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8 June 2018

National Training Camp details – June 2018

We are happy to announce that the Open Water & Swimming Camp will be led by the following coaches:

- Alisdair Hadfield – multiple times Olympic coach
- Cedric Finch – multiple Olympic open water coach
- Theo Verster – multiple Olympic para coach
- Dean Price – multiple times Olympic coach
- Graham Hill – Head Olympic coach
- Chanelle van Wyk – Head coach Cybersmart & National swimmer

The camp has an inclusion policy where all coaches of swimmers attending are welcome to be part of the camp.

The swimmers will be looked after at the hostel by Dean Price and out of town staff.

Purpose of the camp

We were approached by coaches in South Africa to offer an opportunity to swimmers to get 50m training in the winter as many people can't afford to send their kids overseas all the time.

We have taken this concept and wish to offer the kids twice a day training for the duration of the training camp. The training program will be generic where the swimmers will be given the opportunity of training with competitors in similar events.

This camp is not to interfere with technique or strategies of home programs, but rather to get some good work in preparation for SA Short Course.

We will have talks by experts in the field of drug free sport, strength and conditioning and diet.

We thank you for the opportunity of helping you to make your child a better swimmer.

Kind regards

A handwritten signature in black ink that reads "Dean Price".

Dean Price
High Performance Manager