



CTMA RELAY CHALLENGE #2

24 FEBRUARY 2019

Dear Parents, swimmers & coaches

You are cordially invited to participate at the **CTMA RELAY CHALLENGE #2** which will be held at the Sea Point Municipal Pool on Sunday the 24th of February 2019.

The gala will commence at 09h00

Pool to be cleared at 08h55

Warm-ups will start 08h30

Pool will be open from: 08h00

There will be a March pass and Opening ceremony after the relay gala has finished. Clubs please remember your banners & flags.

Please note the following:

- There are lane ropes but no starting blocks.
- Medals for all participants.
- Push buttons will be used.
- This invite must go out to all districts.

Rules:

- The gala will be swum under FINA rules and regulations.
- Only swimmers registered with SSA may participate in this gala.
- The swimmer's age is taken as on the day of the gala.
- All swimmers MUST report to the Competitor Steward prior to their events.
- Events will be announced but no individual swimmer will be called to report.
- Scratchings: Swimmers that wish to scratch from events may do so up to 60 min before the start of the relevant session, only team managers/coaches allowed to do scratchings.
- Age Groups: 12 & under; 13 & over

Entries:

Entry fee per swimmer = **R80** (this fee will allow all swimmers to participate not just at the relay gala, but all other discipline demonstrations/events that will be there on the day)

Swimmers are allowed to swim as many relays as they want, as long as they stay in their age group. (no swim-ups or downs)

Clubs are allowed to enter as many teams as they want.

All entries must be done on TM and forward to, Lucinda Koch

(swimboard@ctmaquatics.co.za)

Closing date for entries: 13 January 2019

Entry zip file, pdf docs, officials list and proof of payment to accompany entries.



President: Ray Bester Vice President: Vacant Development: Hassiem Bester Athletes High Performance: Hilton Slack
Transformation: Jacques Askevold Schools: Su Bonney Treasurer: Elna Cecil Secretary: Eric Ehrenreich

L.T.S SWIMMING O.W.S. DIVING WATERPOLO SYNCHRO MASTERS



Gate fees:

Adults: R20

Non-competing children: R10

Please join us for a fun filled day where all the different aquatics discipline will be part of the day's activities. Further information in this regard will be circulated soon.

Feel free to bring your chairs, gazebos and picnic baskets. There will be vendors on site as well.



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