



Open Water Swimming Challenge

Boschendal Wine Estate – 16th December 2018

SSA Sanctioned Event



Programme:

5 km & 10 km – Fees R250 p/entry

Technical Briefing: 8am

Event start at 8:30am

Age 14 and Over (Male & Female) – Minimal year of birth 2005 – events will run simultaneously.

3km - R200 p/entry

Technical Briefing 11:15

Event start at 11:30 am

Age groups: (Males & Female)

11 and under / 12-13 /14-15 / 16 & Over

1km – R150 p/entry

Technical Briefing: 12:45

Event start at 1 pm

500 m – fun swim – R100 p/entry

Technical Briefing: 2:15

Event Start at 2:30pm

Late entries : additional R50

Entries open via your club / district
Entries close date: 10th Dec 2018

Time Limit and FINA / SSA Rules will apply



For Information please contact: Irma Comé Cell: 0833093677
Entries to June Hendricks - treasury@wcapeaquatics.co.za

Food & Drinks will be available for purchase on Site by Boschendal
Bring your camping chairs and Gazebo -



BOSCHENDAL
Founded 1685