westridge Swimming	1	4
XSAQ-CP	X-Stream Aquatics	1	4

Session: 2 L2&3 : 14 & Over

Total Athletes: 47 - Women: 24 - Men: 23

	Team	Total Swimmers	Lane
CYBE-CP	Cybersmart Aquatics	8	1
QUIC-CP	Quick Silver Swimming Academy	8	2
VINE-CP	VINEYARD SWIMMING CLUB	8	3
MARL-CP	Marlin Swimming Club	3	4
REDAQ-CP	Reddam Aquatics - Somerset Wes	3	5
UWCA-CP	UWC Aquatics	3	6
KHAY-CP	Khayelitsha Aquatics	2	7
MANT-CP	Manta SC	2	8
PAQU-CE	Paarl Aquarius SC	2	8
SAAW-CP	Swimlab Aquatic Academ	2	7
TYGE-CP	Tygerberg Aquatics	2	6
XSAQ-CP	X-Stream Aquatics	2	5
AQDO-CP	Aqua Dolphin Swimming Club	1	4
ASAC-CP	Aqua Sharks Academy	1	4

Session: 3 L2&3 : SANJ+

Total Athletes: 36 - Women: 14 - Men: 22

	Team	Total Swimmers	Lane
VINE-CP	VINEYARD SWIMMING CLUB	14	1+2+3
CYBE-CP	Cybersmart Aquatics	5	4
QUIC-CP	Quick Silver Swimming Academy	4	5
SAAW-CP	Swimlab Aquatic Academ	4	6
TYGE-CP	Tygerberg Aquatics	4	7
MARL-CP	Marlin Swimming Club	3	8
AGAQ-OB	Agulhas Aquatics	1	8
ASAW-CE	Aquasharks Academy Winelands	1	8

Session: 4 L2&3 : 11 & Under

Total Athletes: 53 - Women: 31 - Men: 22

	Team	Total Swimmers	Lane
TYGE-CP	Tygerberg Aquatics	14	1+2
ASAC-CP	Aqua Sharks Academy	7	3
CYBE-CP	Cybersmart Aquatics	5	4
QUIC-CP	Quick Silver Swimming Academy	5	5
BLMA-CP	Blouberg Marlins	4	6
VINE-CP	VINEYARD SWIMMING CLUB	4	7
AQDO-CP	Aqua Dolphin Swimming Club	3	8
GREY-CP	Greydogs Swimming Club	3	8
XSAQ-CP	X-Stream Aquatics	2	7
AGAQ-OB	Agulhas Aquatics	1	6
BARR-CP	Barracudas Aquarama SC	1	5
KHAY-CP	Khayelitsha Aquatics	1	4
REDAQ-CP	Reddam Aquatics - Somerset Wes	1	8
SAAW-CP	Swimlab Aquatic Academ	1	7
WEST-CP	Westridge Swimming	1	6