



SWARTLAND INVITATIONAL GALA #1

Sprint & IM challenge

Saturday, 2 November 2019

Entries close: 23 October 2019

Swartland Swim Club cordially invites you to participate in the Swartland Invitational Gala #1, to be held on Saturday 2 November 2019.

The gala will be held at the Swartland Municipality Swimming Pool, Malmesbury. It's a 50m rim flow, outdoor pool with 8 lanes.

This gala will be mainly focused on the shorter swimming events and the Individual Medley. We will have 2 sessions consisting of the 50m & 100m of all 4 strokes, as well as the 200m & 400m I.M.

Session 1 will start 09:00 and Session 2 will start 1 hour after session 1 is completed.

RULES

1. FINA rules will govern.
2. **ALL** swimmers registered with SSA may compete.
3. Swimmers may compete in their own age group only.
4. Swimmers may enter as many events as they wish.
5. Events will be swum as mixed age groups.
6. Age groups will be as follow:
 - 50m Butterfly; 50m Backstroke; 50m Breaststroke ; 50m Freestyle ; 100 Back ; 100 Breast; 100 Free age groups: 9&u ; 10-11 years; 12-13 years ; 14-15 years ; 16&over
 - 100 Butterfly & 200 IM age groups: 11&u ; 12-13 ; 14-15 ; 16&over
 - 400 Individual Medley age groups: 11-13 ; 14-15 ; 16&over
7. Over-head starts will be done
8. All scratchings must be done 1 hour prior to the start of the session in which these events will take place.
9. Any appeal to the Referee should be done in writing and submitted (together with a R200 fee) at the recording table within 30 minutes after the results have been announced.
10. The Referee's decision will be final.
11. Only TEAM MANAGERS will be allowed at the technical table.
12. Swartland Swim Club will not be held liable for any injuries sustained on the premises during the course of the gala.
13. Right of Admission Reserved.
14. Items are subject to change.

TECHNICAL OFFICIALS

- Clubs are requested to provide Technical Officials for each session. Please provide a list of the names of registered timekeepers, judges, starters etc. who would be available to assist at the gala.

ENTRY PROCEDURE

- All entries to be done on Team Manager & sent as a ZIP entry file accompanied by:
 - ❖ Individual Meet Entry Report by Name including proof of entry times in PDF format,
 - ❖ Meet Entries Fees Report in PDF format &
 - ❖ Proof of payment
- Entries to be forwarded, as mentioned above, to swartlandsc@gmail.com
- NO INDIVIDUAL ENTRIES, SWIMMERS MUST ENTER VIA THEIR CLUBS PLEASE.
- Closing date for entries is 23 October 2019.
- No payment, no entry.

ENTRY FEES

- R30 per individual event.
- R40 surcharge per swimmer.
- Entry fees for entries received after the closing date will be accepted at R75.00 per individual entry.
- PAYMENTS BY CLUB OR PROVINCE, NO INDIVIDUAL PAYMENTS PLEASE.
- Banking account details for payment:

Account name: Swartland Swim Club
Bank: Nedbank
Account number: 1546045333
Branch: 154605
Reference: Your Club Name

ENTRANCE TO THE POOL

Free

PROGRAMMES

Will be emailed to the coaches and managers. It will also be available to purchase at the tuckshop for R10.

TUCKSHOP

Yes, there will be a tuck shop.

CONTACT INFORMATION

Jessika Steyn

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PROGRAMME

SESSION 1: 09:00

100m Backstroke

50m Butterfly

200m Individual Medley

50m Breaststroke

100m Freestyle

SESSION 2: TBA (1 hour after session 1 is completed)

400m Individual Medley

100m Breaststroke

50m Backstroke

100m Butterfly

50m Freestyle